

THE VISION
of
RAMALA

GLASTONBURY
1986 TO 1989

By ZEN TAO

THROUGH THE CHANNELS DAVID AND ANN



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which they live. They, just like the reader, are trying to discover the presence of The Divine both in themselves and in Humanity all around them.

In this book the Ramala Teachers make a wonderful analogy. They say that what is important is not the channel, who simply acts as a funnel, but is the energy that flows through the channel. When you are faced with the need to pour water from a large container into a small bottle you use a funnel, but what you are concerned about is not the funnel but is the pouring of the water into the bottle without spilling or wasting a single drop. When the water is safely in the bottle, then the funnel can be discarded, for it has served its purpose. In a similar fashion, therefore, you should discard both the instrument and the Ramala Teachers, for what is important is not the actual means of communication but is the energy that is imparted to you through the teachings. Indeed, we would go further and would say that what is important is not even the teachings, but is the response that they generate in you. So do not regard this book as an authority, as a bible, as a book of religious dogma to be freely quoted from in order to sustain a fixed point of view, but see it, rather, as a mirror, created to awaken in the reader his or her own spiritual knowingness.

The Ramala Teachers have always maintained that their purpose in sharing their wisdom and knowledge with us has been to lead us into a greater understanding of ourselves and of our own divine relationship with God. They have always tried to show us that what is important in life is not the world but is God that the world is but a manifestation of God, a drama enacted for us, so that we can discover the reality of ourselves and the reality of God. So many people in our world today have been seduced into a belief in the reality of the physical world and the unreality of God! They devote their precious lives and time to the pursuit of pleasure, to the accumulation of wealth and material possessions, often at the expense of their fellow human beings and of the fragile environment in which they live. Humanity has forgotten its divine origins. It has become, for the most part, ungodly, and you have only to look at the state of the world today to see the reality of such behaviour. We are heading towards a sociological and an ecological disaster.

This book, therefore, serves both as a warning and as an invitation to change. We can see only too clearly what we are doing both to each other and to the planet. So we must become more holistic, more holy, in our attitudes and behaviour. We must recognise the oneness of all life if

we are to survive both as a Race and as a planet. Humanity must face up to one important fact, namely, that no outside force, no benevolent God, no Messiah, is suddenly going to appear and save Humanity from the consequences of its own actions. Great beings have, and will, incarnate on the Earth to show the way, but it is Humanity alone that must save itself. Humanity must begin to take responsibility for its actions. Humanity must seek a new aspect of God, now that the old religious God is falling away. Humanity must discover the God within itself rather than an external God and, through prayer and meditation, must develop its inner link with the Source of all Life. Every individual must attune to their own spiritual knowingness and should act according to it.

The Ramala Teachers have always been reluctant to prophesy, except in very general terms, yet what few prophecies they have made have already proved to be correct. They say that the next twenty five years are years of great change, years when the world will change beyond our comprehension. For not only is the Zodiacal Age changing from Pisces to Aquarius but the planet and Humanity on it is moving onto a new spiral of cosmic evolution. That period of human experience sometimes known as The Golden Age, and which is foretold in many esoteric traditions, will soon be upon us. Only a small percentage of Humanity will be privileged to incarnate in this Age. So it is our actions now in thought, word and deed that will determine our right to participate in this Age. Very little time is left before earth-shattering events will occur which will change the very nature of our planet, when the world as we know it will change completely. Old values, old institutions, old beliefs, will disappear and only the soul that is open to transformation will survive.

So in this book the Ramala Teachers are offering us a blueprint for human transformation. The last channelling in the book, which was received on June 11th 1989, can be said to encapsulate the essence of the Ramala teachings. It took many people, including ourselves, by surprise, but it had the desired effect of making us realise how often in the past we had ignored the exhortations of the Ramala Teachers, believing that time was on our side. No matter what happens now, we cannot say that we did not know, that we had not been warned! The Ramala Teachers have placed our lives in perspective with the Age in which we live and have offered us their vision of the future. It is now up to us to decide on the reality and correctness of that vision and whether or not we wish to heed it. If we do, then we must concern ourselves

with the three other Kingdoms of Matter, who are subject to your will in this particular cycle of the evolutionary pattern of the Earth.

As you look at the state of your world today you can see that Humanity is approaching a time of crisis, of crisis not only in the field of human relationships but also in the field of relationships with the planet. On the one hand Humanity is faced with the choice of whether or not to exterminate itself in a great nuclear holocaust, either by accident or by design, a disaster, incidentally, in which only a minute proportion of the Human Race will be involved. Nevertheless, that minute proportion feels that it has the right to play around with the destiny of the planet and of the millions of human beings that dwell upon it without even consulting them! On the other hand Humanity is faced with the imminent destruction of the planet's environment through wrong relationships with the Kingdoms of Matter to the extent that Mother Earth has become so polluted that she now threatens to turn against the Human Race that dwells upon her being.

Humanity, therefore, has yet to learn the lesson of right relationship. Let us consider, for a moment, what lies at the foundations of right relationship. What should be the basis not only of your relationship with your fellow human beings but of the Human Race as a whole with the other Kingdoms of Matter? Do you have a model, a perfect example, of right relationship, upon which you can base your own relationships? The answer to that question is, of course, 'Yes', but only if you yourself have established a right relationship with your Creator. It is through the understanding of that primary link, of your divine spirit with your Creator, that there comes a true understanding of right relationship. Unless you are aware of the true nature of that link and of what is involved in it, and of the energy that pulsates between you and your Creator, then you cannot establish right relationship with any being or any thing on any level. Now the divine energy which links you to your Creator is love, and when I talk of love be aware that I am not talking of human, emotional or psychological love, but of divine love, that energy which links the Cosmos in one great Plan, in one great Design. It is that bond of love, the true nature of which you can only just begin to visualise as you discover and understand your own relationship with God.

Let us consider the reality of that relationship. That Being Who created you has imbued you with Its spirit. It has sacrificed a part of Itself, the most sacred part of Itself, in order to give you individualised life and to enable you to follow your own evolutionary pattern. It has

given you mind with which to explore the nature of spirit. It has given you free choice to choose the nature of your evolutionary pattern and, above all, It has surrounded you with Its divine love, a love that does not judge, a love that is always present to uplift you no matter what you do, no matter how you take Its name in vain, a love that forgives without you even having to ask for forgiveness, a love that gives to you continually every second of your life, requiring nothing in return, no matter whether you respond or not. That divine love is always present. It is always there for you to tap into just by closing your eyes and attuning to the Source of all Life which gave you life. Recognise that your Creator has provided this planet for you and the means to enjoy life upon it. It has given you dominion over the three Kingdoms of Matter that dwell on the planet to help you to fulfil your evolutionary pattern. It has given you the angelic beings for guidance and the elemental beings for service. All of this is placed in your hands, together with the freedom to be whatever you wish to be. So the real basis of a divine relationship is the spirit of sacrifice, one which recognises the evolutionary growth of the human spirit as being of supreme importance.

Recognise that you are placed on the Earth imbued with all the qualities of your Creator. Recognise that you, too, are divine. There beats within your heart that spark of spirit which links you eternally to the Creator of all Life, that is indeed a part of your Creator's Spirit, for you are gods in the making. This divine relationship should be the model for your relationships with all your fellow human beings. Recognise that the nature of your evolutionary pattern is decided by how you yourself relate. You do not evolve by living in isolation. The evolutionary process only begins when you relate to your fellow human beings and to the Kingdoms of Matter around you. You discover the nature of your own being through relationship. The way you meet and relate with your fellow human beings, the way you treat the three Kingdoms of Matter, are but mirrors of your own being. They help you to know yourself, to recognise the aspect of God in you, the divine spirit that should direct every aspect of your being and motivate every action.

Right relationship, therefore, as with the Godhead so with the Human Race, is based on love. The energy of this Earth is sacrificial service in love. This is not the human love of attraction, of possession and retention. It is a free love, a love given and offered freely no matter what the cost. It is a love that forgives no matter what is done. This,

then, is the role model that you have to compare with your own relationships of man to man, woman to woman, husband to wife, brother to sister, family to family, country to country and so on. That is the model that you have beating within your heart. Be aware that those souls who have not established a correct relationship with the Creator, who have not sought that higher union, will find it difficult to establish the lesser union with their fellow human beings. But for those who are aware of the divine link within them, there is available a wonderful and infinite opportunity to assess the true nature of their own human relationships.

Remember the great cosmic truth: do unto others as you would have others do unto you, and so relate with others as you would have others relate with you. That is one of the primary Laws of the Cosmos, how you relate with the world around you determines the nature of your karma, whether it be good or bad. That which you sow with love comes back as goodness. That which you sow with hatred comes back as evil, remembering that 'evil' is just 'live' spelt backwards, or life in reverse. In the Law of Karma there is no punishment, only the return of what which you have sowed. The degree of what you have sowed depends upon your soul consciousness. The greater the soul consciousness, the greater the ability to sow and reap and so the greater the return. Therefore be aware of the nature of your responsibility in this respect.

Remember that it matters not what others do and say to you. It is only what you do and say that is recorded in your account in the great Akashic Record of this Earth. It is only how you respond, how you think and how you behave in any relationship, for which you are accountable to the Lords of Karma. So no matter what is directed against you in any relationship, no matter what emotions, what thoughtforms, what acts of physical violence, always remember the fact. It is how you respond that governs your karma. Remember that the lesson of this planet is sacrificial service in love. Remember that it is how you behave that determines the nature of your evolutionary lessons.

All the great Masters who have walked the face of this planet have taught and demonstrated one truth, namely, that dying is but a beginning. If you are threatened, you do not have to threaten back. If someone is trying to kill you, you do not have to kill them first. There is a greater Law that governs all things. There is a greater reward for those who give freely of their divine love in human relationships. Because of the nature of the world in which you live today you have

been conditioned to live solely through your five senses. You are, as sensory beings, yet so much of your sensory contact has been removed as you dwell in the so-called civilised world of the West, where much of your physical existence is either mechanised or computerised, a condition of automatism, removed from the reality of life. You have been cut off from touch with the reality of the sacrifice necessary to give you life, of the energy that has gone into your physical creation, energy that you have taken for granted. You have forgotten the true nature of right relationship. Let us take one little example, the relationship between disease and healing today, and you will see the point that I am trying to make.

If you fall ill today most of you will go to see a doctor very quickly. That doctor will probably give you some medicine and you will then sit at home and expect the medicine to cure you. But what of your relationship in that healing process? If you were not living in the Western World, with its easily accessible medical practitioners and drugs, and you became ill, you would have to seek the wisdom and the treatment of a very different kind of healer. You would then have to spend time in relationship with that person. He or she would have to look at your whole character and to assess the soul nature of your illness, the nature of your physical being, how best to help you, and decide on what was the appropriate herb or form of treatment that would bring about healing. All of this would take time and would demand relationship. But all of that has slipped away in your modern world.

Now most people in your world today have lost the art of right relationship. They relate only when they have to or when they think they need to. They relate only when there is something in it for them, when there is some benefit to be gained or when pleasure demands that a relationship should continue. But that is not the reality of human relationships. That is not the meaning behind the parable in the Bible of the Samaritan who stopped to help the man who was robbed, beaten and left for dead on that road to Jericho. You have to learn humility. You have to learn that every human being is part of the same Race, the Human Race, and that you have to sacrifice to the whole Race. You have to learn that every being that dwells on this plane of Earth is worthy of your sacrifice, of your divine love, of your giving. That is why you are on this planet. That is why you are facing this time of crisis. That is why you are here in incarnation on the Earth at this time.

Now having said all of that, do not think that I am saying you should ignore your own intuitive feelings, your own personal insights. Noah had his visions and built his ark of survival on the strength of them. Any feeling, any vision, that comes to you directly from the Godhead is worthy of your highest attention. Such divine messages are designed to keep you upon your destiny path and to help in the transformation of your spiritual being. There is no need to consult cards, to visit mediums, to seek the advice of people with special talents who in all probability are less evolved souls than you. You have nothing to fear in life but yourself, and by that I mean your own weaknesses. Daily attunements to the Godhead, which consciously seek to align yourself to the force of God in order to provide the safest and purest form of guidance.

Q: I recently came in contact with a group of people who call themselves 'immortalists'. Their aim in life is to make death avoidable by the transformation of their physical bodies, using various techniques, so that they can live much longer lives. I would like to know firstly, is such a thing feasible and, secondly, is it desirable?

ZT: It is a fact that great Masters can restructure their physical bodies at will and can live for as long as they so choose on the plane of physicality. This means that they can decide when they want to die! They have the knowledge to do this. I can tell you that there are such beings amongst you right now who have lived on the Earth for over a hundred years. However let us understand that such beings are not 'normal' souls and by this I mean that they are separate from the evolutionary pattern and that they incarnate on the Earth to fulfil a very high cosmic plan. Both they and the work that they do are hidden, for the most part, from the public view. But they do appear at moments of crisis in human evolution and influence the course of events. Very few souls are aware of their presence and even fewer have had the privilege of actually meeting them on the physical level. They are often found in the remote areas of the world, such as the Himalayas.

There is, of course, another way in which physical life can be prolonged and that is by the transference of the spirit from one physical body to another. By this I mean that the spirit leaves a body that is decaying or dying and takes over a younger, more healthy body in order to continue with its work on the Earth. This is only done with the agreement of both the souls on the higher levels of life. So in this case the life of the physical body is not prolonged, the body is

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another one. Only the soul manifestation remains the same. Many spirits on the Earth at present that have done this in order to carry on work vital to Humanity's evolutionary pattern. The nature of the spirit that would perform such an act is one who has transcended death, who has evolved beyond the school of life and their reason for so doing is never for the individual but always for the good of the Human Race or of the planet.

For an unevolved soul who would seek to prolong life in order to avoid death. After all, where is your true home? Is it on the Earth or in other planes of life? Although life on the Earth is a great experience for the soul that has evolved beyond the lessons of this school, return to the Earth is a great sacrifice! You can never avoid death, except by transcending it and by this I mean that you are aware of the cosmic process of death and dying on every level of existence. To put it in more simple terms, it means dying to each moment of your life, not dying to the second of time that has just passed, living the present moment in time as the only time. The only reason for prolonging human life is to fulfil the will of your Creator, to sacrifice the self in service to the good of the whole. Self-preservation or self-will does not enter into it at all.

By I would say that for all of you, at your points of soul transition, death is the greatest gift that your Creator can bestow upon you. If you would find living to, shall we say, even one hundred and fifty years of age, a burden too heavy to bear. Life, without the consciousness to live it correctly, can be very painful, as most of the people here know. Could you handle the suffering that is going on in the world now for another hundred years? If you did but know it, death is the great release, death is rebirth, death is life, death is the return to your real family, the family of God. Truly, if there was such a hell as hell, it would be to condemn an unknowing soul to eternal life on the plane of Earth.

the world. If you can tune into your soul body, if you can manifest, if you can make the true nature of your being resonate Earth and release your body consciousness, then you, too, will have light to follow in the darkness that is to come. You, too, will have upon the plane of Earth an understanding of the Heavens.

Consider, therefore, this Easter, where you stand. Consider the path you are going to walk. Consider the nature of your consciousness and of all that goes with it, both in your everyday life and in your relationships with all those people around you. Consider the nature of your soul consciousness. Consider how it has formed and shaped your life. Consider the eternal promise that has been made and is always honoured. Consider the link that lies within you, the link which in your darkest moments you always turn. When you need help, your God is there. But when the Earth needs help, where are you and what have you found?

QUESTIONS AND ANSWERS

Q: I would like to ask you to share with us concerning the nature of your relationship with us and with God, to place yourself in a certain perspective, so to speak!

ZT: I, like you, am a soul, on a path of self-discovery, on a path to discover the reality of the God in me. I, like you, have a relationship with God. I, like you, am simply playing my part in the evolutionary pattern of this Earth, in what is sometimes called the drama of life. I, therefore, am but an instrument. I am an intermediary, not the Source. I belong to one of the many spiritual hierarchies that exist on the higher planes of life. In just the same way that you have spiritual organisations on the Earth, such as the various Churches, there are spiritual organisations on the higher planes of life too. Be aware that we would hasten to add are fallible! Each one of us in these spiritual hierarchies fulfils our part in the divine cycle according to our spiritual understanding, our point of soul consciousness, and the role which we are destined to play. We can only teach you of our understanding of life, according to our point of soul consciousness. We can only give prophecy from our observation of the auric pattern of the Earth and the individual souls for whom we are responsible.

Our purpose in communicating with you in this way is to help you and the soul group of which you are a part to walk your evolutionary

smoothly and to further the Divine Plan for this Earth. Since we are encapsulated in sensory bodies, since we are not bound by time, we have a more holistic view of the Earth and of its evolutionary pattern than you. We are permitted to look into parts of the record of the Earth and to see what has been and what is to be. You, like you, are the servants of the one God, and we serve that God by serving you just as you, in your turn, serve your God by serving the people with whom you enter into relationship during your lives.

At all times of communication it should be remembered, because we are not the Source, that everything that we say must be carefully considered before being acted upon. You must always use your God-given powers of discrimination. We would insist that nothing that we say should ever be taken as the truth, just because it comes from our side of life. In the same way that you would not blindly accept something that the Archbishop of Canterbury or the Pope of Rome was to say, just because of the nature of their office, so you should not accept our understanding just because we speak to you from the higher planes of life. We would like you to walk your path in life just as you would help us if our roles were reversed. We are all part of the one Race, the Human Race, no matter whether we be incarnate or discarnate.

Most of us are only too aware of how to develop our body consciousness, but what would be your advice to us at this time on how to develop and strengthen our soul consciousness?

ZT: Obviously, as you are all unique individuals, each and every human being will walk a different path but the first, and the universal, is to be aware of the existence of your soul consciousness and to realise that it is something which is both real and tangible and, indeed, is already a part of you. In essence, though, it is union with the Godhead which brings about union with the soul. You cannot contact your soul unless you have contact with God. It is the desire for God that creates the desire for the soul. There is a difference between spirit and soul. Soul can be described as the memory of spirit and spirit is the universal link that is within each and every human being. Spirit links you to the Godhead. It is, so to speak, your telephone line to God and it is by using that line, by being open to the message that comes down that the link, that you become aware of your soul consciousness and of its impact upon your life.

However the Church today does not live its Teachings. The Church put it another way, is not soul conscious but is body conscious. Therefore as I look into the future I do not see the Church transformed but, rather, transmuted.

Q: When you speak of what is to come, do you really see the future are you not remembering the past and because the cycle repeats projecting that as the future?

ZT: I would say that the future - and by the future I mean that you have not yet experienced in your earthly bodies in this life - exists on another level of being and that those who are not in their earthly bodies, who are not limited by body consciousness, are according to their spiritual point of consciousness, able to tap into that level, interpret it and then share it with those who live on the physical plane of Earth. Now if that seems a little complicated, let me give you a simple analogy! Let us suppose that the Akashic Record of Humanity and by that I mean the total record of human evolution past, present and future - was the Bible. Each of you, as individuals, according to your scholarly and soul ability, would read and interpret the Bible. Some would read the Bible and would accept its contents as literal. Others would see the Bible as a parable, as a means to an end, a deeper realisation of God. Others would go deeper still and would interpret it in the context of other 'Bibles', of other Races, of other Galaxies. Each of you would interpret the Akashic Record according to your level of consciousness and it would be your understanding that you would pass on.

Therefore be aware that when I prophesy I am doing just that tapping into the Akashic Record and am passing on my understanding of it to you. I do not and can not see or understand beyond my level of consciousness. The same is as true for you as it is for me. You tap into the Akashic Record to different degrees, on different levels. That is why there are so many visions of past, present and future. That is why so many people lead a different life whilst living in the same dimension of time. Every level of consciousness demands a different level of life. No matter what you see in any vision, if your soul is not touched by it then you will not respond, you will not identify with the vision. When I prophesy to you, all that I am seeking to do is to awaken knowledge that is already within you so that you may know it as your being and live it.

THE GIFT OF DARKNESS

At a particular time in the cycle of human evolution Humanity has been given the divine gift of free choice. The Human Race evolves through the nature of its choices. Let me say, at the very beginning, that the Human Race does not have free will. It only has free will to do the Will of God. Everything that manifests on the physical plane of Earth is the Will of your Creator. Earth, therefore, is simply a school of evolution and you have been given the gift of free choice to evolve yourselves whilst you are in this school. Now it is up to you how you make your choices. You can choose Light or Darkness, Goodness or Evil, Joy or Sorrow, Pleasure or Pain, to create your life in your Creator's image or in your own image. The choice is always yours, but I want you to recognise that both of the choices are the gifts of your Creator. They are the tools of learning given to you in order to help you along your evolutionary path. Goodness is no better than evil, and pleasure is no better than pain and light is no better than darkness, for they are all the gifts of your Creator. They all play vital and necessary parts in this school of evolution called Earth.

Now it is difficult for many people to understand that Darkness is not the creation of their Creator. You may say that Humanity creates its own darkness. This, to a certain extent, is true, just as Humanity creates its own light, but the greater part of Light and Darkness conforms to a cosmic cycle of evolution. Now is not the time to go into the nature or the purpose of this cycle, of the reason for the biological and divine influences which initiate cycles that are beyond your comprehension of your spiritual consciousness. Let us just accept that these cosmic cycles do occur and that they have a profound influence upon the plane of Earth. As these cosmic forces touch the Earth so they initiate cycles of Light and Darkness, or should I say apparent Light and apparent Darkness, in order to evolve the spirit of Humanity. As you look back at the history of Humanity you can indeed see the Golden Ages, the Ages of Light which have existed, just as

much as you can read of the Dark Ages, the Ages of Darkness that existed. If you possess certain psychic abilities you may also recall the splendours of Atlantis and Lemuria, the moments of high spirit just as you will also recall the destruction of those civilisations brought about by the degraded behaviour of the people of that time. Such events are necessary and, indeed, are destined events.

Darkness, therefore, presents Humanity with one great opportunity to focus on Light, for indeed if there were not Darkness how would you recognise Light? If you enter a room which is in complete darkness and someone lights a candle in that room, then almost inevitably you are drawn to focus your attention on that light, until it becomes the most important thing in your life. On the physical plane of Earth too, it is always in times of great Darkness that a great Light becomes manifest upon which the Human Race can focus and from which it can draw inspiration. It is in this way that Humanity is led more fully into the Light. So it is the case that prophets, messiahs, great beings of the Cosmic World, do incarnate on the Earth in times of great Darkness to present to Humanity the greatest lesson of its being and to lead Humanity forth into a New Age, into a new cosmic cycle. As you come forth into the light from the darkness of the womb, so recall that Darkness is a time of creativity. All things grow in the darkness, from Darkness comes birth, comes new life, comes Light. Therefore do not be oppressed by Darkness. Recognise it as a necessary part of human evolution.

Now I know that for you who are undoubtedly living in a time of Darkness, life can become a depressing affair, but only if you are not aware of the Light. If you concentrate only on the Darkness in this world, on the lower aspects of Humanity, on the wrong human relationships, on the physical tragedies, on the wars and the diseases, on the greed and the poverty, on the money wasted on armaments and the development of weapons so hideous that they defile the very face of the sacred Earth upon which you dwell, then you have every right to be concerned. But remember what is the inherent nature of Light, and the fact that Light is always present even in the Darkness. Consider when you meditate, even though you may be surrounded by Darkness, even though you may be threatened with death, when you close your eyes and go into the stillness of your inner being, is there not a Light there more powerful than you have ever seen with your physical eyes? Is not that source, that light, always open to you? So where is the Darkness and what is the cause of your concern?

er, therefore, the true nature of Darkness. It is an outer, a thing, and is not of the inner planes, for your spirit does not dwell in Darkness. It is only your personality, the little ego self, that is attracted and fears the Darkness that is around it. Darkness cannot oppress the spirit. Darkness cannot oppress and mislead the spirit. Darkness is only a possession of the ego self. Now, of course, whilst you are in physical incarnation on the Earth you have to express yourself through a physical body and a physical personality, but they are but vehicles of expression, the servants of your spirit. So the purpose of the cycles of Darkness is to help you to draw your attention upon the Light where your spirit self dwells, for in your previous incarnations all of you have lived in times of Light and have either used or ignored that great gift.

What in your souls even now is the memory of cycles of Light, of lives when you were divinely inspired, when your actions were always divinely motivated, when you walked hand in hand with the angels, when higher guidance was always available to you, when you had only to ask a great Master to know the course of action that you should take? In such lives you possessed great spiritual talents. You could travel to the very boundaries of space simply by closing your eyes and going within. You possessed powers, powers even greater than the power of your nuclear technology today. But as that cycle of Light slowly gave way to a cycle of Darkness so you began to use those divine powers not for divine creation but for human egocentric creation.

Now that is not to say that, in the beginning, you used those powers strongly, to create and direct evil against other human beings but, rather, that you used them simply to fulfil the will of the ego self rather than the spiritual self. You used those powers to create pleasure, possessions and wealth for the ego self, and as you created for the self, by using the divine gift of free choice, you began to create not in God's image but in your own image. You began to fulfil not God's Plan but your plan. Eventually, as the cycle continued further, you began to use those powers against other people, to the detriment of your fellow human beings and the other Kingdoms of Matter. So you began to enter a period of Darkness, a period when the Light was withdrawn, when Humanity had to struggle to live with its own choices, to make and create its own world, so that those who lived in that period could clearly see what was the reality of human creation as opposed to divine creation.

It would be true to say that you are now living in an Age of Darkness but I can tell you that an even greater Darkness is still to come, for you will see unleashed across the face of this Earth the supreme example of Man's egoism: the destruction of life for purely selfish and ideological ends in order to create a world that the vast mass of Humanity neither wants nor needs. When that happens it will indeed be a time of Darkness, but recognise that it is a time when you have all chosen your own experience. No-one is here by chance. Every one of you present on Earth at this time has chosen this present incarnation with great care. You have chosen to be on the Earth at this time because it offers you the supreme lesson and that supreme lesson is to exercise the divine gift of free choice in these most demanding times with correct spiritual motivation. It is to search for the Light in the Darkness. It is to know that there is nothing to fear in the Darkness provided you focus on the Light and that it is by such a focus, by such a concentration, by such an attunement, that you will set the pattern of your spiritual evolution for many lives to come. The events of this time will create within you a deep memory of that choice of Light and what it means to the spirit.

Now it is difficult, I know, at this particular time in which you live to attune to the Light. Each day, many of you consciously seek your Creator, seek the counsel and the wisdom of the great Masters, yet is it not the case that you often feel that your prayers are not answered, that you are continually faced with major problems in your life, that the pattern of your life does not unfold according to your wishes and your inner desires? Even the great spiritual Masters present on the Earth at this time seem to conflict as they offer differing opinions as to the nature of human evolution and what is the path to salvation. The religions, which have become irreligious and create conflict not only between each other but also amongst their own followers. It is difficult for you to know what is the path to God and what is the nature of Light in this Age of Darkness. Let me, however, relate a little story to you in order to show you the reality of the presence of the Light.

This instrument through whom I speak was concerned, before he came into this sanctuary tonight, at the imbalanced state of his being, having only just returned from Canada where he had been on holiday for a fortnight. He felt it wise to attune to his Creator before acting as a channel for this talk, because he was uncertain as to the nature of the talk to be given, whether indeed such a talk should be given at all, and whether the energy present in his being would support such a talk. He sat down in this sanctuary in physical darkness, filled with doubt,

his own darkness. However, within five minutes of him beginning a process of attunement, there was a Light present within him which not only gave him the title of this talk and a rough outline of its content, but also told him the nature of the people who would be present to listen to it. Such is the response of Light to Darkness! All that was required was a stillness within, a concentration of attention on that inner Light, without any preconceptions as to what the answer should be, and, without any desire that an answer should come at all and, finally, when the Light came, the humble acceptance that what was to be said was appropriate for those present here this evening.

Now my instrument is no special being and the example that I have just given could have happened to any one of you. It is in the stillness of your hearts, in the total open-mindedness, without any preconditions as to what comes to you, and the humble acceptance of it when it does come, that the real nature of divine guidance lies. That is the Light in your Darkness. That is the Light to which you must turn if you are to survive the Darkness, and by survive I do not mean physically but, rather, to overcome the apparent restrictions of the Darkness that is around you. There is a Light within your being that can illuminate any Darkness. So Darkness can be seen as a gift from your Creator to help you to find your Light, and the greater the Darkness the greater is the opportunity, the greater is the need, to search for that Light.

The Light of your being is within you. It is your birthright to walk hand in hand with that Light. It can give you the answer to any question that you might ask, provided you are open to it. You must not judge it, neither must you prejudge it. You have only to listen humbly to it. Of course the ego self desires this and seeks that, wishes to follow a certain course of action and sets conditions on the nature of your being, but that is not the Light. That is the outer surface around the inner Light. Within you all is a Light that can transform you. So be thankful for the Darkness. See it as a gift from your Creator just as valuable as is the gift of Light. There is no need to judge Darkness. There is no need to oppose it, merely to observe it, and from that observation you will be led into the Light.

As evolved souls you are aware of what constitutes Darkness. Darkness is anything that oppresses and misleads the spirit of Humanity. It is an aware soul that can learn the great lessons of life by observing Darkness, that can understand the reason and accept the need for Darkness, for nothing on this Earth happens without reason. It is the most hideous atrocity, the most degrading disease, the most evil

you simply have to show your Light. It is your example that transform others. It is your sacrifice that will create an even light. So always focus upon the Light, never on the Darkness.

Q: When you are faced with a constant presence of evil which to the weakness of the spirit of the person concerned, what can you do about that? What should you do when you shine your light onto them but they are not capable of responding?

ZT: Firstly, you should understand that it is not the spirit that is the cause of evil. It is your personal manifestation and your soul, the memory of spirit, with its records of events of your past lives, that is the cause of evil behaviour. You can be compared to your physical brain which, as you well know, records every second of your conscious life. So your behaviour is, to a large extent, governed by your own reactions to the things you have experienced so far, to the conditioning of your parents, teachers, your friends and the social society in which you have lived. You are, so to speak, always living in memory! In just the same way, your behaviour today is also subject to the conditioning of your past lives. Let me give you a very simple example.

If you had suffered a violent and seemingly unjust death in your past life, let us say you were wrongly convicted of murder and were hanged for something that you did not do, your soul would continue to be making a strong impression on your mind in this life, firstly to ensure that you did not place yourself in a situation where the same thing could happen to you again and, secondly, to seek redress for the suffering that you had experienced in that previous life. So you would find that, on an unconscious level anyway, you did not associate with people very easily, that you were always creating barriers to protect yourself that you were quite a violent person when threatened and that you had very strong feelings about crime and punishment. You would also have instinctive feelings of dislike for the souls of the people who had done this thing to you, were you to meet them again in this life.

However, all these responses would be from your soul, not from your spirit, which is a part of Infinite Spirit and, as such, is pure and holy. It is the soul which 'remembers' and which demands and creates situations or tests in your subsequent lives in order to transmute the karma of such events. Now, to return to your question, I have to say to you that it is not your responsibility to transform any so-called evil person. Any such transformation has to be initiated and carried through

person themselves. All that you can do is to be a mirror of their transformation, to help them to see themselves in the mirror of your Light and your right behaviour. Moreover, if you are constantly faced with an evil being, as you imply, then it is because on another level you have asked for this test. It is the magnetic attraction of your soul that is drawing this person to you. Now this can either be because you have agreed, on a soul level anyway, to help this person, or because you need to learn the lesson of how to handle evil. Whatever is the case, the situation will continue to test you until you handle it successfully from your point of soul-consciousness.

Whilst I understand what you are saying, I find the concept of dealing with evil very difficult to put into action, if only because to me it seems like a lack of giving in to evil.

Let me give you one other example, then, to illustrate my point. Several centuries ago there was a spiritual Master living in France, whose lifestyle and teachings were pure and holy. He was, however, persecuted by the Catholic Inquisition and was tortured most horribly in order to persuade him to renounce his point of consciousness and so to disillusion the many people who followed him. This he steadfastly refused to do and so he was sentenced to death by being burned at the stake. Naturally, he was very aware of the priest who had been responsible for his arrest, interrogation, torture and sentence. This man came to watch his death at the stake, and as he died in the flames, being a wise soul, a true Master, he not only forgave that priest for what he had done but he also made a mental resolution, in the form of a prayer to his God, that he would like to come back in another life in order to help this lost soul to see more clearly the true nature of God's love. He truly held no feelings of revenge or hostility towards his persecutor, only the desire to help him. His prayer was, of course, answered and in another life that priest came back as the Master's son, and the Master taught him of the true nature of God's love to the highest level of his understanding and thus helped to bring about the transformation of that being's soul.

Here, then, we have a great example of how Light can transform Darkness, of how evil was transformed by sacrificing to it rather than resisting it, by love rather than by might or will. It all depends on your attitude towards evil. If you see it as a malevolent force and are afraid of it, then if it hurts you, you want revenge upon it. If, however, you recognise it for what it really is, namely an aspect of God

→ manifesting on this Earth, then surely your only wish can be transform it not to hurt or destroy it.

Q: But how do ordinary people, people who are not capable of sacrifice that that Master made, transform evil?

ZT: You transform evil simply by shining your Light, by demonstrating your point of soul consciousness to the highest of your spiritual ability. You do not recognise your own potential. You have forgotten who you really are and how powerful is the Light of Spirit that dwells within you. You have forgotten your birthright, the fact that you are truly divine with all the powers of the Divine at your command. Why should this be so? Because throughout your lives you have been conditioned, for the most part, to look outwardly rather than inwardly. You have been taught that the answers to all of life's problems and troubles lie without rather than within your own being. You have forgotten the great truth that the Kingdom of Heaven lies within you. So if you want to create Heaven on Earth, if you want to create in God's Image and act in accordance with God's Laws, if you want to forward God's Plan for this Earth, you must go within and attune to the force of spirit within you.

Q: It seems to me that we are on very dangerous ground here! Surely if you don't resist evil then you are accepting it, even if it is only tacitly. Are we supposed to believe that everything that manifests on the Earth, no matter how evil, no matter how degrading, is God's Will, is part of God's Plan for us and that we must accept it unquestioningly and without any judgments? That seems very hard!

ZT: It all depends on what you mean by acceptance. I can tell you with absolute certainty, that nothing manifests on the plane of Earth, or anywhere in Creation for that matter, by chance. There is no such thing as blind fate. Everything that manifests in Creation has both reason and purpose, even if that reason and purpose may be hidden from you. The force of destiny is all pervading in this respect. So we must draw a clear distinction between acceptance and giving in. Do you think that the Master Jesus was giving in to the Romans and the Jewish Sanhedrin by accepting their verdicts? I do not think so, but perhaps he was accepting his destiny. In the story that I have just related, do you feel that the Master was giving in to the Inquisition? I do not think so, but perhaps he too was accepting his destiny. That was why they both forgave their persecutors for what they had done.

There is much Darkness present in the world at this time, but because of your spiritual understanding of the process through which this planet is now going, you accept that fact. Does that mean that you are supporting that Darkness? No! Now, obviously, it is much easier to accept evil at a distance, to see it as being part of the great drama of life, if only because you are not involved, you are not suffering, your emotions are not coming into play. For example, you can look at the violence and the bloodshed now going on in Cambodia and, as an independent observer, you can see the rights and wrongs, the lessons being learned from all that suffering, and be quite dispassionate about it, if only because they are not your lessons here in the Western World. You are not personally involved. But when the suffering is taking place in your own country, in fact in your own family, is it not much more difficult to accept? It is truly only the ego-less person who can accept everything that comes into their aura as a gift from God. Now you are all evolved souls but if someone was to come into this room right now and verbally assault you, to attack your understanding of God, what would be your reactions? I use a stupid example, but you see the point that I am trying to make. As evolved souls you would probably refrain from any violent actions, but what of your thoughts!

Finally, do not think that acceptance involves passivity. On the contrary, it involves great activity on many levels. It is not a question of sitting back and saying that God's Will will be done and of regarding yourself as a puppet on a string. It requires great energy and attention to attune to the force of God within you and to constantly hold the vision of your actions bringing the greatest good, or the greatest Light, to all those concerned in any given situation. So learn to accept that everything that comes into your life each day is there because you have drawn it into yourself. It is your lesson, your learning experience. The only choice that you have is in how you handle it. Recognise that what you meet each day is your destiny, and you have no choice over that, but how you meet it and react to it, now that is your choice!

Q: I was talking to someone recently who had just been on a course to learn how to use the energy created by the sexual act for positive spiritual growth. Is such a form of tantric yoga a genuine evolutionary tool and can the sexual act be used in this way?

ZT: As always, when we examine any such practice, we have to question the real motivation behind the act. Humanity often creates noble motives for what is simply self-gratification! Now it cannot be

to work you are actually preventing the flow of your Creator manifesting through you. You are, in effect, blocking divine creation. So when you are not being creative you are not fulfilling Divine Energy and it is inevitable that dis-ease and unhappiness will manifest. Work, therefore, is a means of grounding Divine Energy. Work is the expression of God's Plan for this Earth, and every human being has a part to play in that Plan, a part that is unique and vital.

Western society today worships money and greatly respects people who are wealthy and successful, if only because they occupy a social position which they themselves would like to attain. So it is almost inevitable that some people are seduced into believing that certain forms of work which are either 'more responsible' or 'more valuable' than others and that these jobs, being of greater value to society, should attract higher wages. But I would like to point out to you that this is a false assumption, for in God's eyes all work is of equal value, no matter what the point of consciousness of the soul that is behind the work, no matter what the amount of money that it generates. (The factory worker should be paid the same wage as the factory manager) and this is indeed the case in some societies. But should this be so?

Again, I would ask you to remember for whom you are really working. You are not working for yourself, for your firm or for your country. Each of you, according to the nature of your individual talents, is working for your Creator, to fulfil the plan of your Creator. Each of you has a divine potential which you should strive to fulfil to the highest of your spiritual and physical consciousness no matter whether you are paid a large wage, a small wage or no wage at all. You have come to this Earth to ground divine energy and your destiny is to do that, no matter what you are paid, no matter what are the opinions of the society in which you live as to the value of that work. You all have a unique part to play in the work drama of this planet. Each of you has something vital to give to the planet. Remember that you are all instruments of service.

If only those of you who do believe in the spirituality of all life, and are aware of the Divine Source within each and every human being, would become living examples of that fact, then you would begin to transform the people who are aimlessly wasting their lives because there is, apparently, no work for them to do. The truth of the matter is, of course, that there is no work available to them for which they will

paid a wage, but that there is an abundance of unpaid work available in society as a whole which they can and should do.

What do you consider should be the reward for your work? Do you think that money is a fair return for the energy that you have expressed? If you do, then you are limiting yourself, for, truly, even though you have been paid a wage for doing a certain job, the true reward for the expression of your energy will be the Universe giving back to you ten fold that which you have put out. That is the Law of Karma. So it does not matter how menial or how humble your job is, how little you are paid financially, if you will but fulfil your task to the highest of your spiritual consciousness and physical ability then the Universe, which is your Creator in manifestation, will always more than amply reward you. Every task that you do is worthy of the highest expression of your creative energy. Be aware that you give that energy not for yourselves but out of respect for the Source that gave it to you, knowing that the part that you have to play is significant in the eyes of your Creator, no matter what the monetary reward.

It is only too obvious that your world today is in a time of great transition, for not only is the gulf widening between those that have money and those that do not, but with the rapid increase in automation the opportunities for work are rapidly diminishing. Both governments and individuals are being forced to re-examine the work ethos. There is an ever growing number of people who will never be in a position to accumulate wealth. Many of them are becoming disaffected with the roles they have to play in society, for they believe that if they cannot work and accumulate wealth, which is held up as the goal of society, then they apparently have no purpose in life. Moreover, most wealthy people are not prepared to share their wealth with the poor because they believe that they have the right to use the money that they have created through their own hard work solely for their own benefit. The concept of wealth being shared amongst the society is foreign to them, for they truly believe that they are entitled to use their God-given skills primarily, if not solely, for personal gain.

What is needed, therefore, at this time is for evolved souls to positively demonstrate the spiritual nature of work, to show that all human energy is a gift from God and that work is simply God's creative energy made manifest. Humanity must realise that it does not work for its boss or for its firm but for its Creator and that it is answerable to that Source alone as to how it uses its divine energy. Every job that you do, no matter how simple or how complicated it may be, should be done to

all their lives in menial tasks and for apparently little financial reward but their reward is in heaven and their reward will be in their lives to come. Some people are destined to face the karmic test of working all their lives in menial jobs. But every job has a purpose, every job strengthens the armour of the soul, and prepares the soul for what is to come. Until you can perform a menial task with consciousness, can you expect to be given a greater one? So give everything in life total attention and creativity. Each day give of your divine energy everything that your Creator places in your path and, as you work, do not think of how much money you are making, think of what you are giving to the world and to your Creator.

Now I know that there are people in the world today who follow Mammon and who are, apparently, becoming more and more wealthy as each day goes by. The rich appear to be getting richer and to be acquiring more and more material assets. They live in luxury and appear to lead a life of great happiness. But let us examine the reality of this situation. What is the point of consciousness of such people? Monetary wealth is not the same as spiritual wealth. Is the purpose of life to accumulate money or spirituality? What do you take with you when you die, your consciousness or your bank balance? It is often, not always, the case that people are only wealthy because they have accumulated their wealth at the expense of their fellow human beings or by exploiting the Animal, the Vegetable or the Mineral Kingdom. They have, in fact, got rich only by using other people's creativity, by extorting other people's creativity. So they have acquired more energy than they have actually earned and, ultimately, they will have to pay the karmic settlement for such actions.

I can tell you that the time is rapidly approaching when the value of money will literally be destroyed overnight, when those who are millionaires one day will be paupers the next, when those who are regarded as being the pillars of society one day are seen to be totally fallible the next. It is at such a time that the true meaning of work will become apparent, that the correct work ethos will be recognised, that people will turn from wealth consciousness to soul consciousness. True priests will appear who will give moral and spiritual leadership to the people, who will demonstrate that even though they possess nothing yet they have use of everything. It is at such a time that the true purpose and meaning of work will be understood. People will give thanks to God both for the work that they have to do and for the divine life-for-

which permits them to do that work, for they will truly recognise that they are creating not in their image, but in the image of their Creator.

Be thankful, therefore, for each day that you can work. Seize it with opportunity. Be aware of the test that is being placed before you. Give of the highest of your divine energy to each and every task that you perform and truly you will be rewarded beyond your wildest dreams. Those that are poor in spirit are poor in wealth. Those that have poverty of the soul will have poverty of wealth, because it is the quality of spirit which attracts abundance. Finally, may I remind you, yet again, that work is God made manifest, so let us always manifest the highest of our being. Let us always be worthy of the divine energy that flows within us and of the Source of that energy within which we live, move and have our being, and then a true understanding of work will return to Humanity. People will work freely and will give of themselves not for financial reward but for the sake of the energy that has been so freely given to them.

QUESTIONS AND ANSWERS

Q: The Master was talking about the choice of either serving God or Mammon. But isn't Mammon part of God as well?

ZT: Yes, everything is part of God. But what is important is the choice that you make and your motivation for making it. You all have to choose whether you wish to serve the light or the darkness. Both the light and the darkness are part of God. They have been created by God to test you. That is the essence of the drama of life. What you have to decide is how you are going to lead your life, how you are going to relate to all the manifold aspects of life around you. It is not for you to judge the way that other people lead their lives. For example, do not think that because a certain person has become very wealthy through extorting his workers and overcharging for his goods that he is an evil man working against God. He is simply a small part of God's Plan and he will learn as much from this situation, as the people that he is defrauding, as will the person who stands and watches the whole drama from afar. That is the purpose of life.

Q: It seems to me that you are making this into too much of a black and white situation. Surely the answer is to use the light to transform the darkness. There is nothing wrong with money. It is how we

ZT: No. Detachment is not the opposite of attachment. If you become detached, then you become unloving and uncaring. You become indifferent to the world around you. You must learn to be compassionate and supportive in any relationship. Now that does not mean that you identify with another person's suffering or pleasure but that you become the impartial observer of them. Or, to put it another way, means that although you may walk along the path of life with someone for a short or long time, your eyes remain fixed on your goal which is union with your Creator. No one relationship can ever be the purpose of life, the reason for your incarnation.

Q: You talk about sacrifice a lot. In my experience, giving based on sacrifice often leads to resentment, and resentment is a negative thought form that tends to undermine all human relationships, including one's relationship with God. In relationships with human beings is it better to share rather than to give and to receive negative energy from giving with sacrifice?

ZT: You make several assumptions in your question with which I do not agree. Nevertheless, let us consider giving in its purest sense, in the relationship that exists between a mother and her child. Now a mother gives of herself to her child. She gives her time, her energy, her love in order to nurture and to raise her child. For most mothers this is sacrifice. It means the giving up of her own way of life, of her own identity, of her own will, for many, many years, in order to offer the nature of her being to her child. The child does not even ask for the sacrifice to be made, but the mother gives freely of her energy anyway, expecting no reward. It is a true example of divine love, of a spiritual attachment.

Now the mother's sacrifice is vital to the growth, on many levels, of her child. If the mother does not give, and when I use the expression mother I of course mean mother and father, for both are equally important, if the parents do not give freely, then that child does not become a complete human being. It will lack certain qualities of character and nature. Now it may be the case that the parents give their energies but that the child, of its own decision, chooses to reject them. (That is the right of the individual, to reject the attachment or to reject the bonding.) Look at the example of the lives of all the great Masters and see how often their sacrifices, their free offerings to Humanity, have been rejected. The nature of divine love is that it has to be expressed and how the individual to whom it is directed receives

is for them to decide. If they choose to reject it, or to misuse it, that is their decision but the energy is still given. The sacrifice that one makes is the sacrifice of one's own being for the evolutionary cycle of Humanity. That is the true nature of sacrifice and, as such, any sacrifice that assists that great cosmic flow is never in vain. I do not know if I have answered your question.

Q: I think I am talking about giving with expectation and you are talking about giving without expectation.

ZT: That is correct. There is no expectation in a sacrifice whatsoever.

Q: But when giving is given with expectation?

ZT: That is not giving. That is manipulation.

Q: Could you please explain the connection between attachment and fear.

ZT: It would be true to say that the more fearful a person is the more attachments they form, no matter in what area of human activity you were to look. So a person who is fearful of losing the love of someone close to them, desperately seeks that love. A person who is fearful about not having enough money to ensure their financial security is constantly trying to acquire more money. Fear, therefore, in the sense that we are talking about it, is a lack of trust in oneself and in one's ability as a child of God to draw down everything that one needs for oneself at any given moment in time.

Attachment, therefore, is born from the false belief that because God cannot, or will not, supply what a person needs, then they must obtain it for themselves in other ways. So they cling to the people and to the material possessions that they think they need in order to provide themselves with a security blanket. This act of apparent possession, be it of people or material objects, gives them self-worth and serves to confirm to them that their lack of faith in their Creator is indeed justified because they believe that they are responsible for all the creations around them. So we can see there is a direct correlation between fear, or lack of faith in one's Creator, and the need to form attachments.

Q: Does this go back then, to the bottom line, which is this feeling of separation from God, which most of us suffer from at one time or another?

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consciousness. It is consciousness that created and now changes this world. It is a rise in consciousness that will uplift it onto a higher plane of being and it is a lack of consciousness that will destroy it.

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At this time, therefore, I can tell you that all beings of consciousness are approaching a moment of supreme test, a test that is governed by the nature of the cycle. You experience many cycles: the cycles of the planet, of day and night, of summer and winter, the cycle of life and death as you live life after life, the cycle of the changing of the Zodiacal Ages, for example, from Pisces to Aquarius, and so on. In addition to this, you experience the cycles set in motion by the great planetary beings who dwell in this planetary body, the solar system in which you now incarnate. You therefore experience many cycles of change, but all of them have but one purpose - to expand your spiritual consciousness for it is consciousness that creates and governs all things. Some people like to refer to your God as the Supreme Consciousness. However, always remember that there is an even greater God above the God of which you are aware and which you worship, a God that is beyond your human comprehension. Your God, like you, is subject to higher evolutionary forces. Into Its Being come tests and experiences, into Its Being come cycles of change. You are therefore subject to the influence of cycles, within cycles, within cycles, in a complexity of being that could be likened to the interaction of the millions of stars which you see in your sky at night. It is indeed a source of wonderment to you and quite beyond your understanding to know the destiny and the purpose of such an array.

At this time on the Earth you are concerned primarily with one cycle - the changing of the cycle from Pisces to Aquarius. Therefore recognise that most of you are preparing for this change. Now there are, of course, people on the plane of Earth who are not concerned with and who do not believe in this great change. This is probably because they will die and leave their present physical bodies before this great planetary cycle comes into being. Therefore they are simply not interested in or concerned with this great event, if only because they will not be a part of it. There are others who, whilst being aware of the cycle, are not prepared to face it, are not prepared to accept the nature of the cycle or, indeed, of its purpose, for their life is controlled solely by the drama of life, by the physical reality of the world in which they live. They do not recognise the God-consciousness either within themselves, within this planet or within the universe as a whole. It

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mainly for them that this great lesson of the changing of the cycle is approaching.

Now, as I said earlier, Humanity possesses the ability, should it so choose, to initiate this cycle through its own destructive energy, through its own ego, through its own thoughtforms. It could explode its nuclear bombs and so bring about great destruction and devastation. If this does indeed take place then, inevitably, there will be much suffering. Indeed, the great planetary 'Earth changes' that will follow will be seen as a great healing, for it will remove the blight of Humanity's negativity from the face of the Earth. But, as I have said so often before, the race of Humanity will not die. After all these 'Earth changes' the race of Humanity will still walk upon the face of the Earth, but not in its present form. So let me now explain the nature of that race of Humanity.

You are all very familiar with the experience of life through your physical senses. You have grown accustomed to the force of Nature as it exists on the plane of Earth today. You are aware, only too well, of the limitations of the physical world in which you briefly incarnate, of the make-up of your atmosphere, of the make-up of your body, of the water which is so essential for your growth and continuing existence. But conditions will not be the same in the New Age. You will not be able to survive the changes that are to come simply by adapting physically, for the physical body that you are seeking to protect will not exist in the New Age. The physical structure of the human beings that will dwell in the New Age will have changed radically. Whereas, now, a large percentage of your body is water, in the New Age it will be air.

So you can see that the race of Humanity that will walk the Earth in the Aquarian Age will differ in many respects from today. The human form will be different and will vibrate to a different note. The physical nature of the Earth will be very different. The angels and the great Masters will actually be present on the Earth, in physical appearance, and will walk and talk with you. The whole structure of matter, the frequency range in which you live, vibrate and have your being will have been altered. Therefore only one thing, only one factor, can guarantee your survival, if that is indeed your concern, in the natural cycle of this change and that is consciousness, your soul consciousness. For it is your soul that will build the body that you require, that will change the atomic structure of your being and so prepare you for the life of the millennium which is to come - the Golden Age of Aquarius.

Now many of you, for a variety of reasons, have been picking up feelings that cataclysmic events that will cause great physical destruction are coming. I can confirm that they are indeed coming. The Earth is to change radically. Events are to happen which will indeed demand that groups of people have to band together in order to survive. Now there has been much prognostication as to how to survive these events, as to where to live in order to avoid the worst of the devastation, as to the nature of the communities that must be formed and what has to be done to guarantee their survival. Much advice has been given, from our side of life as well as from yours, on how to achieve this, but I would say to you that many errors have been made and that much of the information that has been given has been misleading. Let us reflect for a minute on why this is so.

On your Earth at this time you do not have to be a prophet to recognise that the financial systems of your world are in a process of collapse. Whether you are a psychic, a mystic, a prophet or, indeed, simply a banker, you know that the time is fast approaching when the present financial institutions of the world will crumble. This you can prophesy with certainty, but what can you say as to the nature of the timing of that event? You can, of course, make an inspired guess, you can give an opinion, but what will be the event that will initiate the financial collapse? That event will, of course, be an act of God. An event will happen on this Earth which will then set in motion a chain of events which will lead to the destruction of the financial empires of this world. But does any being know what that trigger will be? I, from my point of consciousness, dwelling on a plane far above that of the Earth, can say - 'I do not know'. Now there are many on my side of life who are prepared to give opinions, but recognise that they too are only voices and opinions, and opinions are not facts. There is only one being that knows the timing of such an event and that is your Creator, and at this time your Creator has not yet released that knowledge, even to the great Lords of Its Spiritual Hierarchy. We do not know the nature or the timing of that event, let alone the precise timing of the changing of the cycle from Pisces to Aquarius, for there are so many variable factors which depend, above all, on the response of Humanity, on the thoughtforms that Humanity creates, on the deeds that it performs, indeed, on how Humanity responds to the tests that are before it now.

Consider if, at this very moment in time, one country was to accidentally fire a nuclear missile, if a military commander in a moment of error was to release such a missile and it was to explode on a country

of an opposing ideology or religion, what would be the response of that country, indeed of all the other countries of your world? Would they humbly accept that a mistake had been made? Would they be open and generous, would they recognise that the safety of the planet must come first? Would they demonstrate the spirit of self-sacrifice, a quality which Humanity has shown only on very rare occasions in its evolutionary path in this cycle, or would they demand retribution? Such a challenge may come. How will the major countries of your world respond? How will their leaders respond? That is the nature of the choice which faces Humanity. There are so many questions that Humanity still has to answer. Yes, great events are coming. Yes, I can see the nature of what will touch the Earth, but as to the timing of those events, that is for Humanity to decide.

Now many people have visions, many people see aspects of the future, many people have the gift of prophecy and can describe clearly the nature of events that are to come. That, of course, is Humanity's birthright and cannot be denied, but how are they to establish the timing of those events. There were many people, for example, who saw the events of the Second World War, who even saw specific actions in that War, who actually witnessed the slaughter, the suffering and the physical devastation long before it actually happened. But although such people saw that War on another level of life they did not know the precise timing of that event, they did not know the country where it would start and they did not know what the result of that War would be. For what the prophet or visionary sees is but one or two small parts of the picture and they only see those with a limited vision too. Therefore, above all, you must remember that anything that is released to you, as an individual, is for your own inspiration, is for your own purpose, is for your own destiny. Any vision which comes to you comes as your birthright. So accept it both humbly and gratefully. You may share it with others but that will often lead to confusion and, perhaps, even distrust. Your picture is your vision, is your destiny. The circle of guides and angels that are surrounding you at this time are responsible for your own destiny. They are there to help you, and will help you, but that is a personal, a unique link, which was created before your birth.

Now there are many beings on the higher planes of life who are making statements as to the nature of The Earth Changes. Let us consider, for a moment, the reality of the information that is being released. Why should that information be released? For example, if your father or your mother had but recently died, they would exist on a

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level of life which you could contact quite easily, but the consciousness that they would display, the advice that they would give you, would only reflect the consciousness that they had possessed when they were alive on Earth. They would be free from the restrictions of physical life and would see with a clearer vision, but their consciousness would be the same. Therefore the advice coming to you from that higher plane of life, whilst it might have more impact, because of the nature of the message, would be no more valid than if it had been given on Earth. Each of you taps into the level of consciousness that is the equal yours, and there are a thousand million levels of consciousness on the planes of life above the Earth, right up to that of your Creator. The higher your consciousness, the higher the note that you sound, and the higher the note that responds. You determine that which you receive by the purity of your thoughts, by the purity of your speech, by the purity of your acts. Your purity is your radio aerial and the degree to which you raise that aerial controls the nature of the source of knowledge and wisdom into which you will tap.

Now there are many on the higher planes of life who, with the best intentions, are trying to help Humanity, but let us consider how they can help. Let us suppose, for example, that a being on a higher level of life released the information that someone on the plane of Earth was soon to die. Now such information, in the first place, would only be released by a very young soul, never by an evolved soul, because the truth (the only being that knows the time of your physical death is your Creator). Whilst a being on the higher levels of life might see that death is coming, for that is the privilege of all, even those living on the physical plane of life, that being would not know the actual moment of death. Nevertheless, knowing that death was coming, it would recognise that certain events on the Earth first had to take place in order to smooth that soul's transition. Therefore that being would perhaps deliberately exaggerate its message, and would attempt to bring forward events on the Earth in order to cause the individual concerned to act with greater haste. It would try to force the individual's rate of growth and evolution.



Recognise, therefore, that there are spiritual beings, who because of their soul evolution, abuse the powers that they have on the higher levels of life, even though they do so with the best of intentions. They are only acting according to the highest of their consciousness. They are trying to help and be of service to those on the physical plane of life but their help is limited by their consciousness, for they cannot see that

the help that they are giving is misguided. But that is the pattern of their evolution, for you learn on the higher planes of life just as you learn on the lower. Everything that you do on any level serves to raise consciousness. If guidance is given from the higher planes and is blindly followed by those on Earth and, subsequently, leads to failure and disaster, then, the lesson is learned both on the physical and the higher planes of life.

Guidance, therefore, is only as accurate and as appropriate as the level of consciousness of the being that is giving it. There are many young souls on my side of life, as indeed there are on the plane of Earth, who are only too happy to give guidance out of a misguided feeling of self-importance, but be wary of such guidance. There is only one source and that is your Creator. There is only one Being Who knows the plan for your life, for your destiny, for your Earth, and that is your Creator. Each of you has been given a divine link to your Creator, for within your heart beats the divine spirit that links you eternally and universally to your Creator. That is the guidance which you should seek. That is the guidance which you should follow.

Now I, from my plane of life, can look down and can envisage many of the Earth Changes that are to take place. I can envisage them because I have access to the Akashic Record of the Earth, the record of all human activity in thought, word and deed. I can see the conflicts that are to take place both between nations and individuals, because this is a time of karmic resolution, this is a time when the slate of human activity will be wiped clean so that in the beginning of the Golden Age of Aquarius Humanity will have no burdens, will have the freedom to be as it should be. I, therefore, as any evolved being, can see the nature of such conflicts. I can tell you, for example, as I look at the country of Israel, that because that country was founded on the enforced resettlement, on the suffering and loss of thousands of human beings, it must inevitably attract the necessary karmic balance before the ending of this Age. Any being of consciousness who understands the nature of karma, and who has access to the Akashic Record, can foretell these events.

Many beings on the higher planes of life can and, indeed do, release this knowledge, but those of us who are truly aware of the responsibility of guidance, who know that we are responsible until the ending of time for everything that we say, and for everything that you as individuals do because of what we say, are bound to act with consciousness. You gain consciousness through experiencing the drama of life. If I release that

drama to you, if I tell you what is to happen on the physical plane of life, then where is the point of the drama? You have to experience the events, to handle them and to learn from them. You have to invoke your own intuitive energy, to ground and to receive the wisdom of your Creator. You are unique beings, you are gods in the making. That is the nature of your potential. You must learn through your own efforts and through your own mistakes.

* Now that does not mean that guidance is not your birthright. Guidance is available to all who seek it, but the nature of the guidance is not to answer your questions but is, rather, to get you to answer your own questions. It is for you to realise the true nature of your own consciousness and to be responsible for it. Now, inevitably, over the passage of time, because many of us on the higher planes of life, and this is especially true of your guides and Masters, have been with you on so many lives on the Earth, strong links have been forged. We have been together in all the great human civilisations. We therefore know each other well and are willing to help each other, and if the note that you send out is pure, if your motivation for guidance is always universal and not individual, then you will be helped. You will be aided in reaching the decisions that you have to make, and that guidance will be but the universe responding to you. You, in turn, will respond to it which comes into your physical life. Indeed, your guardian angels will bring into your aura that which you need for your guidance.

At this time, therefore, be aware of the crisis that is present on the Earth. Be aware of the confusion that exists and recognise that the confusion exists not only on the physical plane but also on the higher planes of life as well, for every individual soul, knowing that this great moment of change is coming, is concerned both for the Earth and for Humanity on it. The Earth Changes represent a great upward movement in the evolutionary spiral, not just for Humanity but also for many beings on the higher planes of life as well, for everything in Creation is evolving. There are, therefore, many levels and degrees of consciousness that are concerned about the Earth Changes. There are many levels and degrees of consciousness who are experiencing the drama of physical life at this time. So be aware that these Earth Changes are coming and that they are part of the destiny of Humanity and of the planet. Recognise that you have the guidance to understand and accept these changes. You will be in the right place, at the right time, not through your own endeavours but because of the guidance that comes to you from above. The note which you sound, the purity of your

vision, will guarantee that you will fulfil your destiny, the destiny that you chose before you came down into physical incarnation.

Finally, remember that everything that manifests on the plane of Earth has a destiny to fulfil. There are many karmic patterns to be resolved. Recognise that there will be many souls who will fall by the wayside, who will not be prepared to accept these Earth Changes, who will not release the familiar life style of the Old Age for the challenge of the New Age, who will not accept the presence of the Divine within their midst, within their own being. The time of Armageddon will soon be at hand, when brother will fight against brother, sister against sister, father against child, and all the events that are prophesied in the Bible will come to pass. Then will come the time when the sun and the moon will not shine, when darkness will descend across the face of the Earth, when the stars will move in the firmament, but be not afraid, for this will be the birth of a new Heaven and a new Earth, the birth of the New Age.

There is only one father and one mother for all of you and that is your Creator. You must be true, above all, at this time, to the Source, for it is the Source which controls your destiny. Recognise that fact and realise that the consciousness which you gain and ground now is the key to your understanding of this cycle and of the cycle that is to come. It is the key to everything that will manifest on the plane of Earth, for where there is death and destruction, if your consciousness does not invoke it, you will not be touched. Where there is disease and warfare, if your consciousness does not invoke it, you will not be touched. Only those who have to pay their karmic settlement, who have to balance their akashic record, will suffer in the great drama of the 'Earth Changes'. Those that are truly one with the Divinity of all life will experience a rise in consciousness that will pass all understanding.

This is the nature of the change that is to come. It is not a physical change. It is not an Earth change. It is a change of consciousness. It is the birth of a new Humanity, in a new body, in a new Earth. The key to that birth is consciousness. Remember that vital fact and then a new Heaven and a new Earth will truly unfold before your very eyes.

LOOK TO THIS DAY

If I was to ask each of you individually what you considered to be the most important day in your present incarnation, almost certainly you would go back into your memories and you would select a day from the past, a day which you felt held the greatest meaning for you. However, would it occur to you, firstly, that your memories of that day would be highly subjective and would include only the events that you chose to remember and, secondly, that your feelings now towards that day would be very different from the ones that you actually felt on that day because they would be governed by your present state of mind?

So I would suggest to you that if you were to select a day on that basis that it would prove to be a fairly pointless exercise, for the most important day in your life is not a day that has passed, is not a day that is to come, but is the day that you are living now. Furthermore, the most important part of that day is the very minute in time that you are living right now. For the reality that you are experiencing right now could transform your whole being that you would meet the next minute, alone the next day, with a totally different understanding of life. It is how you experience today that will decide how you are going to experience tomorrow. It is the consciousness that you manifest today that will determine how you are going to live tomorrow.

But are you actually living in this moment in time? Are you actually listening to me and receiving my energies or are you not, even now, drifting off into some world of your own creation? It is vitally important that you focus your whole being on the here and now, that you concentrate all of your senses, both on the higher and the lower frequencies of life, onto the reality of this moment in time. Remember that although you look with your physical eyes you are also looking with your inner, or third eye, as it is sometimes known, and that you are constantly using senses that extend beyond the frequency range of physical life. It is the sum total of all these senses that determines your understanding of each moment in time. How you live this moment really does determine how you will experience the next.

If this is indeed the case, then why do you choose not to live in the present? Why do you choose to live in unreality as opposed to reality? The answer is very simple. It is because you do not want to face reality and all the lessons that you have to learn, all the tests that you have to face. If you think about it, your memories of the past and your visions of the future are rather like selective dreams. You tend to remember only those things or people that you like or dislike, those events in life which arouse your pleasure or displeasure. You are far happier living in a world of your own creation, a world where your judgments and values are upheld, than in the real world! So what is happening is that if you cannot face the reality of the present you escape either into the hopes of the future or into the memories of the past. In fact, what you are doing is creating your own reality in your minds. You are choosing to live either in your selective memories of the past or in your hopes for the future. Both are illusory.

You have only one reality. There is only one moment of truth and that is this moment in time that you are living and experiencing right now. If you are truly open to this moment then you are experiencing exactly what your Creator has created for you in the drama of life. You are experiencing exactly what you need to experience in order to teach you of divine consciousness and to help you to balance your karmic account. If you are truly living in the moment then you are at one with the flow of the Cosmos, with your Creator's Will both for you and for this planet. Now the essence of this Will is the force that I call Intelligence. Intelligence has nothing whatsoever to do with the intellect. Intelligence is the flow of Cosmic Wisdom that touches every level and every aspect of life. Everything and everyone around you is imbued with this energy, which supports your Creator's Plan both for you and for this planet. An intelligent being, therefore, is someone who is attuned to this flow of Cosmic Intelligence. Someone who is leading an intelligent life is someone who is attuning their life each day to this flow of Cosmic Intelligence, who is open to the cosmic impulse of the moment in time that they are living. As sensory beings, receiving on many levels, you can receive this flow of Cosmic Intelligence in many ways.

If you will but consider the reality of each day, if you will but seek its purpose and meaning for you, then you will begin to understand the true nature of your physical existence. So many people today are actually walking through life with their eyes closed, not their physical eyes but their spiritual eyes, although sometimes they choose to close or avert their physical eyes as well! So many people today are walking through

life choosing not to use their inner eye, the eye of the soul. They are doing this not just through a lack of practice in using this eye but because they have conditioned themselves into what they want to see. Even if they were to see something new, something which, for them, was quite revelational, they would reject it.

As you go through life, for the most part, you tend to look with the eyes of memory. For example, when you go for a walk in the countryside and look at an oak tree, you recognise and identify that tree as an oak tree, just like any other oak tree, and then pass on to look at something else, but have you really seen that oak tree? Have you truly looked at it and seen what it is manifesting in terms of its shape, its colour, its health and its energy? You see only what you want to see, you see only what you remember of past oak trees. You are not truly seeing it, and, therefore, you are not truly experiencing the reality of that oak tree in just the same way that you are not truly experiencing the reality of the moment in time. You are not truly experiencing the force of Cosmic Intelligence. You are, therefore, not attuned to your Creator.

Each hour, each day, has a vital lesson to give to you and you should strive to learn that lesson, if only because each hour, each day, is but a preparation for the next. Each hour, each day, represents an invitation from your Creator to attune to Its Intelligence and to become one with Its divine flow of energy. Obviously it takes both time and practice to learn once more to live with awareness, but once you have begun to tune in to that divine flow of Intelligence you will begin to grow into a deeper understanding of life which, at present, is simply beyond your comprehension. Walking through life without being in tune with this flow of Intelligence is rather like seeing life through a pair of spectacles which are covered with a film of mist. Most people walk through life with their vision either partly or wholly obscured, but for those who wipe the lenses clean there appears a clearer picture. It is this clearer vision which leads to a clearer understanding of the reality and the purpose of physical life.

Each day, therefore, should be regarded as a precious gift from your Creator, for you do not know if it will be your last. As you go to sleep tonight you do not know, firstly, if you will wake up in the morning and secondly, what tomorrow holds in store for you, what new aspect of the great cosmic drama you will have to face, what new lessons you will have to master. Therefore never postpone until tomorrow all the lessons and all the karmic settlements that you can make today. Go to bed tonight feeling that if you were to die in your sleep it would not matter, because

you could truthfully say that you would have no outstanding karmic duties to perform, no problems in relationship with your family or friends that have not been settled. Always remember that today well lived creates the framework for a better tomorrow.

Each day represents a step on the ladder of your destiny. Each day lived with consciousness and awareness represents another rung climbed on that ladder. So many people do not climb up a rung each year, let alone each day. Some people even take one or two steps downwards and then have to climb back up again. Remember that as you climb that ladder of your destiny that you are never alone. You are all beings of intelligence surrounded by Divine Intelligence. Everything and everybody that you encounter in your walk through life is part of that flow of Intelligence. Therefore recognise that everything and everybody that comes into your day is there for a reason, for a purpose. It is your Creator presenting Itself to you so that you can fulfil your divine destiny. Finally, remember that each day you will meet your destiny. You cannot avoid it. The only choice that you have in life is the degree of self-effort, the amount of self-energy that you put into meeting it.

In the Bible there is an account of one of the parables that Jesus told concerning a rich man who was going to travel to a far off land and stay there for a long time. So before he departed he gave each of his servants varying sums of money, to look after for him whilst he was away. The servants all used this money in different ways. One buried his share in the ground, seeing this as being the safest way to ensure the return of the money to his master. Another traded with his share and doubled his investment. Yet another traded with his share and trebled his investment. On his return the rich man congratulated the servants who had increased their money but was displeased with the servant who had done nothing. The parable, of course, refers not to physical money or talents but to the spiritual qualities or talents which your Creator has given to you to exercise.

Using the analogy of the parable, it can be said that your Creator is not in physical incarnation on the Earth but has departed for another land, leaving Humanity with some of Its divine qualities or talents. It is up to you to make good use of the qualities and talents that you possess, which have been given to you in a sacred trust by your Creator. When you return to your Creator you will be accountable for how you have used those talents. The use of those talents is, of course, closely linked with the flow of divine Intelligence, which is your Creator's way of giving you guidance from that far off land as to how to use those talents. So, at

any time of the day, when you are faced with an important decision or test, be aware that the divine qualities and talents to help you correctly are only a moment of attunement away.

So many of you live your lives based on your judgments of the past. You are simply reliving past relationships today. Can you not see that you live in the past, you are condemned to repeat the past today. But there is another path open to you. You can tap into that flow of Divine Intelligence, take fresh inspiration and create afresh, give birth to the new rather than recycle the old. So value each minute of the day as a God-given opportunity for you to exercise your divine talents creatively. Remember that how you live this minute in time decides not only the future but the past. How can this be so? Because the consciousness that you possess now, the inner eye that you look through now, will determine how you view the past.

Is it not a fact that as you grow older, in physical years that is, you can look back on earlier events in your life, events which formerly you regarded as being traumatic, yet which now you recognise were responsible for bringing great benefits to you? Similarly, is there not someone whose actions you have severely criticised in the past, but who now, in the light of your own experiences, you no longer judge so harshly? Finally, is it not the case that there are many events in your own life which although, at the time, you felt were of great significance but which, as the years go by, have now faded into insignificance? Therefore recognise that how you live this moment in time changes both the past and the future, for physical time is not a straight line of progression but is, rather, a circle of infinity. There is no past. There is no future. There is only the present. That is the only reality that you can know.

So how you live this day and, above all, the energy and the effort that you put into it, will decide the nature of your future and your past. You can, by a change of consciousness at this very moment in time, transform both your future and your past. You can truly change from Saul to Paul. Such an act does not take time, does not demand days, months or even years of practice and study. It is an act of the now. It is an act of spiritual intelligence which, as such, is timeless. So when you awaken from your sleep tomorrow measure each minute of the day with awareness and consciousness. Think, speak and act with awareness and consciousness. See in every thing, in every being, that comes into your aura, an opportunity for spiritual growth and understanding, an adventure in cosmic intelligence.

Recognise that how you handle your tests affects not just you but

whole of Humanity, for one being living a life of awareness and understanding, a life of cosmic intelligence, can truly transform a whole planet. There is nothing to stop you reaching the stars but your own limitations. There is nothing to stop you from being at one with the Masters of the planetary and interplanetary planes except your own unwillingness to be at one with them. There is nothing to stop you from seeing the face of your Creator except your own unwillingness to use your eyes. So look to this day, for it is life, the very essence of all life, in its hours lie all the realities of your human existence.

QUESTIONS AND ANSWERS

Q: Would you please say something about the nature of the relationship between human beings and the other life-forms on this Earth?

ZT: The life-forms of this planet had been in existence for aeons of time before Humanity incarnated on its surface in order to face its specific destiny. Now the life-forms of this planet are the creation of that Being which you call the Goddess, or Mother Earth, and the God of this solar system. These lifeforms have no free choice. They are linked to the intelligence of the Goddess. They automatically obey her will and purpose, as do all the servants of her Kingdoms - the elemental, the devic and the angelic beings. However, when Humanity incarnated upon the Earth, it was given the divine gift of free choice and was also given dominion over these Kingdoms. So the Goddess, of her own choice and sacrifice, relinquished her power and authority, for the time being, to the new gods that walked the face of this Earth, the race of Humanity.

So it can be said, with certainty, that you choose the nature of your relationship with the other Kingdoms of this Earth according to your point of consciousness and your understanding of the nature of physical life. Since Humanity is the most evolved life-form, the other Kingdoms look to you as their god. They look to you for their example, for the sustenance of their spiritual being. They therefore become like you. So you create your own world, not only by your thoughts, your words and your deeds, but also by how you influence the world in which you dwell. You are the creator of everything that happens on this plane of Earth, every single incident - every birth and every death, every earthquake and every flood, every drought and every pestilence. As you look at the Kingdoms of this Earth so you are seeing yourself, you are seeing what you have created.

will find that in all probability you will damage yourself on many levels of life. Remember also that you are not Superman or Superwoman! You cannot heal every day. You cannot heal every person that comes before you. However the closer and the stronger your link is to the Source of all Life, the greater will be your ability to serve the person that comes before you according to their needs. To achieve this closeness you need to nurture yourself, not in the sense of pandering to your desires, but in the sense of centering yourself more and more with the will of God.

Q: Could you please tell us something about the karma of nations? Being German I am particularly interested to know if it was the karma of Germany to experience two World Wars or were other factors at work?

ZT: It is all too easy to talk in generalisations when talking about karma, especially about national or planetary karma, but ultimately it is a fact that the nation or the planet is the sum total of all the individuals that go to make that whole. So collective individual karma becomes national karma. Souls choose to incarnate into a certain country either because it gives them the opportunity to learn certain cosmic lessons that they wish to learn or else because it presents them with the opportunity to transmute past karma. Having said that, let us also recognise that not everything that happens in life is always due to past karma. Humanity has been given the divine gift of free choice and each day, as you respond to the tests and challenges of the day, you are creating a karmic reaction.

Furthermore, let us also remember that the population of the world, the number of souls in incarnation on the Earth, is rapidly increasing. This increase is not just caused by old souls reincarnating. There are many new souls incarnating on the Earth who have not incarnated on the Earth for a very long time. Now these new souls, especially if they are very young souls, will inevitably attract the karma appropriate to their actions for they still have much to learn, lessons which the old souls learned thousands of lives ago. That is why there is so much negative behaviour on the Earth at this time. That is why the consciousness of the relatively few old souls is being swamped by the unconsciousness of the mass of unevolved souls.

I have often used the analogy of a loaf of bread to explain the present situation. It requires only a little yeast, or soul-consciousness, to raise the mass of dough, or soul-unconsciousness, into a perfect loaf. But the proportions must be right or the loaf will fail. What we have in the

world today is too much dough and not enough yeast to raise it. That is why you have had two World Wars in the past and why, almost inevitably, there will be even more suffering in the future. For a mass of young souls, some of whom have not incarnated on the Earth for over five thousand years, are working out their karmic patterns. One of the great lessons in this situation for all old souls is not to take on board the karmic lessons of the young, not to take part in their karmic actions, to be in the world but not of the world.

There are, of course, deep karmic patterns that run back through families, through nations and through races. It would seem that certain sects, certain religions, certain countries are always being persecuted or are always involved in strife. One thinks immediately of Israel, of Ireland, of Poland and, of course, of Germany. Group karma is no different to individual karma. Everything that you do in thought, word and deed as an individual creates individual karma, and everything that you do in thought, word and deed with other people creates what I will call group or collective karma. If ten people band together to act negatively against another person, no matter whether it be in thought, word or deed, then they are creating a group karma. It is just the same on a planetary level too. If you are in incarnation on the Earth at this time and are responsible for helping to pollute or to destroy one of the Kingdoms of Matter, then you are creating planetary karma. So your actions can create karma on many levels. Perhaps you can now begin to understand the wisdom behind that well known aphorism - No man is an island!

When you examine the manifestations of national karma over the ages you have to rely, for the most part, on the history books, which are usually biased and highly subjective. It is very difficult to discern cause and effect. Very often you are left with a chicken and egg situation. Which came first, which action was the cause of a certain reaction? Let us take the example of Israel. The Jewish people have been persecuted on and off throughout history, but it was the extremes of the Nazi holocaust that created the desire in them to build a haven of safety where they could be free from persecution. Nevertheless it must also be recognised that the modern state of Israel was born out of bloodshed and violence and by the deliberate dispossession of thousands of Palestinians from their native land. Almost fifty years later the bitterness caused by this birth still exists and the conflict has grown to include many nations. The Middle East is like a powder keg which could explode at any moment and could engulf the whole world.

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ZT: Yes, you choose all the experiences that you are going to meet in your life. How you respond to them, of course, is entirely up to you and that is your learning experience.

Q: So when we die, if we've failed at something, we can decide to return in another life and face it again?

ZT: It is not quite like that! The wonderful thing about life is that there is no fail or pass situation. Life is just a learning experience. So what you do not learn in one life is simply repeated in subsequent lives, and then it is repeated on a higher level again and again and then on an even higher level again and again.

Q: When you say higher, do you mean harder?

ZT: No, higher, a higher understanding of the cosmic laws that are involved. You are forever learning. It is not harder in the sense of more difficult to pass but harder in the sense that greater understanding and wisdom is needed in order to reach that point of consciousness.

Q: Why do we always have to come back to Earth to learn our lessons? Why can't we learn them on other levels of life?

ZT: As an aged soul you can, of course, choose whether or not you wish to come back to this school of life called Earth, but if the whole purpose of your being is simply to learn your lessons, then there is no point in not returning to school, because otherwise you will not learn the great lessons that life on the Earth can teach you.

Q: Zen Tao, if we can say that the purpose of life is to learn to sacrifice our sense of self-identity back to the whole, do we ever reach that point in time when we have to learn to sacrifice our sense of soul-identity too?

ZT: Well, of course, you are asking me something which I have not yet experienced, otherwise I would not be here! However I am told by the Masters that that is indeed the case. It is a fact that people who fear death do hold onto the aspect of themselves that they know best, their personality-self. They do this because that is their form of self identity. So the same thing must also be true for those who hold onto their soul identity, although obviously it must be much more difficult to release one's sense of soul identity, because whereas the self identity has only existed for three score years and ten, the soul identity has existed for millions of years! Nevertheless, the Masters do say that one day we will

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all have to face this great test. It is all part of the cosmic understanding that the smaller is always contained within the greater. We all belong to a greater part, or a greater Being, and although we have self-identity and a sense of separation from that Being, nevertheless we are still part of that greater whole. It is by sacrificing our apparent individuality back to that whole that, although we lose our self-identity, we gain that greater whole and, more importantly, become one with the consciousness of that Being.

Q: But I still don't see why we have to come back here. Why can't we learn on the other levels of life and avoid all this human suffering?

ZT: You learn on all the levels of life. You are learning on other levels right now, for you are living in seven bodies at this very moment in time! When you go to sleep, you do not stop learning, for you visit other levels of life. There is no time when you are not learning. But this Earth, as I have said on so many occasions, is a very special place of learning. It presents you with a sharp and vivid drama which evokes a great emotional response from you. Just as when you go to the theatre and witness a great drama on the stage, you get emotionally involved in what is being presented to you and learn from it, so with the stage of life, where the drama is so well acted that you think it is real too. But it is not. It is only a drama, an illusion.

Q: I understand what you are saying on a psychological level, but when I cut my body it bleeds and hurts. Surely you are not saying that that is an illusion too? That illusion hurts!

ZT: Only a few days ago, my lady, you were recounting the story of when you were sitting in meditation and experienced a sharp pain in your leg. You discovered that there was a part of your being that was separate from your body, a part that was observing the pain yet did not feel it. You realised that you were not that pain and that if you chose to ignore it, it went away and became of no importance. You learned that you can choose whether or not to identify with the pain, in fact, whether or not to suffer at all. It is just the same with watching a drama on the stage or with watching the drama of life. You choose whether or not you are going to identify with it and become one with it. Now that does not mean that you can ignore a bleeding body and it will just go away, but it does decide whether or not you are going to suffer.

personality, with all of its conditioning, with all of its limiting concepts of the reality of human life, is ever present, but it should never be allowed to become the master for how can the mortal and the finite ever know of the immortal and the infinite? How can something which is born and dies even begin to comprehend something that is never born, because it never dies?

As you reach the end of this century so you are witnessing the final act of a great cosmic drama. The stage is set for a grand finale. Many different characters and story lines have been developed by its author, your Creator, in order to produce a great evolutionary ending. The forces of conflict which have been slowly growing over the past seven thousand years are about to meet in one final great battle. Many physical changes will also manifest at this time which will serve to accentuate the great drama. Only those who recognise that it is a drama, that the suffering is neither real nor lasting, will be able to handle and rise above these events. Only those who recognise the eternity of their being, not as an intellectual concept but as a cosmic truth, will be able to comprehend the divine presence behind this great drama.

So remember that you are actors on a stage, albeit a vast stage - the planet Earth. You are acting out a divine drama written by your Creator and, as such, it is a drama that knows no imperfections. It is a drama which embodies all the lessons of the Age, both for the beings acting in it and for the beings who are watching it on many levels of life. It is an aware person who looks for the hand of God behind every human action and who tries to see divine purpose in all human suffering. It is an aware person who remembers the inherent nature of the drama, namely, its temporality. So never identify with the actor or with his or her role. Do not even identify with the spirit that is empowering the role. Look for the author of the play. Look for the Creator of all Life that created both the drama and the actors taking part in it.

Finally, as you approach this grand finale, know that every hair on your head is counted, that every thought, word and deed that you project not only is being recorded, but is also contributing to the nature of the drama as well. In these times of great change, when not only the human cycle and the planetary cycle are changing, but the divine cycle as well, cling to that which is permanent and infinite - your Creator. Remember that you have chosen to be here because it presents a great opportunity for you to evolve your soul consciousness. Strive to establish a right balance in your life between the physical and the spiritual. Most of you are 90% body conscious and only 10% spirit

conscious. Try to redress the balance a little and become 50% body conscious and 50% spirit conscious. Above all, please remember that what is important is not the drama but is the consciousness that lies behind it. (Look for the consciousness in every situation, in every person, in every aspect of matter.) This final act presents you with a unique opportunity for soul growth. Seize it and do not let destiny pass you by, for what you meet in life is destiny, but how you handle it is determined by your self effort.

QUESTIONS AND ANSWERS

Q: The Master mentioned that many millions of souls are watching us from other planes of life. Why do they watch us when they could so easily come down and experience life on the Earth for themselves, or do they learn and evolve more rapidly from observation rather than from participation?

ZT: Well, firstly, the planet does have a physical size and the millions of spiritual beings that would like to take part in this drama simply could not be accommodated on this small stage! But that is not the real reason. The real reason is that the Race of Humanity is in a very special and privileged position. You have been given the divine gift of free choice and the unique dispensation to create in your own image. Now, although the drama of life on the Earth is fixed, nevertheless, you have the freedom to take part in that drama according to your own individual wills and desires. I mean, by this, firstly, that you can decide when you want to act and, secondly, that you can decide how you are going to play any particular role, where you are going to position yourself on the stage, what mannerisms you will adopt, the degree of consciousness that you will put into the role and so on.

* Now I have told you on another occasion that there are many beings in the Cosmos who do not have the divine gifts of either free choice or self-reproduction and that the great Interplanetary Lords regard this plane of life called Earth as a cosmic experiment, an experiment to see if a race of beings can truly learn of Creation through the exercise of these divine gifts without destroying either itself or the Solar Body of which it is a part, if such an event was to be permitted. Therefore many great spiritual beings are watching the drama that is unfolding on this little stage of life. They are watching to see if the Race of Humanity can

although you will have saved your country, will you have changed the pattern of human behaviour in the future? By winning the war, will you have ended the need for all wars, both now and in the future? Will you have actually changed the point of human consciousness?

Now there are many people in your world today who feel that it is quite justifiable to oppose what they consider to be an evil force with their own force. For example, there are people who call themselves 'animal liberationists', who seek to stop the acts of violence being carried out against animals by scientists in their laboratories. There are people who call themselves 'hunt saboteurs', who try to stop other people from hunting and from killing animals simply for pleasure. Such people truly believe that the end justifies the means and that they are quite justified in using violence in order to help save animals from violence. There are also people who are against the manufacture and the stockpiling of nuclear weapons, and who feel very strongly that they must oppose any government which supports the use of nuclear weapons, by any means that are available, including violence of thought, word and deed. They therefore devote much time, money and energy to opposing the people who do believe in their use. But do all these actions really lead to a change in human awareness, to a rise in human consciousness, not just in the short term but in the long term as well? Indeed, I would go further and ask if human consciousness has evolved at all, even over the period of the last two thousand years? Do you really think that Humanity today is more spiritually evolved than it was at the time of the incarnation of the Master Jesus?

In your world today, where you can see that on a physical, material level so much needs to be changed if Humanity is to live in harmony and peace, not just with itself but with the planet as well, it is only natural that you should direct all of your energies to trying to bring about change in the world. Nevertheless, I would like to point out one important fact, namely, that you can only change the world according to your point of consciousness. You can only change the world according to your spiritual concepts, your understandings of the need for change. It is imperative, therefore, especially at this time, that you ask yourselves whether or not this is the way to bring about a fundamental change in human consciousness and understanding. Are you really going to transform human consciousness simply by opposing the forces that you consider to be 'evil' and by upholding the forces that you consider to be 'good'?

It is so easy in the world in which you live today to be totally distracted by that world, to see around you all the things that need to be changed, all the things that need to be healed, and yet to forget to look inwardly. But if you can only change the world according to your point of consciousness, and if Humanity for the most part has been acting in this way for the last two thousand years and the world has not changed, then surely you can see that what is needed is a fundamental shift in human consciousness if the world is going to change. It is important, therefore, that you understand not only that you are the world and that what you do in thought, word and deed affects and changes that world, but also that you change the world by changing the nature of your consciousness.

So the essence of my message to you can really be summed up in these few words - change yourself and the world will then change as a consequence of this. Recognise that it is by the very act of refining and evolving your spiritual point of consciousness that you will bring about lasting change in the world. The way to change this world is not by outer action alone but by inner action as well. The world as a whole will not change until you, as individuals, have changed. Recognise that the fundamental shift in consciousness that has to come about is not a shift in world consciousness, is not a shift in group consciousness, but is, rather, a shift in individual consciousness. It is you, the individual, through the purification of your being in thought, word and deed, that will bring about a fundamental change in human society and be aware that the basis of this fundamental change is sacrifice.

Now a dictionary defines sacrifice as the giving up, the surrender of something to a higher, a more important and more urgent thing than the thing that is being given up. You will recall that I have said, on many occasions, that the lesson of this planet, that the reason why the Human Race incarnates in this school of life called Earth, is to learn the lesson of sacrifice - sacrifice through service. You should regard all forms of service as service to your Creator and in that you serve each other, then, you are serving your Creator. The nature of that sacrifice, therefore, is that willingly, of your own free will, you are prepared to surrender your own will. That is the ultimate sacrifice, that you are prepared to say and to mean 'Not my will, but Thy Will, be done, O Lord' and, what is more, that you are prepared to accept that Will as and when it manifests.

The implication of this, therefore, is that even though you personally would like a sick child to live, that if that child dies, then, you can

accept that that is the Will of your Creator. It is to accept that even though thousands of people are dying of starvation in a country devastated by drought, and you would wish it otherwise, that that too is the Will of your Creator. It is to accept that there will be pain and suffering in the world for those souls who are learning the essential lessons of Humanity through the transmutation of karma. It is from that point of understanding and knowingness, from that position of oneness with the Will of your Creator, that you come to recognise and accept the path of all lesser wills.

Recognise, therefore, that most of the events that you see manifesting on the plane of Earth today are the direct creation of human will. It is the sum total of every individual human being acting out their lives according to what they want, to what they desire in thought, word and deed. You create the nature of this plane of Earth. You create both your physical destinies and the nature of your lives. You create the paths upon which you are now set. That is why the world at this moment in time is in such a state of chaos, for you are living in a world created by human will, a world which knows no purpose or design other than that of self-aggrandisement, of obtaining for the self, both on the physical and the mental levels of life, regardless of the cost to all the other Kingdoms with whom you share this plane of existence.

Let us now examine what I mean by the term 'sacrifice of your will'. It is the willing and the conscious surrender of your will to the more important and the more urgent Will of your Creator. Such a sacrifice becomes doubly significant at this critical time in the cosmic cycle of the Earth, as both the planet and Humanity living on it approach a supreme moment of transformation and transmutation. So it is important that you recognise and accept the Will of your Creator both for yourselves and for this planet. There can only be One Will and that greater Will will always triumph. That is a fact of Cosmic Law. Although Humanity is allowed to create in its own image and to exercise its own little will, that is but a brief and transitory thing. Recognise that human beings only incarnate on the Earth for a short time, your three score years and ten, but the Will of your Creator for this planet and for Humanity dwelling upon it is fixed and is eternal and is known to all those who serve that Will.

God's Will will always manifest. That is how the great prophets of old could prophesy with such certainty because, knowing that greater Will, they could see that the lesser will of Humanity would never triumph. No matter how the odds might appear stacked against some

individual or nation in a battle, even though they might be faced with vastly superior forces, the prophets knew that if the Will was that those forces should be defeated, then they would be defeated. No matter what the outer strength or will of a country might be, the prophets could see that on an inner level it was weak and fallible and was destined to crumble. Those who are aligned to the Will of God know Its Will for all things, all beings and all people.

How are you to know this Will? How are you to bring about the fundamental transformation in your lives that will help you to change the world according to God's Will and not your will? For what this world needs now, above all else, is God's Will made manifest on Earth or, to put it another way, is Heaven made manifest on Earth - Thy Will be done, O Lord, on Earth as it is in Heaven, in the Cosmos. You have to be prepared to make the ultimate sacrifice, the sacrifice of your own will. Now that does not mean that you become weak and helpless, that you search around aimlessly for some being or some source to tell you what to do or what to believe. It means that you consciously attune to that greater Will in your meditations, in your prayers, not expecting the answer to be a still small voice within telling you what to do, but recognising that just by the act of attuning consciously to that Will throughout the day that you are aligning yourselves with that greater Will. You are, therefore, each according to your unique point of consciousness, creating the thought that you wish to be at one with that Will, not just for yourselves but for the whole Human Race and for this planet on which you live.

Where there is a will, there is a way. If you are in tune with that Will you do not have to find the way, for the way is already there. It is inherent in the Will. You have all faced those moments of crisis in your lives when you wondered 'How on Earth' as opposed to 'How in Heaven' you were going to handle a certain situation. Yet was it not often the case that in those moments of crisis you drew upon an inner strength and through quietly attuning to your Creator you faced the challenge and handled it correctly, for the Will was there? If you face any problem and cannot solve it, it is because you are not in tune with the Will of your Creator. It is because you are following your own will and not your Creator's Will. Problems occur when your will opposes the Will of Creation. The solution to any problem lies in your alignment with that greater Will through the sacrifice of your own will.

The lesson of this planet is sacrificial service through the power of love. Service, therefore, implies service to your God and in that you

THE PURSUIT OF HAPPINESS

On many occasions I have said that life on the Earth can be compared to going to school. The planet Earth is a classroom and you are all learning lessons, lessons both of an individual and of a group nature. These lessons vary according to the race in which you incarnate, the country in which you are born, the society in which you live and, above all, the karma which you have incarnated to transmute. For every individual the permutation of such manifestly critical factors produces a unique learning experience. So it is obvious that the lessons of a tribesman living in Africa in a drought-ridden land, faced daily with the threat of starvation or of attack by opposing tribes, are very different to people such as yourselves, living in a land of plenty, where even if you decide that you don't want to work the state will still look after you. The lessons of the White Race are not of the earth but are of the mind. You have come into incarnation at this particular moment in time in order to come to an understanding of the mind and to learn to control its creations.

Because you live in the Western Civilisation where, for the most part, your physical life is protected from violent death, where there is an abundance of food and water, where society will look after you if you fall ill or are unable to work, there is a great opportunity and freedom to exercise the mind, to be creative with the mind. Now you believe that you are all honest people in terms of your relationships with your fellow human beings, yet in one important relationship you are all very dishonest, and that is in relationship with yourself. You all think that you know yourselves, that you have a good idea of the nature of your character, of your physical and spiritual abilities, but if the truth were to be known, you know very little of your true selves. Moreover, are you aware that by the very fact of saying that you know something, you are ending the learning process?

It is patently obvious, though, to those of us who observe Humanity from the higher planes of life, that you do not know yourselves. If I

were to ask you to try to define your true selves, what would actually emerge would be, in part, just a description of your more meaningful experiences in this life and the conditioning imposed upon you by your parents, by your schooling, by your society, by your work, by your relationships with the other Kingdoms of Matter. But would that accurately define the true you? Is it not a fact that when in life you have to face up to a character weakness in yourself, when you have to come to terms with an aspect of your personality that needs correction, that you shy away from doing it? Though you may spend many hours discussing the weaknesses and the faults of those around you, you are not prepared to spend even one tenth of that time examining your own weaknesses and faults in the privacy of your own meditations. Have you ever stopped to consider just how much of your energy and time goes into looking outwards as opposed to looking inwards, just how often you look critically at the people around you rather than at your own personality self? It is so easy to see the faults in others and yet so difficult to see those very same faults in yourself. So if your eyes can see so very clearly outwardly, why can they not do the same inwardly? The answer is very simple. It is because you do not want to.

If a group of your friends were to sit down and to openly enumerate the faults they saw in you, would you feel helped or would you feel threatened? If someone were to come up to you and point out even a small weakness in your character, would you feel love towards them or would you feel anger? When you yourselves are aware of an aspect of your personality that needs to be modified, do you try to face it and to understand it or do you accept it as an unfortunate but immutable aspect of your character? 'Yes, I do lose my temper, but I can't help it'. 'Yes, I'm afraid that I do get terribly jealous, but that's my nature'. The truth of the matter is that you really do not want to know your own faults. So if all of you would just begin to investigate the nature of your ego-self, would quietly begin to meditate on your own faults, you would begin to come to terms with the nature of your own being and would understand the deep-rooted patterns of behaviour that you are continually endorsing. You will discover that you are an incredibly enigmatic being, a complex mixture of soul and personality traits, and that you are responding to patterns of behaviour grounded deep within your psyche.

For most people in the Western World today the purpose of life can be defined as the pursuit of happiness. Because they are not faced with a continual battle for survival, as are so many people in the undeveloped countries of the Third World, people in the Western World have both

Q2: I feel happy when I realise my place in the scheme of things, when I recognise the fact that I am improving myself and yet that I have endless scope still for improvement.

Q3: I am happiest when I talk to God at night and know that I have served Him to the highest of my ability during the day. Of course, I don't often feel this!

ZT: So if this is the case, then you must be unhappy for a good deal of the time.

Q3: Yes, I am afraid that's true.

Q4: I feel happy when I have a sense of rightness in what I'm doing, basically because it brings me some peace within and seems to let my creative energies flow.

Q5: I feel happiest when I am living in the moment and am content with being there.

Q6: I feel happy when I know that I am one with my source.

Q7: I was just thinking that my happiest times were when I didn't even realise it. Often I don't recognise that I was happy until after the event!

ZT: You have made the very point that I was intending to make, namely, that true happiness occurs when you are not even aware of the fact that you are happy, when you are too busy just living life to analyse whether you are happy or not! So it is only when you look back in retrospect that you realise how happy you were. The problems occur when you try to create happiness, when you enter into situations or relationships which you think will make you happy, and then they don't. It is very difficult to work at being happy, to create the factors from which happiness will automatically flow. So it can be seen that happiness is a very illusory state of being. Very often it is a self-generated frame of mind. A certain situation exists and you consciously choose whether you want to be happy or unhappy! Many people like to be unhappy . . .

Q: They deliberately choose to be unhappy, why?

ZT: People are very complex beings. Some people operate on a positive energy, some people operate on a negative energy, and I am using positive and negative not in the sense of right and wrong but of human polarity. In just the same way some people enjoy being ill. On a certain level they consciously seek to fall ill because of all the attention and sympathy they will get. However, what I am trying to get you to

understand is that happiness and unhappiness are the same. You should be equal-minded in the face of both. Do not strive after one or the other.

Happiness is not the criteria for determining whether or not you are living your life correctly. Do not think that you can create a state of happiness and then say that your life has purpose and meaning. Rather accept each day as it comes, as a gift from your Creator, and respond to that day as you are so inspired and guided. Happiness comes with the acceptance of the day as it is given to you. Unhappiness comes with the desire to be somewhere else, doing something else, experiencing something else! Recognise that by denying the day you are denying your Creator or, more appropriately, the learning experiences that your Creator has chosen for you.

So, in the silence of your meditations, begin to examine your states of happiness and unhappiness, and to see them for what they are. Try to rise above such states and to see a greater force at work. Discover what it is in you that makes you happy and unhappy. Look with your spiritual eye, the eye that does not criticise or judge, and learn of the aspects of your being that have still to be mastered. Finally, remember, that on the plane of Earth, especially at this time in the evolutionary cycle, trial and tribulation are necessary parts of life. Into everyone's life must come a little suffering. What distinguishes the evolved from the less-evolved soul is not their states of happiness or unhappiness, but the equanimity with which they handle the tests of life.

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• go to church in the morning to worship your Creator and then to spend the rest of the day breaking God's Laws, defying God's Will and abusing God's Kingdoms. You cannot worship your Creator for one hour of the day and then desecrate that same Creator for the remaining twenty three hours of the day, or, rather, I should say that you can, and many people do, but it is not worship.

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So worship is not the ceremony. Whilst the ceremony does have importance, provided the rest of one's life is lived in harmony and balance with the Divine Source, then the very act of living becomes an act of worship in itself. There is no need for the ceremony at all. Worship can be defined as a twenty four hour a day awareness of one's Creator. Every act of one's physical being should be an act of worship. Everything that you as individuals do in thought, word and deed should constitute an act of worship, of the giving back of your spiritual energy, of your consciousness, to the Source that gave you that energy and that consciousness.

→ Do you realise that the fact that you have all been given individualised consciousness, that you are not part of a group soul, that each one of you is a unique being, unique in the whole universe, that the fact that you have all been given the divine gift of free choice in order to develop that unique consciousness according to your own wills, represents an extraordinary act by your Creator? There are many Solar Lords in the universe who look with amazement on this experiment in creation that is called the Human Race. They find it quite inconceivable that such divine qualities should be given to such uninitiated beings, that Humanity should be given the freedom to deny its very birthright, to defy the Source of Life and to motivate its actions according to its own little wills!

→ You, therefore, are in a very special school of learning. You have been given life in order that you may learn of life. You have been released from God in order that you may discover the nature of your God. There is, in truth, no separation between you and your God except where you have created it. You are truly one with your God if you will but choose to be so, and it is in that oneness with the Source wherein lies worship. The true act of worship is to be found in the human being that sacrifices its individuality for the good of the whole. It is to be found in the person who says, 'My life, my needs, my wants, my desires, my opinions, my creations, can be of no value unless they are subjugated to the Will of my Creator'. The true act of worship lies in the words of the being who each morning says, 'O Lord, may Thy Will

manifest through me in everything that I do this day'. Worship is deeds not words.

Now for many people worship has become an act of slavish adoration because they have not understood the true nature of worship. They worship out of fear of the power and the majesty of their God. This is especially true of unevolved souls, of primitive societies, where sometimes even blood sacrifices are involved in the so-called act of worship. There is the feeling that the Creator of all Life is a vengeful God Who will take firm action against Humanity if He is not propitiated. But the basis of worship is not fear but love. True worship is an act of love. It is an expression of gratitude to the Source for the note that the individual soul is sounding.

I wish you to see very clearly, therefore, that you are worshipping your Creator in every minute of the day, in every task that you perform, as you use the spiritual talents given to you by your Creator. Recognise that even though you have earned those talents they have still been given to you. So as you use those talents you should dedicate the results of their creativity back to the Source. Work, therefore, is a primary form of worship. Your highest creativity is your highest form of worship. You can see this very clearly when you look at the temples of India or at the cathedrals of Europe, where the people who built those edifices built them not for themselves but to the glory of the Creator of all Life. Often they gave of their services without financial reward.

Let it be understood, therefore, that whenever you work you should always dedicate that work to your Creator. Even if you are doing a task which you regard as unpleasant, which you do not want to do, which the personality self within you is resisting, remember that that task is simply a lesson which you have chosen to learn. Moreover, if you were to introduce the element of worship into that task, no matter how unpleasant or how menial you thought it was, you would find that in performing that task to the highest of your physical and spiritual attributes you would achieve a fulfilment beyond your understanding. The most unpleasant task, done as an act of worship, is soon finished and in the finishing comes the release, for that which you have dedicated to your Creator, when completed, automatically releases you to the next stage of your evolutionary path.

I wish you to understand most clearly that as spiritual beings, as magnetic beings, you attract unto yourselves the aspects of the world that are appropriate to the note or the frequency that you send out, for every atom in the world around you dances to the tune of your Creator's

Will. Therefore you will automatically attract into your magnetic aura everything that your Creator has deemed necessary for your evolutionary status. All that you can do is to choose how you will respond to the lessons that your Creator has placed before you. All that you can do is to choose the attitude with which you will face those lessons, whether you will respond in a positive or a negative fashion. Two people standing side by side can both witness and experience the same events and yet the attitude of each of them towards those events can be very different. It is how the individual reacts to any situation that determines the learning experience.

If you humbly dedicate every conscious thought, word and deed to the honour of your Creator, if you align yourselves with the Source of all Life, then to you will flow the energy of the Source of all Life. A task that you dedicate to your Creator, that you do in union with your Creator, is soon done. It can be compared to a person swimming in a river. The swimmer can choose either to swim against the current of the river or to flow with it. Swimming against the current he will make slow progress. He will soon become tired and will have to rest. But by swimming with the current, by being at one with the flow of the river, he can increase his speed and cover a much greater distance at the cost of much less personal exertion.

Recognise, therefore, that every single person that you meet, being an infinitesimal part of your Creator, is worthy of worship. Recognise that every aspect of the three Kingdoms of Nature with which you come in contact each day, being the creation of that Creator, is also worthy of worship. Can you not see the contradiction of going on your knees in some church or temple and of worshipping and singing hymns of praise to your Creator and of then going outside and abusing your fellow human beings, the animals, the trees and the very ground on which you walk. If that is indeed how you worship, then you have not yet begun to understand the meaning and the purpose of the act of worship and the real nature of your Creator.

Worship applies not just to an act performed in a church, it applies to all of life. Worship is not just the hour or two spent in a religious ceremony on one day of the week, it is of eternity. Worship is twenty four hours a day acknowledgement of your Creator. Worship means placing every act of your being on an altar. As you bless and eat the food on your table, as you acknowledge the sacrifice of the Animal and the Vegetable Kingdoms, so you are making your table into an altar, and by so doing you are also acknowledging the gifts of your Creator to

you. Have you ever considered the fact that if your Creator did not wish you to have that food, that food would not be there? Have you ever considered the fact that if your Creator did not wish you to have all your many material possessions, those possessions would not be there? Have you not recognised that they can all be removed in the twinkling of an eye, as an act of Divine Will, if your Creator so wills it?

Every atom in your world vibrates to the Will of God. Every atom in your World can only fulfil the Will of God. Your world, therefore, is God in manifestation. So be aware that how you acknowledge and worship that world is a direct reflection of how you acknowledge and worship your God. If you see only disease and unhappiness in the world, then that truly is how you see your God. If you think only of yourself, of fulfilling your own desires regardless of the world around you, then no matter how many times you go down on your knees and pray to your God, you are truly not worshipping that God. So many people pray to God for what they want, for what they want God to give them, and when their prayers go unanswered they begin to lose faith in their God. This is because they have not yet begun to realise the nature of the flow of divine energy in life which is balance, for unless you give of your energy to the universe, the universe will not give back to you. The nature of the energy that you send out determines the nature of what you will attract back to you. But you have to give of yourself first, you have to give of your spiritual and physical being, and then the universe will respond.

It is very often the case that menial work, work which the personality regards as being unpleasant or even degrading, by its very nature and sacrifice can be creating the energy potential that will attract back in perhaps an entirely different field, from perhaps an entirely different source, the very thing that your heart desires. For remember that God's energy being in all things, all things respond to God's Will. Anything that you do as a true act of worship demands a reply. Your Creator cannot and will not deny you anything that you humbly ask for, provided you have earned it by your own giving. But when you ask for something, always state very clearly first, 'Only if it be God's Will for me', for you would not want to attract something into your aura that would distract you from your true purpose in life, your spiritual destiny. So remember that you have to earn God's gifts. God gives you your spiritual consciousness, God gives you your physical body through which you experience life on the Earth, God endows you with certain talents, but then it is up to you to choose how you will exercise

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aware that the consciousness with which you die is the consciousness with which you will be born in your next life. You enter into life with the total soul-consciousness you have gained in all your previous lives. Be aware that the note that you sounded at the moment of your last physical death was the note of your entrance into this life. Remember also that along with your soul-consciousness you bring your physical attributes as well as your karmic debts, your physical restrictions, for you will always reap that which you have sowed in your previous lives. You can never avoid the all pervading Law of Karma.

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Now I know that many people have a vision of God as a benevolent father sitting in the heavens Who either bestows divine benefits upon his children or else lovingly chastises them for their misdemeanours. Nothing could be further from the truth. That is not, and never has been, the role of God. Your Creator released you upon your evolutionary walk in life with the divine gift of free choice so that you alone would be totally responsible for discovering and evolving the divine nature of your being. By the act of bestowing that very gift upon you, your Creator became the observer of His creations. Your God witnesses but does not intervene in human evolution. He, and when I say He I talk not in terms of masculine gender but rather of cosmic positivity, because your God transcends all human sexuality, He does not judge your thoughts, your words or your deeds because He knows that the Law of Karma, the Law to which even He is subject, is all pervading in this respect. The Law of Karma judges you not your God. The Law of Karma ensures that there is perfect harmony and balance in the Cosmos not your God.

Remember, therefore, that there is no escape from the Law of Karma. Whether you like it or not, you are subject to its decrees. As you sow, so shall you reap. As you give, so you shall receive. That is the inherent nature of Creation. Therefore recognise that you incarnated in this life with the karma, positive and negative, that you have created. You are now living and facing the karma that you have created in past lives. You are now creating the karma that you will have to face either in this life or in your many lives to come. So recognise that you are a god, a creative being, and that you are the master and creator of your destiny. The very life that you are experiencing right now, with all of its joys and all of its sorrows, is the life that you have created for yourself, is the lesson that you have chosen for yourself, is the karma that you have elected to face and transmute. If you understand this one great cosmic fact, then you understand the true

nature of human existence on the Earth, you understand the reality, or should I say the unreality, of the physical world.

Every single aspect of the physical world is both mortal and fallible. Everything comes from the dust and returns to the dust. Only one thing endures, only one thing is constant, and that is consciousness, or the force of spirit in motion. It is consciousness that determines the note of your physical being. It is consciousness that is with you before birth, is with you throughout your life and is with you after death. Your consciousness manifests on all of the twelve planes of existence within this Solar Body. Even now it is manifesting on some of those planes and will continue to do so after your physical body dies. For some people the act of death even passes unnoticed! Only the body knows death, not the consciousness. Only the body is limited by the physical restrictions of the plane of Earth, not the consciousness. The drama of life is played out on a small stage, defined by your sensory organs and the four Kingdoms of Matter. This school of learning is not your true home, for you are divine beings created in the image of your Creator. So if you are alive before birth and if you are alive after death you can never die, only change your classroom!

It is difficult, I know, on some occasions, to accept the need for someone to die, especially if they are young in physical years, with so many skills and talents to give to the world, with so much potential unfulfilled. The death of a young person is nearly always regarded as a tragedy. Let us look at this aspect for a moment and, as I usually do, I will take the example of the life of the Master Jesus. Here was a man who, apparently, if he had but lived for another forty years, would truly have transformed human society at that time, yet he was condemned to an early death by the political and religious leaders of the time. Was this a tragedy? Do you think that his death was an act of blind fate or was it a carefully planned event, an act of conscious sacrifice to demonstrate a great cosmic principle? Do you think that anything can manifest on this Earth which is not God's Will? On the contrary, it is the wise soul who recognises that our Creator's Will is paramount in all things. It is not for us to question that Will, but to observe and learn from it and to try to see the greater picture.

In the case of the Master Jesus we can see that he died to show Humanity that even in death Evil cannot triumph over Goodness and that there is a state of consciousness, of life, after death. Moreover, he showed us that sometimes we have to sacrifice to God's will even though we do not understand it, even though we would like to avoid it.

You are eternal beings of creation. You are not limited by this Earth or by your physical body. They are the tests which you have to face at this time. You are not of the Earth or of the body, for you are divine, you are gods in the making. Recognise your birthright. Become attached to that which is divine and is eternal, become non-attached to that which is of the Earth and is mortal, and in that you truly do that then you will be able to understand and release, in the twinkling of an eye, all that appears as darkness. The suffering that you perceive is the suffering that Humanity has created. Your God does not create suffering. Humanity suffers through its own ignorance, through its own lack of understanding of the true relationship of the human spirit with the human form. For those who truly recognise the divinity of both the form and the spirit there is Heaven on Earth, which is your birthright.

QUESTIONS AND ANSWERS

Q: I find it very hard to be non-attached to what I call environmental issues, because I feel it threatens human existence on the planet. For example, we know that certain countries are cutting down their rain forests. Should I be non-attached to the plight of the rain forests and not fight to preserve them? It seems to me that non-attachment can be a recipe for inaction.

ZT: Obviously it is a fact that the rain forests are being destroyed by Humanity's ignorance and avarice. Everyone knows that trees are being cut down and that this will affect the environment, but you also have to be aware that in the eternal scheme of things Nature will correct this temporary imbalance. The Goddess will take action to preserve her being and to restore balance to her Kingdoms. Humanity is just scratching the surface in the timescale of the Earth's evolutionary pattern. For example, are you aware of all the destruction caused by the civilisation of Atlantis? No! So recognise that the Earth, like your own physical body, has amazing powers of regeneration. So Humanity's pollution of the environment today is not a fatal disease, simply a passing illness.

Nevertheless, it is important that those of you who feel strongly about right relationship with the planet and about exercising right stewardship should work to the highest of your consciousness and ability to bring about public awareness of this situation and to change governmental

attitudes. It is both right and proper that you should care, but you should take care not to become attached to the fruits of your actions. If you fight a long battle and then lose, do not feel that you have failed and become despondent. Do not let it affect other aspects of your life. Recognise that the Divine Plan supersedes your desires, no matter how pure is your motivation. All that you can do is to work from the highest of your being and to always act with probity. Everything that you do is part of your learning experience. That is why you are here. Finally, remember that nothing is ever lost. Every effort that you make, every least sacrifice that you make, uplifts the consciousness of Humanity and goes on your karmic record.

Q: So even if a rain forest is lost, Humanity can still gain in consciousness?

ZT: Yes.

Q: But surely the destruction of the rain forests is not part of God's Plan? Surely it is Humanity that is causing the destruction and God is just the observer of that. God is just allowing Humanity to do it.

ZT: If you accept that you are an aspect of God in physical manifestation, that God's energy impels every molecule of matter around you, that God's Will manifests on the Earth, then you must also accept that within the Divine Plan provision has been made for certain aspects of Nature to be sacrificed in order to further the evolution of human consciousness. Finally, please remember that life is not real. Nothing ever dies. Nothing is ever lost.

Q: So Humanity is allowed to make mistakes so that it can learn both from the mistakes and the consequences of those mistakes?

ZT: Yes, that is correct. It could be said, for example, that God does not want Humanity to fight wars. As each war that Humanity fights becomes more and more horrific, so many people pray to God to stop wars. Now you might suppose that such a prayer, from a sincere person, would be reason enough for God to intervene and stop a war, but God does not. Why should this be so? Firstly, because Humanity would still continue to create the political climate in which war was the only solution and, secondly, because the death and sacrifice of every war provides Humanity with a great learning experience. Remember that no-one really dies in any battle, because the spirit never dies, and that the 'death' experience is a great vehicle for raising human

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consciousness, both for those who partake of it and for those who observe it.

Q: Can you tell us when the Christ Consciousness will return to Earth and usher in the New Age of Aquarius?

ZT: When any human being is born there are really only two beings who know of the timing of that birth and they are the soul to be born and its Creator. Now many great beings have a profound knowledge of the plan for human evolution. There can therefore be many understandings, many interpretations, as to the timing of an event as significant as the return of the Christ Energy. However, such an event is not controlled by any earthly clock or calendar. Therefore, truly, no being knows the exact timing of such an event. What I can say, however, is that those of you who are open to the Christ Energy will sense a great shift of energy when that event does indeed occur. It will not be an instantaneous thing. The change will manifest over a period of one or two years, but people will suddenly become aware of a great shift in human emphasis, what I will call a relieving of pressure. It is rather like someone who has been seriously ill for a long time suddenly becoming aware that the healing process has begun and that their body is on the mend. So I believe that most people will not be aware of the Christ Energy until some time after its birth.

Q: The Master spoke about lightness and darkness and the existence of positive and negative forces. Would you say that by following the light we are creating a positive force and that by following the darkness we are creating a negative force? Or is it the case that darkness is a complete absence of any force?

ZT: When I use terms such as light and darkness I am being allegorical. I use them in the sense of flowing with Divine Will as being light, and flowing against Divine Will as being darkness. The energy of creation is there for all to use. It is how you use that energy that creates, allegorically, light and darkness. Now there are some people who talk about the forces of darkness, about Satan and the Devil, about fallen angels and black magicians, as being forces that God fights against. Let us understand that these forces are all part of God's Plan. They are not outside of God's Love, God's Energy and God's Will. They exist in order to test Humanity, firstly, by presenting you with an alternative path so that you might have a choice to make between 'good' and 'evil'

and, secondly, so that you can learn from reacting to them. Do you want to run away from evil or destroy it? Do you want to overpower evil or transmute it? Again, what is important is your reaction to it.

Now there are beings and forces that are called upon to play testing roles. You have all played such roles yourself. There has to be a Judas in order to test a Jesus. Do you think that the soul of Judas, when it was choosing its destiny before birth, was very keen to play that role! So one should never judge evil. One can only shine one's own light in the face of evil, always with the purpose of transforming, never of destroying. Understand that there are beings who use God's energy negatively, that is by opposing God's Will, but that that too is part of God's Will. The saturnic or satanic forces, the testing side of life, are only part of this present cycle. They are not a permanent facet of human evolution. The time will soon come when they will no longer exist.

Q: Will that be in the Golden Age?

ZT: Yes, but they will return again in a later cycle! I wish you to see clearly that in any aspect of life, be it good or bad, what is always being tested is your attitude towards it.

Q: In the East people seem to be taught and prepared for dying, but in the West it is considered a traumatic and a terrible thing. How can we teach people to die and to pass over into the spirit world in a serene way?

ZT: I think it would be true to say that there is just as much fear of death in the East as there is in the West. There may be a different attitude towards death but the fear of death is quite universal. Why should this be so? Because, ultimately, an understanding of death is based entirely on one's point of soul consciousness. Certainly, here in the West, death is regarded as an unfortunate event, rather like an illness, and so one's children and friends are pushed away from it, because it might even be contagious! Death is regarded as being unnatural and so people must be shielded from it. The Master has just said that you only understand the purpose of death if you understand the purpose of life. If you think that this life is your only existence, then you obviously fear its ending. Whereas if you think of death as a beginning, then what is there to fear? You look forward to the event with eager anticipation.

So how you face death, especially your own death, is a very unique and personal thing. All that any individual can do is to be open to the

i → concepts of who and what you are. That is why you find it so difficult to serve, especially to serve those in need, those who have not yet walked the spiritual path as far as you have. The lesson of this school of life called Earth is sacrificial service. When you deny your birthright by refusing to serve you are denying your very purpose for being here, you are cutting off the flow of the Universe to you, for as you serve others, so others serve you, as you express your divinity, so the Divine expresses itself to you.

Finally, remember, that as you walk your path in life, the Universe is walking it with you, for you are never alone. Your every thought, word and deed is watched and noted by beings on many different levels of life, who are watching with interest this experiment in human evolution. There are those who say that the experiment will never work, that Humanity will never be prepared to sacrifice itself for the whole, but there are others who believe that such a transformation is possible. Such beings hold the vision that one day a race of Humanity will walk the face of this Earth who will regard the country as being of more importance than the individual, the race as being of more importance than the country, the planet as being of more importance than the race.

i | Such a race of Humanity will have gained the consciousness to recognise that by sacrificing to the whole they have in reality lost nothing but have gained the Holy Grail - the presence of God in their own beings. They will know that it is that very God-presence in them that will raise them to levels as yet undiscovered, that will enable them to achieve that which they had previously thought to be impossible. Your task, today, is to allow the Holy Grail to fill your cup, and to join that select band of Masters who have evolved beyond the need for physical incarnation, who now stand above the Earth and who serve not just the Human Race, not just this planet and this solar system, but the whole Cosmos.

QUESTIONS AND ANSWERS

Q: The Master spoke about our possessions returning to the Lord of this Earth and, earlier on, he mentioned the Lord of this solar system. Does this mean that there is a hierarchy of Lords or Gods? Could you explain this to me?

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ZT: The Lord or God of this Earth, sometimes known as the Goddess, because she is 'feminine' or 'negative' in energy as opposed to the 'masculine' or 'positive' Lord of this solar system, that Being Whom you call God, is responsible for the matter of this Earth. Through her devic and elemental kingdoms she controls all aspects of physical matter. She has, however, temporarily given Humanity dominion over her kingdoms. So Humanity can create with the matter of this Earth as it so wishes. At any time, though, she can restore her control over her servants and impose her own will, her own order.

Now each of the planets in your solar system has a Solar Lord who rules over it. All these Lords can be considered as being 'negative' in energy with respect to the 'positive' energy of the Lord or God of this solar system, that Being Whom you call God. This God is the God which Christianity refers to as 'Our Father in Heaven'. All the Solar Lords pay homage to the Lord of the Solar System, your God, Whose spirit dwells in the sun and Whose body is this solar system in which you dwell and of which you are a part. *

In terms of cosmic evolution our God is not particularly high up in the cosmic scale of things! There are many Gods greater in presence and power than Him, for example, the God of Sirius. There are Gods greater than the God of Sirius, and so it goes on and on, beyond our comprehension. Ultimately, or so one is led to believe, one comes to the Source of all Life, Infinite Spirit, the supreme God, to use our terminology, Who is beyond our understanding and consciousness. So when I use the word God, I use it to conform to your understanding of God, but there are many levels of Gods, on levels of being beyond our comprehension. Finally, let us not forget that you are all gods too! All the molecules of consciousness within your physical body look to you as their god. You can impose your will on your body and can do with it as you wish. It is your soul consciousness that determines the consciousness of your body. All the beings in your body look to you for their example. You are 'God' to them. How often do you consider that fact? Be aware that as you purify your body and raise your point of consciousness so you are uplifting all the beings inside you as well! What a divine responsibility! *

Q: I made a commitment to service several years ago, but I don't seem to have been used very much. What is the waiting all about? Aren't I needed?

the God-impulse in your lives. So many of you have lost contact with the source of divinity in your beings.

Q: Can somebody take over the karma of somebody else?

ZT: Yes, that is quite possible, but it is usually only done by a Master who can see clearly that the person concerned has learned their lesson, understands the nature of the actions that created the karma in the first place, and who recognises that to take on the remaining karma will allow that person to walk more quickly along their path of divine evolution.

Q: So it would only be an older soul taking on the karma of a younger soul?

ZT: Yes, that is correct. A younger soul would not knowingly take on the karma of an older soul. The transmutation of karma is only done by Masters, not by ordinary souls, because it is only they who can see the akashic record of the person concerned and understand the path that their soul is walking.

Q: Do great masters like Jesus also transmute the karma of the world?

ZT: Yes. When great Masters come into physical incarnation they nearly always transmute portions of human karma in order to relieve the pressure of the collective human karmic debt.

Q: So is that what Christians imply when they say that Jesus did take away the sins of the world?

ZT: Yes, I believe so.

Q: But whatever he took away, Humanity must have more karma. How is it replaced in the last two thousand years. So it must be an on-going removing the sins of the world!

ZT: Although you jest, would it surprise you to know that there are great beings in existence who do just that?

Q: Do you feel that Sai Baba is one of these? It has been said that he is capable of transmuting individual karma?

ZT: Understand that all great Masters have the power to do this. They can transform and transmute another's karma by the energy of their being. Because they are omnipresent and omniscient they are aware of all aspects of life, at all times, on all planes of being. They do this on

their great love for Humanity, to help it along its evolutionary path. In true service they do this expecting no reward, no thanks, no praise. It is indeed the case that very often the greatest service goes unnoticed, the greatest Master passes unobserved. It is only the aware eye that notices such things.

Q: Did the human race evolve out of animals and do humans incarnate as animals?

ZT: According to my understanding, the Animal Kingdom had been present on the physical plane of Earth, and had been evolving for aeons of time, before it was decided to place the Race of Humanity in this school of life called Earth, so that it could pursue its own unique evolutionary cycle. What then took place was that the spirit of Humanity was placed in the most suitable animal life form, for its evolutionary purposes. So it was in that amazing union of Mother Earth and Father Sun, or Spirit, that the Human Race was born. Obviously, a process of physical evolution then took place, as the spiritual beings inside evolved the most suitable life form. The same process takes place when your spirit enters into your mother's womb and begins to form its physical body after conception has occurred. So, over many incarnations, the human physical form developed and evolved from its original animal form. Humanity never evolved from the Animal Kingdom. Humanity, as a species, is both individual and unique, and comes from a solar system far from this planet, whereas the Animal Kingdom belongs to a group soul and is very much a creation of this Earth and is empowered by the Lord of the planet, that being who you call the Goddess, or Mother Earth.

To the second part of your question, do humans incarnate as animals, the answer is yes, but only on very rare occasions. To my understanding, it is only done when a very special lesson needs to be learned. So it should not be seen as a punishment or as a sliding down the evolutionary ladder, a return to whence Humanity came, because, as I have just said, Humanity did not evolve out of the Animals. I know of one such incarnation where the soul of a very selfish being chose to incarnate as a cow for one life in order to appreciate what it is to lead a life of total service, which is the life of a cow. In this way a little balance could be returned to the soul patterns of that being. On another level, as you evolve and grow to become one with your Creator, so you yourself become omnipresent through union with the Creator of all Life. This means that you become aware of the life experiences of all

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life forms, because you are those life forms. So you are all the animals and see life through their eyes, so to speak.

Q: So if I understand you correctly, what you are saying is that if we seek and follow this divine guidance, which is within us, we will go to become one with our Creator and that our lives will automatically align with the Will of our Creator, so that we will always create positively and only have positive karma?

ZT: I couldn't have summed it up better myself! If you will all, every day, make the effort, perhaps only for a few minutes throughout the day, to align yourself with the divine guidance that flows through you, you will be amazed at how easy your life will become. Now that is not to say that there will not be tests and problems, that you will not be challenged, because you will, but that the attitude that you will have towards the solution of those problems will be radically changed.

Q: The Masters are always saying that the whole purpose of life and service, is to serve Humanity, is to serve the planet. The trouble is, I am a Tao, that I am so busy leading my life and raising my family that I don't seem to have time for service. Does that mean that my life is being wasted?

ZT: You must recognise that there are many levels and many forms of service. Everyone does not serve in the same way, to the same degree. Not everyone can be teachers, healers, counsellors, rulers and so on, and serve in a formal position. Each one of you is a unique spirit and will be called upon to serve according to your soul note of your destiny in life. Remember, though, that one of the greatest forms of service is simply example, is the example of your soul and physical being, is the example of your own personal lifestyle. If you are leading a balanced and harmonious life then the note that you sound, the energy that you exude, will touch everyone that comes into your aura every minute of the day. You can walk into a room of conflict and pour out troubled waters just by your very presence. You are aware how the whole energy of a room changes when a true Master walks into it, and it is the same for all powerful souls, souls of aged evolution, only to a lesser degree.

Your thoughts, words and deeds are most powerful and by creating positively and harmoniously on all levels of life you serve not just the people around you but the whole world, for you are in the world and the world is in you. Moreover, you never know who is watching you.

example and the effect that your demonstration is having on them. If you greet everyone you meet each day with a smile, with a loving thought, with a positive affirmation, then you are being of the highest service. So recognise that service exists not just on the physical but on the mental, the emotional and the spiritual levels as well. There are as many forms of service as there are people. Each day your Creator will present you with innumerable opportunities for service. The only choice that you have is in the degree and the quality of your service, for you are all born to serve. That is the inherent nature of Humanity. Finally, be aware that it is not until you have demonstrated your ability to serve in the small things of life that your Creator will ask you concerning the larger and more important tasks.

are fed and clothed before myself, for I know that all my needs will be met by my Creator. If I serve God, in the form of all Its Creations, then God will serve me.'

It is a fact that few people in the world today believe in, let alone trust, the saying in the Bible 'Seek you first the things of the spirit and all else will be added unto you'. The implication behind this saying is that if you serve God, then God will serve you. If you hand over your life to God, then God will look after all your material needs, but note that I say needs, not greeds. Now I know that there are many people today who go out and work hard in the world in order to create a financially secure position in life, believing that only then will they be able to be of service to the world, to share some of their wealth and experience with the world. But often such people have to make great sacrifices in both their family and social relationships, in their own personal lifestyle and in the way in which they relate to the three Kingdoms of Matter, in order to accumulate such wealth. They are constantly beset with financial concerns and worries, for they believe that if they fail then both they and their families are doomed. You can walk this path if you so wish, but recognise that there is another path. If you serve the Creator of all Life and all of Its creations, then all of your needs, financial and otherwise, will automatically be met. Your Creator will take care of you on every level of life, just as a parent looks after its child.

At this time, therefore, I invite all of you to examine your lifestyle most closely, how you lead your life each day, how often you actually say 'Not my will, but Thy will be done, O Lord'. Now, obviously, as you are the person who is judging your lifestyle, it is difficult to remain unbiased because your conditioned mind will tend to support the way of life to which you have become accustomed. It is difficult to overcome the habits of a lifetime, but it can be done. One of the best ways of doing this is to establish the role of what I will call 'the observer' in your mind, an independent eye that simply observes your lifestyle each day. This observer does not judge, does not praise or condemn, but simply observes the effects of your lifestyle, not just on yourself but on all those around you. Gradually you will find that you and that observer become one and that from that truthful observation of your life the need for change will become readily apparent. It is then up to you whether or not you change your lifestyle in your image or in God's image.

If you are to change in God's image, then there must be times set aside when you try to establish union with God, when you try to bring

God into your physical being. If you cannot find the time in the day in order to commune with your Creator, then of what is the purpose of life? If you cannot find the time in the day in order to unite with the Source of all Life, then of what is the purpose of living? You have only to look around the world today to see millions of examples of people who are living their lives in total ignorance of their Creator, people who have cut themselves off from the Divine Source within, people who base their lives on the pursuit of pleasure and who consequently suffer from the heavy burdens of desire, anger, greed, delusion, pride and jealousy. Nevertheless, amongst these millions, there will always be the few who will stand forth by their very demonstration of service to their Creator. They are points of light in a world of darkness.

Remember that the greater the purity of your being in thought, word and deed, the greater your ability to be of service. Remember, also, that the greater the simplicity of your lifestyle, the greater your ability to be of service. Be aware that your possessions can sometimes end up by possessing you. I can tell you that no matter what karmic debts you have created, either in this life or in past lives, all of them can be transmuted by spiritual service at this most critical time in the Earth's evolution. Indeed, this, the ending of the Age, is the supreme moment for the transmutation of karma. That is precisely why so many souls are here in incarnation on the Earth at this time. Recognise that you are the midwives of the New Age, for not only are you giving birth to and educating the children of the New Age but also by your thoughts, words and deeds you are sowing the seeds that will flower into the New Age. Therefore remember that your own demonstration is of paramount importance, for it is the note that you sound, the point of consciousness that you ground, that is influencing all those who are searching around at this chaotic time for meaning and purpose to their lives.

The greatest lesson you can demonstrate at this time is to be in the World but not of the World. It is to show that you can live in the material world and yet not be controlled by that world. It is to reject all the materialistic values of western society today and yet to show that you can still lead a happy and fulfilled life, a life with meaning and purpose. It is to recognise the temporality of all earthly things and the eternal nature of the human soul. It is to recognise the One Divine Source that creates, empowers and controls all things. It is to recognise that a Divine Plan exists for all Creation, a Plan that does not know failure. It is not in the nature of the Divine to fail! So although, to the unevolved, it would appear that you are making a great sacrifice by

You must also recognise that earthly status does not necessarily reflect soul status. The leader of a country, or of a government, is not necessarily a great soul. You should realise that a country gets the leader that its consciousness deserves. If a leader is too evolved for his or her country, if his or her policies are too spiritual, then they will be rejected by the electorate or else suffer the fate of the Master Jesus. Too much soul, too much spiritual consciousness, can be very threatening to an unevolved soul who is, of course, the antithesis of an evolved soul.

Q: On many occasions both you and the Masters talk about 'The Truth'. Would you care to define exactly what it is that you mean by this?

ZT: Yes, but recognise that I am going to have to give you a very simplistic answer. Firstly, be aware that when I talk of God, I talk of our God, the God that created us, the God of our solar system, not the Being that I call Infinite Spirit, the God of the Universe, which is Being beyond our comprehension. Our Creator, Whose spirit dwells the sun, absorbs energy from Infinite Spirit, just as we, in turn, absorb energy from our Creator. I call that energy divine love, the impulse of Divinity, which is, of course, very different from human love. So our Creator absorbs the impulse of Divinity from the Source of all Creation and reflects that Divinity through Its own creations. It is this reflection which we call, which we know as, Truth.

Now this Truth is not infinite, is not absolute. It has its limitations because it is a reflection of the Source, it is not the Source. In a similar fashion, you who receive and recognise the impulse of your Creator can only understand and demonstrate a reflection of Its Truth. Therefore you can only ever see an aspect of Truth, never the majesty of Infinite Truth. So each of you, as individuals, absorbs the divine energy of your Creator and, according to your soul note, your spirituality, grounds and manifests a point of consciousness, an aspect of Truth. Therefore, although there is only one Truth, there are as many aspects of it as there are people, for you are all unique beings, having walked different paths to arrive at this moment in time or, perhaps, should say, at this moment in consciousness. That is why we are always saying that what is truth for one person is not necessarily truth for another.

Now the Truth of Infinite Spirit manifests through Its Laws sometimes known as the Cosmic Laws or the Natural Laws. The Laws touch and control every aspect of life on every plane of existence.

from the great solar lords right down to the least evolved soul. So the degree to which you both accept and reflect these great Cosmic Laws directly affects your understanding of what is Truth. Let us recognise, therefore, that at your present point of consciousness you can only understand or come to terms with an aspect of Truth. Now for some it may be a high or pure aspect of Truth, for others it may be a low or adulterated aspect of Truth. Nevertheless, you are all on the road to discover Infinite Truth through the aspect of truth of your Creator. Each day, as you encounter the world in which you live, as you experience the drama of life, you are being offered the opportunity to discover what is truth for you, and this truth will eventually lead you to the Truth of the Infinite, to the impulse of all life, Infinite Spirit.

GOD

TRUTH

A CHRIST-MASS MESSAGE

It is the time of the Christ-Mass and I choose to celebrate it with you today, rather than on December 25th, because this is the day of the winter solstice and is, therefore, a far more universal day. Why should this be so? It is because today is the day when the whole Earth touched by the grounding of the Christ Energy. As such, it is a day that does not belong to any one religion or creed. It is that moment in time when the cosmic forces flow down onto the Earth to commemorate the birth of the Christ Energy aeons of time ago. Over successive years I have spoken to you about the true meaning and significance of the Christ-Mass story. I have said that the story should be regarded as a parable and have explained that the Nativity Story, as it is described in the Bible, refers to events that happened long before the birth of the Master Jesus almost two thousand years ago. Furthermore, I have pointed out that the Christ Energy touches every single human being regardless of race, colour, religion or creed.

In your world today the Christian celebration of the birth of the Christ-Mass has, for the most part, become irreligious, yet the anniversary of the birth of the Christ should be one of the holiest days in the Christian calendar. But look at how Christians today have turned this holy day into a holiday. The essence of any holy day is that it is a day that belongs to and is devoted to the Godhead. It is a day in which every human being should make special effort both to contact and align themselves with the Source of all Life. It is a day in which every man and woman should seek to fulfil the will of that Source. The essence of a holiday, on the other hand, is that it is a day devoted to the self, to the pursuit of pleasure, even if that pleasure is obtained giving pleasure to others. So recognise that the way in which many people choose to celebrate the Christ-Mass today is simply a reflection of the materialistic thinking that is present in the World at this time. So I want to talk to you about the nature of holiness, of that which is whole or holy, and to lead you all into an understanding of the wholeness

holiness of the Christ Energy and of how It touches every single human being.

If one studies Christian theology, one cannot but help form the impression that Christians believe that Humanity did not deserve to have God send down His only begotten son in order to save Humanity from its self-destructiveness and to point the way to its path of redemption. Christians generally believe that Humanity was not worthy of that great sacrifice and that they should go down on their knees and give thanks for the sacrifice that God made. However we, from our side of life, can see nothing more natural than that the Christ Consciousness should descend into physical incarnation on the Earth. For whereas Humanity has created separation between itself and the Godhead, we see no such separation.

So to us, therefore, it was almost inevitable that the Godhead would send down a part of Itself to redeem another part of Itself that had gone astray or, to put it another way, that one part of the Body of God would try to heal another part of the Body of God. For we are all living organisms in the Body of the one God in Whom we all live, move and have our being. Although we are all unique, individualised cells of divine consciousness, yet we are still part of that one Body and, above all, are all bound by the limitations, by the laws, of that Body. So we, from our viewpoint, can see very clearly that the essence of wholeness, or holiness, is that which represents and looks to the whole in every aspect of life, which sees no separation between Humanity and God and, likewise, in every action that Humanity and God makes. For since we are living with and dwelling in God, everything is a part of that God. As such, all actions should be motivated and empowered by God and the fruits of those actions dedicated back to God.

If you look more closely at the celebration of Christ-Mass today, you will see just how the original Christian traditions have become distorted. How the giving of gifts was originally the sharing of wisdom with those who desired and sought it and how, even on the physical level, gifts were only given, as symbols, to the poor who needed them. Christ-Mass was never intended to be a reason for people giving to those who already had more than enough, to add to their material and karmic burdens. It is just the same with all the food and the drink which today are consumed in such abundance. In the days of old food and drink were given only to the poor, to those people who did not have the money to buy food and drink. Those people who normally had an adequate supply of food and drink usually fasted and took no

* i In order to produce all their consumer items, without a thought for the many sacrifices of the Vegetable and the Mineral Kingdoms. Above all they fail to recognise the great distraction that this materialism presents how it obscures the very purpose and meaning of life.

→ So at this time I would ask you to consider very carefully just what material possessions you really need for your life. Be aware of how simply you can live, and of how simple are your needs as opposed to your greeds. Remember also, at this time of the Christ-Mass, when you in the Western World, who already have so much, acquire even more that there are so many people on the planet who have so very little and that they have so very little often because you have so very much. Are you aware just how much of the precious mineral resources of the Earth are directed into armaments, into both individual and national violence, into the protection of vested interests, into the suppressing rather than the granting of the basic rights and freedoms which are the birthright of every human being? So think carefully about how you use the energy of this planet. It is not limitless. I would also ask you to remember the spirit in which the Christ Energy was sent down to Earth, one of sacrificial service, in order to heal and transform this planet which is in such disharmony because of Humanity's erroneous behaviour.

I wonder if you realise the implication behind the simple statement that this Earth is an actual part, an organ, of the Body of our Creator. So everything within that Body, our Solar System, both on the physical and the higher levels of life, is part of our God and is, therefore, imbued with Its Divinity. This means that all things, all beings, are one in that Body. Therefore recognise that you are as one with every other human being, as one with the Kingdoms of this Earth, as one with the Kingdoms that surround this Earth on the higher planes of life. If you recognise that fact then you will truly understand the nature and purpose of sacrificial service.

- So let your Christ-Mass celebration be a celebration of that oneness.
- Begin by releasing your greeds and by living within your needs. Remember the example of the great Masters who have made their physical incarnations a living sacrifice. They have always led and advocated the most simple of lives. Even though they possessed powers of manifestation beyond human understanding today and could create for themselves whatever they desired on the physical plane of life, they chose not to do so. Their powers, when used, were always for the service of others, never for themselves. That is the true nature

service. Similarly, the powers that even now flow through you as individuals should not be used for your own benefit. They are given to you in a sacred trust for the service of all Humanity. You are simply instruments that channel divine energy. Your powers should not be used for self-aggrandisement and the accumulation of material possessions. They should be shared with the whole body of God manifest.

So now is the time to take a serious look at the traditions and customs that have been established around the celebration of the Christ-Mass. Resolve in your own hearts to make it a holy day, not a holiday, a day that is dedicated and devoted to God, not to the pursuit of pleasure, and to let your thoughts, words and deeds demonstrate that dedication, not just for the day but for the days and months to come. If you can do that, then, truly, you will become Christed. You will become one with the Source of all Life.

It is difficult, I know, in your world today, to lead a life based on the principle of sacrificial service, for it would appear that money and possessions are synonymous with power and security and that those who live in the affluent Western World have a happier life than those who live in many of the Third World countries. But I would ask you to remember that a high standard of living is not the same thing as a high standard of life, a life based on spiritual values. Of course there is a high standard of living here in the Western World, but a high standard of living is merely an opportunity for a high standard of service. To whom God has given much, much is expected – and of the Western World, in particular, much is expected in service to the rest of the World. Your talents are not given to you by God just to further your own country, your own race. They are given for service to the whole planet. That was the message of the Christ – service to the One God, regardless of the cost. That was the demonstration of the Master Jesus and the reason why he said 'I and my Father are One'.

At this time there is a great darkness on the face of the Earth, a darkness that touches many people, but, as always, I would ask you to remember that light will always banish the darkness. It will banish the darkness in your own being and, above all, it will banish the darkness in all those with whom you come in contact. When you sit and listen to the wisdom of a great Master you can feel the light of their being. You are touched by their vibration and so are inspired to go forth and to shine your own light, to sound your own note. This, above all else, is what is needed on the Earth at this time. The people of consciousness and

mother bird devotes herself to raising her brood, but when she feels that they are mature and ready to fly, she pushes them out of the nest, she forces them to learn to fly, and once they can fly they are not allowed back into the nest. The same is true of human evolution as well. There comes a time when we must all stand on our own two feet and fly, fly so that we can discover our own potential and divinity.

Q: Will you please tell us about the spiritual significance of AIDS? What is the purpose of such a disease?

ZT: The purpose of any disease, especially one which can lead to death, is to teach the soul being some important lesson and to transmute karma. Be aware that, basically, all illness is nothing more than karmic settlement. The purpose of diseases such as AIDS and cancer is to get the being who is ill to bring about a transformation of their being through thought, word and deed. If they do not transform themselves then, in all probability, they will die. Either path will prove to be a meaningful learning experience and much karma will have been transmuted as well. So the bottom line of AIDS, as they say, is to transform yourself or die. Overcome a blockage in yourself by purifying your being or sacrifice yourself to the illness. Either way you will transmute karma that created your illness.

Now many people think that they cannot cure themselves of AIDS or cancer. This is not so. Any disease can be cured if the person has the consciousness to do it, if they can remove the psychological blockage that is causing the disease. So at this time, the ending of the cycle, when Humanity is called upon to transmute its karma before the new cycle begins, there is an increase in the numbers catching such diseases. I have to tell you, as well, that there is another disease coming, one more virulent than AIDS, that will rapidly increase the number of people facing such tests.

Q: One of the things which I find so terribly difficult to understand is why all these terrible things are happening today, why all the horrible murders, the child abuse and the rapes, why they are happening to apparently innocent people, and yet you say that no-one is innocent and that everything has a reason for happening, don't you?

ZT: If you accept the principle of karma, then you must also accept the fact that you carry your karma forward to future lives if you do not settle your account, if you do not balance out the energy created by your actions in this life. So in any life you are transmuting the karma of your

actions in this life and, when the opportunity presents itself, the karma of your actions in past lives as well. Every action sets in motion a reaction. That is the Law. Now it is stupid to generalise but, very roughly, in these times in which you live, I would say that as much as 75% of the significant events that take place in your life are the result of the need for karmic settlement of actions in past lives. The remaining 25% is due to what has been created in this life.

Q: But does this apply to some poor young girl who is raped? Is she settling karma as well?

ZT: Yes. It is difficult to accept, I know, but you are all magnetic, karmic beings. You attract aspects of life unto yourselves by the very nature of your being on an inner and an outer level, for the outer but reflects the inner. You attract unto yourselves the lessons that you want to learn, the karma that you want to repay. Nothing, no person, no thing, can come into your aura if you are strong, and by that I mean strong spiritually not physically. Both things and people can only get into your aura if you are weak or you allow them to. So do you understand that the person who is raped is only being raped because of some aspect of their being that is attracting that lesson to them. They are attracting the rape to them, not by being deliberately provocative but by their inner energies. No matter what anyone may say outwardly, remember that you are magnetic beings. You attract the nature of your being unto yourselves. Someone who is strong in their spiritual or inner knowingness can pass through the greatest evil and will not be touched by it.

Q: So if we have done something in the past that we are ashamed of, something that we feel guilty about, but something for which we feel genuinely sorry, is there anyway that we can eradicate our karma whilst we are living now?

ZT: Shame and guilt are wasted emotions and do nothing but drag the soul down. Accept what you have done and learn from the experience and awareness of it. Recognise that your Creator will always forgive you for what you have done. In fact God has already forgiven you, before you even repent. What is not taking place is that you have not forgiven yourselves. So it is in the forgiveness of yourselves for what you have done that there comes karmic settlement. You can and will transmute the karma for anything that you have done, at any time, in any life. The greatest transmuter of karma is service. An act of great

to feel love for one's country, but much more difficult to feel love for a country that is ideologically or politically opposed to you.

As you begin to investigate the reality of love you will discover that the essence of love is universal rather than individual, that it is an energy that includes rather than excludes, that embraces all forms of life, that links you to the Creator of all Life. Love, therefore, can best be defined as the power of your Creator in physical manifestation and in as much as you align yourself with that power, or energy, then you are 'in love'. Now, of course, aspects of that energy do manifest in individual relationships such as those that exist between a man and a woman, a man and an animal, a woman and a garden, a child and a toy, and so on, but in essence they are all one and the same thing namely, the divine energy of your Creator flowing through all His creations. So love can be seen as a universal force which touches, empowers and unites every aspect of Creation.

How, therefore, is it possible to become separated from this universal energy of love that flows to everything and everybody from the Source of all Life? Only by placing one's self above the Source, by following a path of self-interest, of self-seeking. When love becomes personal rather than universal then it becomes selfish, it becomes self-centred and ceases to be love. You can see very clearly in your world today how self-centred love leads to suffering. If you love your husband or your wife because of what they do for you, because of what they mean to you, if they then stop doing or meaning what you want, what happens to that love? If you love your children because of the needs that they fulfill in you, when those children grow up and leave you, do you not feel that you have lost their love, whereas the truth of the matter is probably that they are no longer fulfilling your needs. Be aware that love is best expressed through service to the Source of all Love, your Creator and His creations, and that it is when you are serving the world, no matter what the aspect may be, your family, your country or the planet as a whole, as opposed to serving your self, that you truly experience love.

Now you will have noticed that the love about which I have been talking has nothing whatsoever to do with the sexual love which has become such an obsession in your world today. Sexual love is, for the most part, selfish, self-seeking and self-centred. You love someone on a sexual level because of what that person gives to you, because of what that person means to you, rather than for what you can give to that person. As I said earlier, do you not find it difficult to love someone who dislikes you and yet to whom, perhaps, you can be most

service? Why should I say this? Because in that a person dislikes you, what they are disliking in you are the flaws in their own being, the lessons which they have still to learn and which you, by your loving demonstration and energy, can bring forward into their physical consciousness.

I want you to see very clearly, therefore, that the true nature of love is demonstrated only when there is no self-interest. It is only when you are serving others that you can truly be said to be 'in love' and the very nature of that love is that it expects no reward. When great Masters, such as the Master Jesus, incarnate on the Earth, they are not in the least concerned about whether Humanity accepts or rejects them, about whether Humanity worships or ignores them. They are simply not concerned with either the individual or the collective response of Humanity. They come only to fulfil the Will of their Creator and it is because they fulfil that Will to the highest of their physical and spiritual beings that they are able to manifest such a powerful and universal form of love. The being that serves the Source regardless of personal cost, regardless of the reward, is the being that is truly empowered by love for they are in love with the Source of all Life.

Now you may think that I am talking of a very idealistic form of love. I am indeed talking of what is, for you, the supreme form of love, but recognise that there can be many reflections or facets of it. Every human being manifests the power of love according to his or her point of consciousness and this love will be a reflection, a unique reflection, of that greater love. As your consciousness grows, so does your awareness of the true nature of love. My purpose in talking to you, therefore, is to ask you to look more closely at the nature of your own love through your relationships with your husband or wife, your family or your children, and to compare that love with the ideal of love that I have just talked about.

So examine your love to discover if it is self-centred and based on self-interest, to see if it grows out of your needs rather than universal needs. If you do this, then, gradually, you will begin to develop a far deeper and richer understanding of love. You will understand the love that can lead a man or a woman to lay down their life for another because of the love that they feel for that being. You will understand that they sacrifice their life not for some mental ideal but because of their love for the Source of all Life that is manifesting in that person. Slowly you will become aware of the fact that what you actually love in

I would also advise that before you meet these friends again that you need to resolve the aspect in your own being that feels resistance to being of service. Remember that the sooner you fulfil this service to them to the highest of your ability, and discharge your karmic debt, the sooner you will be released to move on to other things. Until you can complete the little tasks that your Creator asks you to perform you cannot expect to be given bigger ones. Finally, is it not often the case that the tasks that you put off, because you hate doing them, when you actually do them, to the highest of your abilities, can produce an unexpected reward!

Q: On several occasions the Masters have said that we are gods in the making and that, by implication, the Earth is a school or training ground for gods. Can you tell me, if you know, what, exactly, we will be gods of?

ZT: Why does it matter?

Q: Just curiosity! I would like to know what job I am trained for when I leave this school of life, that's all.

ZT: The question that you are really asking is 'What is the purpose of Creation?', but (how can any of us, with our limited points of consciousness, even begin to understand the nature and the purpose of Divinity) So my answer, inevitably, will only reflect my understanding and what I have been told by souls who have walked further along the path than myself.

In essence, Infinite Spirit created the Universe in physical form so that It might know of Itself. Now this might seem a strange thing to say of a Being Who is both omnipotent, omniscient and omnipresent, but remember that the inherent nature of Creation is to express Itself. Similarly, your God, the Lord of this Solar System, created the Race of Humanity, in His own image, because of the innermost urging of His Divine Being to express Himself, just as Humanity, in turn, creates or reproduces itself. The inherent nature of the Human Race is to express its creativity in thought, word and deed, just as its Creator has done. Why should this be so? Why does a flower grow and reproduce itself? Because that process is inherent in the seed of the flower. The force of God in motion compels it to fulfil its evolutionary cycle and to manifest the nature of its flower being when all the environmental conditions are appropriate. It is just the same with Humanity. You are impelled to

follow your own evolutionary cycle although, of course, it is a cycle that is very different to the flower's.

Now it is not for you to know of that evolutionary cycle. Even though I, on my plane of life, may witness and understand aspects of the cycle which you do not, nevertheless, I too do not know of the design or purpose of our Creator's Plan. I can only describe the purpose of your being by way of an analogy. The totality of Humanity can be compared to a great being of light and power, rather like your Sun. But that being has dissolved itself into millions and millions of individualised atoms, or spiritual microcosms, which have been released to experience the different planes of life in the universe in order to learn and grow in consciousness. These individualised atoms possess in their seeds all the inherent qualities of the great being from which they came. Their aim, therefore, is to discover the reality of the seed in them, which is their own divinity, and to journey back to the Source of all Life from whence they came and to merge with it.

ii I would like you to understand that Creation is not the material form that you believe it to be, for the very essence of Creation is energy in form. Furthermore, if you take your concept of God's power and multiply it by a factor of one million, then you are only just beginning to approach an understanding of the true nature of that divine energy. For at the centre of Creation is peace and quietness. I can only compare it to you going into space where there is no sound, only total stillness, and yet inherent in that stillness is an incredible energy, is an energy that creates and impels all things, that inspires total devotion and love, that embraces and knows every aspect of Its creations.

So the centre of Creation is actually a place of complete tranquillity. Compare this with your own lives. How hard it is for you to be still. Even now your physical bodies are restless and are shuffling around in response to your brains as they dart hither and thither directed by some impulse, by some thought form. How rarely do you yourselves know inner peace and tranquillity. How rarely do you yourselves make contact with the centre of your own being, that point of stillness which knows all things and can answer all questions. You have all forgotten your divine heritage, the fact that when you were placed upon this plane of Earth you were given that divine link to your Creator, of mind to Universal Mind and of spirit to Universal Spirit.

Now many people have attempted to define the nature of God and His creations, but I would like you to see clearly that all the attempts by the religions of the world, by the gurus and by the priests, are but human attempts, founded on intellect and reasoning, to explain a cosmic reality. So why do they all feel the need to do it? Because Humanity, both individually and collectively, needs a point of reference to which to relate outside of its own being. Since birth you have been taught by your parents and by your teachers always to seek outwardly in order to obtain an understanding of life. So if you want to know about God and His purpose you feel that it is only right and proper that you should go to your priest or to your guru and that they will reveal the answer to you. But I would like you to understand that this belief is illusory, for knowledge such as this is not held by any one person, no matter what they might claim.

So to whom can you turn in order to find the answers to your questions? There can only be one answer - to the God force that lies within each and every one of you, to the divine force of spirit which links you both one to another and to the great Infinite Spirit. Have you not yet recognised that the Human Race is one race, is one body, is one

mind and is one spirit? You are all linked together and what one person knows is automatically known to the rest of Humanity, what one person grounds and manifests in spiritual consciousness automatically becomes part of all human consciousness. You are all linked through a great universal consciousness. So here is the true nature of wholeness, or holiness, which can be defined as the universal consciousness that knows and embraces all things, all beings. Recognise that it is not this universal consciousness that compares and judges, that creates division between race, colour, creed and form, but your conditioned brains, your little egos. So I would like you to recognise that they cannot possibly lead you into an understanding of wholeness, for you cannot know of wholeness from a point of separation from the whole. You can only know of wholeness, of that which is most holy and most sacred, from that part of your being which is whole or holy, your spirit.

So now we come to the question - how are you to contact this source of wholeness or holiness? How can you become one with this great universal stream of consciousness? The answer is, of course, through the stillness of meditation. Now let us understand clearly that meditation is not an act of thought. If you enter into meditation in order to achieve something, no matter whether it be to seek God, to raise your consciousness or to attain inner peace, if you enter into meditation by following some set form of meditation, either the following of a ritual or the chanting of a mantra, then see clearly that that is the creation of your brain, that that is the same source that is leading your physical bodies into activity rather than passivity. Recognise that any response from that source is based on the conditioning of your present life and comes from the fragmented self that knows only of division and separation. Meditation, therefore, is the act of entering into the stillness of your being, into the stillness of the creative Source of all Life. Recognise that it requires no conscious effort. It requires no long periods of ritualistic techniques or chanting. It is an automatic function of your being in the stillness of your being. It can happen to you at any moment of the day. It can happen to you no matter whether you are sitting in a temple or walking in the countryside. It can happen to you any time that you become one with the Source of all Life through that link of mind to Universal Mind.

I would like you to understand that the power to create is a unique power and belongs only to the Source of Creation, to your Creator. Human beings cannot create. They can only create from that which has already been created. Even when they invent something they are only

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or similar energies. Therefore as you would wish that only the highest and the purest energies should come to you, so you should send out only the highest and the purest energies, for what you send out you will receive back.

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Now you will notice that I have very carefully left any reference to God out of the Law of Karma. This is because the Law of Karma, the Law of Action and Reaction, stands above, is more omnipotent than, even your Creator, your own Solar Lord. The Natural Laws stand above all the Solar Lords. They govern the existence and the creativity not only of the many thousands of Solar Lords or Gods that exist within your visible universe but also of Those that dwell on the other levels of creation. So your God, Whose spirit dwells in the sun, is subject to the Law of Karma just as much as you are, even if the nature of Its Karma is very different to yours.

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Once you have understood that the basis of the Law of Karma is action and reaction, then you will begin to appreciate that every time you create a ripple in the cosmic energy pool or, as you call it, the universe, that that ripple will then automatically affect every other vibration in the cosmic energy pool and, consequently, will also affect you yourself, for you, too, are part of that pool. Many people, of course, choose to believe that they are living in isolation from each other, that they are separate from the Godhead and from the physical world around them. It is the wise soul who recognises that all Humanity is indeed part of the one great whole, that every human being can be considered as an individual cell in the cosmic brain of your Creator. There is, truly, no separation except where Humanity chooses to create it, except where Humanity chooses to live it. So one of the great lessons of physical life is to rise above this apparent separation, to see that it is apparent and to learn that truly you are one with your Creator, not just in your physical but also in your spiritual being. There is no separation in this physical world between you and your God. This world is your God. Your God is this world. You are living in and are an actual part of your God just as an aspect of your God is living in and is an actual part of you. So the greater is to be found within the smaller which is contained within the greater. **MAN = A HOLOGRAM OF YOU**

I hope that you are now beginning to see that the Law of Karma transcends all human affairs. It controls everything that manifests not only on the physical but also on the other planes of life. However, what is of particular significance to you who dwell on the physical plane of life, this unique school of learning established for you by your Creator,

is the fact that everything that manifests on this planet is simply the creation of the Law of Karma in physical manifestation, as opposed to spiritual manifestation. Your physical world, therefore, is karma made manifest. You, not the spiritual you but the physical you, are a creation of karma. Your body is your karma. Your life is your karma. Your death is your karma. Everything that exists on the physical plane of life is a result of the Law of Karma made manifest. Every happening that occurs to you is as a result of the Law of Karma seeking to balance out either your actions in this life or your actions in past lives. Karma creates your physical body. Karma creates your destiny. Karma creates your death.

I hope you now understand that everything, and I mean everything, that is created on this Earth is as a direct result of human karma, both individual and collective. You created the physical body in which you now live. You, and the rest of Humanity, helped to create the nature of the world in which you are now living. If you are able to understand that fact, and to see clearly that the nature of your actions determines the nature of the Universe's reactions, then you will also see that there is no such thing as divine punishment. For your Creator is subject to the same Laws that you are. Worldly reactions, therefore, do not originate with your Creator. Your destiny is entirely independent of your Creator, except in the one case when your Creator chooses to intervene and to moderate your karma by taking on your karmic account itself. But, for the most part, God is the observer of your karmic patterns. God does not intervene or interfere. God allows you to sow and to reap through both your past and present actions, to observe and to experience the reactions they attract and from that point of understanding to grow in spiritual knowledge of the oneness of all life.

The more you respond to the Will of God and create in Its image the more you create what I will call positive karma. Conversely, the more you oppose the Will of God and create in your own image the more you create what I will call negative karma. Throughout your many lives, therefore, rather like when you save or withdraw money from a bank account, you build up a bank account of either positive or negative karma depending on the nature of your past actions. This account can be used and can be drawn upon both in your present life and in your lives to come. So if you come back into physical incarnation with a bank account full of good karma, this will entitle you to a relatively smooth and happy life in circumstances which will provide few tests. However, ultimately, when you have used up the positive balance in

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your account you will once more have to face the challenges and tests of this school of life called Earth, and will have to handle new situations which will promote growth and learning. Your karmic bank account will then either go into a surplus or a deficit.

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Recognise that you cannot avoid the Law of Karma just as your Creator cannot avoid the Law of Karma. Everything that you do creates a karmic response. Therefore you must accept responsibility for everything that happens to you for you have created it. Realise that God plays no part in this karmic account, that the Law of Karma stands above even your Creator, and is a universal, a cosmic Law that touches and controls all things. Now as you get wiser, as you evolve your soul note and raise your point of consciousness, so you gain the ability to take on other people's karma, to accept the responsibility for their actions, and to transmute their karma through your own actions and so reduce their karmic debts. Great souls such as the Master Jesus are very capable of doing this. Recognise, however, that all karma has to be faced and transmuted and accounted for. It cannot be dissolved or placed aside and ignored. For every action there will always be a reaction. The Law of Karma demands that someone has to be responsible for maintaining and restoring balance in the Universe. Beings such as the great Masters do incarnate onto the physical plane of Earth in order to transmute and remove some of the karma that Humanity has created. They do this in order to help Humanity to progress further along its spiritual path by reducing Humanity's karmic burden. They make that sacrifice out of love for Humanity even though they know that Humanity will create new karma and will in time restore the burden which they have removed by their sacrifice.

It is a wise person who recognises that Science and Religion are both seeking the same thing no matter whether it be called Truth, the Knowledge of the Universe, or God. The Natural Laws of the Universe are the same as Humanity's Laws of Science only expressed on a higher, more holistic level. Let me give you a simple analogy. A farmer has a field in which he grows vegetables year after year without nourishing the soil with compost. If he does not replace that which he takes out of the soil each year, gradually his crop will become less and less as the soil becomes more and more barren. After five years his field will produce very little. Then what does the farmer say? Does he say that the fact that his field has become barren is the punishment of God for his sins or does he recognise that he is to blame? Only the ignorant blame God, or rather their concept of God, for the adversities

of life. Those who are wise know full well that it is their actions, in this case the use of the field, that brings about the karmic reactions. It was the farmer not God that created the barrenness, that destroyed the fertility of the soil. It was neither a divine punishment nor an act of blind fate that was visited upon him.

It is a hard fact to accept but ignorance of the Law is no excuse for breaking the Law of Karma and for avoiding the karmic reaction to one's actions. You will reap what you have sown even if you are ignorant of the reality of what you have done, as was the farmer. So it is the unevolved soul, out of ignorance, that always blames outside forces for all the misfortunes of life, that does not consider the possibility that they alone are the cause of all their misfortunes. Such people attribute all trials and tribulations either to other people or else to beings on other levels of life, even to God Itself. It is the unevolved soul who accuses either God or life of being unfair and unjust. It is the evolved soul who recognises that the Law of Karma cannot be anything but fair and just and is responsible for holding all creation in perfect balance. ● ● ●

I hope that you are now beginning to understand that you create the nature of your physical life, which is based solely on your karmic account. Recognise that everything in your life is attributable either to what you have earned or to what you have to pay back in order to balance your karmic account. You create your physical body according to your karmic account. You enter into your human relationships, your family, your marriage, your children, your work, your creativity, even your spirituality, according to your karmic account. Your physical life is nothing but the Law of Karma made manifest. Karma determines the lessons you have to learn. So it can be seen that you, through both your past and your present actions, create your own lessons. In this school of life called Earth you are your own teachers.

If you truly understand the Law of Karma then you must recognise that you are responsible for the state of the world in which you now live. You cannot blame anyone else for the situation in which you now find yourselves. You cannot blame anyone else for the tests that you are now having to face in this life. You should therefore face all the challenges and the tests of life with equanimity. Instead of saying that you are suffering unjustly, that you don't deserve to be in this situation, say rather that this is the situation that you have consciously chosen to be in, because it presents you with the best learning experience and with the best opportunity of settling your karmic account.

ZT: Avatars are aspects of your Solar Lord or God that have descended into physical manifestation. An Avatar is a perfect aspect of your Creator incarnating on the physical plane of Earth so that Humanity can actually witness divine perfection and can begin to understand a little of the true nature and power of its Creator. In one sense an Avatar can be regarded as an attempt to do the impossible, namely, to manifest the formlessness of God into form. An Avatar usually incarnates on the Earth for a very specific purpose and very often does not appear in the public eye at all.

The role of an Avatar is twofold. Firstly, to restore divine qualities amongst Humanity and to redefine the codes of morality, righteousness and justice, usually after a period of great human degradation. Secondly, to bring about a sudden transformation in human understanding and consciousness and to prepare Humanity for changes on the material or psychological planes of Earth that are about to manifest. Avatars serve as safe harbours in a world threatened by storms. They are a point of permanence in a world of continual impermanence. They normally reside on the divine plane itself and their physical incarnation on the plane of Earth can only be regarded as an act of great sacrifice.

Q: It would seem that many channels are receiving messages from beings that say they come from the constellation of the Pleiades. Is this the case and, if so, of what significance are their messages?

ZT: As has been said on several occasions the Human Race does not belong to this planetary system. It originally came from Sirius in the constellation that you call Canis Major. In its innumerable incarnations on that planet - and we are now going back beyond physical time as you know it - it shared its evolutionary path with the beings who now inhabit the Pleiades. They were, so to speak, Humanity's spiritual brothers and sisters. However, with the changing of the zodiacal cycle on Sirius, aeons of time ago, because they had reached a higher point of consciousness than Humanity, so they transferred their evolutionary path to the Pleiades, whereas Humanity, with cosmic lessons still to learn, was directed to this very special school of life called Earth, to learn the lesson of self-sacrifice, the lesson that it had failed to learn on Sirius.

So nothing would be more natural than that your spiritual brothers and sisters should continue to take an interest in your evolutionary progress and that they would want to assist you at this most critical time in your evolutionary cycle. So they share of their wisdom and

knowledge in many ways, always, of course, being mindful of the necessity not to interfere with your evolutionary pattern and not to transgress against the Law of Karma. I should also say that at this time many other planetary beings are drawing close to the Earth to aid in its great moment of transformation and transmutation. The present situation can be compared to one branch of the family offering their help to another branch of the family in a time of crisis.

Now some psychic people are feeling the presence of these planetary beings on the higher levels of life as they send their thought impulses down to Humanity, and this is probably the source of the messages that are being received by various channels. However, I should make it very clear that their purpose in any such action is not to take away Humanity's free choice but is, rather, to help Humanity to make the right choice. Nevertheless, having said all of that, I would advise you always to exercise discretion and discrimination when confronted by such 'channellings', for not all of the sources are what they profess to be. We do have mischievous spirits on our side of life too, who will happily assume a false identity in order to get attraction and recognition!

DARK FORCES

THE LAST CHANNELLING

It is not without significance that you are gathered here this morning under the zodiacal sign of Aquarius, symbolised by the Phoenix, and that I am talking to you in the Phoenix Room, so named because of the beautiful stained glass window behind me which depicts that mythical bird. For thousands of years the Phoenix has been a symbol of resurrection. The legend relates that at regular intervals the Phoenix renewed itself by placing itself willingly on a self-made funeral pyre and that out of the ashes emerged a new and more splendid bird. The Phoenix, therefore, not only marks the ending of one life and the beginning of the next, but is also a symbol of transfiguration into a new cycle, into a new point of consciousness. The old has to die so that the new may come forth.

For almost two cycles, twenty years, I and a small band of Masters have used this instrument for the purpose of teaching and disseminating our spiritual wisdom and knowledge to all those who have heard and responded to the note that we have sounded. It can truly be said that through the medium of the books and the audio tapes our words have touched almost every country in the world and have been translated into several languages. Nevertheless, the time has now come to end this process. Why should this be so? I will give you two reasons.

Firstly, because if the teacher is always present then the pupil will never learn to walk alone and to take their own initiative, to truly live by what they have learned. If one knows that one can always return and ask the teacher then, inevitably, one becomes accustomed to relying on this form of support. This, to varying degrees, tends to take away the initiative and free will of the individual concerned. So much wisdom and so much knowledge has come through this instrument and yet so much has been ignored. So now is the time for all those who feel in harmony with our note to listen to it, to absorb it and, above all, to practise it. Now is the time to assimilate everything that has been given to you and for this instrument, in particular, to produce the last book in

the trilogy that we wish to be published and to send it forth for all to see and read.

Secondly, for as long as I and this instrument are separate in identity, and for as long as you and I are separate in identity too for that matter, then we cannot become one, and the whole purpose of taking incarnation on the planet is to become one with the Source. So for you and this instrument to become one with me, there must be no separate identity, no division into the speaker and the listener, the physical and the non-physical planes of life. We must both merge with the Source of all Life and so speak with one voice, act as one being, both now and forever. We must all become one with the Godhead and so become the Godhead. We must all lose our sense of individuality in order to achieve totality.

In the more recent teachings that have gone forth we have spoken to you of the great changes that are to come. We have also said that the most precious thing which you have at this moment, and one which you waste so freely is time. Though you be the greatest king in your world, though you be the richest man in your world, you cannot buy time. Yet time for you is running out. Now on one level, as beings of infinite spirit, for you there is no such thing as time. You all come from timelessness. You all return to timelessness. You are not limited by time. But the Earth and your physical bodies are, and the time of great change both for the Earth and for your physical bodies is fast approaching. You cannot buy extra time. You have to use the time that is available to you with wisdom and understanding. You must begin to practise now the union with God of which we have spoken, so that it becomes a natural part of your being, so that in times of crisis and great need there is no separation between you and the Godhead, so that you act as one with the Source of all Life and automatically fulfil Its Will. No longer is there time available for intellectual discussion and theorizing. Now is the time, above all else, for right action based on right knowledge, which comes from union with the Creator of all Life. You must dedicate your lives to God. You must devote your actions to God. You must at all times seek God. You must at all times promote God. You must become God-centred beings in a God-centred world.

The whole purpose of I and the other Masters sharing our wisdom and knowledge with you has always been to lead you into a greater understanding of yourselves and of your own divine relationship with God. It has always been to show you that what is important in your life is not the world but God, that the world is but a manifestation of God, a

THE WISDOM
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