

PARTE 30 = 1.859 A 1.913

Mr. Lewis replied, "We plan on starting the laboratory in the next few months. We'll be started in three or four months."

"It will not take long, but if you run into difficulties, don't give up. The mind finds what it seeks; that, at least, would be the way the little fat sage puts it. Any other questions about this?"

1.859

"We were planning on making gold" said Mr. Lewis. The professor was successful in that but was almost killed by the results. But he thinks it possible to do it again, and safely."

Prof. Twining added, "Twenty years ago I made gold from mercury and lead. I have that gold now."

"The world has been held back a thousand years by the stupidity of those who belittle themselves and their possibilities, but who will stamp you to death if you try to change yourself. But who knows whether it was good or bad, that we have not charged ahead faster?"

Prof. Twining continued, "The spectrum also showed... (notes not obtained).

"Have you been successful so far?"

"Very often we did not get results" replied Prof. Twining. "The gold was radioactive. My eyes closed up and I became weak due to the poisoning. I did not know the cause of it then."

"It is a wonder it did not kill you. Sometimes it is a good thing to be a bit frightened as you approach life. Mysteries do not remain such. They are things hidden from you until you desire deeply to know, then they open up in a very simple fashion. Nature does not make mysteries to hide from man, but to make him look. I think I will go for a little bit. Thank you all.

(Foreign control, unknown language, then...

CONTROL: Lo Sun Yat

"Too much time for me. I go....I really should not hold up the meeting with people who are not quite capable of talking. He belongs to a Mongolian tribe. First off, he said he could hear you but could not answer. He came just for experimental purposes. He was one of the many lonely hermits who wander across the face of the Himalayas.

"Does it do him good to try to talk to us?" asked Meade.

"Yes. In all knowledge there is good. Perhaps he will come back again and have some interesting things to say concerning that section of the country. But he will have to wait until he knows how to reverse his conversation so that you can

understand it."

"What happened to the pigmy that used to come?" asked Irene P.

"He has been here often and is here now, but he prefers mostly to listen and is much thrilled about his learning."

"We do not quite understand your reference" said Meade. "Does this man have to go to work and learn the language?"

"No, but at present, and having been over here only a short time, he still goes around with the belief that language is something that is divided and different."

"Please explain further about learning an entirely new language on your side. What is the mental process involved?" asked Meade.

"This differs to a large extent. First you must acquire the truth that language is something originated by man to build up a blockage. Like so many of the separate things we see, but is but the illusion of separateness. Then, one learns thru sound observation - tone. One is not taught any particular words but listens for all words."

"As a man learning English will try to sense the meaning?" asked Meade.

"That is the first step - to try to sense the thing first. It would be a waste of time on my side to try to teach the way you do."

"Is it possible," Meade asked, "for him to learn to understand English without learning the English language?"

"He can; and in due course of time he shall be able to speak thru any medium or independently in whatever language is necessary, because all language, as I said before, is one, and that one language is thought put into sound tone."

"I can understand that as applying to objects for which there are mental images" said Meade. "It makes no difference whether one says homme, vir, Mann, uomo, hombre, homem, if the image we call man is perceived behind the word, but what about abstractions - sympathy, charity, infinity and so on?"

"It covers every phase of it because we do not learn by what you conceive of as a symbol. For one thing, it is seldom that sound is used in the way you know it on your side... Young lady, you are wearing yourself out. (This directed to the stenographer.)

"Thank you for making me feel important."

"Have you heard us talk about flying disks?" asked Meade.

"Yes, but I have no comment. Perhaps someone else will talk about that later. What is worrying you, Mr. Townes?"

"We were to have had a recording apparatus today but we were disappointed on it." replied Richard T.

1.861

"Who should be more disappointed than I. But in reality (it) makes little difference, because in course of time, all things that are going to happen, will happen - so why rush into it. It is possibly well that it was not today.

CONTROL: LINGFORD

"It is very peculiar how you can go in and out of one person, in the midst of everything, with you folks talking. It is very confusing."

"Lingford, will you talk to Professor Twining?" asked Irene P.

"Professor Twining, I am known as Lingford, and I am also known as something of a mystery man, because I do not have a first name. I am one of the very few Americans who understand the English language here. I don't know why foreigners try to talk thru an English speaking medium, do you?"

"But you are capable of using Mark's body most naturally" objected Irene.

"But, Mr. Lewis, I am in something of disgrace."

"Why?" queried Mr. Lewis.

"I did not pick up a number here last Sunday. Isn't that terrible? And to make matters worse, my good friend, Lo Sun Yat, sits in the dark and sees the pictures he is holding in his hand."

"We are interested in knowing why it did not come off" stated Meade.

"May I have a cigarette, please? Professor Twining, aren't you glad that I don't come thru you, because you don't smoke? Wouldn't that be horrible? I realize that not very much does worry you.

"I always laugh at everything." Prof. Twining remarked.

"That is why you will live to be a great deal older than you now suspect, and also why your mind is so active. When a man's mind starts to dry out, he becomes old. It seems I am talking a lot."

"What do you think of my heart action?" asked Prof. Twining.

"I'm not much on the doctor side, but I do not, myself, feel that you have a bad heart. I think when you go you will depart very quietly and nicely; you would

be very fortunate to do so. Not all of us are that lucky. But the longer you can sustain yourself in the physical body, the better off you will be when you come over here.

"Is that a general rule?" asked Meade.

1.862

"Mostly for people who are mentally active, yes. Not so much for the person who is not."

"But even for the person who is in ill health?" asked Meade.

"Yes, if they can bear up with it, it is better to keep in the physical body as long as possible, if you have, as you call it, something on the ball. Mr. Lewis, have you some question you would like to ask me?"

In reply, Mr. Lewis asked, "Can you tell us anything about the flying saucers?"

"Didnot you warn us about sky appearances?" asked Meade.

"Yes, this is one of your cases of spontaneous generation... (out of the invisible into the visible, and back again) That is what makes it so difficult for you to learn anything about them. I'm afraid my cigarette is bothering you, Professor Twining."

"Continuing about the saucers," Meade pursued, "are they materializing on our dimension?"

NO PURPOSE  
→ a sort of bait to make man look. ←←

"Well," Meade asked, "is there intelligence behind them?"

"Oh, yes."

"Are they really craft of some sort?" Meade queried.

FOs  
PARALLEL WORLDS  
"They are, and they want to stir up the interest of those who will take note. We are living worlds within worlds, as I have told you before... Professor Twining, do you think it possible for the physical world to contain also an invisible world that can produce physical things spontaneously that have a separate existence of their own?"

"I do" Prof. Twining affirmed. "Yes, I do, absolutely."

\*Lingford later acquired more information about this. The substance of his remarks and those of other communicators has appeared in RR and FR.

"That is what we need more of - minds that can at least think in that direction. We do not give imagination very much credit, but it is thru imagination that our world becomes beautiful, and not only beautiful, but real.

"Let's try to stick to facts" objected Meade.

1.863

"Facts...I beg your pardon.

"The invisible can give us encouragement" stated Prof. Twining.

"That is very true - and also they have the ability to bring together what items are necessary for forming things so that they can be seen in the physical world."

"I have seen it done many times" offered Prof. Twining.

"Yes, but this is looked upon as a rule as nothing more than witchcraft."

MOLDS

"Who makes these things?" asked Meade.

"The inhabitants of the etheric world, and there are many etheric worlds."

LEVELS

PLANES

"I have had extensive experience" said Prof. Twining, "in materialization under perfect conditions."

MAT

"A few more minds like yours should be given these experiences. I tried to impress the boy the other night that these things are in actuality in saucer or bun form; that is the reason they generate the power they do - because in that form they have no air block."

"They must have some form of propulsion" stated Meade.

"I am going to have to go more deeply into that myself. You see, if you can get a thing spinning fast enough, you can stand on it or in it and not feel the motion. There are going to be more of these saucers. No, these people are not unfriendly; they are just as interested in these things scientifically as you would be. Man has reached a stage where there are some things he must know shortly. No, these people are not discarnate humans; they have an existence of their own. The objects seen in Switzerland are from the same origin. But really I should not commit myself in this matter."

"Are you capable of physical materialization?" asked Prof. Twining.

MAT

"I think under proper conditions I could materialize myself, but it requires a materializing medium. There is a substance in the bodies of certain people that is acted on thru the mind and produces the material called ectoplasm."

ECTOPLASM

TRANCE LECTURE OF JULY 3, 1947

PRESENT: Wing Anderson, Professor Twining, Franklin Lewis, Kathryn Townes,  
Irene Probert, Meade Layne, Mark Probert, medium.

CONTROL: Professor Luntz (speaking of Dowsing)

1.864

"The twig is not really necessary; it is used only as a point of concentration which takes the dowser's mind off himself. Dowsers could do just as well and even better with the extended hand if they would train themselves. Sensitivity to minerals and other things lies within the person; it is really only a matter of sensitivity. Does anyone have a question?"

"But what kind of force is in operation?" asked Meade. "Is it a radiation from the object?"

"Yes, it is. The nervous systems of such individuals are highly attuned to the minerals or whatever is looked for."

"Can some locate one object and nothing else?"

"That is right."

"Isn't there a close relation between psychometry and dowsing?" asked Wing.

"Yes."

"In the case of the diagnosis of ills..." Meade started.

"Therein is where the Ego of the individual takes over, or what you like to call the higher self or the subconscious mind intervenes. It sets itself to know. It is asking a question, and the operator gets results according to his sensitivity and the ability of the subconscious, if you will, to segregate and determine."

"Can this be developed by practise?" Meade asked.

"Not by everybody. It is much like other phenomena in this respect, such as materialization. It is something belonging to the personality. Sometimes we cannot control the force necessary, because we are dealing with a substance which we extract from the sitters, and this force dissipates itself."

"Does distance have any effect?" asked Frank L.

"That too depends on the dowser's sensitivity and his capacity of projecting his thought or ideas.

"Can you tell us anything about the nature of psycho-kinetic effects? With

respect to the fall of dice, for example. Is it an energy?" asked Meade.

"It is, to my way of thinking, an energy. It is controlled by the individual, as in other cases. It is a thought-projected energy and has a felt force. It is this same energy that you will hear more of, in The Rise and Fall of the Human Race."

"That's the book Lingford spoke of" remarked Irene. "You know about it?"

"I do. It is this same energy that has brought material things into being."

"You describe this as an energy" Meade said. "Does it diminish with distance in conformity to the law of energy as we know it?"

1.865

"In some respects I can say yes; in others, no. But I would have to go off into a philosophical discourse in order to say no. It should be quite clear that there is no such thing as time and distance, and from that point of view there can be no loss of energy in time and space. Is that clear? But to deal with it in a scientific manner, we have to approach from another angle.

"If I can influence the fall of dice within a radius of three feet" Meade suggested, "does it follow that I can do the same for 100 feet or 100 miles?"

"That is possible, yes. The energy knows no obstacle in time and space providing the experimenter is in full harmony with the cosmic mind."

"Theoretically then we could have communication by instrumental means by affecting apparatus at a distance by thought energy?" asked Meade.

"Yes, you could. This is a subject which should be gone into more, and will be. The scientific world has much to learn about such energies. Sound, for instance, created by thought. You have heard of telepathic communication which comes thru the spoken word. It is a matter of projecting thought along a certain wave length. Along that length the ether becomes something of a solid and the thought becomes something of a recording meter thru friction.

"No decrease of energy in that case?" asked Meade.

"There is none. I often wonder as I talk and as I see things, whether I am actually putting across my ideas to you, because as we see them here they are very different from your idea of them; it is very difficult to put them into intelligible words. But I think I have said enough and will give over to somebody else if you don't mind."

Irene asked, "Would you mind telling us what profession you were in?"

"Theology: the study of the great christian life. No, I was not in an American university. There are many things I would like to tell concerning myself, but personalities are not the order of the moment. I spent some time at Heidelberg...."

now you are taking me back into time."

"I was wondering whether it is possible for men like Newton and Galileo to return..." Prof. Twining questioned.

"It is possible, yes. The question is, whether they will take the time and bother to do so. I have met a great number of such men, more than I ever did while on your side."

Control withdraws.

1.866

NEW CONTROL: struggling for expression.

(To Prof. Twining) "You are drawing the power away from me. I cannot talk."

Control leaves Mark P. and Prof. Twining goes into trance.)

The first control of Prof. Twining is an Indian - "Me Swift Arrow". He is followed quickly by another, unidentified control)

"I sent this Indian on before in order to get this stubborn person under control, so that the entities can express themselves thru the medium. This is the first time I have ever controlled this instrument. It is a long time since anyone has spoken thru him.

"These scientists who lived on earth a long time ago wish me to convey to you the assurance that they are greatly interested in what is now going on, but their contact is so slight it is impossible for them to come thru. If the instrument will submit himself and take up where he left off long ago, it is possible we might get one of these persons to manifest thru him. He has been over here many times and we have had communication with him on this side, but we have never been able to come thru and express ourselves. I think we will continue this in Los Angeles and release some facts which will be of advantage to you. We shall have to get this Indian healer who is now present to treat this man for this poisoning by radioactivity some 25 years ago. Pardon me - I shall not try to reveal my name at this time.

Control departed.

NEW CONTROL: ANDRE DuVON. Predicted vast storms in Europe, with violent earthquakes for 1948 and '49.

DISASTERS

"The course of Nature is bound up in man; the horrible turmoil man has created for himself is about to recoil upon him."

He referred to a book to be published on this side, "The Wind of Death", and predicted economic prosperity for this country, with social bickering but no serious trouble. Control then withdrew.



CONTROL: LINGFORD

"Here I am again. I don't know how long the force will last. I regret that your mechanical means has run out (referring to trouble with the sound recorder). You see, you have no more control over your mechanical apparatus (than we have over psychic forces.)

"Did you hear the last control?" asked Meade.

1.867

"That skinny little Frenchman? He wears a very heavy robe and claims to be a Jesuit priest. No, I have no comment to make, because even were it true, I would not predict it myself. You cannot stop such things and I cannot see where it is wise to sow a seed of fear into the mind. Whether you die from a storm, an earthquake, an atomic bomb or a .22 bullet, you wouldn't be any deader."

(Question unrecorded.)

"Yes, any instrument is only as good as it can be and sometimes only as good as the one who is using it."

"Would events such as DuVon predicted be within the range of your knowledge?" asked Meade.

"If it were within the range of little Andre, it would be within mine also, but I do not turn my mind to such things. Before I go...deader? Dead, deader, deadead. You can't say it, huh? Well, I said it. Who arranges words in such a manner as to be what you call right? Custom? Humph! There was once a custom to get your liquor thru the back door of a shanty someplace, and now it's the custom to serve it even to the youngest people over the bar. How customs do change!

Irene asked, "Where is the friend who was telling us about the Kahumas?"

"I don't think he was going to talk about the Kahunas, but Oahspi, one of your famous little subjects. Do you remember what a difficult time you had getting information about fire-walking? Well, you keep plugging at these people who come over and I think you'll get something on it. Because a person volunteers an answer is no proof that the answer is right. You stir up a thought and they pick it up and then you put it into words - and there are a lot of people here. You see, you do not change because you go thru the state of death. You may think that you know a great deal, but whether you do or not is still a question. It's beyond me, Meade, why so many questions are asked of people who come thru without even considering that they cannot be answered properly by that person. I'm not offended in any way, but it's a bit puzzling."

"We listen to everything and try to sort out the knowledge" explained Meade.

Wing asked, "Have you any way of telling what is wrong with this machine?"

"I'm not mechanically inclined. I have never seen such a machine before; it looks quite puzzling with all those little gadgets on top. What goes on underneath it? I think I shall have to leave now.

Control withdrew.

1.868

TRANCE LECTURE OF July 13, 1947

PRESENT: Gilbert & Mrs. St. John, Harry McCullough, John Lachmann, Gilbert Opdycke, Kathryn & Richard Townes, Pat & Dorothy Sullivan, Irene Probert, Meade Layne, Mark Probert, medium.

CONTROL: LO SUN YAT:

1.869

"I am glad to know all you new people. Have you my work cut out for me today?"

"We have many questions" replied Meade.

"About the flying things in the air?"

"Yes," Meade replied, "we have many reports of them and people are already becoming bored by the subject."

"The human being becomes bored very easily, no matter how phenomenal a thing may be, we start yawning if we get too much of it."

"Are you ever bored, Lo Sun Yat?" asked Meade.

"Not I, because when I came over here I decided there would be too much to do, too much space to cover, too many things to see. Since I came here I have not been bored, but I confess that while I was still in the body I was very much bored."

"Well, we're not bored about the saucers," said Meade.

"I would prefer to leave the subject for someone else. Let us take up something different."

"We would like to ask about the status of cancer theory as this is proposed by some occultists" explained Meade. "Shall I read a statement of it?"

"Go right ahead; there are a number of such theories."

Meade reads a formulation of the theory. "Any soundness to that?"

"Yes, a lot of soundness. Wherever did you get that from?"

"It is from investigation by a group of English occultists" explained Meade.

"They are certainly advanced in theory there, I must say."

"Is it correct to describe cancer as an elemental?" Meade questioned.

"I would not call it exactly that. When one dies from cancer and causes what seems to be a cancer haunting, it is really the mentality of the person who has

passed away with the thoughts of suffering, and so has brought that state back with him. He is very likely to attach himself to someone who is sensitive, and that person will pick up the vibration, and it will pass to his body. You understand?"

CANCER "Yes" replied Meade, "but what about the origin of the cancer itself?"

"I would place that in the cosmic rays. Some cosmic forces are too strong and bring about cancer in some people."

"What are the conditions, then, for its development?" asked Meade. "Is there a definite physiological condition?"

"Yes, to a degree, but yet a mental attitude also. There are very damaging rays in the cosmos, similar to your poisonous atomic radiations; they are very closely related."

"Can you give any clues as to why some people develop it and others do not?" asked Meade.

"It is difficult to prevent because we do not know what the sensitive person may be thinking. We do not know how they are capable of resisting this destroying ray. We do not know why they attract it or are susceptible to it. There are many things that we too, on this side, must learn."

meade queried, "You do not know the reason, then?"

"No, except that it is born of sensitivity to a particular ray."

"If it is true that cancer originates in the astral" surmised Meade, "is that due to a blocking of the normal paths of influx, as the theory states, and a consequent forcing open of abnormal channels?"

CANCER "Yes, that is true, but the question with us is, what blocks it - what state of mind? We feel that it is some particular awareness, some mental affinity - but what? We do not know."

"Is there likely to be a karmic factor involved?" Meade asked. "It is held by some that cancer is at least partly due to the practise of cruelty in past incarnations."

"No, no. That is, so far as I have been able to ascertain, that is not the cause."

Meade asked, "Is there any particularly profitable line of investigation which might be followed?"

"Yes, but first you are going to have to make more experiments with the psychic body. I do not think this can be done except by using a materializing medium."

"Do you mean by treatment of the psychic body?" Meade asked.

"Yes. But possibly there will come a time when such experiments can be made on animals, just as you make them on the physical animal now. Experimentation with the psychic body to see just how the growth forms first in the psychic body. This might be experimented with, with due care of course, by a materializing medium and thru ectoplasm. Possibly such a condition could be brought on thru the body of a solidly materialized person, and then see what effect it has upon the physical body of the medium."

"That is a most remarkable suggestion" said Meade.

1.871

"It is fraught with danger, I assure you. It must be done by a person who knows exactly what may be in store for him. Good afternoon.

Control withdraws.

NOTE by Meade Layne: The text of the synopsis of the occult theory concerning cancer appeared in Flying Roll Gamma II, but its substance may be gathered from the preceding discussion. The importance of this subject is such that we quote here a paragraph from a letter to the Editor by the Adept F.G.H., a frequent contributor to the M.L. publications:

"Cancer is caused by elementals belonging to neither the human nor the Deva evolution. Whenever the conditions are such that they can utilize even a single cell, they move in and try to establish themselves. Constant irritation thru a chemical agent is one of the most frequent causes which prepares cells for cancer. A graph of the incidence of cancer will run parallel to one showing the use of certain preservatives in foods. One way of preventing cancer is a right emotional attitude, as that prevents the cancer elementals from entering. Another causative ingredient of cancer is hate. People who are good and constant haters are the best cancer material."

CANCER

It will be seen that this statement is not necessarily in conflict with the information given by Lo Sun Yat, but tends to supplement it; it seems probable that LSY would accept it, if the discussion were further developed on both sides. The discovery of a cure for cancer would be an inestimable boon to humanity - but it is not necessarily equivalent to discovering the cause. And the cause is almost certainly psycho-physical, by which we mean to include the astral and etheric bodies. It is certain that cures of cancer have been effected by mental and psychic means. What is needed, of course, is a combination of the expert knowledge of the cancer specialist with the skill and learning of the competent occultist. But a similar situation exists with regard to practically all basic research work - however ridiculous the idea may seem to the 'run-of-the-mill' worker in the sciences.

NEW CONTROL: No name...British.

Meade asked, "Is this Lingford - or Natalli?"

"No, it is not. Do you think I'm a wop? No, I haven't been here before. Did you see the beggar that was here just now? You couldn't see him? You can hear me? And you can't see me? No, I'm not talking thru anyone. (Looks at hands.) Where did I get these rings? Where am I? No, I don't understand. I don't know exactly who brought me here. There's quite a big fat chap here, he's a Chink I believe. No, I don't know how long I've been here...He says I'm dead...Why, no, I couldn't talk if I were dead. Who are all these people?"

"Have you ever heard of spiritualism? asked Meade.

1.872

"Quite a bit. I used to scoff at it quite a bit. I did not see how you could be dead and alive too. You know what my name is? I'm afraid I can't tell you. I recall practically nothing. You know, it's been jolly fun but I've got to go now. I can come back again? Bye-bye."

CONTROL: LINGFORD

"That young man with the British accent - the only thing I can get about him is that he was killed in a bombing of London. One of many. It's very surprising to me, Meade, that you do not get a lot of that sort of thing. I can't always stop it, and these people who wish to make themselves known flock around the mediums; wherever they find an open door they try to squeeze thru and I can't always keep them out. (Give me a cigarette, please, Irene.) And of course, we don't always want to keep them out because it often helps them a great deal.

"We are glad to have them come provided we can be of real help" said Meade.

"There are so many here this afternoon. I don't know who brought whom. Some of us can see better than others, just as some of us can talk better. Some cannot talk at all or see at all, so if you have a period of complete silence, with mere hand action, you will know that the person is not fully awake.

(The control discussed various personal matters of interest to some of the group; eventually turned to the subject of the flying disks.)

"Yes, I heard FGH's opinion. In the course of time you will find that these things tell their own story. You know from your feading and study that there have been many, many such phenomena. Just now you are having them in large numbers and over a wide region because the world is in a sense ready for them; all we need now is to be pushed a little bit and we'll wake up."

"You have no reason at this time, then, to change your interpretation of them?" Meade asked.

"No, I have not! Do you suppose for a minute that any actual material thing such as you know could rip and tear across the sky without burning up? I don't mean to say it is not material - but the material is such as can stand the heat and speed."

1.873

"Does this construction material exist on our plane? asked Meade. An alloy, perhaps?"

"Yes, a kind of alloy. There will be more of them and of various kinds."

"Are you familiar with the doctrine of the Lokas?" queried Meade.

"No. The only thing I know and can say about these things, is that the condition or state from which they come is etheric. It is a materializing and dematerializing."

MOLDS  
MAT

"Is there any relation between these disks and the things that have been found (fallen)?" asked Kathryn.

"There are other ways of running things by remote control than those you know of. There are energies yet unknown to science. Do you remember the pictures Sr. Cosman had? Do you recall seeing those things in the sky? They are the same kind of beings as created this phenomenon (of the disks). Did you notice in the pictures how giant of size they are? These are etheric dwellers who have not known physical life. I am referring to your flying saucers; they come from out that plane of existence."

UFOs

"Do some of the disks carry a crew?"

"The large ones, yes; the small ones, no. The small ones run under a very high energy-power.

(Unrecorded question)

"Yes, they are controlled from the plane which carries the crew. Some break loose; they then become limp like paper and vanish."

(Unrecorded question.)

VANISHING  
UFOs

"No, they do not return to another vibration rate in such case. The energy goes back whence it came; they disintegrate, lose identity. This explains what happens to those that appear to land. The force and the structure disintegrate."

(Unrecorded question)

"If there are beings in a disk which disintegrates, they simply go back into the etheric world from which they emerged."

"No, you will get NO information from your so-called higher-ups.

"No, the disks are not being withdrawn (from the earth plane); they are being explained away. However, they will carry on until explanations run out and people become curious again.

(Question - no reports for several days...)

1.874

"They have shifted their field of operation; they have the world to cover. There is a reason for everything, and I believe the reason for the disks is to show the people of the world there are ways of travelling faster, of eliminating friction even on the material plane. As it is, faster than 600 to 700 miles per hour will burn up a plane.

WAR  
"The possibility is, they will allow one or two or more of these things to land without destruction, so that they can be examined and experimented on; in that way you will find you can build aircraft that will travel out into space, and maybe find a new planet to start new wars on.

"They might have some intention of colonizing on the planet, but I think their main intention is to give you a method of space travel."

"Do you believe man will abandon this planet?"

WORLD END  
"Yes, I do, but not in the near future - not for many years. Nature is vast and man fits in as a part of it. He may try to destroy himself but he will be unsuccessful and it will make him unhappy too. But there is going to come a time, and science knows it, when if the human race hopes to survive it will have to have a new planet to survive on."

ETHERIC PLANETS  
BIRTH OF PLANETS  
Do you recognize the existence of etheric planets?"

→ →  
"Oh, yes, there are etheric planets, and then gaseous planets that are just forming into solid material; new ones are being made all the time. Yes, they might be said to originate in the Lokas. You know, I am getting tired. The trouble in my world is the same as in yours; a great deal of talk and nothing really satisfactory. You will find that condition in all worlds and all states of consciousness."

HAPPINESS  
Meade queried, "No heaven then, Lingford?"

→ → →  
"If there is, you would not be happy there. Without boredom there would be a state of inertia; man must be (unhappy) in order to exist. The moment he becomes perfectly happy, he becomes non-existent."

SUFFERING  
"About the book...", Irene started.

"I would not attempt to write thru him (the medium) in that way, but merely a



synopsis so that you may know what to expect when it is written. I shall see you later."

Control withdraws.

MISCELLANEA

1.875

Reproof from the Controls

Before the meeting, M.L. had been discussing the pronouncement of a local psychic and medium on the subject of the "saucers" or Lokas, which she insists are constructed by the Russians with the help of German technicians. The matter was of interest, because the record of this psychic for correct prediction is said to be remarkably good. The Controls evidently listened to this talk.

CONTROL: MR. "X".

"You are people of little faith. You listen in all directions after your controls have so often been proven correct. In your minds you are very uncertain. Now you fear that what we have told you may not be true and that this will reflect discredit on you. In the year you have been holding these sittings, we on our side have kept pretenders out and have even given battle to subconscious deception. Check your records for truths and mistakes. I realize, of course, that we can merely express from one side to the other and then wait to see how events develop. But you are afraid you will be discredited thru some false prediction or wrong statements by us.

"It is not merely a matter of personal standing" Meade explained. "Definite predictions or statements which turn out to be wrong tend to discredit the work we are trying to do, and the whole subject of spirit communication. However, we were only hoping for some kind of statement from your side on the predictions we were talking about."

"Well, I'll give over to someone else for a while. It seems to me that a while ago you were complaining about having so many people in this group, and now today you are complaining because the group is so small."

Dissociation - the Complexity of the Entity

CONTROL: LINGFORD

"Will you read that paragraph from your book again? ...I wouldn't call it a dissociation on this side; we remember things in the same way you do. The defects of memory we show in talking thru the medium are due to the medium's mind. The subconscious is out while we are working thru the consciousness. We have to manipulate the thinking process. He is at this moment existing in a dream condition while we are using his consciousness. Some time ago one of your controls

MAN  
hinted that man was an awesome creature in many ways. I could never begin to tell you just how awesome he really is. Horror upon horror is in him - and beauty beyond conception also - his many-sidedness is appalling. He is like the stars - the closer you get to them, the more complex and less understandable.

COMPLEXITY  
FO5  
"Now, I want to add about the disks, we haven't given any wrong information. The predictions of that woman, about the disks being of Russian origin, are incorrect. There is no new information at present. But the Russians source is ridiculous. I do know that they come from the etheric world.

### The Basques

CONTROL: MR. "X"

1.876

(Question as to the origin of the Basque people.)

ASCOS  
"The Basques originally came down from the Himalayan region. Many of them were very light in complexion. I think it would be proper to call them Aryan. At one time they held the Buddhistic faith. In their wanderings they became slightly mixed in blood so that the pure strain no longer persists. They had and still have the old teaching of keeping to themselves as much as possible. Their mentality was good - they remind one somewhat of the Puritans. Their original language was pure Sanskrit. They had their own arts, and there was a good deal of old Egyptian influence, which also accounts for their facial expression and bone structure. They made their migration some time before the Pharaohs. Their settlement in Spain was due to a combination of psychic conditions, which in the Basque country resembled those of their homeland. They were very sensitive to such conditions and realized it would be best for future generations to settle where they did. Your own town of San Diego is also especially suited for psychic work.

### Freedom

URA  
"I have spent hundreds of years roaming this globe. Man is foolish to think that he has complete freedom when he throws off his physical body. Your condition and your happiness depend on your thoughts, and on your control of your own mind. You would not want to go to other planets if you could. There's a great deal to learn here; after you have absorbed the knowledge available to you here then perhaps you can take off if you want to. As a man thinketh, so is he. As you think your aura changes; its color is affected by your food also. Yes, I see auras more clearly when I am not in the medium's body."

### Archetypes

OLD5  
BLDUR  
"Yes, the patterns seen over the head represent the higher mentation or true thinking. They derive their color from the nature of the thought; the color goes in splotches and streaks of light and is always changing."

## Shape of Earth & Wobble

"The globe is squash-shaped or you might say top-shaped. It has a tendency to wobble and this creates a blur at times. This blur throws measuring instruments off and causes distortion of light effects. Magnetic and electrical instruments are thrown off. Astronomers will find out in time that their instruments are inadequate. During my life I taught in occult subjects, and people said of me that I spoke above their understanding."

## Magic

1.877

"There are two kinds of magic; black and white; both are full of pitfalls, and both are the same thing, the difference being in the manner in which the force is directed. First ventures usually come up against a blank wall; then one either becomes deeply involved or else does not believe at all. Don't take occult forces for granted - it is dangerous ground. And yet it is dangerous only when you don't use the mind given you by the Great Intelligence. The basic fact is the control of SELF-CONTROL the self. Desire is not wrong, but to lose the self in desire is wrong. Man should learn all things. Do not sidestep anything thru fear. Self-control is the key to everything. Meditation on the self is greatly to be desired. Out of the Silence comes all that exists. Be still, and know God. Back of all man's struggle is his desire to get home. Practise these things that most appeal to you; learn from others and teach where you can do so rightly."

## CONTROL: TAYLOR ROSENBERG

"I am Taylor Rosenberg. I am an English Jew. My people are still being persecuted, even as in the dark days of Hitler; this time by the English in Palestine. Palestine is the natural home of the Jewish people, yet there is plenty of room for both Arab and Jew. But the English are not doing a thing to better matters. But I feel that this is of no interest to you here."

"It is of interest, but it is a matter in which we can do nothing" Meade states.

"I was killed in London after the war, by an accident. You are right, we cannot get any place with this topic. This is my first attempt to speak thru a medium and I find the greatest difficulty. The medium should be more comfortable. The warm weather makes him feel itchy. Every kind of physical discomfort should be removed if we are to come thru without interruption."

"No, I don't know whether Jewish people object to spiritualism or not."

"One side of my face feels paralyzed. I was killed in an accident and my head was crushed. I didn't die immediately and I suffered for a short time after going over."

"Yes, I believed in spiritualism and read a good deal on the subject. I think there is going to be great progress in this subject. I help those who first make the

change. It is a most difficult task, making people understand that the physical body is left behind. They carry the body over at first, the desire to remain in the physical is so paramount. The ego has to be blasted out of its dream world."

(Change of control)

1.878

"Allo! I China boy, I come from China. Big fat man bring me, he my friend. On this side I velly sick, now I talkie. Not talk in long time. I come Peiping.."

CONTROL: LINGFORD

"Well, we have a good many automatic changes of control today. Your Los Angeles friends are keeping me on pins and needles. These men can and I feel they will do a great deal of good...

Ether Drift

"It's a good thing the Lords of the Universe concocted various matters on which men can have different opinions. Mathematics, like philosophy, have a way of eluding us.

Lokas

"I've been busy reading over your shoulders, and that bit of carbon that came to earth probably has no connection with the saucers but it probably came from the same source. There will be much more material. This may be stuff from the outer skin of the saucers. These fancy planes travel with the air currents, that's why they seem to vibrate cometimes as they do."

MATTER  
OPINIONS

MATHEMATICS

TRANCE LECTURE OF SEPTEMBER 6, 1947

PRESENT: Dr. & Mrs. Cosmen, Mr. & Mrs. Little, Mrs. Cleveland, Mrs. Olson, Mrs. Hahn, Meade Layne, Irene Probert (part-time), Mark Probert, medium.

1.879

Mark Probert, while conversing normally, stepped into the adjoining room, then suddenly began to cry out in distress, having gone abruptly under control. He was led back to his seat and the control continued weeping and lamenting:

"Oh, they put me in the steam room. They put more than 100 people in the steam room. Then they put us in the gas chamber. I no want to die. My wife and children in gas chamber - all die too..."

The usual effort was made to reason with the control and comfort him. His identity and nationality were not known. Evidently a victim of the last war.

CONTROL LO SUN YAT

"I regret having allowed that person to take control. Such people bring sadness with them. Even the best communicators sometimes do that. You see, that man doesn't really feel as bad as all that, normally on this side. But when he remembers earth conditions all the old fear and pain come back.

"Yes, it is true you can often help them. I think you helped that man. But now I want the medium to relax and rest a little and wash his face. I am going to leave for a while."

CONTROL: MR. "X"

"Well, I'm the control you call Mr. "X". Please tell the medium that if he doesn't want controls like that first one he should not ask for them.

"Yes, he asked to be allowed to help anyone who needed it. All the same, it upsets the medium and does him no good. It uses energy which might be devoted to better purposes. Well, let's take up something else.

"I heard the medium talking about canals on Mars, perhaps made by intelligent beings.

"No, they are not man-made. They are vast cracks or chasms in the earth. There is some water and some vegetation on Mars, but most of the changing colors seen are due to the rocks. The rocks change colors under certain changing etheric conditions.

MARS

"Yes, I am sure there will be some startling discoveries made by the Palomar telescope.

"Do you remember that you were told once to look beneath the light?"

"Yes" replied Meade, "I remember that. It was a long time ago. Was it you who told us that?"

"No! Look beneath the light - break beneath the light and you will see wonders undreamed of."

1.880

Dr. Cosmen referred to recent observations of new suns thru use of infrared rays.

"Well, that is one more evidence of the fact that your optical instruments are very inadequate. But I'll try to bring in someone who can give more technical information than I can.

CHRISTOPHER

Meade asked a question about assertion in "Letters from Christopher" that vegetation on Mars swarms with gnomes.

MARS  
ELEMENTALS

"That is probably true. All Nature produced Nature spirits; no matter how inanimate anything appears to be, it has a life force playing around it. Call them what you will - elves, salamanders, gnomes - their form depends on the material available.

LIFE

"What animates them? Umph: I might say, your Christian God, but it would not mean a thing. The Life Force of the universe moves them. Much vegetation holds a strong life force, and it is likely that what you say about Mars is true. What other questions did you have in mind?"

Meade asked a question concerning the Lokas or "flying saucers".

"Yes, the subject is important on my side too, because the earth is now coming into an era of high psychism; there will be a great many phenomena, as you call them.

UFO  
PURPOSE

"The purpose is (to awaken earth people to turn their energies to something besides stupid self-destruction). If you spent as much time on constructive efforts, what wonderful place the earth would be.

"Yes, the Lokas are capable of landing on earth and taking off again, and probably will do so. But they cannot remain on the surface of the earth very long at a time.

UFOs

"Yes, that is due to their method of propulsion, of construction. Their main idea is to demonstrate what they can and will do in event of more struggle and bloodshed on earth. Unless you wish to destroy yourselves - I have lost my train of thought. It is very difficult to keep control of two minds at once.

WAR

"Yes, the Lokas would intervene in case of more struggle."

Meade said to the group, "I think Dr. Cosmen must be giving off ectoplasm."

"No" said Dr. Cosmen, "I don't notice anything."

Control stated abruptly, "No, you don't see it, but I do!"

1881

Meade, at this point, gave a summary of a theory of the Loka (disk) propulsion as recently worked out by physicist RG.

"So far as my knowledge goes that theory is very close indeed to the facts. No, they do not carry a fuel; their "fuel" is the medium in which they travel. UFOs

"Yes, atoms, and scattered atoms in space; this is sufficient. Your concept of the Lokas as etheric worlds (interpenetrating with the dense globe) is correct, or approximately so. No, the etheric people do not normally inhabit this plane. I am now on, but I have access to their world. ETHERIC 3

"Yes, they are of the human evolutionary strain, but they are not human beings who have died. They have never been in earth life." OF EARTH UFO CREW

"You have heard all the information that has been given from time to time in these seances, about these disks and the etheric people?" asked Meade.

"I have."

"Do you concur?" queried Meade.

"I do."

Meade pursued the subject. "You believe that they will not permit a world war employing nuclear energies?" ATOMIC WAR

"They will not permit it." UFOs

"We have been told on this side" Meade continued, "that such a war is written in the Akashic records. If it is so written, must it not take place?" AKASHIC RECORDS

"If it is written in the Records, it will take place."

"Is it not possible to read these Records correctly?" asked Meade.

"It is possible for some. But for most the Records are uncertain and liable to every misinterpretation."

"In such cases" Dr. Cosmen said, "there can be nothing certain about predictions based on reading the Records."

"The Controls on this side agree, and I concur, that such a war as you refer

to will not be permitted. I do not say that I myself read the Records. I say that foreknowledge of such a war does not exist on this plane, and your controls do not believe in it.

"Well, I think something is bothering this young lady. What is it that troubles you?"

1.882

Miss Olson replied, "I've heard that you don't answer personal questions, and this is a personal matter."

TO SHARE KARMA

"It's a case of not liking to. Giving answers to personal questions involves the control in the other person's life. You influence conduct and likely come in for a share of the karma. The problems of each person are his or her personal responsibility. But put your question and I will see if it can be answered."

Miss Olson asked a question concerning the character of a near relative, deceased, who was both praised and blamed harshly by other relatives and friends of hers, thus leaving her in a distressed state of mind.

TO JUDGE PEOPLE

Evil

"This is a typical question - difficult to answer in the right way. The person you refer to was both good and bad, like everyone else. Some saw one side, some the other. He did the best he could. No one does evil just to be doing it, but just as he does good, for the sake of happiness - that will-o-the-wisp! Happiness comes from within, not from externals; it is like a fountain of joy in the heart. Do not strive to judge this man. Think kindly, and look deep within for your own happiness. Do you think I have helped you?"

HAPPINESS

"I think you have" Miss Olson replied.

"If so, I am very happy. I shall leave now, and inquire what further information I am allowed to give you concerning the disks.

CONTROL: LINGFORD

"Well, I want to welcome back my friends, Dr. and Mrs. Cosmen. Yes, I am Lingford. I'm glad I didn't try to get in here before with all the -- er -- wisdom that has been going around. "

"So to speak "

"Umph! yes. so to speak! Well, did you have a nice time on your trip? You know, it means a great deal to us over here, to be well spoken of. We retain a great deal of interest in earth affairs, tho I know it's hard to realize. That's partly because until it happens to you personally you can't realize, can't actually know that you continue to exist, in spite of everything science and philosophy might combine to tell you. One great reason, is the difficulty we have in coming back with vigor and intelligence. It gives us a bad reputation to try to come back and then hem and haw. However, you hem and haw a good deal on your side too, it's



a trait which is carried over and aggravated by having to work thru material again. A scientist behind his instrument is far better than the instrument itself. The instrument is only as good as its use. As a scientist might be blamed for the failure of his instruments, so we are blamed for everything that goes wrong or sounds queer. The fault is most often in the poor material available."

1.883

Mrs. Hahan asked, "Do the opinions of earth people concerning spirits hamper and distress them, or make them happy?"

"Intolerance and other bad thoughts influence only the thinker. Everyone has unseen guides who try to keep him on the right path. When you go astray it makes the guides sorrowful or even angry."

GUIDES

Someone named Arthur wants to talk; he seems to be a relative of Meade. This attempt failed. Lingford asked for a cigarette which Mrs. Hahn lighted for him.

"It's a long time since I tasted lipstick."

Mrs. Little asked a question concerning some facts of ancient history.

"I do not know about such matters, but I'll try to bring in someone who can answer.

"Well, to tell the truth I smoke mostly for display. I do sense a warmth in the chest and throat of the medium but that is about all. We all have these little foibles about making ourselves conspicuous, you know."

"You are the only trance control I have ever known who smoked" said Meade. But all of our friends like to see you do it; it makes you seem more natural, familiar, more like one of us.

CONTROL: RAMON NATALLI

"No, no, I am not Lo Sun Yat. Do you want me to talk a little more on astronomical subjects? I am Ramon Natalli. Good afternoon, everybody.

"We live in a world of illusion and look out upon other illusory worlds. Does that sound paradoxical? But if all the planets and galaxies suddenly became separate little atoms, your world, your reality would cease to exist. Reality for you consists of untold millions of atoms being "solidified". The force that holds them together is the Absolute, or God. He literally lies within you. If you ceased to exist, so would He (in that measure), and vice versa. Is that clear? Are there any objections?"

ILLUSIONS

REALITY  
ATOMS

GOD

DIVINE SPARK

"Tell us this, Natalli" Meade said. "We now speak of space-time, rather than of space and time. Is motion possible in the Absolute, as such, in the light of this concept?"

GOD

"Certainly the Absolute moves; It is in incessant movement."

"To our way of thinking" Meade continued, "motion is possible only when space and time are separated as concepts. Under space-time the Absolute would appear to be incapable of motion. I asked the question, because we have also a point of view which makes space-time a generative matrix."

1884

TIME

GOD

"Physically speaking, man sees and knows only what he calls space and time, or space-time. But time is something the mind cannot conceive, cannot deal with. When I think of these mysteries I feel very humble and insignificant. Yet in all my insignificance I AM the All, the Whole; I am so integral a part of it that without me it could not exist. Everyone is. Man is the ruling force of the earth because he can contemplate (himself and the world) which no animal or thing can do. But he does not realize his greatness."

MAN - GOD

Meade asked a question about use of astrology in the 'spirit world'.

"The subject is very profound and I would rather not take it up just now.

"Yes, some people here take very deep interest in it and others do not - just as on your side. It's not everyone's shop.

Meade proposed another question, this time concerning the mode of propulsion of the Lokas or Flying Disks.

"Do you recall some years ago an inventor who discovered a method for extracting from the air a force strong enough to run a motor?"

"The Keeley motor?" offered Meade.

"In a way this is the same thing as the Keeley motor. How it is done is hard to explain.

ATOM

"Yes, it is a nuclear energy, using the repulsion of electrons. This force is a constant. It does not require the carrying of fuel. It utilizes free atoms in space. And it can be varied in strength. But the affect of gravity weakens it. The theory you read seems to me to come very close to the facts. If you keep up you will soon have flying saucers of your own, to amaze us with on this side. The basic principle you outlined seems to me to be correct. There is much more to be learned about heat and cold. Etheric man has been experimenting for untold ages in the earth's atmosphere. That is how he himself got here. Man's effort to materialize into the world he made for himself has taken many forms, and he will keep on trying. Man has untold millions of years on the earth, and to think he is going to blow himself off the earth is silly. There have been many great cataclysms but intelligent life will go on, or the earth would have no purpose.

ETHERIC MAN

CREATION

END WORLD

"A knock at the door.) "There's a little boy at the door, will you please go?"

Control withdraws.

NOTES by Meade Layne: The reluctance of the Control to answer personal questions is in line with the attitude of occultists on the same matter, but considerably in contrast with a much too common spiritualist practise, where communicators often give definite and assured instruction on any and all problems. Astral folk, in short, are not basically different from ourselves: some of us are fond of being authoritative and instructive, others have to some degree learned better.

ASTRAL  
PEOPLE

Concerning the first control: In spite of Lo Sun Yat's attitude, there is a very great need for 'rescue circles' and this is much neglected by spiritualists.

1.885

About the LOKAS: The Controls have been definite and explicit as to their origin in the etheric. When they assert that the etheric people will intervene to prevent war, it is impossible to tell whether this is wishful thinking or actual knowledge - we suspect the former.

} WAR

Space-time etc: The attempt to get a philosophic expression on these problems obviously failed. Readers are asked to bear in mind that questions are often asked in the seance room which have some ulterior purpose; perhaps a back reference to some previous statement, or a comparison, with other communicators, or to probe the knowledge and capacities of the control with reference to some particular subject. Obscure, pretentious, or apparently meaningless questions are often to be accounted for in this way.

With regard to an 'atomic war'. The controls have not stated positively, as an article of knowledge, that such a war will not occur; but they come very close to it, because the idea seems to be preposterous. But they ignore the esoteric tradition, according to which civilization has twice been destroyed by such wars, and the dreadful character of the last two wars, and the realities of current social-political conditions. Mere astral optimism is like most of our own, about as dependable as four-leaved clovers and horseshoes.

ATOMIC WA

TRANCE LECTURE OF OCTOBER 4, 1947

PRESENT: Dr. & Mrs. Cosman, Mr. & Mrs. Palmer, Mrs. Cleveland, Gilbert Opdycke, M.V. Tripp, Irene Probert, Meade Layne, Mark Probert, medium.

CONTROL: ABDULLA BEN BEY

1.886

"Not easy to talk. Come from Egypt, die 3500 years ago. Have made attempts to come thru - not good. Everything mixed up - not clear.

"Can you see us in this room?" asked Meade.

"Very dark to me. I go now. Friend say I must go now.

"Did Lingford come with you?" asked Meade.

"Yes, may have brought me in."

CONTROL: MR. "X"

"It's getting so everyone knows me right away. I am one of the family. That control that took over a while ago is a very learned man. It is to be regretted that he could not speak English so that you could have talked to him. From what he told me he was in Egypt several thousand years ago."

Dr. Cosman asked a question regarding the name of the first control.

"I do not know much about that; names have been used and changed many times down the centuries. Marriages with another race have given us names which do not seem to belong. But I have not come to discuss this person. Who is your friend over there?"

Control was introduced to Mr. Tripp.

"Mr. Tripp, I am the unknown quantity, Mr. "X". Have you a question to ask about that table?\* I saw it a while ago. I think it is a very excellent idea and if you have any cooperation from my side, you will have some splendid messages from this table. I do not need to tell you, it will take some little time for experimentation. You have some sort of plugs on the table."

Meade Layne explained their use.

"If the force is right, and strong enough, there is no reason why (this device

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\*A specially constructed table, in the adjoining room - a fraud-proof device for use in "table-tipping" experiments.

should not operate successfully). Stand back from the table and permit it to do its own work. Do NOT put your hands on it. When you do that, you automatically reverse the force, but you do not need physical aid. As you do not trust one another in these matters, it would be better for everyone to stay where he can be observed and keep his hands on his knees. Too much credence is given to the subconscious mind. Spiritual (spiritistic) investigation is the devil. In the Christian religion, people have their own devil, and in every field of investigation you have to look out for some kind of devil. Man has no faith. If you would pay more attention to the conscious mind than to the subconscious you would advance at a great pace. I do not think that I have to tell you that no matter what is devised, or how good the results, the more the criticism will be. People will not believe." 1.887

NOTE by Meade Layne: Nearly all the Controls communicating thru Mark P. consider that the term subconscious should be restricted to the basic instincts and the control of body automatism. They hold that consciousness is never 'blanked out', either in sleep, by anaesthetics, by hypnosis, or in any form of trance: what happens is a shift of the focus of consciousness. Consciousness IS where the attention is, and we are unconscious with reference to anything to which we are not paying attention.

The doctrine of the High Self is regarded somewhat in the following manner: The entity or personality has a power of selectivity, of choice: it can change its 'vibratory rate', and so 'tune in' on different 'wave lengths'. Consciousness is continuous experience, and the entity has the power to learn by experience, and so make 'better' and 'higher' selection of experience. To invoke the High Self, then, is really to invoke the vast potentialities of the personality. Such invocation is greatly to be commended, because it has a powerful suggestive effect and leads to unfoldment and development. VIBRATION

With regard to the problem of memory: The controls appear to take the position that when a temporarily forgotten fact is recalled, it is not evoked from some storehouse of the personal subconscious, nor is it there registered and preserved by any psycho-physical mechanism. But all facts and events, no matter how fleeting or minute, are preserved in the 'memory of Nature', and are often to be observed in the reflecting ether, tho not always in their true and perfect shapes. In the recollecting of a forgotten fact, the consciousness makes contact - i.e. shifts the center of awareness - to the 'record' of the fact. Imperfect and fragmentary recollection means an imperfect reading of the record, or a reading from an imperfect etheric reflection. Involuntary recollection is also an action of consciousness, which is however functioning in an automatic manner under the laws of association. MEMORY

This statement of the opinions of the communicators may require revision. It is certain that the psychologist will be able to find many criticisms and objections. It seems to this writer, however, to outline a concept of great interest and importance. The ML publications (Round Robin, Flying Roll, etc.) will welcome competent comment. AKASHIC RECORDS

T-F  
MEMORY

Occult theory, in some quarters at least, regards memory as threefold: conscious, subconscious, and superconscious. In all such theory we must remember that the data of memory consist of thought-forms. An object affects the vital body thru the senses, and generates feelings, which are mirrored by the mind. The action of the mind on these data is called our ideas; and the idea draws 'mind-stuff' around it and becomes a thought-form. The mind of the thinker (thru the will) projects the thought-form (1) against the desire body, (2) or against the reflecting ether, (3) or against the mind and desire body of another person. Under the first case, if interest is awakened in the desire body, either attraction or repulsion is stirred up, and the images of all the related ideas and actions remain in the ether of the vital body; these are called memory. If there is only indifference, the image in the vital body will be very weak. In the second case, the mental images of sense experiences and the thoughts connected with them are thrown direct upon the reflecting ether, and these are accessible to the ego working thru the mind. This is our ordinary recollection or memory.

1.888

SUBCONSCIOUS  
BLOOD  
SEED-ATOM

The subconscious mind, according to this point of view, is simply part of the record of the thinker's life and action, but much larger than the conscious memory. The reflecting ether contained in the air carries with it images of all details of our surroundings and of our own auras. This ether enters the lungs, and thru them the images are impressed on the blood, which is the direct vehicle of the Ego. From this they are impressed on the negative atoms of the vital body, and so determine our destiny in the after-death condition. Conscious and subconscious memory relate wholly to this life; the superconscious memory retains experiences of past incarnations, this modifies the seed-atom, and usually appears only as the character, moral and mental qualities of the personality.

It will be seen that if these opinions were rephrased and amplified (both those of the communicators and the ones just noted), they would probably be found in good agreement on fundamental concepts.

Dr. Cosman made reference to 'commercial' mediums, the demand of the public for personal messages, etc.

"I beg to differ as to who is at fault. If you have kindergarten minds on your side, who is to blame? The sheep desire to monopolize the medium - you can readily see the waste. It is all right to occupy the medium's time with finding out about relatives, but there is no real knowledge to be gained (in that way) and the energy is wasted."

"While relatives are in the physical body, we often neglect them" said Dr. C.,  
"but once they have become spirits, we go chasing after them."

"True. You have proof that your wife survives. If people grieve, it is well to give them comfort. I would not say that all such energy is wasted, but my conclusion is, that a great deal of time is being wasted on both sides.

"What makes Mark the particular kind of medium he is?" asked Meade.

"The sympathetic nervous system is highly strung and is sensitive to etheric vibrations and magnetic influences not felt by other people."

Various questions were put concerning hypnotism, mesmerism and narcotics as an aid in development.

1.889

"In development you have the aid of entities on this side. They open the channels and it is bad for the sitter if they are not extra careful. They should be persons of good habits, too. Yes, development classes are a waste of time for some people, but others need the forces developed by a class. In physical phenomena, those over here have to control the chemicals of the medium's body as well as the nervous system. It is the sympathetic system that needs to be built up. Mediumship can be developed but there should be clear thinking. Clairvoyance is of the person himself; it is a gift. If you could produce a materialization thru hypnosis the projection would be very vague.

"Where is the line of demarcation?" asked S. Palmer.

"In hypnotism, both take a place in your plan; two physical minds are in operation. In trance there is only one. But the one hypnotized is receiving suggestions from someone in the physical body.

"What is the difference between sleep and trance?" continued S. Palmer.

"They are not the same thing. Trance resembles sleep only from your side. Someone said this medium talked in his sleep, that he was brought up out of physical sleep and between this outward trance and wakefulness the entities were able to carry on conversations. Borderline sleep? Yes. In hypnotism the mind takes on a dullness and heaviness but no such condition enters into the trance state."

"Assuming that a person with no psychic powers or gifts enters a trance or semi-trance thru either auto- or hetero-hypnosis" said Meade, "when he is in that state, can an entity from your side take control of him and communicate?"

"Yes, that can be done."

NOTE: The control here should be understood as speaking in general terms; there might be prohibitive factors in any individual case. ML.

Control withdraws.

CONTROL: MR "X".

"I thought I had better return and get on with what we were discussing. There has been a lot of talk and confusion about it on this side since I left you a while ago. Also a lot of confusion on your side. Not entirely your fault. As you may know, I do not know everything about the mind. Because one comes over to this side, does not make him a travelling book of knowledge on all subjects. But I

ASTRAL  
INCORPORANCE

2-77

will do my lowly best. This subject stirred up a wild state of conversation on my side. Questions?"

Dr. Cosman asked a question as to why the sympathetic nervous system is more developed in some persons, and about instruments for communication which are being constructed.

1.890

"Regardless of any instrumental method, energy from the physical body of a person on your side will have to be used (in communication). Perhaps the answer may come thru a machine that will produce the same kind of energy flow, but to do this it must be capable of producing in harmony all the 98 elements of the body. The same is true of electronic instruments. (You must reach out for us, we are always ready to lend a hand. Without cooperation from both sides there can be no satisfactory results.) You don't need inspiration for the building of such apparatus; work with others interested in the same field."

Mr. Palmer asked a question about the manner of taking control.

"A while ago you brought up the subject of seed life. There is a small space in all seeds, the life essence. What is to be physical life is in that space and is invisible to the eye. In the physical brain, there is also a space, and in it we work and make contact with the physical world thru the sensitive. It is the tuning-in room of the sympathetic nervous system."

One of the guests asked a question regarding glands.

"Yes, it is a small gland at the base of the skull. I do not know what you call it. (Pituitary). I don't know that this clarifies the issue. If you strike a gong, a glass tumbler will repeat the note. This corresponds to the way a sensitive is set off. In my physical life I wasn't able to get anywhere, it seemed there was no place to go, but I have learned that the only value life holds is knowledge. Outside of that all is vanity. Each one in the body has toys to play with, and a self-importance that keeps us intrigued so well that we do not know when we leave the physical world, and not knowing what is to take place in a future life, we do not fear the Great Mind. There are no complete answers to anything, for any one person.

KNOWLEDGE

TRUTH

ABSOLUTE TRUTH

"Yes, we have toys on our side too, but they are different from yours. Infinity: Like space, it has no arc, no curve. The curve is our physical illusion.

One of the guests asked a question about reincarnation.

"Yes, I accept it. I see now that man, without it, would be hopelessly lost. It is unavoidable for many, for many thousands of years - millions of years in some cases. "Years" as you know them; for me, time does not exist. There would be no change, no advancement, no creation; the spark of individual life strives with power that is tremendous beyond belief - knowledge carried on against all odds.

TIME



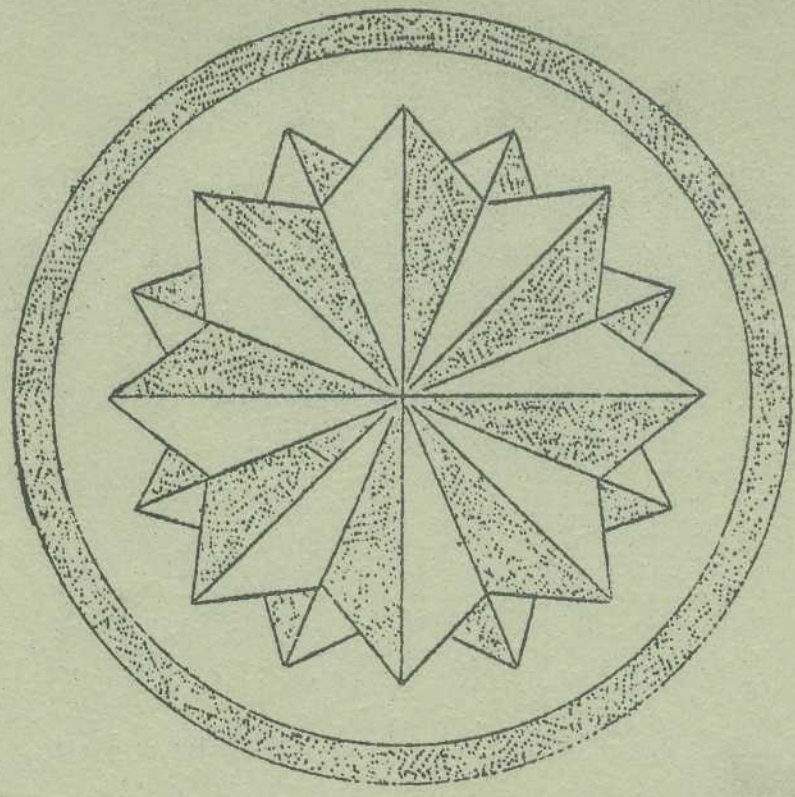
SEANCE MEMORANDA from the

1.891

# Inner Circle

BSRA No. 8-C, Nos. 5 & 6 of the First Series of Seances, Starting Oct. 5, 1947 and continuing thru Feb. 20, 1948.

3



through Mark Probert, medium

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SEANCE MEMORANDA from the

I N N E R C I R C L E

through Mark Probert, Medium

No. 5 -- October 4, 1947 through January 24, 1948 (BSRA No. 8-B)

Controls in the order of their appearance: Lao Tse, Charles Lingford, Gordon Northcott, Yo Bam Bo, Ramond Natalli, Lo Sun Yat, Lawrence of Arabia, an Amazon native, Easter Islander, Prof. Twining, Rajah Natcha.

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CONCLUSION of the seance of October 4, 1947. (The first five pages of this sitting were printed as the concluding pages of Part IV of these Memoranda - pp 126-130.)

1.893

"how does one know about past incarnations? Is there any possible sign to show that I have lived before? The Christ life I can grasp?"

"It lies in your mind - but by diligently seeking there are ways - mechanical ways. The Christ life has nothing whatever to do with it. To know of the past life calls for meditation and can be experienced by those who can do so without upsetting their own balance. By the use of candles and the mirror. Put a black cloth behind the mirror," said Lao Tse.

TECHNIQUE  
OF  
MEDITATION

"You are refering to a method used by Rosicrucians?"

"It is not alone for Rosicrucians. They have no ownership. This form of meditation has been used in India, China, Egypt and many European countries. It is very old and well-known. In Egypt, before mirrors, a plate of polished copper was used. The body should not be intruded on by clothing. Put the candles to the front and at the sides - in front and yet at the sides of the mirror. Sit in deep meditation close to and as if between the candles. (Q). You say this method is in bad repute? There is nothing bad about seeking knowledge, but to use it wrongly is black magic. What you see is not really reflected in the mirror - the mirror is merely an aid. If anyone were to enter the room, he would not see anything in the mirror. What you see is your own secret seeking. You can draw a picture for someone by word of mouth, but what they see may be very different from what you have in mind. They would see what is drawn from the Akashic Records. The very fact that you are seeking that kind of knowledge will create a picture. On sitting down you do not know what you are going to see - you do not paint a picture. You are seeing your own creations but not fancies or dreams - you are seeing the extended reality of the past."

MIRROR  
AND  
CANDLES

"Where are those pictures?"

"In the individual mind," replied Lao Tse, "but not in the sub-conscious. The trouble is, that your modern psychic does not understand what the conscious mind is--This is a valuable experience, but (only for those who have advanced mentally and can use this knowledge.)-- You are working with two forces, the cosmic mind in cooperation with the individual mind. Think of a small battery working with a large one, and the small one becomes a sort of parasite. You are tapping directly the cosmic mind, and in it there are many forms. That is why you sometimes see pictures in the mirror that horrify you. All forms are ready and waiting to be called -- merely waiting for an open door. If a terrifying form comes through, do not accept it; in fact it is best to end the sitting for a time. The mind bears back and is beaten upon by the forms of things. When you learn to control thought and bring it down to a focal point, and to direct that bearing point, nothing else can enter in. Thought-forms are created not only by yourself, but by thousands and millions of beings on the etheric plane, and it is not surprising that

T-F

you get horror pictures. (Q). Yes, it is somewhat like crystal gazing; however, in the mirror you look for yourself, in the crystal you look for another. I am going to leave the medium now."

Lingford came in. "Well, if I had done all that talking I would have smoked more than one cigaret." (Personal message for Mark Probert followed).

1.894

"All forms are ready and waiting to be called": The esotericist does not need to be reminded how fat and learned a volume might be compiled from these nine words as text. Nine-tenths of magic and of the techniques of meditation stem from them--- In another place Lingford declared "In man there is depth upon depth of horror - and height upon upon height of beauty." -- Quod superius macroprosopos, quod inferius microprosopos!

MAN: HORROR  
AND BEAUTY



TRANCE LECTURE OF DECEMBER 13, 1947.

PRESENT: Dr. P.C. Cosman, Mrs. G/H. Layne, Mrs. Townes, Irene Probert, Meade Layne, Mark Probert (medium).

1.895

"My name is Gordon Northcott: I have been given the privilege and opportunity to use this medium to speak a little while about myself. I have spent some time working myself out of a very evil condition. Some years back there was a great deal in the papers concerning me, and I am so ashamed now to confess, but I find that is one of the reasons I have come. I have committed murder."

"Have you been forgiven?" asked Dr. Cosman.

"Not quite. At first it was a dreadful condition I found myself in. Do you remember that case where I murdered those little boys on a ranch? They termed me a degenerate. It has been so long since I have spoken to anyone here on earth. (Q). Yes, this is the first time. I have been trying so hard to make up for that unfortunate episode in my physical life. When they put the rope around my neck I thought that was the end to everything."

"Can you tell us your experiences?"

"Yes, they now tell me this is one way that will help me a great deal, is to come back and at least show that I am so sorry."

"Can you say anything about the causes that let you to do this thing?" asked Meade Layne.

"From my early childhood I was afflicted with that -- "

"Don't feel sad - it is over now," said Irene Probert.

"It is not that I feel sad, lady, but I find it difficult to express myself. Sex is a very much misunderstood thing. I have spent so many years over here trying to determine why I was like I was. Why was I like that? Abnormalities do not fit into so-called communities of civilization. But yet it is misunderstood."

BI  
SEX

"Can you explain anything about the way you felt?"

"It is like being born with a strong tendency toward disease - types of disease like cancer. (Q). To me it did not seem a perversion, it seemed natural. I was living in a world where everyone was different, and I could not conform to that difference. It was like being born with one leg in a world where everyone walks on two legs."

BI  
SEX

(Q. by Dr. Cosman.) "Yes, I realize your only protection is to put people like myself under restraint. I felt overly-resentful because I could not express myself then - but if unfortunate people like myself could only be understood and taken care of! But if the difference could only be observed in childhood and they could have instructions and education some form of control! There is

no cure for it - it is only to be understood."

"Can you tell us something of what happened after you were hanged?"

"Unpleasant subject, but I will try. There is a moment of time in which one feels as if he were struggling forever."

"Where did you find yourself? asked Dr. Cosman.

1.896  
Lao Tse

"Hanging around, looking at my body. But I was amazed because then I did not feel that I had a rope around my neck. No one was with me. It seemed then that I was wandering alone, I don't know where, just like walking in darkness - not complete darkness, but murky. (Q). No, I can't recall the time this lasted, but it seemed endless to me. Then I saw some of my relatives and some of my friends. They did not come to greet me, but one of them, a man, was very different. Others stood off and looked at me, not so much in resentment but in a silent and terribly sad manner, but this man did not seem even to be thinking about it. Even now I do not know who he was. He only said 'Are you ready?' 'Are you ready to change your resentful attitude. If you are ready, and realize you are free of the body and have a great life ahead of you, I can help you.' (Q). Yes, I accepted him. Then I spent many months with this man; he took me to numerous places on the earth where I had never been - to institutions for the insane, to hospitals, prisons - we listened to the people in these places. I had left the physical without learning much, so I had to come back. You would be surprised how few men and women in prison are aware they are there for something they have actually done. A very great many consider they have done nothing wrong."

To PASS TO

ASTRAL

(Questions): "It has just occurred to me that I can feel (feeling of the table). - It did not seem necessary for me to eat; I did not feel hungry - I only seemed to be utterly alone. It was only after I came out of that condition that I felt pangs of hunger. To begin with I was given fruits, very much like those you have here. When a criminal comes over here he doesn't hunger or thirst for a long time. Their minds are fastened upon their condition. There is no thought of escaping it, one is just fascinated by his utter loneliness."

Bi/EX

→ "Then I was taught many things, first that there was - what do you call it? - reincarnation. This man said that one of the reasons for this bisexuality was a former female life, and a too short time of waiting before rebirth. No, I don't know how long this man was with me. I saw many people and beautiful places but I talked with no one. Everyone passed me by and said nothing, just looked. I was told not to speak to anyone because no one would answer. (Q). Yes, this isolation is the usual thing in cases like mine."

(Q). "No, I am not distressed, I am getting very tired. (Q). Yes, I am making progress now, and I know that this will help. Also I would like to say before I go, that if you can get in contact with the parents of these boys I killed ...."

CONTROL had been speaking faintly and with much effort and was unable to complete his last sentence; the probable content of it however is obvious. Change of CONTROLS.

"Good afternoon," said Lao Tse. "I am very happy to be here. You have been

very understanding with that young man. (Q). Yes, I have been his helper. There <sup>ASTRAL WORK</sup> is so much of that to be done on this side that it is (a never-ending job), for ← us who take up that pursuit. →

(Q). "Yes, I heard his last request, but I cannot give you the names of the boys' families, nor do I have the right to take any credit. It is my work and I enjoy doing it. There are many in that field of endeavor - happily so! Your Bible says, 'The harvest is great but the harvesters are few.' That is not true on our side but it is certainly true on yours. There are not many on your side who have the means or the time to pursue such work. Your prisons are a <sup>LEARNING-TECHNIQUES</sup> disgrace. Your schools are more of a disgrace. The mind is capable of assimilating (much more) than is given it. The authorities at the heads of these institutions are supposed to be intelligent, but it seems to me they are a pack of morons."

"Were things any better during your life-time?"

1.897

"No, decidedly not. In years past they were even worse .. I know sometimes you think I am rude and egotistical in my way of speaking, but I do not intend to be so, I only wish to emphasize what I have to say .... There were some good points about Nazism, in the way it organized and taught the young people - I mean the system was effective while yours is not ... I realize it is a great problem... ← But your country is the fountain of the world - only from this country can a true world government come... All large things move slowly. In time there can and will be a near-heaven in these United States - tho' I am afraid not in your time." <sup>NAZIS</sup>

Communications like that of Northcott are pretty good prima facie evidence <sup>ASTRAL</sup> against impersonation: impersonators almost always pretend to be some relative, guide, or person sought for, or else some notable or distinguished person. <sup>IMPOSTORS</sup> But this writer has never yet known a communicator to pretend to be a criminal and a pervert. Distinction of that sort is not desired, on either side of the 'veil'.

TRANCE LECTURE OF DECEMBER 20, 1947

PRESENT: Dr. P. Cosman, Mr. James Opdyke, Miss Lane, Meade Layne, Mark Probert, (medium):

1.898

Prior to the control taking over, Meade Layne had been reading aloud a report on spectro-analysis of material fallen from a flying disc. The medium suddenly becomes agitated and the control takes possession abruptly.

"Come in, Lao Tse," said Dr. Cosman. "You are welcome - you have control of the body of the medium. Can you talk to us?" (Transfiguration of medium's face)

"Go on, please. Go on!" said Lao Tse. "Repeat what you were reading, please."

"Well, this is the spectro-analysis of the Flying Saucer substance, made at the University of Chicago. Roger Graham got it for us. The high percentages are calcium, iron, zinc, titanium; Middle percentages are aluminium, manganese, copper, magnesium, silicon. Low percentages are nickel, lead, strontium, chromium. Traces of silver, tin, cadmium. In all, sixteen elements on the same side of the valence scale with no oxygen or other combiner."

FORTEAN  
FALLS

"That combination ought to make it plain to you," said Lao Tse, "that these materials have been brought together out of the ether. Also note that they are free from dirt (i.e., chemical ash. ML) nor could it come from meteors. We have told you often - there are worlds within worlds, and when conditions are right and the time is proper the ethereans bring into action this ether-constructed matter and project it into your material world."

"Would this composition be of any value for practical uses in our world?" asked Dr. Cosman.

"This material could be used for the skins of planes," said Lao Tse. "It is highly heat resistant, and for ships, and for all kinds of war potentials. Its specific gravity is high, it is very dense, and it is highly resistant to bomb action. It could be used to ward off the effect of the atom-bomb, the gases will be absorbed."

"You mean it will block atomic radiation?" asked Meade.

"Yes, I do mean that this material will resist the Gamma ray," replied Lao Tse.

"Well," observed Meade, "we should be able to verify that experimentally."

"Yes, you certainly can verify it."

COMETS

"Can you tell us anything about the four-tailed comet recently observed by astronomers?" asked Mr. Cosman. "This is the first time one has been seen."

"No, this is not the first comet with four tails. And this same comet has come your way four times before this. Later when it comes nearer there will be quite a sky show. I feel a little tired. I will go now."



Lao Tse withdraws and a new control takes over. He taps in rhythm with hands and feet, sways back and forth, breaks out into high-pitched chanting in an unknown language.

"That is a South African language," observes Miss Lane.

1.899

The Control then puts Mark's body through a series of graceful dance motions while seated. After perhaps two minutes of this the Control announces in a loud voice.

"I Yo-Bam-Bo. I great chief of Zoambi tribe. I had much land. (Q). "No, I not much with my people now, I grow up, go on from them. But I have much trouble with witch doctors. (Q). Yes, I mean now - witch doctors on your side. They working black magic. When I in your world I have black magic and white magic. I do not bring black magic here, only white magic (i.e., to the seance. ML) (Q). No, I not talk with witch doctors this way as with you, would scare to death. I send to them by mind (telepathy ML), also I catch 'em in dream, in sleep, they wake up in big fright. (Q). Very hard to tell time, your time, (long pause) I think I on this side 90 to 100 years. (Q). British owned (i.e., controlled) my land, run my country then. White man makes plenty trouble wherever there gold, diamonds, any kind gain. (Q). I think future of Africa very good. Next 40-50 years will be ~1.990 great discoveries of metals in Africa. United States sometime will have great hand in Africa. If no war, then some day America rule all countries with kind hand. I go, goodbye !"

AFRICA

CONTROL Lingford takes over.

"Well, one reason the Christmas season is important, is that we learn we can't find out right away what is in every package. (Q). Yes, we observe Christmas on this side; that is, some folk do and some don't, exactly as in your world. Especially the children, of course; they have to have their Santa Claus even here. It's in their minds, part of the dream. So, we have a newcomer (to Miss Lane.) I think perhaps I should have married in my earth life. (Q). Well, I don't take a companion now, partly because of habit, and then too, there is so much to see and do, and if I <sup>tie</sup> myself down to one person, then I cannot do and see so much. (Conversation and jesting references to Solomon and Brigham Young) Do you know I never did admire that man, Brigham Young! Did you ever see his women?... Of course the status of women now is greatly changed, but even in my time they were chattels, servants.

ASTRA  
MATE

(Q. about national conditions.) "As I see it, labor troubles will be more or less ironed out. Much as I hate to say it, the powers that rule in this country are making the Russian situation worse. It is true that the Russians want world control, but let us make a more careful approach in dealing with them. (Q). Well, I think the United States should make a definite ironclad statement and then let it stand, but drop all the mud-slinging."

"The year is almost out," said Dr. Cosman, "How about that prediction of yours that some kind of instrumental communication with your plane would be achieved this year."

"Yes, Lingford rather stuck out his neck on that one."

"That is true. Well, there are obstacles on both sides. Most of them come

from your side, people who are not interested, and who don't believe in communication anyway, and people who oppose such things on orthodox religious grounds, and people who scoff at it and still call themselves "scientists," and so on. We have all these (same) types over here, of course. People don't get rid of their fixed ideas and prejudices just by dying."

1.900  
"I was reading part of that book you loaned the boy here (Mark P.) through his eyes - that book on astral projection (Yram: "Conscious Astral Projection".) It's often easier to read that way than to see things on your plane direct, and it seems to get harder after one has been here a while. There is a part in that book that is not right - where he talks about projecting himself in one body and then getting into another by changing the vibration rate. One doesn't really discard a body. What happens is this; the heavier atoms drain back through the connecting cord into the dense body, and those left constitute the finer vehicle which can be used for more advanced purposes. (Q). Yes, this process can be controlled and it is also automatic. I think this entering the finer body, that is, refining the body one is using, is one reason for the belief in shells. People get the idea, which I think is illusionary, that they have squeezed out of one body and into another. But shells are really thought forms and desire forms, and most of them are produced by people on your side."

Meade Layne raised the question about dowsing from a map by means of a pendulum, for locating oil, water, missing persons, objects of almost any kind.

"Dowsing from a map is very similar to psychometry. Of course, in actual hunting over of a piece of territory there is an actual, psycho-physical sensitivity to radiations from the object you are looking for, while in using the map the action is more purely mental. Everything sends out waves and radiations. The dowser working over a map has no idea where the (say) gold or oil is located. He orders his mind to find it. What happens? The best analogy I can think of is a kind of radar - mental radar. He sends out a mental radar beam of a special kind that will "bounce" from oil or gold deposits. That is, it bounces from the radiations of the oil or gold, and the dowser knows this, or receives it, and it is translated into pendulum movements by his nerves and muscles. It is correct to say as Max Long does, that the pendulum and map become aids after the manner of the crystal used in psychometry."

Lingford was followed by the control Natalli, a 16th Century astronomer.

"That four-tailed comet you were talking about: it has made four visits to the earth's orbit. "

"Have you any idea about how long ago any of these visits was?" (Long pause.)

"It is terribly difficult to state lapse of time in years, I don't think I can do it here. But the first time the comet came was just before the great flood which is told about in your Bible."

"The Noachian era? There really was a great flood, then, at that time?"

"Yes, there was. (Q). No, I can't estimate how far back, in your years,"

"What is a comet, anyhow, Natalli?" asked Dr. Cosman.

"Comets for the most part are broken-off pieces of giant planets." ←

"You intend to say planets, rather than stars or suns?" asked Meade.

"Perhaps stars would be better, but not suns. There must be some degree of condensation, of solidity, before such bodies can break up. A body which is all gas does not break up."

"What causes such bodies to break up?" asked Dr. Cosman. 1.901

"Usually extremes of sudden heat and cold. The tail of the comet is simply due to the speed. The light particles, separated from the ones in the mass, have greater speed. This arises from friction with the ether."

"An object passing through space or through ether only, does find some re-  
sistance from the ether, then?"

"Yes, there is friction against ether. Moreover, sound is produced. (Q).  
Yes, we can hear it if we wish to, make the effort to. It is a strange and won-  
derful sound. (Q). Yes, these sound waves are within the range of human hear-  
ing. (Q). No, there is no planet beyond Neptune belonging to this solar system.  
There is the Great Void of some 86 trillion miles -- then another solar system -  
Yes, as far as I know, another and another without end. Yes the perturbations of  
Neptune are partly due to comets ... Vulcan, to me, is a dark star (Natalli would  
not or could not make further statements about Vulcan). -- There is a vast dif-  
ference in the age of planets in your solar system. The earth is one of the  
oldest, and the sun oldest of all. But planets are born in different ways, some  
almost spontaneously by aggregation of etheric matter. I will speak more of  
this. Goodbye."

12 PLANETS

→ ENDLRS/  
SPACE

COMET

ETHE

SOUN

PLANE

TRANCE LECTURE OF DECEMBER 23, 1947.

PRESENT: Dr. Philip Cosman, Meade Layne, and the medium.

A request had been sent in, for help or advice in a case of impending mental break-down having certain 'psychic' aspects. The letter was read and the case discussed somewhat before the Control appeared. At 4:45 p.m. the Control Lo Sun Yat took over.

1.902

(Words of greeting in Tibetan): "I think this man must have entered upon these studies without proper training or guidance. Sometimes that produces the most deplorable results. First of all he should have freed himself from his very strong sex desires. That is probably the driving force that is now leading him to destruction. Also, he has secretly used these forces for sex gratification. This is bad. Many novices make this mistake. Sex forces are dynamic - and very powerful and will destroy the body if misused in these ways."

"With regard to the partial paralysis he experienced - he did not know what was taking place. The psychic body was trying to escape, he was trying to project himself. The impulse toward suicide was connected with this 'subconscious' effort to escape. He was more or less self-hypnotized and out of his normal state, and yet was trying to work the two planes together. To try to open the chakras without proper knowledge often brings disaster."

"There is only one thing that can be done for him - a series of treatments under hypnosis. At present there is nothing basically wrong with the body, but if the psychic conditions are not cleared up, he will die of a cerebral hemorrhage. The cause is the rise of the sex forces to the brain. But such conditions also result from prolonged over-concentration on any subject, say on mathematics. This sex force or Kundalini energy is basic in every kind of mental endeavor."

"The hypnotist should first find out what set him off in this field of interest. Often the reason for plunging into occultism is a secret desire to escape. It's an escape just as much as is 'dope', to use your word - and the victim becomes an addict. It's as hard for him to escape as for any dope addict. The questions should be put under hypnosis, because his mind is now evasive. When the cause is found, suggest that he has no more desired for occult studies - that he will gain nothing - that he is on the wrong tack. If no hypnotist with proper knowledge is at hand, he must make contact with some institution where there is a competent hypnotist, for he must have such help."

"Also, he has attracted some of the lowest entities. It is true there is an element of obsession in this case. He was and is a highly sexed person. If not helped he will go violently insane."

Lo Sun Yat, of course, does not decry occult studies when they are pursued in a proper manner. There are many subjects and lines of investigation which are dangerous for the amateur enthusiast. -- The plight of the sufferer, in such cases as the above, is particularly distressing, for the reason that almost no competent help is to be had. The medical profession on the whole knows little about hypnotism and uses it still less; the psychiatrists use it intelligently within narrow bounds, but are grossly ignorant and contemptuous wherever an

'occult' or 'psychic' or spiritistic element enters. As for obsession, mental institutions, as least in the State of California, will not admit that such a thing exists; it is likely that the same stupidity exists everywhere, though with a few notable exceptions. -- The mediaeval condition of our mental hospitals is a national scandal - but hardly so great a scandal as the unfathomable ignorance of the healing professions with regard to all things 'psychic' and 'occult'.

Prior discussion of certain scientific hypotheses proposed by Roger Graham, physicist. Dr. Cosman and Meade asked for the attention of Lingford, or Lo Sun Yat, Natalli, Lao Tse - any one of these who cared to comment on the matter. After considerable delay Lingford took over.

1.903

"Well, it looks as if I were going to be put to work. However, I'm not going to try to answer your questions, I'll leave all that stuff for somebody better qualified. But I want to remind you that the consciousness of the medium has to have some grasp of the subject-matter (if good communications are to be had.) How do you do, Mrs. Probert. You seem very busy today. Can't you sit with us for a little while?"

"Yes, of course."

"If you don't want to discuss the scientific matters, perhaps you would give your opinion on this. We have a proposal from an European investigator that he send the projected consciousness of a hypnotized subject to these seances, and that the subject then talk to us through Mark just as any other control does. The subject would be given a key word or phrase which we would not know here at the time of the seance, but could ascertain afterward from a sealed letter; she would repeat this key message and perhaps would be able to take a similar message back with her. This might establish a practicable means of communication. Do you think this is feasible, and is there any particular objection to making the attempt?" asked Meade.

"The proposition seems to me perfectly feasible, but if any of us who communicate here are to assist actively, we will have to come down another step, into a lower vibration rate. Wherever hypnotism is involved, there is a chance that the hypnotist will send his own mind in the astral body of the woman (the subject). The astral body becomes then a kind of zombie, an automaton. Travelling on the astral entirely through hypnosis is likely to involve this condition."

"If you do this, the hypnotist must tell the subject to remember the trip. She will be able to do this. We will have to act as a kind of guiding hand for the subject. In hypnotism the projected person acts only as a recorder or agent. She will probably give only the key message but she will be able to take another message back. You must arrange the time. Be sure to let me know when the time is set."

Desultory talk concerning the proposed experiment. The control then took over. Just before doing so, he conveyed to the medium by clairaudience the word Lao Tse. As soon as in control he spelled the word and said that it was the name of a monastery "in which I spent many years". Being pressed for further information about himself, he referred to some thirty years of occult study and practice while on the earth plane. These studies led, he asserted, into the daily practice of projection, always from deep trance.

MATHEMATICAL TRUTHS

DIRECT PERCEPTION

He also asserted that mathematical truths and principles were not expressed, on his plane, by means of figures and equations. The relationships were discovered by an intuitive process, or known by a kind of direct perception, rather than by logical processes of deduction. This intuitive power, he declared, was possible of attainment here, though the training in meditation was so long and severe that very few persons could attain it.

T.M.

1.904

MATHEMATICS

I interject here, that the child prodigy in mathematics, or certain mathematical geniuses, almost certainly operate in precisely this way; they perform no calculations, but simply know the answer - and know it correctly. By some obscure law of nature, which appears to us as mere freakishness, these persons possess on this plane a power belonging to the more advanced astrals, or obtainable by most at the cost of great exertions. The performances of genius, of children, of aberrant humans generally, of mediums and sensitives, and even of the mentally 'de-ranged', abound with clues to the greater mysteries - clues which the learning of our day seems to take pride in disregarding.

ATOM

ROGER

The hypothesis formulated by physicist Graham is too lengthy for verbatim quotation, but its substance follows: 'The mass of the electron is about 1800 times less than that of the proton or neutron. The positron and the neutrino are analogous to the proton and neutron, and have the inertial mass of the electron. From these there is a whole series (hypothetical) of elements analogous in properties to the 90-odd we know of; but each atom of this series is about 1800 times as light in mass as the corresponding atom in the series known to science.' These elements will nevertheless be material, i.e., matter in a very finely divided state. A human body composed of such matter would weigh 1 1/2 to 2 oz. 'A lens made of the equivalent of sand in this matter would be able to focus the X-rays. Vision of a person whose body was composed of this type of matter would be by light from somewhere in the X-ray bands or higher. This matter would interpenetrate with our dense matter, but the two are mutually inert chemically, and mutually invisible due to different absorptive bands. The astral or spirit body is composed of this type of matter.' "If these statements are essentially correct" writes Roger Graham "it will be possible to prove it conclusively."

ELEMENTS

ASTRAL MATTER

The communicator, having had the whole statement reread to him, agreed with it in substance throughout.

The following question was then asked: "Does there exist on your plane the element we call Cu (copper), as an actual material substance, yet some 1800 times less dense than our copper - and if so, can it be worked - say, drawn into a wire?"

ASTRAL DUPLICATES

To this Lao Tse replied "This element of copper exists on our plane as an actual "material" substance. The relation in weight to atoms of copper on your plane is about the ratio you mention. This is where emanations come in. Our copper is in effect an "emanation" from yours. Yes, it can be worked by us. (Q). Yes, we work it by mental energies."

Lao Tse then inquired as to what substances had been especially examined, as to the attitude of mind of Mr. Graham in pursuing these studies, and whether he would present a written or mathematical formulation of his proofs. Part of the article entitled "States of Matter," by Roger Graham, was then read to him.

This article appears in full in Flying Roll, the companion publication to Round Robin, issue Delta II, December, 1947. Data from these seances are frequently

considered in both publications.

The communicator repeatedly expressed his surprise and pleasure at the progress and insight evidenced by the hypotheses submitted to him. According to him the whole concept rests on firm ground and is of very great importance both to physical scientists and to all who are concerned with the problem of instrumental communication between the planes.

1.905

As a minor point, it is of interest to note that supposed weight of the vehicle disengaged at death (determined by weighing the body just before and at the moment of death) is between one and two ounces, and that Graham's estimate of the weight of the etheric or astral body in the "new Forms" of matter closely agrees with this.

It has long been maintained by students of occult matters, that objects on the etheric and astral levels of existence are truly material, but that the matter composing them is very finely divided, so that it becomes responsive to the energies of mind, whether of imagination or deliberate constructive mental effort.

ASTRAL  
MATTER

→ The astral or etheric (duplicates) of objects of our plane have also been regarded, by some, as "emanations." Thus far, the concepts are by no means new to occultism. }

Mr. Graham's formulation, however, is in scientific and mathematical terms; it is, in effect, the first strong span of the bridge which nuclear physics is building between the planes of manifestation. This rapprochement between physical and occult science has long been foreseen; it is an inevitable as the progress of human knowledge itself. A whole new realm of matter is opening before our gaze, and that which has heretofore been accessible only to the advanced occultist will become the province of the physicist also. As has been said many times, the need of our age is for the scientific-occultist or occultist-scientist; he is the key man of the future and it lies in his hands. We regard Roger Graham as a pioneer who has already thrust far into new lands, and consider it a privilege to publicize his work to the limits of our ability.

SCIENCE - OCCULTISTS

TRANCE LECTURE OF JANUARY 3, 1948

PRESENT: Dr. and Mrs. Cosman, Irene Probert, Katherine Tones, Meade Layne,  
Mark Probert (medium):

CONTROL: "Laurence of Arabia":

1.906

→ LAWRENCE OF ARABIA

"You know that blasted cigar you're smoking is simply stifling me. It seems to distress me no end, much more than when I was living in the physical body. I could stand all kinds of things then, but I do not seem able to tolerate them any more. Some months ago I was here. I do not like to refer to myself as that, but I am Laurence of Arabia. I think if we understood ourselves a little better we would not indulge in various injections of poison into the body. However, I am no moralist or preacher so we will talk about more pleasant things. As I look back and think of my book, the Seven Pillars of Wisdom, I would reduce it down to about five pages - that is enough to say. (Q). When you stop to observe life, you realize that all you have said is very insignificant and really without meaning, not to myself or to yourself - but to write all that for publication, for the general reading public is a sure waste of time and energy, to say nothing of paper ... Only after you are very old, or have passed over to this side do you begin to see life without many illusions. Knowing here is by direct sensing, without so many words."

"Yes, I am still very much interested in the Arabian people and in my own country and its political activity, altho I see the futility of so-called authorities, their mad scrambling; they are not getting any place. (Q). About the future of Palestine and the Jewish State, I see that it will be eventually accomplished. Yes, indeed, the Arabs object, and there will be a great deal of slaughter and wide-spread contention, both in Palestine and in India, and its effects will be felt around the world. (Q). Yes, England will lose the Sudan. England is going down and down, I'm sorry to say, but I saw that situation coming on even in my time."

"Yes, the English are trying to rebuild their empire in Africa, but conditions will arise that will stop that. The English people are rapidly failing. (Q). Yes, England and the United States will come closer together in an effort to hold their heads above the rising tides - which are going to be disastrous."

"About another war, I prefer merely to say there is great trouble ahead for the world. (Q). Yes, for Russia, but not for her alone, but for all the countries that survive (survived?) the war. (Q), Yes, there will be a resurgence of Nazism. Do not think for a moment that Germany is going along with the so-called democratic idea. The German people are bull-headed, and proud, and that pride has existed many hundreds of years. Now they hold a bitter hatred against the American people - and don't forget it! You can't slap a proud man in the face and expect him to shake hands with you."

"No, no special message - only that I am glad to come back and talk to you again - and get involved in a political discussion...I find that I had a very similar outlook when I was in the physical body - just a somewhat wider scope now... I only wish I could have gotten around as fast when I lived in the dense



body. Everyone has a definite time to live. (Q). Yes, the time of death is fixed, but it is fixed by your own actions. Yes, there is freedom in your actions, but your character and manner of reaction to events is what determines the time of death. But there are other waiting, and I heard that you had some important questions. Good afternoon."

FREE  
WILL

CONTROL: Lingford.

1.907

"Oh, don't say welcome to me - sounds as if I were a stranger. I sure do gad about, though. We had an extremely interesting get-together in that town up north (Los Angeles). In fact, I became eloquent all of a sudden, I was surprised at myself. (Q). A very fine and helpful group. If at all possible the boy here (medium) should go up again; I think things are going to turn up very good for him in Los Angeles. (Q). Yes, I refer in part to money. (Q). Yes, I can see his brother's point of view - why should there be a continuation of this unhappy life - but the laws of Nature do not regard our opinions. I see you have some questions."

NATURAL  
LAWS

"The questions bear on the theories advanced by Roger Graham" said Meade.

"Would you mind reading the first part again?"

"What is the true nature of magnetism?" repeated Meade.

"That is going to involve a long discussion; I don't know that I can word it right, but there are two types of ether - one which you have your existence in, and one in which we have our."

ETHER

Lingford was silent for some time, apparently trying to arrange his ideas, and then was abruptly replaced by a new Control.

CONTROL: Lao Tse.

"You will have to excuse me for pushing out your American friend, but I think I can do a better job. (Q) There is an interplay of energy between the so-called material earth and the astral earth. (Q). Yes, one is much more refined than the other. (Q). No, there is no way of detecting ether with your present instruments. Magnetism is a flow between my earth and the material earth; your ether acts as a carrier or vehicle; it is a phenomenon of the finer ether or etheric earth. (Q). Yes, sensitives can see the magnetic field, very often."

MAGNETISM

"Yes, we have for example, a true copper; it consists of the "emanations" of the copper on your plane. It is the slow returning of the copper to its source. It arose from a kind of condensation of etheric copper (i.e., the copper of dense matter), and it returns to the etheric state by "emanations". Like the rusting of iron, whereby the iron returns to the ether from which it came. There is a back-and-forth exchange of energy. (Q). Yes, all copper is basically the same, otherwise it could not manifest beyond the physical plane. Yes, this "emanation copper" exists in and with and through the dense copper of your plane. (Q). Yes, it would be the same for glass. "

ASTRAL DUPLICATES

ASTRAL  
DUPLI-  
CATES

"If you have a glass lens of a certain shape, does that affect the "emanation-glass" so that it also has a lens shape?"

ASTRAL  
DUPLICATES

"No, it does not. No, the "emanation" is not affected by manipulation of the dense matter. Yes, the "emanation" is formless. (Q). No, in the lens of the camera there is no lens of etheric glass, unless one should be shaped there by some entity. (Q). Yes, that is done sometimes, but such experiments would go on only if there was someone on your side trying to prove some theory or idea - and then most likely this manipulation of matter would be projected and you on your plane could see it."

1.908

"How far is the structure of etheric matter independent of dense matter? Suppose you took a lump of your emanation sulphur and held it so that a wire carrying an electric current passed through it. Would there be any effect on the flow of current?"

ASTRAL  
MATTER

"It would avail you nothing. The difference in atomic density would make such effect impossible. The wire would pass thru the lump of sulphur, but there would be no contact, it would in no way be affected." The only way any of your physical apparatus can be affected from our side is by partial materialization. (Q). Yes, differences of potential between condensers can be affected if there is a mediumistic person present. In such case materializations may appear in a magnetic or electrical field.

In reply to a question about P.K. effects, on fall of dice etc. Lao Tse continued "Your P.K. effect depends on training of the muscular system to obey the will automatically in throwing the dice."

"You mean that you get a P.K. effect when the dice are thrown by machine?"

"Yes, proven so."

"What kind of energy is this?"

MAGNETISM

"It is a magnetic energy, the magnetic field is affected. (Q). Yes, to some extent it depends on the presence of the physical organism of the person."

"Could you on your side affect the fall of dice in that way?"

"I don't know. I have never tried that. Is it not odd that with all the communications you people have had, with the instruments at your command, you put more faith in a piece of machinery than in people. No man has the least faith in his fellow man - not the least."

"P.K. is observable up to about 30 feet. We don't understand the nature of the force or energy."

"I would have to observe the machine."

"It's not the machine; the observer wills a certain number."

"Will you excuse me for a few minutes?" To get back to that mechanical device you are using, even in setting a machine to perform any mechanical action, the energy of the mind is involved; you are working in a magnetic field. You wonder why this doesn't fit in with passing a copper wire thru a lump of astral sulphur. In one you are trying to make direct contact with no gradation of the flow of magnetic force, in the other you are giving free rein to the gradation

MAGNETISM

of the etheric flow. Any of your physical objects can be lifted about by mental direction, given the right conditions and right persons. (Q). This resembles P.K. effect, ectoplasm has nothing to do with it. (Q). When dice are thrown by hand, the mind prepares the muscular reaction, but with a mechanical throw there is a control of the magnetic field. --- In the first case the muscles sense exactly the amount of force to be used for a desired cast. (Q). No, one need not be in proximity to the machine; you could be here and the machine in Los Angeles... **1909**  
Much depends on the individual, his ability to control and direct thought-force.  
Telepathy utilizes the same force; it is and works as a magnetic field... MAGNETIS

"The atomic whirl of electricity is much slower than that of mental force, or mind flow - it is easier for the latter to travel. The passage of thought is faster than that of electricity. (Q). Yes, mental energy, like all energy, can be measured - it has its own units of magnitude. (Q). Yes, one person can interfere with the dice throw of another mentally, especially if he knows how to control the thought energy. The stronger of the two forces prevails. This is true in all life. (Q). We can direct energy onto your plane only insofar as we are able to come down the grade into the level of material construction. (Q). Yes, difference of potential between charged plates can be affected by us, provided you have a medium present, or one who is in some manner sensitive. You will get spontaneous materialization in the magnetic field. But you can NOT get away from use of a medium or sensitive." MAGNET

TRANCE LECTURE OF JANUARY 10, 1948.

PRESENT: Dr. and Mrs. Cosman, Irene Probert, Katherine Townes, Meade Layne, Mark Probert (medium).

CONTROL: Lo Sun Yat.

1.910

TO SEEK TRUTH → "Good afternoon - I am very well indeed. No, I do NOT think for a moment that your conversation was - what did you say? (Poppycock). Oh, yes, poppycock. → The pursuit of the mysteries of the inner life is far from that. It is the most satisfying and gratifying kind of work. There is nothing of more worth, on any level of consciousness. But it seems you have some problems this afternoon... → You must not expect concrete and absolute answers; what appears to be true today may be false tomorrow, this is the one inescapable law of life. There is incessant and constant change in Nature."

TRUTH } } Someone asked a question about the exact process of taking control affecting the brain-cells of the medium, etc, to which the Control replied "In the first place, matter must be better understood. If you conceive matter as something touchable and concrete you are falling short of the mark. You must understand matter as a concept of consciousness then the problem will become clearer. → Your psyche and the so-called "physical" are practically one and the same thing. ← (Q). Yes, in a way they are different planes of consciousness. I do not wish to side-step the question; I am trying to find understandable terms (pause)... → Physical matter and psychic matter are both thought-force. For us who live in the 'world of thought' after death, it is a simple matter to enter the physical realm and use it. Science pursues a will-o-wisp in trying to explain matter by matter. Better would they gain knowledge by investigating the world of thought. → They would find that matter is condensed thought. This topic cannot escape the field of metaphysics.

"We think thought energy is basic, but still the problem remains, exactly how do you affect an organic cell or a molecule by mental energy?" asked Meade.

WORDS → "I understand - but whether I can put it into words so that you can understand is another question. I do not for a moment think that your ability to grasp and learn is any less than mine. That is not the question. I do not belittle your ability to think clearly; it is my inability, I am afraid, to use the proper terms - because in the proper terms lies the knowledge. But I think ← I'll step out for a moment and give place to Lao Tse. Yes, I am Lo Sun Yat. I have been quite busy - have been back in my own country. (Q). I see many, many more years of strife for China. (Q). As to Tibet, as the years pass and as men squabble, that country will become more inaccessible than ever."

CONTROL: Ali Ben Casi:

VIBRATIONS "Good afternoon. I am not Lao Tse. I have not been back here for some time and I realize how difficult it is to know who comes in or out under these conditions. I am Ali Ben Casi. Dr. Cosman, you said something about stepping up super-sonic vibratory rates. I find that is the wave I come in on. The cell structure or vibratory rate or whatever you call it, rises - so rapidly that you will note a tightening of the skin or chills on the body of the medium. It is somewhat automatic but it is first conceived by the mind of the medium. The physical brain, on conceiving what is asked of it, waits. There is a rising of the vibratory rate

of the cells of the mind. When this nuclear action rises in speed, its speed is is of the same quality or quantity of the world in which we live (meaning me). All we do is to wait for that condition to take place, and then we step in."

CELLS

"Do you direct a stream of thought energy onto the cells?" asked Meade.

"Exactly so!... When the psyche reaches out into the ether or away from itself, we come into direct contact with that flow. Then instead of allowing it to dissipate into space, we impress upon it and drive it back to the mind -- The thought wave pulses back and forth, coming out and carrying the thought back."

1.911

Foreign Control: Examines clothing, especially medium's tie, with much amusement; doesn't like the feel of clothing on body. "What this? What you call this? No, no, no like. Come from Amazon, from deep in jungle. (Q). No, not long this side. Have white man come down, look in jungle, wear cross (missionary). He teach me speak English. Amazon muddy. Yes, high mountains, nothing but mountains around. Lots little fish, eat man up, tear skin off. You fall in, ten minutes, no skin. (Q). No, no do much; woman work all time. Man have no work. Father say, no man do that, no man let wife do work. I say NO, white man spoil my woman."

(Q). My people hold big meeting, have people come talk (spirits), do sleep like boy (Medium); somebody talk like me now. Do sleep like boy, much. Everybody-round in circle, on ground (gestures). Then come back to talk to my people (a materialization), he says. Everybody very - respectful (bowing deeply from waist) People very afraid, chief headman no afraid. All teachers say, all race man nobody die stay dead, all people have (groups) where talk with ancestors come on my side. White man, him slow. Him think new, wonderful (i.e., materialization), to us, natural. Goodbye ! "

CONTROL: Lao Tse. "One mistake seems to be most common of all - the idea that manifestations on your plane do not belong to your level of matter, or is not of your consciousness. But it is. There is no degree of matter, however intangible, which does not belong to your plane of consciousness. Whether it is A, B, C or simply X, it is of your plane - or you would never be aware of it. This makes many difficult problems, that seem insolvable."

ORIGIN OF MATTER

Following a question about "emanation-matter", objects on astral - matter peculiar to finer planes, etc, Lao Tse continued "All that is here now (earth) came originally from the world I am in. Out of my world sprang all that you have. How can there be things on either plane that do not coincide in some manner? Yes, we have elements on our plane not yet known on earth, but conditions have been such that they have not taken form on your plane. Yes, objects on our plane are made of "emanation matter" and have form; they are made by thought-force, desire, will of individuals. [No, material form does not exist independently of mental action on our plane,] nor does it on yours. On your plane, as on mine, we conceive and begin by conceiving. (Q. about solipsism). Well, that is how it would appear, like a snake swallowing his tail and all of himself, but that is an illusion... On my plane, if folk wish to stop me, they can project an obstacle of material solid, enough to hold me, providing I do not know how to destroy it. You are under the same conditions."

MOLDS

"Well, if I were to die suddenly, would I not see natural objects, houses, trees, and so on, on your side - without any effort or desire on my part to see them?" asked Meade.

TO CREATE  
ENVIRONMENT  
IN ASTRAL

"Yes, you would. But these <sup>ASTRAL</sup> objects have been created by the minds which went before you, for your convenience and theirs: you live in them as long as you want to use them, then they vanish; then you make of your own. The cosmic mind functions through the individual mind, even on our plane." ←

1.912

PARTE 30: ÚLTIMA PÁGINA  
TRANCE LECTURE OF JANUARY 18, 1948.

PRESENT: Dr. and Mrs. Cosman, Mrs. Strong, Mrs. Leftbridge, Irene Probert, Meade Layne, Mark Probert (medium):

1.859 A 1.913

An unknown foreign control has great difficulty in speaking. Finally says "I not used to control with American people."

1.913

CONTROL Lingford: "Humph! I had to chase him out. (Q). Oh, he was a little boy from Hindustan. (Q). We let him in just because he wanted to talk for a minute. I see you have visitors here. (Q). Yes, I always keep an eye out for the ladies. (Q). Yes, since last meeting I have been looking up some of the questions you raised. No, I don't consider them dull - not dull to me, anyhow. What you call dullness is usually due to haste - to a rushing away of the mind. There are quite a few here today - quite a gathering (i.e., on the 'other side'). (Q). Part of the difficulty in getting started today was tannic acid in this boy's stomach (medium). Do you know what he did? He made himself a cocktail, a very large cocktail of orange juice, and then put egg and honey in it. But it was the orange juice, too much of it that made the trouble. I wish you would give me a cigaret. (Lingford manages a cigaret ver well but is not yet able to light it for himself).

"You know, Meade - about those mounds (Siskiyou stone circles, Shasta area); M. SHASTA from what I hear about them over here, they date back 15 or 20 thousand years, and they are connected with the Lemurians. These people spoke an ancient Hindu type of Sanskrit. -- Do you ladies wish to ask any questions?"

An inquiry was put by a visitor, on behalf of her husband, concerning facts in a criminal case, some 8-10 years past. Lingford passed this inquiry along to Lao Tse, another Control, with whom the matter had previously been taken up.

Following a question about developing apparatus for communication, Lingford continued: "Scientists will find out in time that the wave lengths needed for this are extremely short. And they had a very tough time getting even the shortest wave lengths they now have - and these are much too long. This is a deucedly hard business. It's being thought out on our side and an effort made to get the ideas across to you. Your Professor Twining who came over here recently stood a good chance of making this possible. But the body elements are necessary. The apparatus will have to employ wave lengths that are of a mental or psycho-physical order or rate - it will have to take the place of a human being by reproducing the same energies. (Q). Yes, Professor Twining is here today. Excuse me, please - I shall go now."

Lingford was followed by a "temple dancer", a former communicator, who claims to have lived on "Easter Island" when it was part of a continent. The name of his land, or his local area was, phonetically, Bee-oh-lah-dee. "Mean Land of Sunshine - top of mountain now". (Q). "Yes, we hold big dance - very pretty music - Oh, yes! Yes, drums, and what you call - strings - long strings (measuring with hands.) (Q.)\* All dances held in honor of Gods of Nature. For all long time man been on earth, always to Nature Gods he bow down. Go now."

ISLA  
PASEVA

Tho the medium never rises from his chair, the dance movements of body, particularly of arms and hands, are of remarkable grace and beauty. This silent dance -