

PARTE 31 = 1.914 & 1.968

or sometimes accompanied by invocations in an "ancient tongue" - sometimes will continue for four or five minutes.

1.914

300 YEARS
IN ASTRAL

CONTROL: Lao Tse. The voice of this communicator is slightly high-pitched, the tone and manner usually 'dry' and sardonic, sometimes impatient to the point of rudeness; nevertheless he has shown himself to be a person of good will and of exceptional learning. He has been some 300 years in the astral, and has spent his time studying the earth, and also various psychological problems. His earth life seems to have been spent in a Tibetan monastery - tho his English is excellent. To help round out the picture of Lao Tse, we quote the following curious exchange.

Meade asks "Are you familiar with the Platonic doctrine of Ideas?"

Lao Tse. "No, what is that?"

"I mean the teachings of Plato, the Greek philosopher - about the 5th century BC."

"What did he teach? What were these ideas?"

DOUMEN

"That's a big order - but the Ideas were noumena, eternal types or forms back of all phenomena. Ideas are the only realities, and they are able to act upon Nature to reproduce themselves. You say you never heard of him?"

"No, I have not."

"But he and Aristotle between them, practically dictated the intellectual development of Europe for 15 centuries."

"But he didn't have much effect on the common man! Well, I must look up this Plato. He seems to have ideas much like my own..."

ASTRAL
KNOWLEDGE

This is certainly naive! of the first water; my guess would be that Lao Tse is equally ignorant of even the names of Aristotle, Kant, and Hegel - who with Plato make up the story of the European mind. Yet the genuine learning and mental powers of the communicator must not be discounted for this reason - and we might remind ourselves that, in the sciences particularly, we have a plague of "great minds", in and out of the universities, who know no more about the history of Western philosophy than Lao Tse does - and care considerably less, since Lao Tse at least proposes to "look up" this mighty ancient, and even gives tentative approval to some of his reputed teachings. Quod superius, quod inferius! One road to understanding the astral people, is by remembering that human nature has not changed in them, by the breadth of a divided hair.

NATURE LAWS

CONTROL: Lao Tse. (Bowing, hand on breast, dry by courteous): "Well, I take the privilege of introducing myself to the ladies. I am Lao Tse. This sort of thing is somewhat strange to you? But it is only unaccustomed - not really strange in itself, for Nature works in various ways, and gives up secrets to our digging. And of course, we're all digging and trying to keep our minds active. (Q). Yes, the body is insistent, but the great idea is to keep the mind away from the body. Most ailments are due to meditation upon the physical self. Divert the attention from the physical body. The mind creates your physical ills - it can also destroy them."

MATTER

DUALISM

There is no such thing as freedom from the "physical", on any plane of being. All is gradation. Dense matter shades off into finer and finer particles. You cannot divide the universe into "matter" and mind. These two are gradations of the basic realness.

Only in this way can either be understood. The gradations become mind, become dense "matter". Diseases produced by germs, come before the germ, speaking in a metaphysical sense. That is because the thought attracts the disease germ. Germs, baccilli, belong to the etheric world and not to the physical. They become physical and enter it when they are attracted by it; then they feed upon it like vampires. Consider what you call a cured case of tuberculosis. It is really an arrested case. If the morale is lowered, if the right mental conditions are set up, the disease will return."

GERMS

1.915

The whole of this discussion arose from questions put by Dr. Cosman, concerning the origin and true nature of germs or bacilli, and their relation to disease. The specific questions are not reproduced.

Lao Tse continued. "Germs are foreign to the physical body; that is why they cause such havoc. They exist and have their sustenance in the psychic world, and and there they do no harm. But in the physical they set up a state of irritation caused by a foreign body. But being etheric or psychic in their basic nature, the mind or psyche can resist them; if the mental functioning is right, the mind can and does resist all attacks against itself and against the body also. The physical body is not capable of suffering, by itself and without the psychic (etheric) body."

MIND

Following a question about illness in children, who have no knowledge of disease, Lao Tse continued: "A child is merely the new or young manifestation of an entity - but the entity itself may be very old. Only the physical is what you call young. The illusions of life lead us to assume that such and such must be the case. The entity that enters the new-born body brings over with it many traces and inheritances of former lives. The human entity is not at all what you assume it to be. When you understand yourself you will understand life. The disease germs do not know they are in a child, they only know they are in a condition or position that irritates them. You should read the works of Paul Brunton, by the way. His knowledge is of an advanced order."

PAUL BRUNTON

"We know his books. But he says the same thing a hundred times in as many ways, in a dozen or more books."

"That is fine! It's necessary to say the same thing over and over in different ways, to get it across to different types of people .. The medium is getting a little tired, I must go now."

REPETITION

A new Control, an Indian, who announced himself by a whistle and grunt, and an explosive spitting sound followed. "Huh - Huh! Fft! fft'. Me Swift Arrow, big chief. Me come before, bring big man. Me guide for him. Go now. Huh! " This was the same Indian who at one time took control of Professor Twining at one of these seances, during the Professor's life time.

EVERLASTING SEEKING

CONTROL: Professor Twining: (Heartily welcomed.) "Wonders will never cease. We all ought to sing the praises of God. I remember my first effort to get thru, and it was a very poor one. But you have no idea of (the difficulties that have to be overcome in this field of endeavor.) Even during my earth lifetime I sensed the existence of many of these. Give my friend Franklin my highest regards, and tell him that at one of these meetings I will come through and talk with him; then he will know for himself that it is I. There is so much to say! I hope these meetings will be carried on. (Q). Yes, indeed, all is well with me - very well. I never dreamed that I could feel so wonderful. The body is not really a thing

LEARN ON EARTH

→ (to cling to, but you must use it as long as you can, for it is only in the physical that we learn the things needed to guide us here. (Q) Yes, I pursue my former studies. Do you recall a few nights ago you were talking with this boy about the realities of life?"

1.916

"I recall talking with him," said Meade, "But not the particular subjects."

"Here is the gist of it. You were talking about how under a certain theory the existence of the person A disappears into the consciousness of B, and B also reduces to a state of A's consciousness, so neither one is left, and ..."

"Yes," said Meade. "I recall. We were talking about the so-called dilemma of solipsism..."

ATOM ENERGY

→ "Well, I tried to impress on the boy that an analogy exists in the reaction between neutron and proton - the exchange of energy. That is their existence -- in instant and continual interplay and exchange of energy, yet each persists - as an energy flow.. In the last analysis all of us are merely minds exchanging views - e changing force -- all life is force. There is a generative Intelligence that produces at will the thoughts necessary for the place and time. I do not think that at present anyone is making a machine that will serve for communication all by itself, but the ideas for such a machine are being impressed from our side. My voice sounds like that of an old man when I talk through this boy, but I am not so. I will talk of this another time. Now the boy is tired."

ASTRAL GRANDEUR
INNER CIRCLE

→ It is not the practice of the Editor of these Reports to make extended comment on them; his assumption is that they are read, for the most part, by people who accept survival and communication, and are prepared to go on from there and profit by the unlimited possibilities thus opened up; the corollary of this is, that our readers can note for themselves the great importance of many passages, without help from the compass and pointer of any commentator.

Neither do we suppose that statements made in these seances have never been made before. The literature of psychism is so vast that almost anything may be found somewhere in some form, IF one knows where to look for it. But it seems to us a great advantage, to be able to guide the conversation to some extent by holding it to topics of great tho' impersonal interest. The communicators come expecting to be questioned, they assert that they give us their time in obdience to the law of service, as well as from some satisfaction they derive from talking with a world of fellow men who habitually shut them out from all intercourse. This is surely a natural and human attitude. They tell us that the meetings are attended by a 'large gathering' of people on their own side of life - some of whom 'look with utter amazement' at a phenomenon they do not even yet believe in.

LEARN ON EARTH

→ How instructive this last little fact really is! How it points to Twining's passing remark, "it is only in the physical that we learn the things needed to guide us here,"... and the assertion that "the greatest difficulty we have here, is to convince people that they are dead"... that the planes entered immediately af^{ter} death are most wisely designed by Nature as an outward replica of our own world, "since otherwise the human mind, unprepared for change and even for survival in any form, would be cracked and broken by the shock." The next effect of these studies really is, in a sense, to "suburbanize heaven" - revolting as this thought may be to many religionists. We mean that dying is robbed of terror and fictitious mystery - it becomes a falling asleep and a happy wakening. The great event becomes a most simple and natural one, the introduction to new realms and laws of being is very gentle and adapted to our capacities; the Wind of God is truly tempered to the shorn lambs.

MOTIVES FOR ASTRAL WORLD

ASTRAL
LIFE

Let those who feel defrauded of strange adventures, or perhaps of harps and golden crowns, rest assured that in the astral world, as here, there is wonder and mystery on every side, and without end.

Only if we cannot discover beauty and mystery in our earth life, we shall be slow indeed in finding it in worlds to come - for the power of its discovery will move less within us. And if we have no desire to learn and to serve while here, we shall not be able to serve and learn elsewhere. "The business of life is to prepare for death" writes Merrell-Wolff - and rightly understood this is intensely practical, profoundly true, and more important than any other value man can lay tongue to. But we prepare for death (which is really the life abundant) by knowledge, and not in the foolish ways we have been taught. From the ways we have been taught, knowledge does not come; but only dreams, and fears, and follies, and dogmas, and the thousand stupidities of thousands of years of religionism.

1917

DOGMAS

All of this time, however, the means to right knowledge, of some part of the mystery at least, lay close at hand. There was a door at which all men knocked, but there was also a key to it - on our side, in our own hands. The machine, the apparatus for communication (now so earnestly sought) has always been available to us - the incredibly delicate apparatus of the human mind-body. To the few, of course, this has always been known; it remained for the science and culture of the Twentieth century to deride, deny and abandon. But now, some of us - some millions of us - take this old key in our hands again, but this time without fear or superstition or religious dogmatism, and it fits the lock and turns for us, and the door at least comes ajar for us, giving glimpses of new and pleasant lands. And this is what we are doing in these Mark P. seances, little known or lightly regarded as they may be.

Now whatever diversity of opinion there may be among the communicators, there is no disagreement on this: that our present earth-life is all-important. It is here that we sow the seeds of our future condition, and here we work out the consequences of the past. It is here that our tastes and ideals are formed, our powers developed, and our course plotted. For this reason we say that nothing is so intensely practical, so desperately important, so imperative from every point of view, as the kind of investigation which is represented (most humbly) by these seances. Some mistakes and many limitations are to be found in them (and what human pursuit is not so?) - but we believe that right knowledge can be drawn from them, and that it is the most important type of knowledge accessible to mankind. All the sanctions of conduct, the destiny of individuals, and the cultural future of our race are bound up with it.

INNER CIRCLE WORK

We repeat here the ANNOUNCEMENT of the title page: Part VI of these seance memoranda will contain a summary of four experimental seances, in which an attempt was made to establish contact with a group of experimentors in London. The London medium was put under hypnosis and instructed to act as Control of Mark Probert in San Diego, and to deliver and receive code words. The experiment thus involved hypnotic trance in London, mediumistic trance in San Diego, and the cooperation of Guides, the hypnotist, and the sitters in both cities. Though the code words were not obtained, much valuable information was acquired; the conditions were novel and the way was perhaps cleared for more successful efforts in the future. The English medium also had an interesting (whether real or hallucinatory) experience with one of the so-called Saucers, or a space-craft of some description.

TRANCE LECTURE OF JANUARY 21, 1948.

PRESENT: Dr. and Mrs. Cosman, Irene Probert, Mr. Nelson, Meade Lajna,
Mark Probert (medium).

Medium speaking in a strong voice, with ceremonious manner:

1.918

"I am Trimalki. In the name of your God and of my God I give you greeting. I am Rajah Natcha, of the Punjab. When I lived in my earth life I was taught not to delve into what you call spiritualism, but since I have come to the astral world I have found all things different from what we suppose them to be... You can believe me when I tell you, that so long as man works with good will and love, nothing will harm him; I mean he need have no fear of obsession or possession. You who are undeveloped must all seek out the way which is best for you. That way will not be the same for each one... No, we do not really learn from the experience of others. Some facts we observe, yes, but the effort, the event must be lived out by the self. (Q). It was some 20-25 years since I came across to this plane. I find matters vastly different over here.. Time is what you make it ... (Q). Yes, I cannot possibly see any other mode of thought that has any validity at all (except that of the all-consciousness school). (Q). My English is good because I once spent a year or two at Oxford. It is indeed a great university, yet no better than any other, because what you get there is book-learning only. This does very well and satisfies man, until at last he discovers that he has a soul..!" The communicator continued for some minutes in a very rapid and verbose style of speech, mostly ethical and social reflections.

CONTROL: Lingford. (after long silence by medium).

"Humph! Well, it is said that silence is golden - but not always, not always! I think from what has been said on my side during the last ten minutes, it would be advisable to break up these meetings for a week or two. Everything has its limitations, you know. Meade, I wish you would drop your work and go out into the country for a while. You see, these last 4 - 5 years have brought a great opening up of the psychic realm. If you take on too much it will lead to trouble. This war has opened the way into the psychic life. Formerly the door was not so wide open; people could work with psychic matters a long time. I feel sorry to interrupt our meetings for a while. We have a new man in our group now. Yes, I refer to the Rajah. He is a very handsome man and has a fine intelligence. He will be back again as soon as the strain is relaxed. I think I'll go, there are others who want to talk."

CONTROL: Ramon Natalli:

"I can stay only a few minutes. A decision has been reached to suspend these meetings for a few weeks. Will you introduce me to this new man here (Mr. Nelson)? You have a very good education in your field, Mr. Nelson, and a very good mind. It would do you good to look into this field of study (psychism); you would attract men and women on our side who could help you a great deal. I think you are going a long way in work. (Q). Yes, I have taken a look at the new telescope on Palomar and it is something to make you shiver. They will believe me now as never before that of the galaxies there is no end - of space there is no end..!" (Q). The phenomena of the flying discs will continue and probably increase. And no doubt there will be some of your bold and devoted pilots who will pursue these

phantoms of the skies - very foolishly, of course. (Q). No, I have not heard the story of the flying man. (Q). No, we do not change our interpretation of the discs as we first gave it to you. They do come from the Etheric world. That does not mean my plane, or any world of spirits who have lived on your earth, and it does not mean any planet of your solar system. The Etheric world of their origin (interpenetrates) with your own. (Q). When we resume our meetings I shall speak more at length on materialization, which consists in bringing together particles of dense matter by the use of thought force.

F.S.
←
UFO₅

DENSER 1.919

"You are suggesting that the discs have their first material existence on our side, that the etheric prototype of them is only a thought-form, and that this thought-form acts to bring them into being in dense matter on our plane of perception?" asked Meade.

←
←
UFO₅

"That is exactly what I am suggesting."

(Q). "No, I do NOT see a war with Russia impending. I see a great deal of trouble with various countries. During the latter part of this year the great leader, Mahatma Ghandi, will pass on. Yes, I speak only of what I see. I do not see war written in what you call the Akashic Records. Now I must go."

CONTROL: The Polynesian Dancer: (Elaborate and graceful dance motions of arms and upper body).

"Yes, - I dance to the Gods of Nature. White man, he no pray to Gods of Nature - he too smart - so, he no get nothing."

"Do you think the Gods of Nature would respond to us if we invoked them?"

"Gods of Nature always have ear for man. But you get so good, so smart, you say, Plant just grow, tree just grow, put water on. But then come big storm, wipe all crops out." (Q). Yes, all well with me, all good for me. Have all tribes with me, have all beauty and all love with me. I go." God

CONTROL: Professor Luntz. He took control to give advice to Mrs. Cosman about her eyes.

CONTROL: Lao Tse. (Disguising his voice) "I bow to you. I come in as your Professor Luntz departs ... Now about this 'cancer fluid' of Dr. _____: it would be much better if I knew more about it and something about its ingredients, but the impression I get is, that it will not cure but will act as a retarder, to inhibit the course of the disease while other treatment is being applied... Yes, (since germs, bacteria, exist on the psychic level they cannot really be destroyed by medicines; they can however be destroyed by psychic forces, by mental means, and that is the only way it can be done. Their manifestation on the physical plane can often be restricted or destroyed."

GERMI

CONTROL: Lo Sun Yat.

"Well, it is nice to be back. I heard you speaking about your son, Meade. He is all right and You'll hear from him in a day or so. He is in good health but the climate is hot and the work very tiring.... It was perfectly easy to get the information for you. (Q). The real issue in Palestine and the middle East is not one of nationality or race, Jew and Arab and so on; it is the fact that untold wealth in oil and gold underlies the deserts of the peninsula. Man is not

interested in man, but only in power... In Northern Tibet also there are great deposits of valuable ore.... Man's struggle to exist will keep right on going. It is good that it do so..."

1.920

"About the experiments with C (England.) Have the place quiet, less light than now, no talking, no smoking. Leave the length of sitting to us, please."

The above refers to the attempt of an English hypnotist to send the mind of his subject, to take control of Mark P. and deliver a key message; then, if possible, to carry back another key message to him in London. Any significant results will be reported either in these memoranda or in other of the ML publications.

This series of seances began a year ago last September, ¹⁹⁴⁶ and have thus been going on for nearly a year and a half. This amounts to some 60 sittings, of an average of $2\frac{1}{2}$ hrs. each, or some 150 hrs. If only half the time of a sitting is devoted to actual conversation, we still have the respectable total of some 75 hrs. of question and answer. The five issues of Seance Memoranda make a total of about 160 pages - less than 3 pages to each seance, if one wants to figure it that way. Seventy-five hours of talk reported in 160 pages of print! The reader can easily understand from these figures, how brief and inadequate an idea the Memoranda actually give, of the total content of these seances. In addition there have been many clairaudient communications at odd hours, and a few short special sittings to meet urgent requests for assistance. Nevertheless, the Memoranda probably succeed in conveying the gist of the intellectual content of the conversations. But the feel of the friendly human personalities of the communicators cannot be recreated in print.

M. ROBERT
SEANCES

U = 21

SEANCE MEMORANDA from the

I N N E R C I R C L E

through Mark Probert, Medium

1.921

No. 6 -- January 29, 1948 through February 20, 1948 (BSRA 8-B)

This includes several attempts at psychic communication with a London, England group under the direction of Harold Chibbett.

Controls in the order of their appearance: Mrs. X the London medium, an Englishman, Mr. X (Lao Tse), a Kentuckian, Rajah Watcha, Lingford.

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THE MARK PROBERT SEANCES

January 29, 1948

Seance Memoranda #6

Experiment in cooperation with experimenter Harold Chibbett in London. It was proposed that Mr. Chibbett place his subject, a medium, under hypnosis, instruct her to go to Mark Probert and act as his control while he was in trance, and convey a key message as proof of identity. She would also be given a key message to carry back to Mr. Chibbett in London. Dates and key messages were arranged for four tests, and the messages or key words were deposited in sealed envelopes with V.H.G. (Winona Lake, Indiana). The key words to be given in San Diego thus were known to Meade Layne only; those to be given in London were known only to Mr. Chibbett. On receipt of reports, V.H.G. was to open the envelopes in presence of witnesses. The following is a transcript of the FIRST experiment only.

1.922

The fact that this was an initial trial of a somewhat novel experiment caused some tension of expectation on part of both mediums, and of other persons in both groups. This probably militated against success, and in fact was complained of by one of the communicators.

The San Diego controls had been consulted about this attempt in advance and had promised their cooperation.

PRESENT: Dr. and Mrs. Philip Cosman, Irene Probert, Katherine Townes, Meade Layne and Mark Probert, medium.

Sitting began 11:45 A.M. At 12:01 the medium went under light control, made hand gestures, returned to normal at 12:04. At 12:08 he complained of pain over the eyes, was apparently in normal consciousness but stated that he felt "there was difficulty because of expectancy". He said that he gathered this information clairaudiently, though not very clearly and definitely. He also said that "an attempt has been made to get here but the medium became confused and came out of it." At 12:11 the medium received a mental picture of a "blue-eyed, heavyset person wearing something checked" - did not say whether man or woman.

12:14 Medium under light control. "It's very draughty - there are cold draughts here". (The room was at 72 deg.). "What does perturbation mean" I heard someone say something about perturbation."

12:19 Control definitely established. The medium shivers with cold, huddles up, speaks in a woman's voice:

"It is so cold! I am so cold! So cold! I came across the sea. Cold! Cold!" (12:21).

The attempt was made to give encouragement and reassurance to this Control, which remained present until about 12:29, shivering and huddling but unable to talk clearly.

12:29 Change of control. Medium rubs his face vigorously, and speaks in a man's voice with a strong British accent:

"You know, blimey! the conditions don't seem to be very good here this afternoon."

"Do you feel cold?" asked a guest.

1.923

"No, it's not cold in here, the room seems quite comfortable, but you have so many other conflicting elements!"

"What are they? Are they on our side. Would you like to have us burn incense?"

"No," answered the control, "I don't think that would do a bit of good." (Long pause).

"Will you tell us who you are? Where do you come from? (Pause). "Is it warmer here than where you come from?"

"Yes, very much - very much."

"Are you one of us from our plane? Are you in distress? What is keeping you from articulating?" inquired Meade.

"It is a strain to hold onto things."

"Do you belong to us or on the other side?"

"I guess I belong over here."

"Are you a part of this experiment?"

"Some man -- some man -- is telling some woman, to go - to go to America - go, go, go! You people sitting around the room this afternoon, please don't try to put your mind upon what I am doing with the medium*. This is what is being said. -- I'm afraid that I got caught under the hypnotic spell myself."

"Can you assist this woman in coming here?" (Pause).

"I am in the States, eh?" (12:39, control departs).

Medium in normal consciousness until 12:45, but has the impression of someone saying "God bless America".

12:45 Control returns; medium again begins shivering; relaxes. At 12:49 begins yawning, yawns almost continuously until 12:51. Momentarily normal. 12:53. Control returns, medium yawns, puts head down on table to sleep, sits up and yawns; normal at 12:55. The room has suddenly become cold and heat is turned on. Medium smokes a cigaret. At 1:01, new control, "Mr. X".

(*It is probable, though not certain, that the words marked (*) were those of Mr. Chibbett in London, addressed to his group. It is extremely interesting to note the possibility of a sitter "getting caught under the hypnotic spell", obeying the instruction given the subject - and actually giving a better performance than the subject.)

CONTROL: Mr. X

"How do you do? Hm-mmm! You're having quite an experience here this afternoon."

"Do you know what made it so cold in here?" inquired Meade.

1.924

"The lady over in England, being under hypnosis and being sent across so many miles, mentally took the route she thought best, and crossed the water and brought a state of coldness with her. There was some difficulty but not too much with the acting mind."

"Did she reach us? Did she control the medium here?"

"She did, yes - to a small degree. The next time you have these meetings will you please try to arrange for absolute quiet. (question asked) It has not been as quiet as you think. (another question) Overhead, yes."

"Did the message of the lady come across?"

"To some degree - not very well."

"She did not express any message here?"

"All that yawning and stretching around by the medium was due to the woman coming out of her trance condition."

"Is the experiment over?"

"Yes."

"Who was the man who spoke to us?"

"This man - I do not know who he is. He doesn't seem to have severed the cord from his body. I do not believe he is what you call dead. His psychic body is much too alive and luminous. I do think that he was one of the experimenters. He acted as though he was asleep himself."

"Do you think the English medium has any recollection?"

"Yes, I think so."

"Do you think it will be possible for her to describe the medium here?"

"Wait, and I'll try to see." (1:06)

1:07 They all seem to be quite gay but they do not feel it was an entire success."

"Could we still get the key words across?"

"Not unless one of us tries to make the contact now. She is trying that now by holding the writing in her hand (specimen of handwriting of Mark Probert)."

"Will you try giving her the suggestion now?"

"I will try."

"I give you two words only - BURIED CROSSES", said Meade, "buried crosses. Crosses that have been buried. Buried crosses."

1.925

Control silent. Medium returned to normal at 1:17; still felt sleepy.

The phrase 'buried crosses' because it includes (a) a familiar, easily visualized symbol and (b) an unusual association ('buried') not too easily guessed. There was some noise in the apartments overhead, as the control complained -- The regularly weekly (Saturday) seances have been suspended for a month, by advice of the controls.

THE LONDON SEANCES

As explained heretofore, the experimenter, Harold Chibbett, in London endeavors to place a mediumistic subject, "Mrs. X" under hypnotic control; he instructs her to seek out the San Diego group to take control of Mark Probert and to deliver a key word or message, and if possible, to bring one back with her to London. The notes received from the experimenter Harold Chibbett are here reproduced in condensed form.

REPORT OF HYPNOTIC OPERATION "MAYFLOWER" held at South London home of Mr. and Mrs. W., Thursday, January 29, 1948. PRESENT: Mrs. X (subject), Mr. and Mrs. W. and their son N. and Mr. F.M. and Mr. C.

Procedure: Nature of the experiment outlined briefly to those present. Door closed and secured. Before placing Mrs. X in trance the code word Mayflower was told to her and to all present, this being its first disclosure. Mrs. X was seated comfortably, with a white light behind her; was tested for suggestibility and relaxation by raising and "flopping" the arms.

7:50 P.M. Mrs. X holds a piece of paper containing writing by Mark Probert as psychometric specimen; gets impression of man wearing horn-rimmed spectacles. (1)

7:55 Operator Harold Chibbett held the shiny surface of a powder compact slightly above and about two feet away from the subject's eyes, directed her to keep her gaze fixed on it, gave continued sleep suggestions. At 8:15 induced catalepsy in both arms, these becoming rigid upon request. Told subject to go deeper into sleep and that she could hear no sound except voice of operator. Subject agreed in a whisper. She was told to go to the San Diego circle but not to control Mark Probert until told to do so.

8:03 Mrs. X was asked whether she was there yet, but replied "no" in a faint whisper. At 8:04 said she did not know where she was. At 8:05 she was again instructed to visit San Diego and the address was given in hope that it might help. She was told to entrance Mark Probert and to announce herself as 'Pat' of London and to give the code word. The white light was then replaced by a blue one of low intensity, at ceiling.

Mrs. X was asked whether she was yet at the circle and replied "No", but that she was under an archway across a road (2); she felt that at one time this arch had been decorated with flowers or flags, and she felt a desire to dance. 1.926

8:06 Mrs. X was handed a photograph of Mead Layne (of San Diego Group) to hold, in addition to the paper written on by Mark Probert. At 8:07 Harold Chibbett asked everyone present to listen to him carefully and to amplify his words by willing Mrs. X to reach her destination. At 8:09 he asked whether she had made contact.

8:10 Mrs. X announced in a faint whisper that she thought she had contacted a group. Instructions as given at 8:05 were repeated. She was also told to give the code word Mayflower, and to get the San Diego code word.

8:15 Subject was informed that she would be brought back and that she would remember everything that had happened.

8:19 Sammy, a control, came through Mr. F.M. and said that Mrs. X wanted to 'go back.' He said that she was not to do so for a while but could try again later. (Note: Harold Chibbett does not tell us whether F.M. was in trance or not - M.L.).

8:21 Operator Harold Chibbett told Mrs. X he would count five, then she would awaken feeling refreshed and well. This she did.

(End of first attempt).

"When questioned", Harold Chibbett writes, "Mrs. X. confirmed that she had been held up by an arch over a roadway. It was undecorated when she saw it but she felt that at one time it had been hung with flowers and flags. She had wanted to dance under this archway. At the circle she thought she had visited, she had not seen any figures plainly, but she did see a man or woman nodding. Everything was indistinct and there was a hazy atmosphere. She was not aware of a room. It was felt that the medium Mark Probert was on a different 'vibration.'

8:29 P.M. "This time the control Sammy said that he would induce hypnosis from the other side. He left Mr. F.M. for a while and then returned and commenced proceedings much along the same lines I did. He then transferred control to me. I handed the photo and writing to her once more, with suggestions that she should revisit San Diego. But before I could do much more than inquire whether she had established contact (8:34 P.M.), Sammy came through again and said that W.F. had told him Mrs. X's respiration was weak, and that I should bring her back at once and awaken her - which I did (8:39 P.M.). Sammy re-established her breathing, meanwhile indicating by signs that we were not to tell Mrs. X how she had been put to sleep by him on the second occasion."

(End of second attempt).

"When again questioned, Mrs. X remembered this time going into a room, but didn't want to bring back a memory, although at the same time she knew that she must. Again she referred to the 'man in horn-rimmed glasses.' She wanted to say 'Mayflower' but did not know whether she succeeded in doing so. She was then called away, and felt that she might have done better had I not distracted her attention. Once again she felt as though she were a man. She thought there was a colored light (3) but couldn't remember what color it was."

Observations by operator Harold Chibbett: "All things considered I don't think the results were too bad on this first occasion, especially considering the strain Mrs. X has been under for some months, her lowered vitality, and the fact that I was suffering from effects of a bad cold. It seems possible that Mrs. X may have succeeded in at least attracting the attention of the San Diego controls, and perhaps in entrancing the medium. Mrs. X was unable to remember whether any code word was given her. When Sammy came through again at 8:45 I asked him whether Mrs. X had been placed in a deep enough trance. He replied that I was doing all right but that instructions should be given in a sing-song voice, slowly and repeated, and then I should keep silent until instructions were carried out. Mrs. X said the American medium had a very good 'vibration' Sammy added that the use of psychometric material (photo and writing) was valuable in establishing contact."

(End of comment by Harold Chibbett).

1.927

Transcripts of both seances were sent to Vincent H. Gaddis, Winona Lake, Indiana. Code words for four seances had previously been deposited with him. Reports and code words were opened by V.H.G. in presence of witnesses Feb. 6, 1948. Their report concludes with the words:

"Having read the reports we therefore conclude that the code words were not transmitted, though the test cannot be said to have been a complete failure."

(1) Horn-rimmed spectacles. Mark Probert does not wear glasses, but Dr. P.C. and Meade Layne (at San Diego) both wear them; neither uses the horn-rimmed type, but in each case they somewhat resemble the horn rimmed kind and might easily be taken for such. (3) The room at San Diego had the shades drawn; there was no artificial illumination.

Coincidence or discrepancy in time cannot be pressed too closely; the exact time difference between San Diego and South London was not figured, and there are also problems of 'delayed effects'. But Mrs. X was 'sent out' and 'did not know where she was' at 8:04, was under the 'archway' at 8:05, and thought she had made contact at 8:10. It was about 12:08 when Mark Probert received a clairaudient impression of 'difficulty because of expectancy' and of an 'attempt made to get here but the medium became confused and came out of it.'

At 12:19 the Mark Probert control complained (woman's voice) of the cold which came from crossing the sea. It was at this time that Mrs. X 'wanted to go back' according to the London control 'Sammy'. Allowing a flat time difference of eight hours, the two time schedules show a reasonably close coincidence for most features of the two sittings.

Observation by operator Harold Chibbett (London): "The communicator who thought he might have been 'caught under the hypnotic spell' might be F.M., who was dodging in and out of his body during the experiment." "It seems likely that if you hypnotize your medium it will be easier for Mrs. X to take control. Longitudinal mesmeric passes might release him sufficiently...the deeper the trance is, the better. I have my doubts as to whether there is any actual spacial transfer of vehicles - might be merely a question of change of vibration or 'wave-length' - I don't know sufficient, anyway."

The foregoing observations by Harold Chibbett come remarkably close to the later pronouncements of the Mark Probert controls. These have stated repeatedly that if very deep trance could be induced in both mediums the chances of success would be very much improved. They also asserted that genuine contact was actually established in this first experiment, but that it would be more accurate to regard this contact as mainly telepathic in nature. The San Diego experimenters have always been reluctant to employ hypnosis, in any of the work carried on by them, and the controls have approved of this attitude. As an alternative the controls suggested (Feb. 20) that each medium be allowed to enter trance in a natural manner, without any hypnosis at all, and without having any group present - except for a note-taker, who would do nothing except to record everything said by the medium while in trance. This, the controls believed, would get rid of the pressure of expectancy and the various psychic factors arising from the eight or ten other persons involved (counting the groups at both ends); see seance of Feb. 20 on this.

1.928

The distinction between "an actual spacial transfer of vehicles" (H.C.) and a telepathic contact -and/or an extension of consciousness, or change of focus of awareness, seems likely to prove verbal and hypothetical only. The maxim obtains: "You are where your consciousness is" - for if not, where else? - and what is meant by you? It is very helpful to speak of the AKA cords, or of rays and vibration rates, or of a kind of pseudopod of consciousness thrusting out across 'space' - and also, in similar cases, of the actual spacial transfer of an etheric, astral or mental vehicle or body in which the consciousness is functioning. But this space itself seems to be reduced, for our finite minds at least, to a change in mode or form of consciousness (a familiar philosophical idea). I think this room, and so say that I am 'here'; but if I can think a hermit-cave in Tibet, with the same clearness and completeness of attention, then I am 'there'; moreover, I can be partly here and partly there at the same time, or pass back and forth with a timeless rapidity. This also is familiar ground to the occultist, but it may help us to avoid creating fictitious issues about what 'actually happens' when an incarnate entity starts travelling from one 'place' to another. Perhaps it would be better to call it tele-sentience and let it rest at that!

I shall now proceed to set down, in somewhat abbreviated form, the report of the London operator Harold Chibbett covering the second experiment, February 5, 1948. This experiment consists of two separate attempts to reach the San Diego group, and the first of these includes a remarkable 'experience' of the medium in connection with one of the so-called flying saucers (Lokas). One or two points should be made clear with respect to this. (1) The London experimenter Harold Chibbett is not to be regarded as accepting the experience as either veridical or hallucinatory, in his own critical opinion, but acted correctly in temporarily accepting it at face value in dealing with the medium and her control. (2) Mr. Vincent Gaddis also raised the question of hallucination but does not commit himself to an opinion. (3) The controls of Mark Probert, at San Diego, when questioned about the matter, expressed the opinion that the experience inside the disc was in the nature of hallucination, induced by reading and speculation leading to autosuggestion. They do not, however, say positively that such was the case, and there is no evidence that they were aware of the medium's experience at the time it occurred. (4) Under these circumstances it would be very presumptuous, to say the least, for the Editor of these reports to pass judgment on the incident. The reader is invited to form his own opinion and to contribute any pertinent data which may come his way.

REPORT of Hypnotic Operation SHOE - N.W. London, Feb. 5, 1948

Five persons, operator, and subject present. Psychometric specimen (Mark Probert writing) given Mrs. X., also code word SHOE, and instruction to undo the medium's shoe if possible and leave it on the floor. Medium told to relax, think of San Diego; sitters to do the same. Medium to look at operator's eyes, etc. Catalepsy induced in arms. Under control at 7:52 (11:52 S.D. Time). Instructions given to contact Mark Probert, control his body, say the word shoe and report to Harold Chibbett when she has done so.

1.929

8:00 P.M. (12:00 S.D.): Mrs. X (whispering): "Operator contact - Operator 236 - air pressure below standard. (Pause) 'Oxygen!'" (Sitter F.M., under control, regulates breathing of Mrs. X). "Return to base. A psychic matter now! Keep in touch. Still in touch ... Operator 50 ..." (incoherent).

Operator: "You have all the air you need now, the oxygen is turned on."

8:04 Mrs. X: "Listen ... come nearer ... pressure greater ... contact 356 ... Returning to base..."

Operator: "Where is this base?"

Mrs. X: "Stratosphere ... it chokes."

Operator: (Not liking sound of all this) "Listen, I am going to bring you back."

Mrs. X: "Not yet. (pause) It makes my hands cold. (Hands were very cold). It's like acid!"

Operator: "Where are you?"

Mrs. X: "In a flying saucer."

Operator: "Do they know you are there?"

Mrs. X: "No."

Operator: "If you want to be brought back, squeeze my hand."

Mrs. X: "It's getting colder."

Operator: "Can you describe the saucer?"

Mrs. X: "I am inside ... It is like a big round room ... creature like I saw before ... others like an egg shape ... flabby looking creatures ... big eyes, webbed hands."

8:09 P.M. Operator: "Did you contact the saucer on the way to San Diego?"

Mrs. X: "It is just outside the earth's atmosphere ... I tried to avoid it but there was a suction ... "

8:10 F.M.'s control Sammy: "Bring her back, quickly." (Mrs. X awakened at count of five.)

MRS. X's OWN ACCOUNT:

1.930

"I seemed to be going higher than last time. I felt myself in a whirlwind. I imagined that I was swimming in water but there was no water. I tried to swim out of it but I was sucked higher and higher. I appeared to see something (or be) in a cone ... a huge round thing with a man at the controls. He was the same kind of man as before (referring to experience in November 1947) but with a helmet. All round the sides of the cone were holes. The egg-shaped creatures were putting something into those holes.

UFO
OCCUPANTS

"My hands were stone cold. A retort (sic) was heard (or felt) ... there was something about returning to base and something about operator 50. Something about pressure zero; something about bringing back a sample. (Note taker gathered that these were impressions of thoughts picked up by Mrs. X from those inside the Saucer). The word 'Contact.' Someone calling operator 50 to 356.

"There was one man in the saucer; other creatures were egg-shaped with two legs. They appeared to be smaller than the man. They were filling the holes (or tubes) at the side of the saucer - seemed to make it go faster. I had the impression of movement at first, then realized the impression was of movement so fast it could not be conceived. They were talking about the base of the stratosphere."

"Did you see any other objects?"

"No, I did not see any other saucers. I was choking all the time."

"Can you give us any idea as to the size of the man?"

"Yes, about twice the size of Mr. F.M. (F.M. is broad, thick-set, about 5'8"). The egg-shaped creatures were smaller than D.M. (slighter than F.M., but about same height). These creatures have a face but no neck - gave me the impression of Humpty-Dumpty. They had big eyes. No clothes but consisted of a grayish substance. Their feet were webbed."

UFO
PEOPLE

"Was the floor flat?"

"It looked round (curved) but wasn't, as I stood easy on it. I observed from a platform higher than the others - a gallery. I held onto a bar. There were no windows, only these holes in the side."

"Did you sense whether they were friendly or not?"

"No."

"Would they have caught you if your presence had been known?"

"Yes. The man was the same as the others I saw last time, but with a helmet. There were instruments all round the walls, dials etc. I don't know how I was able to understand their language."

SECOND ATTEMPT TO REACH SAN DIEGO

Control of sitter F.M., speaking to operator: "Keep her closer to earth this time and speak louder." (Unual procedure ensued).

8:30 P.M. Mrs. X in deep trance. Instructions given as in first attempt.

8:34 Mrs. X: "I can't find him."

Operator: "Where are you now?"

1.931

Mrs. X: "Under an archway, the same as last time. It gets in the way."

Operator: (to sitters) "Everyone try to help her under the arch."

Mrs. X: "I have been here before."

Operator: "What is holding you?"

Mrs. X: "I'm trying to remember."

Operator: "Something about last week?"

Mrs. X: "No."

Operator: "About a previous life?"

Mrs. X: "Yes."

Operator: "Can you get past the arch?" (instructions repeated).

(The Mark Probert controls stated later that the archway was a memory of a former life, with pleasurable associations, so that she wanted to dance under it and was reluctant to go on by).

8:40 Mrs. X says she has contacted someone after she has been handed Meade Layne's photograph - gets the impression of a man with no glasses. Says, "I can contact him ... but cannot control. His vibration is different than mine."

Operator insists that she contact the medium and give the code word.

8:44 F.M.: "Mrs. X's Guide says you are to bring her back."

8:45 Subject awake. 9:10 subject normal.

MRS. X'S OWN ACCOUNT:

"I got stuck at an archway. I feel that the arch is necessary to remember, for something to come -- perhaps in an experiment. I felt I was in a room after you gave me the 'photo'. I seemed to go to a man but couldn't control him. He was about

my own age (43-44). He has a nice face. No details that I could notice. I looked for the medium whom I think I found. I felt that I traveled through a man and heard sounds that were very jumbled such as grunts, oh's, ah's, etc. I felt myself stone cold and asked to come back. I didn't hear any more. It was not long enough. You must not send me to sleep in that same way again (by clapping hands), that system is too fast."

COMMENTS BY E.F. (Mrs. X's Guide):

1.932

"Mrs. X was caught up that first time in an unaccountable whirlwind. It is the suction from these flying saucers."

"Are they trying new weapons?"

"That is how they are experimenting."

"But they do not interfere with wireless waves?"

ATOMIC UFO PURPOSE

"They would if they came too close ... These creatures would be friendly if left alone, but if attached they would naturally retaliate. If a saucer landed it would cause a devastating explosion. These creatures don't know their own strength. The flying saucers are seen in the United States because of the dense concentration of Uranium ... the substance put in the holes in the saucer is called Facillinite and Uranium is strongly attracted to it. The suction is created by its use. Mrs. X was attracted to the saucer because of the radium content of her body." (Note: She has had many operations which necessitated its use).

URANIUM

URANIUM

The control of F.M. reported that he had made a protective sign when Mrs. X had been told to return. This had materialized in the saucer and had been found by its occupants. He also said that the plane over Kentucky (Capt. Mantell) had been brought down by a ray gun.

MANTELL

Memoranda by H.C.:

"Like acid": probably "facillinite". "Putting something in holes": presumably "facillinite". "Sample": of atmosphere, creatures, or what? "Filling the holes": stokers? "Facillinite" -- "base of stratosphere": this might be our 'top' -- "Webbed feet": water creatures? "Archway": this held her up before. Any significance your end? May relate to an incident in one of her past lives, in some place en route. (Mark Probert controls confirmed this conjecture. ML) "Devastating explosion": I seem to remember reading something like this elsewhere. (The statement clicks pretty well with various items of alleged information received from controls and thru other psychic investigations in San Diego. ML)

"Facillinite": Phonetic spelling, of course, Its alleged property seems to be that it attracts Uranium and Radium. If so, it could be used as a means of propulsion, by using base and lateral shutters. Since the mass of the saucer is so

much less than that of the earth, the saucer would be drawn toward the earth and not vice versa. The windless storm in the Atlantic might have been caused by the action of this substance on Uranium deposits in the sea bed. Re the plane over Kentucky - any information your end?" H.C.

1.933

End of London report - Comments for 2nd experiment, February 5, 1948, called Hypnotic Operation SHOE.

In these first two experiments no code words have been received, and little attempt has been made to give them in San Diego, for the reason that no entity seemed present who could or would try to convey them. Nevertheless, as has been stated, the San Diego experimenters believe that contact was established in the first experiment. But apart from the main objective, much has been learned - apparently by the controls also - regarding the complicated condition involved in the use of hypnotic plus mediumistic trance. We ask our readers to remember that these reports or Memoranda are published seriatim, and not as a critical and completed study of a psychic experiment. P.C. and Meade Layne at San Diego do not have the time or facilities to handle this data properly; it has to be presented in the rough, for whatever useful purpose it may serve -- The London account of what happened at experiments III and IV is not yet at hand, and the San Diego report of experiment IV also has not been published. ML

San Diego - February 5, 1948:

PRESENT: H. W. McQuinn, Meade Layne, Kathryn Townes, Irene Probert and Mark Probert (medium). Second of series of seances trying for control by a hypnotized subject in London, with key messages.

Medium says, he feels that London began early, at 11:45. At 11:58 medium feels very tired, sleeps a few moments; is normal at 12:00. From then to 12:10 he laughs repeatedly, asserts that he feels the presence of "humorous influences". At 12:15, gets the name Laura, or Laurie used as affectionate diminutive. Control momentarily present at 12:17. At 12:23 medium gets the name Sadie. At 12:24, get the French word l'amour. At 12:55, siki (pronounced see-kee), and impression that it is Hindu. At 12:29 says control has been here once and will try again at 12:30. At 12:30-12:32 a control was present, did not speak. At 12:36 a foreign control, unidentified Oriental language. Medium ceases to speak, but for some time holds his left arm above elbow, with right hand, as if in pain. Foreign language, unidentified; will not reply to questions.

12:28 Control Mr. X: "Good afternoon. Your trouble, I can see now, is it would be almost impossible for a living mind to speak through another living mind. Actually, what would take place would be an automatism. The living mind of a hypnotized individual cannot enter in and control in an adequate manner. What is necessary, is that the medium here be hypnotized and set apart from his body. It would have to be an outward hypnosis and not one produced by suggestion of himself. Do you understand?"

"Do you mean that this experiment is impossible as we are attempting it - that the hypnotized subject cannot act as a control for this medium here while he is in trance?"

"Yes. I mean she can reach and impress words on his conscious mind but she cannot speak through him."

"Do you mean that clairaudience with the medium fully conscious, would be better?"

"Very much better."

"Do you think the woman reached the medium?"

1.934

"Yes, we feel that she did."

"What is the situation at this time?"

"The situation as I see it over here is her inability to break thru the barrier and hold it to any lengthy extent."

"You mean, the barrier at this end?"

"Yes, to an extent, but more that she wanders off the course; she gets so far and no farther and cannot hold it long enough."

"What is the root of that trouble?"

"One reason is, the medium sitting here is not in enough of a trance. The trance is not deep enough so that she can make a clear and direct contact. That requires the deepest trance, and that can be brought on only thru outward hypnosis."

"Both mediums should be under hypnosis?"

"Yes. You see, too much of the medium's mind here acts as a barrier to the approaching mind of the medium from London."

"Didn't her mind speak thru this medium at our last meeting?"

"Yes, the mind of the medium in London got through but the psyche of the body did not. I don't know that that is clear to you. It is very much along the line of telepathy instead of direct control. You see, even though you may feel such work as this is mental, it is also through the physical very much, because the physical has to be controlled. That man who took control last time was very likely a sitter at the meeting in London."

"Was that telepathic or did he make the transfer?"

"No, he did not make the transfer; telepathy is more likely it."

"But this man spoke to us about the weather here being warmer than in London."

"There is much about the mind we do not understand. Knowing what the weather is in London, and the mind assuming that it could sense cold outside of itself, it was immediately open to the suggestion of the weather when it made mental contact with this medium. Telepathic control is much more amenable to suggestion than a complete entity control ... I see you do not understand. I beg your pardon."

"Could we arrange this experiment on a telepathic basis? Would you suggest using hypnosis in England and having the medium here receive by clairaudience?" (Medium somewhat disturbed).

1.935

"She is coming out of her condition now and it is having a similar effect upon this medium, although I have him under control now. Yes, I think it would be much more feasible to try the telepathy."

"What about the names received here at the beginning of the sitting?"

"Those were telepathic. I do not know if they are names of people in England."

"We shall leave the details of the next experiment to your judgment."

"You can always expect at least a certain amount of control when you try for this work, because we will always be interested and will make an effort to come through from time to time, but when we do not, do not become impatient, for you are dealing with something altogether different from what we are accustomed to."

"Has not this been tried before?"

"Indeed, many times. It has been a practise both in India and China and in other countries by adepts and teachers and advanced students."

"But there should be, then, some recognized technique that works."

"Excuse me a moment." (12:55 Medium yawns, stretches, then control changes)

(Desultory conversation with the Controls, of which no stenographic notes were taken, somewhat clarify the situation. It is said that the hypnotized subject is projected in her finer body - astral or etheric vehicle - there is an actual spacial transfer. The corresponding body or vehicle of Mark Probert, however, is not dissociated from his dense body, and this fact prevents the foreign control being established. It was said that the vehicle of the English medium was "too dense to take possession of Mark's body, unless Mark's own corresponding vehicle was withdrawn." This could be accomplished only by "outward hypnosis" (i.e., by an operator here), or by getting Mark Probert into a very deep trance by any other means, after which the controls would be able to effect the dissociation, and so clear the way for the English control to take over.)

"In his statement about the frequent use of similar means of communication, in the Orient particularly, it is likely that the "X" control did NOT refer to the precise form of this present experiment, which involves both hypnosis and mediumistic trance and requires assistance at both ends and on both planes. The successful methods are probably much simpler. At present writing reports from London have not yet been received, but it is not too early to point out that much has already been learned and a wide field of experimental work opened up. In comparison with this, the success or failure of the project of conveying messages back and forth has already become of minor importance.

It should be noted that the medium Mark Probert for some reason failed to enter trance, except momentarily, until after 12:30, whereas the English medium

should normally have been under control of the hypnotist by 12:15. She may have found Mark Probert in full consciousness and have been disconcerted, or without instructions what to do in such case. Comment at this point is speculative, however; we merely ask our readers to remember that this is a running account and not a write-up of a completed experiment.

1.936

At the time last indicated, 12:55, the usual Shakespearian relief character made his appearance. The medium yawns, stretches, his face and posture change, he tips back in his chair, slouches awkwardly:

"We have never seen you here before. Who are you?"

"Ain't been here before. Calls me Ebenezer, she calls me. Me mother, I mean."

"Where are you from? Where did you live before you went over there?"

"Come from Kentucky. Ain't never lef it. Ain't never even took me into the draft."

"Have you been over there very long?"

"Kentucky? Sure. Been here most all my life."

"Do you know where you are now - what you are doing now?"

"Say, who are you-uns, anyhow."

"Have you ever heard of spiritualists? You are speaking through another person, through a medium."

"Ain't talkin' through no one."

"Do you realize that you don't live over here any more?"

"Sure do! Live in Kentucky still! Sure do! Ain't never lef it."

"What is your mother's name?"

"Elizabeth! Hey - what you-all questionin' me fer?"

(Explanation was made to the control, about speaking through a medium, etc.)

"Well, ain't never knowed I could do this before!" (1:00 P.M.)

Our understanding is, that communicators of this type are allowed to take control occasionally, partly because it is often an enlightening experience for them, and partly to relieve any tensions which may have been built up in the circle.

SEANCE OF FEBRUARY 5 continues 1:24 P.M. - New Control:

"Good afternoon. I am Raja Natcha. I see you have a bit of rain this afternoon. Something prayed for, something sent! They told me you brag about the sun-

shine in your country, eh? Sometimes the things we brag about turn around and sicken us with too much of them."

1.939

"If we had the worst climate in the world," said Meade Layne, "we would brag about it's being the worst. Such is human nature. Have you heard any part of our meeting today?"

"Yes, indeed - I was just about to mention it. There is not a great deal more I can say than you have heard from your esteemed friend you call Mr. X. The substance dealt with from a living control is vastly different from that of one who has passed over to this side."

"Are you referring to the projected double of the medium?"

"Yes."

"Is this substance more difficult to deal with than the etheric or astral body of an excarnate person?" asked Meade.

"Yes - a great deal more difficult."

"Is that the source of the trouble then, a vehicle of matter too dense to be handled in this way?"

"I concur with your friend that the astral body of the lad here present as a medium would have to be entirely set aside through hypnosis - or possibly we could do it by inducing exceedingly deep trance."

"The hypnotized medium could then take control?"

"Yes."

"You think telepathy, with the medium here normal, the best means?"

"Yes."

"If you have anything to suggest about the procedure we would be grateful."

"There are some parts to this that would have to be considered. I would like to have a little further talk with your friend Mr. X. Before I go this afternoon I would like to ask your friend there, Mr. McQuinn -- Good afternoon, sir -- I would like to hear a word or two from you, if you have something to say."

"Do you feel that this work is conducive to a successful end, or will it culminate successfully in a telepathic experiment?" asked Mr. McQuinn.

"Yes, I do. I think that this is a great experiment and by all means should be carried through to its end, whatever that may be. The success may not be flaming, may not be extremely brilliant or even particularly good; nevertheless it is something that has not been carried on by your western minds."

"We learn much from our failures," remarked Meade.

"That is one of the sources of learning in all attempts in life. It is not through the successes so much as through the failures. I am laboring under the idea that you, Mr. McQuinn, are not entirely in favor of spiritualistic work. Am I right? I believe that you feel that such delving into the astral has a tendency to hold back or in some manner detain the advancement of the soul, eh?"

1.938

"I am open-minded, but you have sensed possibly a bit of conservatism on my part, in that my quest is for the truth as coming directly from the center of my own being. But I enjoy the friendship of those seeking the same goal. What do you have to say?" stated Mr. McQuinn.

"It seems to me that many of the teachings of my people, and also those of China, and I would go so far as to say teachings all around concerning the secrets of life are more than slightly askew. To be a seeker of the truth, sir, is a noble following; no soul is capable of retrogression or of being detained, except it finds reasons within itself for such action. And if it finds this reason, it is most necessary that it either retrograde or be detained, because it is evident it has not learned the things most necessary for its advancement and its understanding of physical life. Being born and living for numerous years on the earth plane, man is more or less lost to the knowledge of his soul. He merely hopes he has a soul. It is only after years of seeking, of study, that we find not that we are sure we have souls, but merely that the hope becomes predominant. Approach life with clearness of mind and courage, and the knowledge within your heart that all that takes place is good for your advancement on your particular road. Do I make myself clear?"

RETROGRESSION

"What then is the goal of existence?"

"I do not know what your goal is; I can only know what mine is."

"Could you tell us?"

"What good that would do, I do not know either. All I know is, that man should advance his mind. But in advancing the mind do not neglect the body, because when the body is under stress the mind is distracted no end."

"May I ask a somewhat personal question?" said Meade. "You were a man instructed in the religious and philosophical learning of your race, and in the culture and knowledge of the English universities. Tell us this, if you will. Did all this knowledge give adequate preparation to your mind, for your after-death experience?"

"My teachings were unusually good, for my time, in religious and philosophic matters. I can say that they prepared me at least to meet the unexpected with tranquility."

"Then, there was much which was unexpected?"

"So much! So much! Life beyond earth is NOT what we are being taught - not even by the spiritualistic movement."

ASTRAL LIFE

"If this is true, can you tell us where right knowledge may be had?"

"I do not know. By that I mean, I do not believe such knowledge can be ade-

quately and properly expressed. Were I to say, for instance, 'Just picture that I am a Force' - does that convey anything to your mind?"

"It does not, of course, convey any image or picture," replied Meade.

"So you see, with all teachings..." (i.e. an illustration of the general difficulty). "While I was in the body still, I went through many projections of the psyche from the physical."

"Did not that prepare the way for future experiences?"

1.939

"Not entirely. It is most difficult to express. Being out of the body in that manner is much the same as being in."

"Nevertheless, some of us at least are extremely anxious to get a correct idea of after-death conditions, so far as that is possible to our level of understanding."

ASTRAL HUMAN FORMS
→
→
→
ENERGY BODY
"You, it seems, are led to believe, because of what you have seen and heard of persons making themselves known after death, that that is the way they are. But that is NOT the way they are. By that, I mean they are not forms. We do not travel around in form. We travel around as an energy, a shapeless energy. It is only when we wish to make ourselves known to those who remain behind that we assume physical form for them to see."

"Is that true on ALL the planes of your world?" inquired Meade.

"NO!"

ASTRAL FORMS
→
→
"Is it true that forms are habitually employed on what we sometimes call the lower astral?"

"Yes, that is the only place where a form is necessary."

"You are not conscious of having a form, on your level -- but you are conscious of surroundings - environment?"

ASTRAL ENVIRONMENT
→
"Yes. But I do not know how to express environment. It is like having a world around one, only if you desire it so. It most resembles, if I may say so, a sound sleep coupled with consciousness, with awareness." (i.e., probably like the waking-sleep of meditation, or trance in which the body sleeps while the mind is fully active. M.L.). "Is that at all clear to you?"

"Partly clear - but it does not clear up the space concept," said Meade.

"Yes, I can readily see that. That is the trouble of living in the physical body - the mind becomes unable to conceive of anything outside space and time."

"Do you recognize what we might call different degrees of reality?"

ILLUSIONS
"To the uneducated mind, anything that appears to exist outside itself is 'real'. But in another state of consciousness you do not need these outward illusions. Illusions, however, are to be dealt with on all planes. But the term illusion is not

TRUTH

sufficient to express the truth" (i.e., to differentiate it). "because (there is no actual way of separating the illusion from the so-called "reality") - on account of the awareness situation." (This, of course, exactly expresses the situation on our earth-plane also. M.L.)

TRUTH

"Is this true on your present plane also?" inquired Meade.

1.940

"Yes."

"You are not able to say, in effect: 'That mountain over there is my thought-form', or 'it is a reality apart from my thinking'. It is impossible for you to make that distinction?"

TO CREATE ENVIRONMENT

"It is impossible for this reason: you have to reckon with the fact that you may be seeing the building, the outward construction of other minds." (i.e., the seemingly objective mountain would still be a mental construct, though not of one's own personal making. M.L.)

TO CREATE ENVIRON.

"But do you recognize existents created by the Cosmic Mind, and hence having a kind-of final reality for that reason?"

COSMIC MIND

→ "The Cosmic Mind being a ^{SUM} combination of all consciousness everywhere present, can be and is observed by everyone, and this leads them to believe that what the so-called Cosmic Mind paints is "reality"; but it is no more "reality" than if a single mind painted and projected the picture for you to see."

TRUTH

"In respect to gaining right knowledge - is this kind of work, on the whole, a good way to get the knowledge we desire?"

"This is a fine way, as you say, on the whole; but I warn you it is also in the illusionary field - so be careful as you tread."

("You mean we should make allowances that communicators may be reporting personal experiences and thought-forms, rather than anything more universal or substantial?"

PERSONAL TRUTH

"Yes, that is where man stays in his confusion. It is not to be held against him. It is only to be wondered that he advances as far as he does."

→ "Is there any better way of gaining this knowledge?"

"Individually, yes. By meditation." ←

T.M.

"But that is almost impossible for the average westerner."

"This sort-of work (spiritistic), as well as your meditation, is fortunately not in everyone's field. Knowledge comes only to those (seeking); it can be found on any plane. But should anyone tell you he has found ultimate truth, give him his hat and say goodbye." To SEEK

→ "Butler said there is no source of error like the pursuit of absolute truth." TRUTH

"That is absolutely correct. The Chinese have a peculiar Art, of making ivory balls within balls, and the western mind thinks it is a cute little trick. They do

SELF WITHIN
not see the esoteric teaching... These things have been carved throughout the generations; the Teachers made them principally to show that all planes blend into one another. To seek truth on the outside plane, the outside ball, and to look no deeper, tells us nothing. All is within. All teachings hold to this."

"And what about free-will?" asked Mr. McQuinn.

1.941

HYPNOTIC SPELL
FREE WILL
→ "That question ... depends on definitions. Free will depends mostly on the strength of desire. The effect on the mind of mass consciousness and hypnotic illusions is to be reckoned with ... whether you act or refrain from acting depends on your response to the hypnotic glitter. The problem of your advancement is that of getting rid of the outer state of hypnosis - that is the progress in 'freedom', or 'free will'. It is getting difficult to hold on any longer. I shall bid you good-afternoon." Control Withdraws (2:02 P.M.)

REPORT OF HYPNOTIC OPERATION of February 13, 1948
South London home of Mr. and Mrs. F. J. W.

PRESENT: Mrs. X (subject); Mr. F.M. (subject). Mr. C (operator). Mr. D.A. (note-taker). Mr. and Mrs. F.J.W.; Mr. N.W., Mr. Fielding, Mr. and Mrs. Helmore, Mr. Hunt, Mr. Clark, Mr. Pow.

PROCEDURE: On similar lines as before, except that two subjects were used. After commencement, nobody was permitted to leave the room.

All details taken from verbatim notes.

7:25 P.M. Before entrancement, Mrs. X was handed a photograph of Meade Layne of San Diego. She held this in her right hand. Mr. F.M. held some of Meade Layne's writing in his right hand. While Mrs. X was being hypnotized, Mr. F.M. gave off impressions received psychometrically from the letter in his hand.

"From this paper I sense a tall man, fair hair, very wavy, 6 ft. odd in height. Something wrong or some trouble with his right foot or leg. He is sometimes very serious but can be just the opposite, very jovial. I sense a large letter H. He doesn't smoke cigars as Americans usually do, but smokes a pipe instead and emphasizes with it, pointing like a gun. There is an orange light. With the tall man I sense a little woman with straight black hair. There is a badge in the man's lapel. He bends to tap his pipe but drops it."

Operator to Mrs. X: "You are now under my control. Sleep - sleep." (Usual suggestions given).

7:25 P.M. Code sentence 'Hands across the sea' given to Mrs. X and she is instructed to proceed to San Diego, and to wait.

7:30 P.M. F.M. is already under hypnotic influence, evidently having accepted the suggestions given to Mrs. X.

7:32 P.M. Operator to group: "You are all to relax. Do not be tense." (Deep-sleeping signs given to both subjects).

7:40 Operator to Mrs. X: "You are to keep close to earth this time. You are to go to the circle at San Diego and contact the original of this photo, Mr. Meade Layne. When you have done this you are to return here to me, or rather, contact me."

(Instructions by Operator to F.M. to relax - and as already given to Mrs. X - and to contact Mrs. X).

7:46 P.M. Mrs. X to Operator: "F.M. has got a job to keep up with me."

Operator to F.M.: "You are to keep up with Mrs. X."

1.942

F.M. to Operator: "Chosen people".

7:47 P.M. Mrs. X to Operator: "I got too low. My dress is wet. I'm outside the door. There is something on the carpet. My dress dipped in the sea and dripped on the carpet. My dress is wet round my leg."

(Mr. X (husband) investigates, says that the back of Mrs. X's dress is wet. Operator examines but is not so sure.)

7:50 Operator to Mrs. X: "Is F.M. with you?"

Mrs. X: "I can't see him."

Operator to F.M.: "Are you with Mrs. X?"

F.M. to Operator: "Pearl barley for breakfast. Try it."

Mrs. X to Operator: "Medium at San Diego is under control. He is talking. Someone else is in control, a man."

Operator to Mrs. X: "Can you project your thoughts through him?"

Mrs. X, crossly: "I'm trying."

Operator to group: "It may be that F.M. is controlling the medium."

Operator to F.M.: "Try to sing 'God Save the King'."

7:55 P.M. Mrs. X to Operator: "He is out, I am going in."

(Operator instructs Mrs. X - Mrs. X breathes heavily and murmurs "Ocean".)

Operator to Mrs. X: "Is this their code?"

Mrs. X: "I can hear ocean. I'm warmer tonight - much warmer."

Operator to Mrs. X: "The code - get that over."

Mrs. X: "It seems funny, my being here."

Operator to Mrs. X: "Have you met F.M.?"

Mrs. X: "Of course I have. Why shouldn't I?"

7:56 P.M. Operator to F.M.: "Can you see Mrs. X?"

F.M.: "Of course."

Operator: "Did you deliver the code and sing 'The King'?"

F.M.: "I don't know!"

Mrs. X to Operator: "I'm making it uncomfortable for him" (meaning Mark Probert).

Operator to Mrs. X: "Can you see through his eyes?"

Mrs. X: "No. It's like dream."

Operator: "Have you given the code message?"

Mrs. X: "I have done my best."

Operator: "Try once again. I'm going to bring you back."

Mrs. X: "I'm sorry about the carpet; I couldn't rise."

Operator: "That was because I told you to keep close to earth."

(Both the subjects were awakened at this point. Then F.M. is briefly controlled by some entity who says only 'Indigo blue'. This reference is not understood. F.M. is then controlled by 'Sammy', who says:

"Hullo! I think a bloke came here and took control. I saw a cord-connecting to people sitting there (at San Diego?). I saw the color. Funny word - don't know what it meant. He was here some while. I saw another bloke here, too."

Operator to Sammy: "Was it successful?"

Sammy: "Yes. But leave 'em alone once they're off - don't bring 'em back."

Operator: "What about the water on the mat?"

Sammy: "It dripped from her astral clothes. She wears these when on astral travel and in company. Otherwise none are worn at all. If you could see this boy (F.M.) you would see that he was wearing clothes like those he used to wear when on earth before."

(Memo: Sammy conveyed that Mrs. X's impression of getting her skirt wet from the ocean may have been due to the fact that she passed stages of vibration which shimmer like water, and her thoughts along these lines actually created the water - Operator).

Sammy: "There were two people here, one a fair-haired man with a complexion darker than the other. This other had dark hair brushed straight back over his head. He was tallish, pale and sallow. There were writing implements in his waistcoat pocket. He was dressed in a dark suit. A small girl brought the men along ... she

was leading the fair-haired man ... Regarding the sign made last week in the flying saucer, the symbol was found by the little people, who reported it to the big man. The small ones wouldn't walk past it. The small ones reflected the feelings of the big man." (Sammy referred to the conventional drawings of the war lord Mars, complete with helmet and skirt, and asked whether we did not draw a comparison between this artist's imaginative conception, and the dress of the man mentioned in the accounts Mrs. X's visits to the saucers).

1.944

MRS. X'S OWN ACCOUNT:

"I remember leaving this spot. I kept low -- too low in fact, because I found that my dress trailed in the sea water. I came back to the outside of the door of this room and the water dripped from my skirt onto the floor. I remember that F.M. couldn't keep up with me. Then he seemed to be pushing me, and then I seemed to be pushing F.M. I thought I found the right house and the man (Mark Probert). He was already under control but I don't know who was controlling him. I remember hearing this control saying the code. I couldn't see F.M. I felt nice and warm, and then I came away. Later I returned to have another go and found that the medium was out of control (sic. control had left medium?), so I tried to push into him. I felt as though I was clamped tight. I was uncomfortable and my chest felt as though it was pushing out. I tried to say the code but thought it was very weak, just a whisper. I heard the word 'ocean' but don't know where the voice came from. I believe it was direct voice. Then I returned."

MR. F.M.'S OWN ACCOUNT:

"I remember being given Meade Layne's paper and giving a reading. I realized I was going to sleep. I remember you telling Mrs. X to go to San Diego but by then I had already pushed off. I felt myself shoving my way into the body of a man much taller than I and I tried to fit in and open the eyes. I saw Mrs. X dressed as she is for astral travel, in a filmy attire. The circle at San Diego were just talking. I heard your instructions to control the medium and I forced my way in from behind. I was never in the circle, but I saw Mrs. X there. I saw the empty shell of this man from the back of a chair - a wicker chair which creaked. I said the code and heard some one butting in, saying 'please repeat'. I repeated the code and said, 'this is F.M. of London' and then lost control. I tried to sing 'The King' and hummed the tune just to make sure. A young man was sitting at the right of the medium, writing in a book. I said to him. 'Keep toward the white light.' When I came out of the body I couldn't see Mrs. X or any other people. I felt as though there was an iron on my right leg. That's all."

9:10 P.M. Operator to group: "Will you all please come, one at a time, to see the patch of dampness on the carpet outside the door." The patch was seen by all and a flashlight photo taken. The patch measured $14\frac{1}{2}$ " by 10", tasted salt, and roughly resembled Australia in shape.

February 20, 1948 - San Diego

PRESENT: Dr. Cosmon, Miss Fynn, Thos. Brown, Kathryn Townes, Irene Probert, Meade Layne and Mark Probert (medium).

1.945

11:45 A.M. At 11:50 Mark Probert says, "I have a feeling that London has started."
At 11:59, "I hear a choir singing 'Onward Christian Soldiers'."

12:05 A control seems to be trying to take possession. 12:16 control in possession but medium makes hand motions only, does not speak.

12:19 "Good afternoon. I am the Rajah Natcha. I want to talk a little bit on what took place with the hypnotized medium in London."

"Your voice does not sound natural today."

"I am having some trouble with the body of the medium. Too much starch and sugar in his system."

"Plus tobacco?"

"Yes."

"Are you referring to the conditions in London today, Rajah?"

"I am referring to the first and second meetings. In your reports from London I notice the medium running into an archway. That archway is a consciousness of a former life the lady lived."

"The hypnotized lady? Is it a symbolization?"

"Yes, it is a symbolization of a former life."

"She felt an inclination to dance - did not seem to be able to get past it."

"That was because she was fascinated by the beauty and the remembrance of that life."

"It seemed probable to us later that she did make contact."

"She did, but not her body - not her psychic body; merely a mental contact."

"You mean, Rajah, a telepathic contact."

"Yes."

"With her psychic self?"

"Without her being aware of it. There is an awareness contact and also an un-awareness of contact."

"There was a man who talked to us through Mark who we thought came from the London group. Did you know about that?"

1.946
"Yes, but there again is an unawareness contact with what you call outer or physical phenomena - the mind of the medium reacting to the suggestions - telepathic suggestions of a hypnotized individual."

"This person said he thought he had fallen under the spell of the hypnotist. Do you know if he was from the London group?"

"I do not myself know because I was not present, but from what you tell me it would be my belief that is what has taken place, and not an actual projection."

"Is it possible for someone else to fall under the spell of the hypnotist, Rajah?"

"It is extremely possible. It is even likely for an observer to fall under the spell more readily than does the subject of the experiment. The one being hypnotized is always consciously aware of the hypnotizer, whereas the observer feels that he is free, that he is his own acting agent -- and so automatically falls under the spell. I do not know that that is clear."

"Yes, we understand. Is there anything more to say about the feasibility of this experiment? Any modifications? Do you think purely telepathic experiment better?"

"You know, I think if the medium in London were allowed to direct herself (she is a trance medium, is she not?), it would be better if she were her own agent."

"Allow herself to be put in trance by her own Guides?"

"By directing her own consciousness in this direction. You see, the directing mind of the hypnotizer is imparting too much of himself to the medium. He fastens a string and thereby holds her back."

"We will present that point of view to London," said Meade.

"At the same time, I think that instead of having a group sitting, try to have the medium sit at home alone."

"That way there would be no control. You have to have control somehow," said Dr. Cosmon

"I know; this could be done by 'phone. You could be reported to."

"If she could only bring through into consciousness a key word picked up here, or an action - if the guides could impress it on her memory so that she would recall it when she came out of trance - that would be satisfactory," stated Meade.

"You may not realize that you are all acting as blockades against such a sitting, just as they in London are acting as blockades against their medium."

"What is the best way to minimize this?" inquired Meade.

"The egos of the mediums in this case are too aware of those around them and that awareness cannot be broken down."

1.947

"Suppose we allowed the mediums at each end to go into trance voluntarily, when and as they chose, and then have one person only to remain with the medium to make a record of everything that happened?"

"That would be well, but the one that does stay I advise not to pay any attention to the medium at all until such time as the contact is made and the medium starts to express it."

"Data obtained that way would not be very evidential - and that is the purpose of the experiment," said Dr. Cosmon.

"I don't think you are seeking such evidence (i.e., 'proof' as understood by psychic investigators. ML.) - but you are seeking to learn and to educate yourselves. Once the two parties here and in London make some kind of good contact the way will open up for a great deal more experimentation in various parts of the country."

"We will see what can be arranged; but as it is now, when Mark here goes into trance he is not aware of what is being said through him. Someone must be present to keep a record."

"I know that, but it would lead to further experiments and that is the important thing. When you have proven to yourself that two and two make four, you do not particularly give a darn who else thinks anything about it; you just make the statement and allow others to investigate - and believe me, they will; the curiosity of the human race is vast."

"Do you know anything about the experience when the medium got sidetracked to another destination?"

"To the flying vehicle? Yes."

"Can you tell us anything about it? Was it a real experience?"

MIND
"The mind, I think I do not have to say again, is a very touchy and suggestible instrument. She mentally wandered off into the field of suggestion. She had read a great deal about the flying discs, and the mind, trying to conceive some logical answer, under the state of hypnosis, was entirely free in the world of fancy or of dreams; so it was quite easy for her to conceive of being in such a flying vehicle and to picture the types of intelligences found therein. As the mind is the creator -- and I mean the creator, it is quite capable of such by-play, especially when free, either in sleep dreams or under trance conditions, whether self-induced or induced by others."

"We strongly suspected that ..."

"I suspect I am talking too fast for the stenographer ..."

"I wonder what the situation is in London today?" asked a guest.

"It is no better than previously. The medium has been in and out of control. I must impress upon you that this particular medium for some reason has an inner fear of hypnosis and will not give herself completely to it, although she outwardly appears to do so."

"Unconscious fear?"

1.948

"Quite so. As I said at your last meeting, if you were to get this man into a deep enough trance and the same condition were to obtain in London, possibly for some time, you would have very amazing results. I think you have access to people who are making so-called telepathic experiments?"

"Yes," said Meade.

"It would be profitable to write and suggest such an effort to these people. They will be amazed at the results. They do not have to be so far apart (as London and San Diego)."

"You suggest deep hypnotic trance on the part of both mediums"

"Yes."

"Should we conduct telepathic experiments on that basis, with the message transmitted and received by the medium in trance, and recorded?"

"Either way would be a very satisfactory experiment providing it worked out, and I feel sure that it would."

"What is your opinion about hypnosis? Is it likely to be detrimental to the subject?"

"Like everything else, if carried on to excess, yes. You break down the aura AURA and then trouble begins."

"Would hypnosis have a bad effect on the mediumship of Mark?" inquired Dr. Cosmon.

"Yes, it would. Well, are you through wrestling?" (Dr. Cosmon has been trying to remove his coat without getting up). "That's quite a job. Under proper conditions your coat could be removed or put on in a totally dark room without moving your hands."

"Yes - a very neat dematerialization trick," remarked Dr. Cosmon.

"I have always opposed any suggestions to use hypnosis on Mark," said Meade.

"I don't think it would be a very good idea. The ability he now has of giving himself over to our control is of a very delicate nature, and the cross-vibration of outward hypnosis would eventually destroy it."

"Well, if hypnosis introduces the mind or personality of the operator it will be hard to disentangle these in subsequent analysis, just as it is often hard to separate the mind of the control from that of the medium, in ordinary mediumistic trance such as we are having here now."

"There is only one thing to do with such trance mediums - only ONE way of knowing when the personality entering in and the mind of the medium are working together, or spontaneously and separate or ... (notes illegible)."

"You say there is a method of distinguishing?"

1.949

"Yes, and you know it. You segregate or separate each from the other by the manner in which it is said. The contact between me and this body is of such a subtle nature and the trance condition is so light, that it is only by this method that you can tell."

"As a rule we feel quite certain about the situation, but sometimes doubts arise, especially among those who can only read about the seances and never hear them. What about resuming the regular meetings?" asked Meade.

"Excuse me for a moment; someone is calling for Mamie, a Mamie who is on your side."

(No one present acquainted with anyone named Mamie).

"Well, to get on. Your question again! About the meetings; I would rather leave that to your former controls."

"Where are they?"

"They are here."

"Please tell them to come in after you are through. This is the last of the four London experiments. Can you tell us what they are doing over there now?"

"I shall try to find out. I shall return shortly." Control Withdraws.

The Controls have frequently warned, that there are occasional infiltrations of the medium's mind, particularly in the pronunciation of words, and have sometimes complained that it is difficult to talk in technical terms through a medium who has no grasp of the terms or subject involved. On the other hand, fully half of the conversation at these seances has dealt with subjects almost wholly unfamiliar to the medium, and many words are used with which he is unfamiliar. Also in the case of xenoglossy, where the language has never even been heard by the medium, the ignorance of the latter (of the words used) seem no barrier at all. And xenoglossy was for a long time the outstanding feature of Mark Probert's mediumship; he spoke in a half-dozen modern European languages, in Latin, and in a number of unidentified ancient 'languages' - and there is no evidence that he has ever heard any foreign language spoken, beyond a few phrases. It was difficult, for some weeks, to get a communication in English. The situation, then, with regard to the role of the medium's own mind during trance communications, is at present far from clear; in Mark Probert's case however, the intrusions are found to be rare and easily detectable, and the controls have cooperated in guarding against them. M.L.

PROBERT
NO. 10557

1:06 P.M. - Control: Mr. "X":

"We try to stay out or at least apart from these meetings (i.e., the experimental seances with London), entering only when we deem it necessary. Your London project has come to an end; they are reading back what was received, which is very little except from her own experiences. She has not reached here; the mental barrier is too great."

"Her own mind?" inquired a guest.

"Yes."

1.950

"She did not reach here at all?"

"It is only this individual sitting today I am referring to."

"You said she did reach here the first time?"

"She did. So too did one of the men in the circle over there."

"Was it telepathic contact only?"

"Yes. It is very possible he himself did not bring back a memory of it. It was a telepathic contact but worked in a very peculiar manner."

"This is something new to us; he spoke here in what seemed to be his natural voice."

"Such often takes place, even on our side. We are capable of projecting thought while engaged somewhere else, so that the mind can record and the voice give out. The body is very much like a record machine and the vocal cords are the player back. That is not clear, I suppose?"

"Can a person on our plane project ...?"

"The mind is open to suggestion, something is expected of it, so the mind plays back the expectation."

"In the case of an entranced medium, what we call the control may not be present at all in a special sense?"

"Yes, that is correct. That is another reason why it is so difficult to separate the two seeming personalities, that of the medium and that of the control. One plane contacting another plane is an extremely subtle thing."

"We have come to realize something of the subtleties encountered at every turn in psychic experimentation."

"Just consider too; in this state known as normal sleep the mind is very likely to give out what is said to it from a live sleeping mind or the live waking mind of another."

"Do you mean that a person talking in his sleep is likely to be expressing the thoughts of another mind?" inquired Meade.

"Yes - on either plane."

1.951

"You mean that though the voice may be natural and characteristic of some other person, some distant person, there is no actual presence of this other person - no actual projection?"

"Yes, that is likely to take place simply because the mind of the one who is projecting his thought is doing so in his own particular manner; so it would carry all the characteristics of that particular personality."

"This is something new to us."

"I suppose this is rather a poor analogy but it may give you some idea. If anyone makes a record of his voice on a recorder, you expect to find his characteristics and personality in it ... It is difficult to put forth my ideas slowly; if I stop I may forget." (This refers to the fact that he was talking too fast for the stenographer, and to the difficulty of keeping medium under control if he talked slowly - (ML). "Mental conversation is the same as physical conversation, because they both are physical, one being a grade higher. That is the only difference so they would naturally record in that manner."

"That is certainly very interesting. Have you any comment about resuming our regular meetings?"

"I think they should be resumed the following Saturday from this one, barring any eventuality. Now I am going to say something and I do not wish you to feel either surprised or upset. For a long time I have been keeping my identity out of the picture. I have used methods to side-step the projecting of my personality into these meetings. I am just wondering whether or not it would be advisable now. I told you in the past that I spent 30 years in a monastery - and the name of the monastery .. I am"

"You are the great philosopher? We feel very humble and are greatly honored."

"That, I thank you for, but I do myself an honor to be here."

"Your name is known among all nations and in all languages. You are one of the great ones of earth's history," said Meade.

→ "No one is higher and no one is lower. No man is greater than another. But what he may have to say may in some measure influence the mind of a few individuals to a better way of thinking, and so of advancing along his own road."

"Was it not you who communicated at a famous seance in New York?"

"I do not remember making such a communication."

(Dr. Cosmon to Meade Layne): "The communicator you are thinking of was Confucius."

"Yes, I have heard of that man. I know of that myself. We are not to be considered as great individuals; we feel more honored to be considered as thinking minds."

"This may seem like an ungrateful question, but after all, what draws so great a mind as yourself to this small insignificant circle?" inquired Meade.

"The Cosmic Consciousness considers no group or individual mind greater than another. We come where we see we may be of help. Sometimes, and I think more often, we find what you term greatness in the more common things. And what, in your estimation, is greatness?"

GREAT-
NESS

1.952

"The ability to utter thoughts which after many thousands of years are still recognized as possessing eternal truth," replied Dr. Cosmon.

"The expansion of consciousness ..." said Meade.

KNOWLEDGE

"Yes - expansion of consciousness. To know, and know that you know, that knowledge is the greatest of all things, that man is God, and God is man."

K,
GOD

"Tell us then, is there any way in which the methods and purposes of these sciences can be profitably changed, for the best service of human knowledge and advancement?"

"Merely by the topics that are used. The nature of the questions and the answers will in time cause this small group to produce something worth-while. All things, you must understand, are worth-while; otherwise there would be no existence and no cause for existence."

GREAT-
NESS

"And do you approve of our experiments?"

"Yes, I approve of your subject-matter and your questions - but be on the alert against fantasies and vagueness, and approach with definiteness of purpose and the courage of your own convictions."

"Certainly we have no desire either to deceive ourselves nor to be deceived by them. Please tell us exactly how to pronounce your name, and whether we have the correct spelling," said Meade.

"In your language"

"Would you give us the date of your life on this plane?" asked Dr. Cosmon.

"Before Christ, I would say, physically - and before that, forever. But I see now no further reason for staying."

AGE

"Do you recall the province of your birth or life?"

"At another time I shall come back and tell you considerable of my history. Perhaps it would be best to let me remain known to your friends only as 'Mr. X', although my real name is now known within your group."

"When we write about you we shall respect your desires," stated Meade. (this request on the part of Mr. X explains our failure to print his true name in this report.)

Control Withdraws.

1:32 P.M. CONTROL: Lingford:

"I haven't been here for some time and I feel sort-of out of place now. It is a hard job for me to stay out so long, I wanted to butt in. I have missed you. I think, more or less, we have all tried to stand aside and let this experimental work go on, helping from outside unobserved."

"Can you give us any information?" inquired Dr. Cosmon.

1.953

"Well, it seems things could be better. Conditions on both sides of the water could have been improved on."

"We had no guidance."

"No. For the little that you knew I think you did quite well."

"Do you think contact was established?"

"Yes, I do - and a very definite one. I am inclined to think it was not telepathic but in an odd manner. I have never witnessed anything like that before."

"We gathered that it was new to everyone concerned."

"It was new to me, I will say. You know, young man - Where is that young man? (looking around the circle). What is your name? (pointing to Tom Brown). Your first name?" (control is told).

"Tom Brown. I suggest that you take a little exercise" (Lingford continues with some advice to Tom and answered an inquiry from Dr. Cosmon about the blood stream). "Yes, he needs mental interests too. I almost sound like a doctor."

"We sometimes suspect that you have been a doctor," said Meade.

"I won't say that I have been a doctor, no. But it is easier to observe the conditions of people's bodies from my side, because the psychic body, psychic mind, is more of an X-ray on the physical body. Do you understand that?"

"By looking at the aura?"

"Yes, but on observing the color of the aura, then I can direct my mind to the physical body and it is almost like looking into an X-ray."

"Clairvoyants tell us something very similar to that."

"You are wearing yourself out, young lady." (To Kath. Townes).

"What about the experiments with London? Do you agree with Mr. X? Did you hear him?"

"It appeals to me but I am not sufficiently versed to know for sure. I would rather leave that up to those who seem to know more about it. It seems reasonable to me, but that is all."

"What do you think of?" (Mr. X).

"A man the likes of whom I have never known at any time before. A great person - a benevolent person! I know he will not think me loud-mouthed when I say that he and other minds like that are on a par with Christ. ---- Cigaret! I can smell the smoke! (Irene Probert had lighted one to offer to Lingford). You are trying to make an addict out of me. But I was not one, even while in the physical body."

1.954

"We have accepted this philosopher at his own statement. Did you know who he was?"

"Yes, we have all known it. Excuse me, but on this side even women can keep a secret."

"How different conditions must be over there!" remarked Meade.

"Yes, because - I'm going to get philosophical now - a woman's mind is no different from a man's mind. They are all working in and under the Cosmic Mind. It is the physical body that makes the difference. Now, what was it you said, again?" (to Irene Probert).

MEN AND WOMEN

SEXES

"We wanted to know what this philosopher looks like," answered Irene.

"Anything like Lo Sun Yat?" asked Dr. Cosmon.

"No, he is not fat, he is extremely thin. Tall? Yes. Bearded? Yes."

"Does he have a moustache that sort of droops?" asked Irene.

"Now, isn't that a typical picture! Yes, because in those days his people were given to wearing such strings on their faces. Chinese, Indians, and many of your Nordic people are sparse of hair on the face. The Mongolians got a long way into the North and left their calling cards. That is why many of your Nordic people have high cheek bones and squinted eyes - and your Esquimaux and Scandinavians."

"Your voice sounds stronger than usual, Lingford."

"I think it is because I have had some fairly intelligent mind ahead of me and they leave the psychic organs of the throat of the medium more open."

"The mental character and status of the communicator actually affect the condition of the medium's throat?"

"Yes, definitely. I think some of your scholarly minds have mentioned the various gradations of things. The same takes place in the mentality of the operators and leaves the vibration there."

"You're not going to put morality and virtue onto a matter of vibration rates, are you?" asked Meade.

"This lady? What is her name, please? You have something on your mind you wish to say?"

"No. Well - I would like to know what is the best way to dispose of the rest of my life," replied a guest.

"That is a giant subject and I think only such minds as " (Mr. X) could possibly answer that. I'm afraid I cannot attempt it."

1.955

"About the meetings," continued Lingford, "I think they should be started again, about once a week as before. I think in a few days you will hear from your good friend in Chicago. Yes, I met him when he was here; they insisted that we come back and at least say hello, and I think our friend Professor Luntz gave him the once-over. I wish he were here so that you could have a real get-together."

"We would like to have our friend Jack Tate here again too," said Meade.

"For a long time I have wondered what happened to your friend Jack."

"He is in Tennessee. You know, a great many strange things have been happening on our side, in the way of physical phenomena," said Meade.

"I would like to have some of those subjects brought up."

"I have hesitated to mention them because some of the communicators rather object to them - think them hardly worth-while."

"They are interesting to me; you can leave the philosophical approach to life to the others."

"About that meteor in Nebraska ..." mentioned Dr. Cosmon.

"I am just considering how to put that. I'll tell you something of that and other similar things at our next get-together."

"I shall want to ask something about Jaggar's forecast, of terrific volcanic eruptions for this year. We do not ask these questions out of fear or panic, but we would like to know. Psychic predictions are a dime a dozen on our side, but Jaggar's work is rigidly scientific."

"Such people should be listened to; they are not making predictions or dreams but on what they consider material facts."

"We also have some extraordinary data concerning large numbers of the soulless ones; it connects more or less with possibilities of great loss of life on this coast."

"I see we shall have a lot to talk about, then. But I am getting tired now."
Control Withdraws 2:02 P.M.

THE JOURNAL OF BORDERLAND RESEARCH

BSRF No. 1 Published by Borderland Sciences Research Foundation, Inc., PO Box 548, Vista, California 92083 USA. Edited by the Director, Riley Hansard Crabb, Doctor of Metaphysics in the Society of St. Luke the Physician.

The Journal is published six issues a year with the assistance of the Associates, at the Director's home, 1103 Bobolink Drive, Vista. It is printed, 36 pages an issue. The Foundation was incorporated under California law, May 21, 1951, #254263, and has been in continuous existence since then. Address all correspondence to the PO Box. The Journal is included in the Foundation membership of \$7.00 a year. Single copies and back issues of the Journal are now \$1.50 each. If you don't care to join you may receive the Journal by donating \$7.00 a year or more to the Foundation. The Director's wife, Ms. Judith Crabb, is office manager and Secretary-Treasurer.

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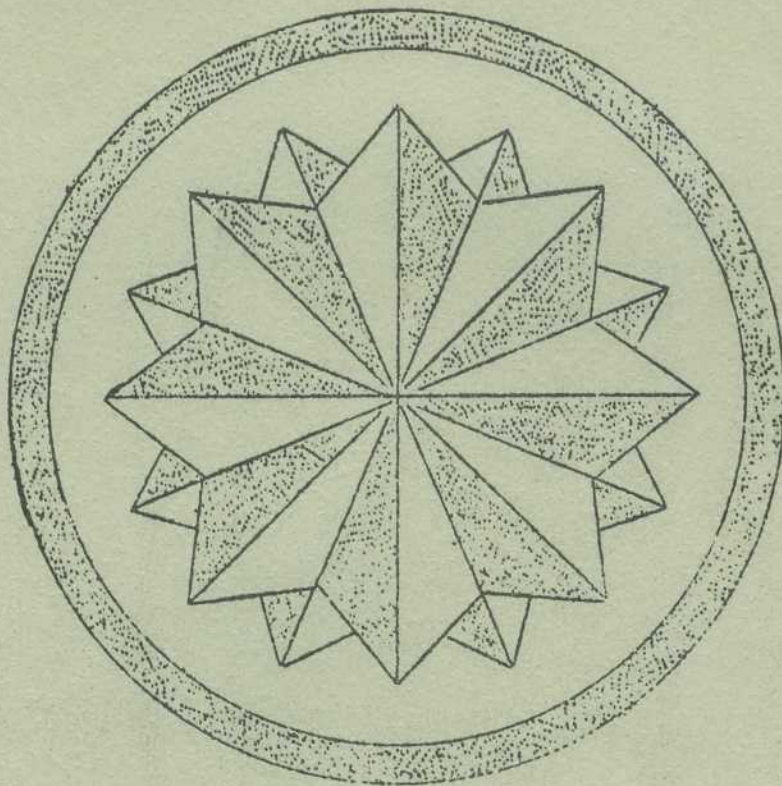
SEANCE MEMORANDA from the

1.957

Inner Circle

BSRA No. 8-D, Nos. 7 & 8 of the First
Series of Seances, Starting March 14,
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4



through Mark Probert, medium

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USA

SEANCE MEMORANDA from the

I N N E R C I R C L E

through Mark Probert, medium

1.958

No. 7 - March 14, 1948 through June 27, 1948 (BSRA No. 8-B)

Controls in the order of their appearance: Rajah Natcha, Persian Dancer, Charles Lingford, Lo Sun Yat, Antonio Alvino, Arakashi, Lao Tse, Professor Alfred Luntz, Ramon Natalli, Temple Dancer.

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TRANCE LECTURE OF MARCH 14, 1948

PRESENT: Mrs. Brinkley, Mr. and Mrs. Plumb, Mrs. Hewitt, Mrs. Townes, Mrs. Foster, Meade Layne and Mark Probert (medium).

CONTROL: RAJAH NATCHA:

1.959

"Good afternoon. I am the Rajah Natcha. I am very happy to see such a fine group here this afternoon. It seems there is a little controversy as to the erroneous remarks made concerning some of the controls or by some of the controls. It is to be expected; many of us carry over on this side the same characteristics that we had when we were on the earth plane. If some dramatic thing is suggested, we are capable of holding on to it and carrying it over and bringing it back to voice it again, even though untrue. Its dramatic qualities appeal. So much for that. There is a little trouble with the boy's body today. He took a little beer last night and alcohol stays in the system for some time."

"Is that so? The occult teaching is that it tries to escape as soon as possible. Is that incorrect?" inquired Meade.

"It most certainly is; the body cannot properly digest or dissipate the alcohol content of any drink."

"Will you tell us something about the effects of alcohol?" asked Meade.

"It excites the brain cells -- steps up the atomic speed of the brain cells; that in turn throws open the door to the etheric world." ALCOHOL ←

"Intoxicated persons sometimes have experiences on the etheric level?"

"They certainly do. Any kind of drug, especially alcohol, opens the psychic door."

"Sometimes very undesirable beings come through; is this due to a peculiar vibratory rate?"

"It is more the deep-seated characteristic of the individual. Excuse me a moment. I cannot stay in this body for the present. Something should be done -- too much gas pressure on the diaphragm. Excuse me." (Control departs)

(Control present; goes through dance motions with hands and arms, chanting in foreign tongue; then speaks:)

"I come from long time -- come from Persia."

"You speak old Persian -- Pehlevi?"* asked Meade.

"Is too bad is the barrier of the languages between people. If they break the languages between peoples and all peoples speak one language, man he get together good, much better as now. This business of coming in through the physical body to IDIOM ←

*Note: M.L. accented the word on the first syllable (as in Omar), and the control promptly corrected him, putting the accent on the second.

FEAR → → do the talking with the peoples that are living now, from four - five hundred years, is what these peoples here in this country do not have the least understanding. It is very fortunate indeed for you and peoples like you that you have enough foresight and imagination to be able to conceive of the possibilities, whereas others are today blind to it. And for the greater part it is because they have been taught fear. Fear is one of the most atrocious sort of weapons that the high priests of all churches teach to their flock. Until this sort of thing is broken down, your connections between the two worlds can only be spasmodic."

"You say you came from Persia?" inquired Meade.

1.960

"I not care to talk of politics, but it seems to be that in all countries where vast fields of oil or precious stones are found, it immediately causes great amount of strife with other countries."

"You are thinking of your native country now -- of Arabia and the oil fields there?"

EVD WORLD → → "Yes -- vast fields of oil, untapped; and perhaps it would be better if they remained untapped. It is so very unfortunate that what God put on this earth for man's good has become his damnation, not for making life more bearable and enjoyable. It would be better, I think sometimes, if this great God Force would just wipe out all these things and let man start all over again."

"It looks as though that might happen," said Meade.

DISASTERS → → "It looks to me like same. And let me tell you that this breeding, this mental breeding of hate and the contemptible attitude that men have to one another is throwing off through the etheric world a force that is building up tremendous force, and when it bounces back it will wipe you out. And I am talking of earthquakes and cyclones that will sweep the world."

"Do you know anything of the volcanologists' predictions?"

→ → "I do not know much about that; I do know that I would not at all be surprised. You look back through history and what do you find? I tell you what you find: before every tremendous disaster there was a building up of hatred of man for man."

→ → "That also is an occult belief -- but tell us something of your own earth life -- or of your life now," requested Meade.

"Very little about my earth life I remember. I remember struggles on the desert; I remember being vicious and mean."

"Do you remember your occupation?"

"Not have occupation -- do all manner of things to live. If I knew a little then of what I know now, I would have seen that to struggle is a waste of effort and time; that this great God Force does not put anyone or anything upon the earth without adding the supply for it."

"The struggle for material possessions you mean of course?"

"Yes; it is an illusion of the worst kind, leading to all manner of illnesses and eventually your own death."

"What is then the best mode of life and ideals?" inquired Meade.

1.901

"To strive after that which you wish in a calm and peaceful attitude and manner, knowing within your heart that you will accomplish it and get whatever it is you are after if it is for your good, your advancement. If it is not, in time you will know -- but you will not know and you will continue to struggle for that if you think you have to do it in a harrassed and impatient manner."

"Of what does advancement consist?"

"Advancement -- to me -- means to attain calmness of mind -- quietude. This will not be gained by struggle; knowledge will only come when you have acquired the passive attitude toward life. Knowledge cannot come, nor can anything else, if you charge at life. Knowledge is truly the only worth-while thing in life to pursue."

"But what can we do when our generation demands certain standards of living -- we must struggle to make that living..."

"It is best that you do not. 'Society' is not looking to get along with you -- at no time and in no generation through man's life on this earth. The only reason that man has banded together is to protect himself from some outer danger. Away back in the prehistoric times, he found more satisfaction and safety and peace of mind by banding together. Cultivate your own mind, your own self, your own character, regardless of the thoughts or actions of those apart from yourself. When you advance yourself, when you have found peace within yourself, then you will find peace all around you." (Control departs)

(General conversation regarding help and guidance given the medium).

CONTROL: Lingford:

"In a manner of speaking, you are all right: each one of us, even those who are not given to this form of mediumship, is guided and helped. You all have your invisible helpers. I think possibly, Meade, you know something of such to be the case -- that no one is ever without an unseen presence at any hour or minute of the day or night -- because none of you who are still on the earth knows when you will come over, and even we who act as your guides and helpers do not always know it until the time is almost there."

"Just what do you mean by 'always attended by an unseen presence'?" asked Meade.

"Just exactly that. I mean that I, myself, have been with this boy for a long, long time -- almost from his childhood."

"Yet you have said yourself that you are not always aware of him."

"That is true -- but, you see, there are connecting bands. We will become a little scientific here maybe. Your friend, and my friend, whom I met sometime ago

here, and who subsequently has written a very valuable book on Huna lore (Max Freedom Long) tells of what the Hunas called the 'aka-cord' -- which, in a manner of speaking, is a sort of fluidic force; and when we (I mean this boy and myself) are separated, should something go wrong, I would know it instantly and be there."

"It amounts to what we call rapport?"

"That is right."

1.962

"You mean a personality is always present with us?"

"Yes, but I do not mean that this personality is walking around with you every time you get up and move, but he is constantly connected. That connection is never broken. Your Bible hints at just such a thing when it says that even the fall of a sparrow is noted."

"These friends -- how do they attempt to help us, to advise, to protect? Do they take an active interest?" inquired Meade.

"According to the advancement of the individual -- how he thinks, what his natural characteristics are -- that individual is helped in various ways -- sometimes by a spoken voice from us that he can hear; sometimes merely by impression, by mental controlling. Sometimes the individual may be exceedingly stubborn and will have to be spoken to by sound effects. That will startle him enough to wake him up to what he is doing wrong."

"Do these guardians change?" asked Mrs. Brinkley.

"Yes; it depends a great deal on what the individual wants to do (the living one, I mean) -- what his desires are. For instance, if one starts out desiring to be some sort of musician or writer, immediately, if he makes any serious attempts along that line, his helpers start coming -- new ones -- and if he drops that and attempts something else and makes a serious effort toward it, he gets new helpers. The thing, the subject, attracts the personalities. In a manner of speaking, too, that is where the old idea of 'like attracts like' came from."

"What do the helpers gain? What is the law that governs?"

"There is a law that has been more or less out of work on your earth plane -- and that is, the demand of nature that man help his fellow-man. He may ignore it while in the physical body, but he will surely have to follow it when he comes over here. It is the law of service."

"To what degree can the person on this side be influenced?" inquired Mrs. Brinkley.

"In many ways. They can influence him for the good, or they can influence him for the bad, depending again on what the individual is seeking after. If he persists in evil ways, he will attract evil entities to himself until he goes down to death."

"Then one's protection lies in keeping one's thoughts elevated," said Mrs. Brinkley. ←

^{NEGATIVE} "That is right, and that is why we cannot force ourselves or our attention upon an individual for any great length of time. If we see we are failing, we merely withdraw." →

"Is this, for you, considered an investment?"

1.963

["In a manner -- ^{NOW} yes. We find it very helpful to us because, you see, all of you who are in the physical body, were once where I am now, and you will all be over here at some time again, and all be back on earth again."]

"Can you give us some of the laws of rebirth?"

"That will take us into two fields; first, into the very deep and lengthy subject of Theosophy, and also Karma, and also natural science. Man wills, and his will ^{DESIRE} is acted upon, either on my plane or on yours."

"Do you there remember only the life immediately preceding the one where you are now?" asked Mrs. Townes.

"That depends upon what you have learned here. If you have not gone into the inner workings of life, you won't know any more about your former lives than you do now. The Bible says, 'Knock and it shall be opened unto you; seek and you shall find.' It's strange how simple phrases like that have been passed up and ignored."

"Isn't it a lack of realization?" inquired Mrs. Brinkley.

"It is; that is true -- no definite awareness to the truth that lies behind them."

"Is there anything we can do to develop this realization in ^{OTHER} people?" asked Mrs. Hewitt.

["In other people, no -- in yourself, yes. You are not to help the people at large by your knowledge; you are only to help yourself. The law is there: once you have acquired what you can call a good and understandable way of life, then you may pass it on to your neighbors, and leave them to consider what it is worth, but more than that you cannot do. You will find that any time you attempt to put your will against another's, he or she becomes affronted. They feel that you are imposing, -- as though you are criticizing their ability to think for themselves."] →

NOT TO FORCE

"Is memory of earth life continued?" questioned Meade.

"No -- the question was whether we remember lives before the life we have lived here previous to this one?"

"That memory is contingent?"

"Not on the kind of life, but on what you know, what you have studied and what you have tried to find out about life; then, if you have advanced far enough, you will know about former lives -- many of them."

"Where is the record of these former lives?" asked Mrs. Hewitt.

"It is not in the body; it lies in the Cosmic Mind, and this Cosmic Mind is what you people seem to think is the subconscious mind that remembers."

"What about the soul -- how does it operate in regard to the records?"

"So long as the soul keeps contact with the Cosmic Mind, it knows many things. If the soul, as you call it, gets out of contact with this Cosmic Mind, then the body begins to record like a phonograph in which the needle is stuck -- repeat, repeat, repeat -- you see? And without sense or reason."

"Does the spirit have the complete record?"

1.964

"The spirit does, because it is in constant contact."

"How much intelligence have thought-forms?" asked Mrs. Brinkley.

"Only as much as was instilled in them from the individual thinking which produced them. Man produced himself on this earth and so he continues to produce everything else."

"You mean he crystallized himself here?" asked Mrs. Hewitt.

"Exactly. The true purpose is to get back to your -- what the Bible calls your Heavenly Father -- in other words, to find your Higher Self."

"On your side of life, are there people who are still seeking God?"

"Indeed; there are types of mind that insist on having a (personal) God whom they are sure they are going to see when they come over here. They are going to sit on his right hand or his left hand. Now, the mind is a very peculiar piece of machinery -- when I say the mind, I mean the brain in this instance. When they come over here with thoughts like that, they are very likely to have someone who will appear as God to them, in order to make them happy and content, until they have learned otherwise. There is no thing in nature that leads man to fear, except man himself."

"We have been told that there are monks still living in monasteries there," said Meade.

"That is right -- and it is the same with the Catholics and all the other teachings -- they have huge monasteries and churches of all kinds for people to go to. You see, nature demands, and the demand is always met."

"We don't ever come back as animals, do we?" asked Mrs. Plumb.

"No, man only progresses."

"Do animals and insects progress also?"

"There are some forms of life, that are not even what you suppose them to be, but merely animated energy."

"The higher forms of animals -- do they reappear on this plane? For instance, the identity of a dog -- is it the same dog?" asked Meade.

1.965

"Yes, indeed. You see, a dog, a horse, and all the tame animals that have spent many years with man, often reappear after their separation from the body. Animals have an awareness of themselves, even though you people seem to think that animals have no ability to reason. They have -- they are very aware of themselves, and this awareness is one of the things that causes man to have a consciousness after death."

ANIMALS

STRANGE ANIMALS AND MONSTERS:

"Tell us about the nightmare world of the insects in the jungles and the sea monsters? Where do they come from, and where do they go?" requested Meade.

"Nature is always experimenting, always designing. What seems to you to be a horror; to itself is anything but a horror. When this energy wishes to create something new, it designs it, more or less for the place where it is going to be living, so that it will be capable of existing there. For instance, you do not find nature producing a polar bear in India."

"But these 'horrors' do develop into higher forms?" asked Mrs. Foster.

"Yes -- in time all things change. That is all there is to life; the only really permanent thing -- is constant and everlasting change." (Control departs)

CHANGE

CONTROL: Lo Sun Yat:

"It is a very interesting meeting you are having -- a very fascinating talk. You can only speak the way your mind dictates to you to speak. It may, in the ears of the advanced ones sound possibly childish, but we have all come up through the same stages of wondering; and even when we have reached the so-called stage of adept-hood, we are still wondering. Life is a riddle and it is nice to at least try to unriddle it. It keeps you busy and your mind active, and that is healthy; it is a good exercise. The more you advance, the more you stand in awe; when you think of that and then you think that man is a creator, it is somewhat shocking."

"Isn't man a co-creator?"

"Man is his own substance. By thought comes life, and through life all things are manifested."

"But even life -- he has to have that before ... " started Mrs. Hewitt.

"You cannot get it, the ultimate. I can say this about life: it is of two quantities -- electrical and magnetic -- that is the energy called life; but what the ultimate of that is, no one knows."

LIFE

"Awhile ago I was listening in and heard you speaking about how you can gain knowledge of a certain thing, gain an understanding. After you have learned all you can about it from study, then put aside your books and stop listening from the outside and sit down and listen from within. Man has been given the channel of meditation; he should use it. It is a really simple matter. It is made hard by our in-

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M. ability to have patience. The nervous system of the people in the Western World is too high-strung. But you can easily acquire it if you wish. It will take fifteen minutes in the morning, before getting out of bed; just sit up and meditate upon that which you desire to do -- don't stir around. Then, before retiring at night, another period of fifteen minutes. That is a half-hour out of the whole long day."

"Is it possible to meditate with the spine lying straight as well as with the body in a sitting position?" inquired Mrs. Hewitt.

"No, it is not -- for the reason that lying down, to some extent shuts off the flow of the sex energy to the brain."

"But it is more relaxing to the average person to lie down, and one should have complete relaxation for meditation, shouldn't one?"

"Yes, but lying down you do not relax. Also, crossing your legs while sitting up is very bad, but you may sit up in bed with folded legs; it would be better if you could acquire the folded leg position, but that, I know, would be uncomfortable for most American people. So, merely sit in the most desired position, the one that gives you most comfort and freedom of thought from the body, so that the mind can detach itself and become unaware of the body."

"Is it not best to direct the thought to the 'third eye'?"

"Do not direct it anywhere. It is not good to meditate upon the body at all -- particularly the American people; they are already too conscious of their bodies. It would be best to merely put out a finger of mind stuff into the air concerning your question while in a comfortable position."

"In sending out your thought through the consciousness in meditation, how is it answered?"

"It is answered by what you folks call the sub-conscious mind, but what we call the Higher Self. The subconscious mind, in my school, knows nothing but the operations, the automatic operations of the body. We try to contact the Higher Self, or -- if you wish -- the Cosmic Mind. There is one very agreeable method of meditation which often finds success with you Americans, and that comes about while your mind is busily engaged in another field. Sometimes, merely to ask the question, and have a thorough knowledge of what you want, stating the question in your mind clearly, and then going about your daily work -- in due course, the answer will come to you. Many of your great inventions have come that way."

"But we often seem to receive an inspiration like that during sleep and when we act upon it, find it is wrong," said Mrs. Townes.

"One of the questions there would be, did you interpret the answer you got during the night clearly. Did you leave out a piece of the puzzle? You see, it is not always easy to bring out of the abstract world an idea and go into action with it. The action or the sudden desire for action blurs the answer that you originally acquired."

"Do you mean that dreams are always from the abstract world?" asked Mrs. Brinkley.

"Not necessarily so; it depends mostly on the dream. Sometimes, and for the most part, your dreams are caused through many desires, or through bad eating, or ill-ventilated rooms, and many other things."

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"Quite often I dream that I am reading a book -- I wake and come back with only the title of the book -- it seems so silly," stated Mrs. Brinkley.

"The 'silliness' lies only in your inability to hang on to what you have acquired and bring it back."

"But I can only bring back the title of the book!"

"Go back again and you would probably read the book. The book is there to be read -- not in the concrete world, though it can very possibly exist also in that. What you find in the ^{ABSTRACT} abstract world can very possibly be a replica of what is in the concrete world; but your inability to find it does not make it impossible."

ABSTRACT
DOUBLES

"Everything in the seen world was first in the unseen world?" asked Mrs. Foster.

"Yes, these things that come out into your world were first in our world. Too, → you want to reckon with this fact: there are many worlds within worlds. One form is ← your sleep world; another is what you call your conscious physical world; and also there is an etheric world that is abstract -- and yet it is all concrete in a manner of speaking. There is no escaping the "physical" -- no escape."

"We have little information about what you call the etheric world -- whence, we have been told, the strange sky-craft originate. Would the Hindu term 'lokas' be applicable?" inquired Meade.

"It is difficult to explain -- to put across in words what you know. This business you call the ether out here is alive; out of this comes your all -- what you call your physical. The only way to enter into and be part of it is through the mind. But the trouble lies in the difficulty of bringing back from that world into this one, or any of the planes of consciousness what you are desiring to know."

"Can you tell us anything about these inhabitants of the etheric, these Ether-eans? They apparently are not incarnate humans, nor will they become humans; where do they fit into the order of things? We don't seem to have a place for them."

"That is analogical to your speaking awhile ago of nightmarish animals and insects. Because you do not understand why nature gives life to such thing is no reason to assume that they have no category to fit into, no particular slot in life in which they belong; they do."

"These beings who live in the etheric state of consciousness - they are not subject to the lower states of consciousness; they have risen above them, have they not?" inquired Mrs. Hewitt.

"That is correct. You can come down, at certain times, if you wish, and you can go up, if you wish -- depending upon what you know and what your desire is. Many think that evilness is a barrier to this or that plane of consciousness. Those who think that do not stop to reason with themselves as to what evilness or goodness is."

PART 31: ÚLTIMA PÁGINA

"The etheric lies beyond good and evil?" asked Mrs. Hewitt.

GOOD AND EVIL { "That is true. It is true also of your plane here; "evilness" is merely a concept of your own, and so is "goodness". What is good at this moment for you may not be good for you the next moment; we are all too apt to moralize without stopping to reason about morality and what it is."

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"Returning to the Ethereans -- have they incarnated from another world into the one in which they live?" asked Meade.

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DISAPPEARANCES { "All man at one time or another visits and lives in the various states of consciousness; no state is barred from him, except that which he makes bars for. Often when someone on your plane here suddenly disappears, they have entered the etheric world."

"Entered the etheric?"

"Yes."

"In an astral existence?"

DISAPPEARANCE { "No -- it is the world which many of the great mediums draw themselves into when they cause the body to disintegrate and re-integrate. It has nothing to do with the so-called world of the dead." (Control departs)