

Aud: One is only aware of that truth in this state that you go into this one-ness?

Yada: No there is a realization of a different kind. A kind that is beneficial to the dreamer who is dreaming a chemical world. A beneficial to in there, because it has to do with his there-ness. In another world, a being on the lower astral, his impressions benefit him there, and his ability to recall some of his experiences may lead him to a great benefit when he returns to the physical world; or in his memory of what he was when he was in the physical world.  
John, you want to say something to me?

1.186

John: Yes. When we pass over, is it like our waking up from a dream and then to try to remember it all over?

PAGINAS 1.186 A 1.258

Yada: Very much this way. Some of us have very good recall and so we tend then for a time to relive it, the dream of the physical. We tend to stay around those we had experiences with. You see in the other lives of consciousness from the astral on, the moment you think of a thing you become that thing. You're active in that thing. Here in the physical you can think of it and do whatever you desire to do about it at some other time, but you cannot do this in the astral world until you have conquered it here (points to his head).

In the astral world you can, after a time, so control your thoughts that you can think of something and do it later, but in the beginning you find it very difficult to center and control your thoughts; to control them so that they do not move your astral body almost instantly into acting out what the thinker is thinking. This is why there is such a great necessity in learning concentration, one point is thinking.

It should be very great value in the after life, should be a tremendous value right here to you in the physical word, to put your mind upon whatever it is you want to know. Don't let go, don't waver, hold it and you will become it.

I think I am going to leave please, and I think Mark's body is not in a condition for me to go on, mostly because he is hungry. I can feel those pangs of hunger, and with him, hunger is more than hunger. Hunger is a demand that he supply his body with sugar.

**PROBERT-YADA REVELATIONS**

You think he live dangerous life? But everybody does, the moment you come into the physical dream your danger commences. Naturally, because the moment you step through the door, you are signing your own death warrant (L A U G H T E R).

Lady: He created this danger then in himself?

Yada: Of course.

Lady: He felt he should experience this?

Yada: Of course.

Lady: Play that game.

Yada: Of course. Now if it is true that the individual creates one thing of his own, does it not follow he creates everything? Who else could do the creation of these other things if not him, Who? There is no other creator but me, I am that.

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Lady: In other words then, will this creation just involve himself?

Yada: That is right, it is . . . .

Lady: And is not in conjunction with anyone else's creation?

Yada: No. No it is a long standing thing of guilt, where he (Mark) seeks to punish himself. Now it is not done consciously, because surely no one would punish themselves that way, not consciously. It is memory patterns in which he believed he did wrong, he hurt someone. You know in truth, we can only hurt ourselves.

That is all. Good Night.

1.187

Lady: Good night, Yada, thank you very much.

Audience: Until another dream.

Yada: Yes and may my love go with your dream and protect you. Good Night.

Aud: Good Night.

This is September 23, 1966. This tape is being brought to you by Mark Probert, deep trance lecturer, at the Kethra E da Foundation, 931 26th Street, San Diego, California.

Yada: No, I am not

Maxine: Sorry about the tape recorder.

Yada: Oh, its all right. Don't let it bother you please, neh?

Maxine: Yada, I had my first group today.

Yada: That is excellent.

Maxine: But I'm not telling the truth!

Yada: It is difficult to do that too, to tell the truth, very difficult.

Maxine: I know.

Yada: These things, these experiences called "daily living" bring pressure upon the nervous system and we unconsciously worry. Our worry is an effort to throw off the pressure. One who says they never worry, be very careful of them, because they undoubtedly worry more than the worrier, the one who confesses it. Now worry about some certain things can and does produce a variety of sicknesses in the body. That is when we do not know how to worry. There is an art to worrying, which if we learn, we are not hurt by it. The art comes in knowing that all all is well. You want for nothing, for everything you have was already here before you got here, waiting for you. It cannot go away because there is no place for it to go to, you will be you, no matter where you transfer your thoughts to. So death cannot take life from you. Death is not the opposite of life. Death is ignorance, is lack of knowing. It is not dissolution of the physical body, for even matter cannot die. And in order for matter to be alive it has to have life force in it and it is forever in it. The whole vast universe and universes are alive. They are living organisms.

Lady: Are things coming to you like you have bad periods you go through, a cycle when everything goes from bad to worse to worse, to worse? Will these good things that are coming to you, will just keep coming to you even though you block them out and keep them away?

Yada: That is right, but then why not be able to block out the bad things. If you can block out the good things, surely you can block out the bad things. So it is not so much a matter of blocking out, its a matter of getting a sense of contentment within yourself, in your daily life, getting that most valuable thing called peace of mind.

Not happiness, happiness is built upon possessions, "If I had so and so I'd be happy." You have heard it. You have probably used that expression yourself. But it is a false idea. As you must know, as soon as you get this thing you say will make you happy, it soon begins to lose its luster and you want something else. So your happiness goes away until you get something else. And this is repeated and repeated so that you never find happiness. Its a will-o-the-wisp, its a shadow with no reality to it. But PEACE OF MIND is substance, is reality. Peace of mind comes from knowing that everything is right in its time and in its place. By knowing that nothing, nothing can harm you really, not really. "Though you destroy my body," says the Master who knows, "I shall rise again because I am without beginning and without end. I am." Most of men's anxieties stem from his fear of death, his fear of annihilation of what he thinks of as his personality. Would you agree with that?

Lady: No, because I happen to think that death would be an easy way out right now, whether you are here or not, my problems are getting bigger and bigger and deeper and deeper, so right now it would be an easy way out.

Yada: But you see it is not an easy way out. It is no way out at all. It is no way out at all! Think of that.

Lady: That's why I'd like to know who I was in my last life. I must have been pretty horrible, all the troubles I'm having in this one.

Yada: Lady, you are not having nearly the troubles that some others are. Look please, you do not look sick to me, I know not what your age is, I'm not inquiring, because I know ladies don't like that.

Maxine: Did you hear that, Yada?

Yada: No.

Maxine: She said she would lie to you anyway.

Yada: It is of no interest to me what your age is. What I am interested in pointing out is that you have gotten this far and you do not look too bad for having come through the storm as long as you have. Indeed you are blest with a great imaginative mind. Without imagination there would be nothing here on this earth but animals. Man himself would not have become human had he not had that wonderful attribute called imagination. Lady how is your ear?

Lady: Right now?

Yada: Yes.

Lady: It feels fine now.

Yada: How long has it been feeling fine?

Lady: Ever since I came in here. Tonight it hurt before I came here and I put my head--

Yada: You do not have any growths in your ear; you do not have any fungus. You have a nerve condition. You know we play tricks with ourselves. We do everything to side step our worries, our anxieties. Side step by not thinking about what seems to be worrying us. "Oh I will not think about it today, I'll think about it tomorrow." And in doing this, we often produce some form of disturbance in the physical body so as to distract ourselves from some other worry.

Maxine: Ask him anything you like. (she is speaking to the lady)

Lady: I have another girl friend that believes like I do. She prayed the other night to the universal subconscious mind, to ask it to regress her to her past life. Some of the books and things I've been reading lately say to pray. Is this a good way, to ask the universal subconscious mind to let you know about your future?

Yada: Lady, you know about your future right now, without prayer, or without looking out, just by looking in, examining what you are doing now. Examine what you think now today. How did you think all day today? Because as you thought all day today, believe me, your tomorrow is going to be like that. Do I make myself clear?

Lady: Yes, very clear.

Man: Very clear.

Yada: You know if more people would realize this that all of our tomorrows are made up of our todays, and (the attitudes) to today! No experience, no experiences whatsoever hurts one, or does them any good. It is our attitudes to these experiences that educate us or bind us and hold us back. Just think of that! Nothing more than an attitude can destroy us. Today, you live today I live. If I consciously think, feel today, be aware, know what I am doing, my tomorrows will be just like that, just as they should be, as made out of today.

You hear of people talking of past lives. I have talked on this subject many times through the years I have been using this man's body to communicate my thoughts to the physical world. Many people have gotten the impression and they express it like this, "Yada believes in reincarnation." Let me ask you something: Is life a belief, or is it a law? Is it a fact?

Maxine: Its a fact.

Yada: Its a fact, because it is made out of law. Law is order, so I don't care what I believe or what you believe about life, or little parts of it called religions, philosophies, whatever, because if a thing is it is whether we believe it or not. It exists. That's the nature of being that isness (Kuga-"That is the Eternal Mother.")

Lady: Should we just live life everyday?

Yada: Lady, you live life today as you see it, not as somebody else sees it, not as somebody else tries to dictate it to you, but as you feel it. Now you may make many mistakes, but from mistakes we learn. When we don't make mistakes, then we don't learn.

Maxine: Yada, could I ask a question for her?

Yada: Yes.

Maxine: She has established the fact that she is quite a worrier and I think one of her big worries is that perhaps this is a Karmic condition she has from a past lifetime which is causing her stress and strain and trials and tribulations, and perhaps she feels that she can't escape it if it is karmic from another life. I

know you don't like to discuss this too much, but could you just give her a "yes" or "no" answer? You don't have to tell her what she was, but just tell her what she.....

Yada: No, no. Now Maxine you know me too well to suggest that I give a yes or no answer. I never give a yes or no answer to any question. ← 1.190

Lady: Your. . . . . (laughs)

Yada: No, no, you speak always as you must speak. That's the way we learn. Let me first go back to what I was saying. Because I talk on reincarnation people say, "Yada believes in reincarnation." But you see this is a false statement to make. It isn't true. Why? Because I know that that which you call reincarnation, that which man calls rebirth, is like the rest of his beliefs, illusory. It is dream creating. Now I am not saying that reincarnation, rebirth, does not exist. It does exist by one's feeling about it, we create it. So to that extent it does exist, but it is illusory nevertheless, because when you come to know the facts, this illusion vanishes.

Truth, it is said, sets you free. Could I explain that a little more? But before I do, I want to say to you that your trouble has nothing to do with your past life. It has everything to do with your present life. It has to do with the way you were raised by your parents, from your treatment from them and I do not believe you were treated very good. I do not believe you were understood very well by your parents. But this is my belief. Mark, he is diabetic, when did it start? In a past life? No in this life. It started by shock, emotional shock.

Lady: Diabetes?

Yada: Yes. Diabetes does not start from excessive sugar or starches. If that were true, almost all men would be diabetic, because man eats more starch and sugar than he does anything else.

Lady: And yet he has to be receptive to it.

Yada: And the receptivity comes from shock. When he was a baby this was the second shock. The first one was his birth trauma, birth trauma. What is important was the second shock, when his mother was not feeding him. She did not know this and he could not tell her, so he was suffering from malnutrition at her breast. Then as his life in the family he chose to come into went on, there were more shocks. A not very thoughtful father, with his fears and anxieties, consumed large quantities of alcohol. His mother died suddenly after a severe illness, a big shock to him for he loved his mother.

All along his life he created a pattern by not being able to absorb these shocks, these emotional shocks, to balance them out, to keep them from breaking down the glandular system. Yes, it is shock, emotional shock that creates diabetes. You investigate and see if you can find a diabetic that is emotionally stable. I'll tell you, you'll not find one.

Now there are millions of diabetics in your country, just your country. The majority of people in your country have been conditioned by the environment of America to be emotionally unstable. This being emotionally unstable, leads one to all kinds of foolish things, negative things that hurt them, bad living, the drinking of bad water, the eating of bad food, food that does the body no good, and the consuming of alcohol, of drugs and tobacco. Do you not think these things deteriorate the body? Of course they do but they are not the cause. The cause is emotional instability. There will come a time when there will be no medical men. Medicine, drugs, no matter how purified, are not fit to put in the body. They cure no disease. They never have, but they produce endless little side effects, depending upon the personality. Every sickness is a personality disturbance. But your medical doctors do not know that yet, so they use this medicine for everybody for one particular disease. If ten people have this disease they give them this particular medicine. Some of them seem to get better and others get worse. But the ones that seem to get better, get worse later on, perhaps with some other disease.

Lady, I'm going to, if you desire that I do so, give you a healing treatment. Would you desire that I do so?

Lady: I was just going to ask you why, ever since I've been here, I feel so relaxed.

Yada: What did you say lady?

Lady: Not understandable.

Yada: Are you nervous, lady?

Lady: As I said before, I'm relaxed ever since I've been here.

Yada: What are you nervous about?

Lady: I don't know.

Yada: Are you a little bit afraid, perhaps?

Lady: No, I don't see why I should be.

Yada: NO, you shouldn't be.

Maxine: Do you want her to come over nearer you, Yada?

Yada: Yes, please, move the table aside please, heh?

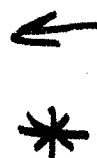
Maxine: (to lady) Do you want to come over here?

Lady: Where?

Maxine: Over here by him.

Yada: Yes, please, you come here. Thank you. Lady, I'm not going to heal you, you are going to heal yourself. You listen to me and you will be healed. Heal yourself please, heh? (Yada chants healing mantrum) In my language I said, thank you for permitting me to be of service to her for it is man's only work to be of service to his fellowman in love and understanding,

1.191



The physical world is an experience for now, for this moment. At what time the individual will wake out of this dream, none can say, not even the individual. But the time will come and as we move our consciousness to, not higher, but more intelligent states of being, we acquire a little more freedom, a little more space in the mind, in consciousness, to operate in.

Speaking of reincarnation again, let us see how illusionary it is. I will try to give you a graphic picture of what I mean. This world looks real to you, but let us suppose this world was a room 30'x30', 40'x40', 100'x100', or however you like it. Suddenly you find yourself in this room not knowing how you got there and not knowing anything about somewhere else you may be going. You are completely on your own to create the world you find yourself in. But perhaps you do not like that much space, or perhaps you feel lost in it. So you start building walls, what you call partitions, to divide the square into rooms and then you name these rooms. You see how you add illusion to illusion? Then you say, "I'm going to the bed chamber, to the kitchen, to the living room. and it looks as though you are going somewhere doesn't it? But you can see, I am certain, that if you push down all these walls that you haven't gone anywhere outside of that big room. Is it not so? Now do you see why I say reincarnation is illusionary? Where are you going from; where are you going to?

Lady: We'll just have to learn about the one life.

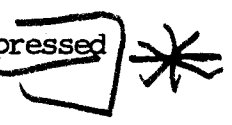
Yada: That is right. There is only one life. We live unconsciously. We create our dreams. We create our worlds. No world is waiting for you to get there. You are, I am, already there. So this means there is no going and coming, not really. As soon as we can see through this illusion, then we stop blaming past lives for something that is happening to us now. But listen to this: If you believe that there is rebirth you will follow the law of your belief, "As you believe so it shall be done unto you." I think these words are in the Christian Bible you have, "As a man in his heart thinketh, so is he." Au kee?

Lady: It also says a lot about the truth. I've been reading a lot in the Bible. "Seek and ye shall find, knock and it shall be opened unto you." By seeking, I imagine it means reading. Then it says, "Know the truth and the truth shall set you free." How do you go about finding it?

Yada: You don't go finding it.

Lady: Then you were saying before. . . . .

Yada: You see in order to talk on the higher things of life, much must be expressed in allegory.



Lady: I don't know what you mean, allegory.

Yada: Allegory means storylike.

Lady: Like parables?

Yada: Yes, not giving the exact truth. Now....

Lady: The more you read and study, does this truth just come to you? Or by living right?

Yada: Then you must ask yourself the question, "What exactly does that mean, living right?" How right? What are you to do that would be considered living right? You see it is a much more complex problem than that. Living right for some people is helping their fellowman here and there, and as I said earlier being of service and having respect for others. But you see, that is all right, but it is not enough. Not enough to find the Christ within. Not enough to waken that Christ, to make it conscious of itself, to make it self-aware. Do I talk in circles to you? Do I talk so that you do not understand?

Man: I understand fully what you are saying.

Yada: I'm sure that you do.

Man: I like that, I even like the statement you made - that it is not enough to know certain things, but to make special efforts to find the Christ within.

Yada: Yes.

Man: The thing I'm interested in is what to do that this Christ can be born.

Yada: Sir, every day practice staying aware. Walk with honor in yourself. But remember please, there are certain things that go beyond those things that I mentioned that to find yourself you must know, to find this Christ you must know. Now these things are called occult things, meaning the inner workings of life. You are not only a physical being. The physical being is a shadow, it is a shadow for this life you are in. It is suitable to this life. Now comes a time when you will leave this world, but if you do not know certain things like the man you call Jesus, who was not Jesus. His name was Easus, Easus the annointed one, Easus the great advanced one, one who recognized his Christness. The title Christ was not given to him, he had to earn it like you, like myself, like everybody. There are certain things that you will come to know if you walk the path without fear and stay aware. Don't be afraid.

In the life after this, it is more or less a kind of anti-room where the majority of humans go and wait for a period of time and then come back here to the physical world. Most of us fall back into the physical world being pulled here by our unsatisfied desires, desires from a life before. We haven't conquered these desires. We haven't become masters.

Now there is something called emotional control and many people, not knowing what they are doing, in trying to have emotional control, create within themselves emotional frustration, which is what they have had all the time anyway. Emotional control is when we guide our feelings. We have control over our desires and we use them as we find it wise to use them. It does not mean stopping doing anything. It means learning how to do and why you do those things. Why do I do those things? It is getting to know yourself. Yes, that is emotional control. When we do not have this kind of emotional control, we are still walking in the animal world, in the jungles, we are trapped in the zoo!

Many people are getting into metaphysics and into occult learning, get caught in their own guilt feelings.

Lady: They get caught in what?

Yada: Guilt feelings - guilt. Now what do you suppose brings so many people back to the physical world? Why can they not go on to higher states of consciousness?

Lady: This is from the old raising of when we were children. I was raised in that way.

"If you do this, you are going to hell", and bla, bla, bla, bla. This is what I got as a child, before I knew what reincarnation was.

Yada: You see what I said about CHILDHOOD. Its obvious.....

Lady: When we did wrong you know....

Yada: Yes.

Lady: So that now, I . . . . . So I think Jesus Christ forgave Mary Magdaline....

Yada: He didn't forgive her.

Lady: He told her to go and sin no more.

1.192

Yada: Yes, but he knew she wasn't sinning because he knew that she, or any other human being can sin, as that word is used in the Christian teachings, that is, the church teachings I mean, sinning is making a mistake. It is no more than that and who of us can come into the physical world and go through life without making mistakes, heh? This is foolishness. No, the interpretation put upon her sin was her desire for sex. So sex became a sin. Sin, in the Bible, from the very beginning is sex.

1.193

Man: Is that true?

Yada: Yes, of course. It is said that Adam and Eve discovered they were naked. How did they do that?

Lady: Well, according to the Bible everybody lives in sin.

Yada: Of course. And your Bible makes the statement that everybody is born in sin and cannot get out of sin except through the blood of Jesus Christ. and how are you going to do that? There is no way. This is the prattling of the priestly system of the Christian church teachings, not of Christianity. Christianity is an occult teaching, teaching man about his divine nature, about his godness, about his Christ-ness. Not about rewards in heaven or punishments in hell. We are in hell as long as we are ignorant of the truths of life; the wonderful truths, the vastness of existence, the true glory of man, man as a god in the making. Man as a god, coming back to his goodness.

Lady: Well, as long as we are kind to our fellowman and do the very best we can.....

Yada: That is all that can be expected. When the right time comes for you to know some greater things, they will come to you, and you will not get them out of books. Books are interesting to read. Sometimes if we are alert we can get some clues, but not more than that, not more.

The man called Jesus, it is said, said to his followers, to his disciples, to his teachers, to his helpers in the initiation, during the times of the rituals, among other things, "I am in your world, but I am not of it". Now consider that a moment please. What could he have meant by that? It means that he had an understanding of what the physical world is, that he is no more of that dream as are those who stay in the physical world. He is no more of that dream. He is now a cosmic being. He recognized his cosmic nature, that he was everywhere present. There is no place that the Christ is not, for the Christ is the Light of Life and Life itself.

If this is true, how can we be lost? You're in it, you're of it - THE LIGHT. He knew this, you are struggling to come into this knowledge, into this understanding, into this wisdom. And when you do, all your fears, all your anxieties will fall from you, will pass from you like a shadow which it is, a shadow standing in the light, standing between you and the light, just a shadow. Be patient, love yourself; you do not love others until you do love yourself. Love is the projection of what you are, of what I am. LOVE IS THE ESSENCE OF LIFE, without it everything dies, not only man, but everything. Where love is not, deterioration and chaos exists. Appreciate yourself. You have nothing to worry about, nothing at all. Whatever happens to you, you must take as an experience and learn by it. Do not let it frighten you. I can say to you, "Fear not death", but that is not going to make you not fear it. You, yourself have to have the experience to know that that which appears to be death is an angel of light. It is returning to life, it is letting go of some of the make believe, some of the illusions.

But this is not true of all people, or for all people, because many people take their dreams of the material world, all their sufferings, all their anxieties with them into the next world and do it all over again. There is the hell, the true hell. It is hotter than the Christian hell and that's hot! Brimstone, fiery brimstone, is cool in comparison to our guilt feelings for what we have done, or failed to do. (Speaks to Kethra) My friends I am going to withdraw for a few moments; then I will come back and I will listen to your questions. Thank you so very much.

Man: Thank you, Yada.

Yada: In a little while, I'll come back.



Lady: Just what is your attitude on the big listening in on us.

Yada: Yes, you know when you are listening be a big ear so that when you are talking you can be a big mouth. (Laughs) But whenever you are talking, listen to yourself talk. You will learn much. Listen to what you are saying, if for no other reason than that later no one can accuse you of saying something that you didn't hear. If you do not listen to yourself, you will not know whether you said it or not! Listen when someone else is talking, pay very close attention and then listen to yourself talk. It is very valuable to do this. You will learn much about yourself psychologically speaking. Not only listen to the words, but listen to the various emotional inflections that you put into your words. That will tell you much about yourself. How much do you resent the sounds of some words? Some of these words are called four-letter words. Do they hurt your feelings? Do they give you the feeling of being insulted or shamed or guilty, any of these things? Words can do this to you.

Maxine: To some people, but not to all people.

Yada: Oh no. It depends upon how much guilt feelings you have, how much shame feeling you have. In short, how you have been raised.

Lady: If you have been raised so that it doesn't bother you.

Yada: That is right.

Lady: We have to ignore the meaning others give to it.

Yada: That is right. After a while no word has any meaning to it so it can't hurt you. A word, if you say it often enough, pretty soon it loses all meaning. Think of a chanting. Now I chanted when I was doing healing for you lady. YOUR English words are not suitable for that kind of work. These that I used were not words, they were tones sounds. That is what works on the body. These words can cause chemical changes in the glandular system through the nervous system. You see there is no magic in it. It is very scientific, very factual, very real. The moment we start using the word magic we mystify, we cause the listener who is perhaps not conditioned to understand, to feel he is moving in an aura of mystery and sometimes he gets caught emotionally in it and it hurts him. He hurts himself with it.

A little while ago you were talking about shouting at your child. That is a form of mantram, shouting. It is hypnotic. Now if you shout at the child too often, that one expects you to shout all the time and it will not do anything that you want it to do until you start shouting.

Lady: Well I discovered that \_\_\_\_\_ shouting.

Yada: Ah! Well you try not to heh? Try not to because the child can understand much better by quiet talking, much better. You see the child doesn't hear what you say, it is just a great deal of noise to him that irritates him.

Lady: \_\_\_\_\_

Yada: Try not to do that, this turns the forces back upon yourself and hurts you.

Lady: Oh yes. I know it hurts me.

Yada: Now you should give some time to the child. You should talk quietly to him, firm but lovingly, keep on that way.

Man: I've often wondered why, with your intelligence, you don't seek a body to return to the earth. Why don't you have someone prepare you a body to return to the earth?

Yada: Sir, it is difficult for me to express these points, there are certain points of it that to express these points- might give you a different opinion of me, an opinion that I would not want you to have.

For instance, it might sound to your ears that I was bragging, boasting. But I'm going to tell you this. I am going to tell you in fact and without emotions about it. When I came to earth the first time, which was my last time, I consciously willed myself here. I previously arranged the period or time I would be on the earth and how I would go when I left it. How did I do that? And why doesn't everybody do that? Everybody does but they don't know it. They don't know it, so they get caught in the traps of the physical world, misconceptions regarding it, beliefs that they have to return here time after time after time, to do something or get their understanding.

Ask yourself the question: When can you stop if that is the problem and at what period of time would you stop coming back here? When would you break the chain? Its a chain that you make for yourself. No one demands it of you. There is nothing in nature that tells you you should or you shouldn't. Only you tell yourself this. Now you see I know this. I know what the world is, so I can say like the man called Easus, not Jesus, Easus, "I am in your world, but I am not of it.", because I know what it is.

Let us say you go to sleep tonight and you have a dream, and in the dream you are very frightened. Things are in what is called turmoil. You have what is called a nightmare and it is very real to you. Many people wake up sweating, so real is the nightmare. Isn't it so?

Lady: Yes.

Yada: Now should you in any moment of that dream, that nightmare, suddenly become aware that you are dreaming, the nightmare vanishes. You get control of the dream and make it as you desire it, as you want it. The moment you become conscious in the dream that you are dreaming, the dream is in your control, is in your hands to make of it what you will. So this was the way with me. I knew. I was conscious in the dream of life, of matter, so my dream was beautiful, I had nothing to fear. I knew my source. I knew where I was to return to. I knew where my home was. You see the wonderful freedom such knowledge gives to one?

Man: Yes.

Yada: It is as simple as that and that is simple. My body was killed in a quaking during the destruction of my civilization. The temple I was in came down on me.

A moment after that, I found myself standing looking at my physical body all mashed on the ground. Now in ordinary teachings it is said that this mashed body would return to the elements in the ground, yes?

Lady: Yes.

Yada: But where are the ordinary elements of life? They are in the mind, not out here.

They are in the consciousness, the consciousness of the creator which is you. Think what a great responsibility you have to life, to your life, to know these things. This out here is a dream. Look at the seriousness of not knowing this - look what it leads to. To the creating of religious beliefs; the creating of a variety of schisms, belief in schisms. All of these things create something very appalling, it is called fear and out of this fear comes hate. I hate you because of what you believe in difference to what I believe. I hate you because of the color of your skin. I am superior, Kasida. Kasida in my language, is a mild oath.

Lady: A what?

Yada: Oath.

Man: Swear word.

Yada: Yes, swear word. It's meaning is like you would say, Good god, my God. You see the word "da" means light. Ya means spirit, also life, so I am the spirit life or the spirit of light, so are you. You don't know it, I do, that's the only difference. In time you will come to know it.

Now to go back to why I haven't come many times to the earth. I have no purpose in it. I do not have to develop myself. I already retained my knowledge of life. When I came here I already knew. I came at a time when I was needed, my particular kind of services were needed, and then I left. You do not go where you do not need to go, do you? No, no. Do I come to people who are already enlightened about life? No, for what reason? No teacher, not even in the academic schools, has pupils that are already educated. The teacher on any subject is for those who do not yet know the subject. When you come to know, you will laugh, you will laugh very loud and deeply, realizing the great illusion you projected yourself into and came to call reality. You will laugh for creation is built on the laughter of the gods. The gods are ones who know and we know they laugh. They laugh with the wonder of it all, the beauty. Yes, the beauty.

You know, an uncut diamond does not look like much. Its dull. It has no shape. It looks to the untrained eye like an ordinary piece of glass with not even the luster of glass. But when it comes into the hands of one who knows what a diamond is it becomes and makes of us, things of great value.

Lady: I keep hearing you say, "the truth, all that you need is truth" well how do you find the truth?"

Yada: It is not something that you looking for unless you already know what truth is, how could you recognize it when you came upon it? You couldn't.

Lady: I don't know. I've been reading and reading books, trying to find it.

Yada: Of course. You know that reminds me of the man who left his home, his country, and travelled all over the world looking for hidden treasures.

Lady: And they were right at home in his back yard!

Yada: You know it?

Lady: Yes I said I read a lot.

Yada: You know it! Truth is not something you read in a book. "Truth is something you feel about life. That's what it is, a feeling." What do you feel? If you feel nega ~~ive~~ things, that's truth to you. As painful as that may sound, that's the truth. Do I make myself clear? It is necessary that I do. If for nothing else, it would save you from a great deal of unnecessary reading, because truth does not come to us from books. It comes to us from experience from our feelings about our experience. Now I may talk to you from now until, but I . . . . .

TRUTH

1.196

Lady: You could never give us truth.

Yada: That is right, that is right. And the same way with your reading. After you put all the reading away from you, after you stop your ears to all the talk, talk, talk, talk, even mine, after you get alone and think, and feel what you are thinking, then you will find it. Now I do not mean alone from other people, but alone within yourself. And you can walk in crowds and be completely alone if you are inside, living inside feeling.

To demonstrate living inside, have you ever been doing a fine piece of work, needle work, or whatever, painting, drawing, when all of your attention is upon it? Yes?

You become oblivious to something called time. You become oblivious to sounds, outside of yourself. That is going inside; that is getting alone; that is the path of learning. Many people think you have to sit in a room where it is quiet, but if you practice meditation in a room that is quiet, you will never be able to go out into the noises of the busy marketplaces and meditate, because you have conditioned yourself to the need for quiet, outside quiet. That quietness must be inside yourself. Only then can you meditate. Lady, you have not said very much.

Lady: I had a question, but it has been answered already.

Another lady: I have a pain in my . . . . . (balance not clear on tape)

Yada: That is a nerve condition. The same with you. Lady are you married?

Lady: Yes.

Yada: Are you happy with husband?

Lady: Yes, I don't want it to change.

Lady: You wouldn't want to make a change but \_\_\_\_\_ happiness \_\_\_\_\_.

Lady: Well, like you say happiness is inside, peace of mind.

Yada: That's right. Now is husband happy with you?

Lady: Yes, he's satisfied.

Yada: That is rare in your time.

Lady: Well let's say \_\_\_\_\_ (Laughter)

Yada: Lady, somewhere you have arrived at a kind of dissatisfaction not necessarily with just your husband, but with your life in general. You are not relaxed and you are not relaxed because you are not content with the way your life is going. Yet you do not feel that you want anything different, not really. There is something, however, missing and this makes you feel nervous and brings on various conditions in your physical self. Do you work out lady?

Lady: Most of the time. I'm not working now.

Yada: Did you do what you enjoy doing?

Lady: No.

Lady: We both worked in the same office recently and we both almost had a nervous breakdown working there.

Yada: You are not doing creative work. You are not being yourself. You're not doing what you want to do.

Lady: I think a wife and mother is only creative when she is having children.

Yada: But that is not enough.

Lady: But when she's not having children she is not very creative. She's \_\_\_\_\_

Yada: That is right.

Lady: And then when her children got to the stage when they don't need her anymore, she's lost. She doesn't feel needed any longer.

Yada: That is right and in this way her creative ability becomes strangled and she can very easily, and many do, grow old and sick and irritable and often become nags. Men do this too.

Lady: I don't know.

Yada: Yes, you are taking it inside yourself and not doing anything about it at all.

Yada: That is right. That's why I say she is turning it back on herself.

Lady: That's what you get when when you \_\_\_\_\_

Yada: That is right. Now lady your condition and her condition is very, very much a nervous condition, a condition of the nerves brought about by true discontentment inside yourself, because you cannot use your creative ability. Now every human being should be given a chance to do this.

Lady: At the price of others.

Yada: How can it be at the price of others?

Lady: If you put yourself in a position to have a family, then you have to raise that family.

Yada: That should not stop one from other forms of creation.

Lady: Then, to be able to be creative, you have to neglect your responsibilities as a parent.

Yada: No, lady, no. There have been great writers, great artists, women great nurses, great doctors that were wonderful parents and in many cases had many children.

There is a story about the sickness called "arthritis". It took place in your modern times. A woman who was what you call in your modern terminology, a career woman. She had a very responsible job. I think it is said of her that she bought for big stores, what you call a buyer for big department stores. And when she had the misfortune to have a man fall in love with her, he made his love like chains on her, possessed her. He wouldn't let her do anything. Oh yes, one thing, she could have the babies but only because she was built for it. Otherwise he would have had them too! You see what some people think love is, possession.

This woman in time became completely frustrated. All of her creative ability came back on her, pushed back by this possessing husband. As I said, he wouldn't let her do a thing. Then after a time she developed this thing called arthritis. She was saying in her mind, "He will not let me do this or that, so I will not do anything, I will let him do it all. In fact, (I will throw my entire self on him. He will have to carry me around!)" And so it turned out that way. She became very seriously arthritic. Then he did her a great favor - he died! And do you know this lady got completely well and she went back to her career and she is sending her children to the big colleges. She is free again.

Love can be used, when it is not understood, it can be used as a whip to enslave others. This is the symbol of love, the open hand. Here you have possession (clenched hand). It is the symbol of your present day form of communism, I possess you, you do as I want you to. Lady if you have the desire to create, get doing it.

Lady: She should get at it, she's a good artist.

Yada: Then practice it, do it, work at it. Do you do like Mark? Do you do portraits?

Lady: I do a few portraits, but mostly I do scenes, landscapes.

Yada: But I do not believe you have given too much of your time to it?

Lady: No, like my husband says, it takes me five years to finish a picture.

Yada: So.

Lady: That is killing her.

Yada: That is right. Do it lady, because that is what is hurting you and causing this nervousness. Your creative forces are backing up on you, if you are not permitted to use them, they will destroy you, and I say it to you too (other lady)

You have devoted and you will devote your time, your love, to your children. What you used to create is still there, still there, but it is working against you now. Please, create go back to it. Be yourself, be yourself. Your children will not suffer. Indeed they will gain from it.

Yada - speaks to Kethra To man: You wish to say something to me? 1198

Man: Yes, I do. I think what you said before was that feeling is love and love is through occult. I feel that there is an occult of some kind that I could practice that would cause the resurrection of this Christ in me, whereby we could communicate one with the other and be within ourselves friends of \_\_\_\_\_ or friends in \_\_\_\_\_. Something like quieting the ass, as you mentioned, whereby the resurrection of the Christ will be in me as we have heard about in the man, Jesus, and that you have referred to was Easus. I want to share this and enjoy this now.

Yada: Yes, of course, because now is the only time. Now is the only time. We do not seem to comprehend this. This causes us to constantly look into tomorrow to have our joys of life. "I will have joys tomorrow." "When my children grow up, I will be free to have my joy." You will not. If you do not take it now, you will lose it. Now is the time. My friends, I will talk of this to you at another time and most likely under other conditions. So if you will permit me this, I have some things to tell you when the time is right for me to do it. All right?

Man: Yes, I appreciate that.

Yada: You see, you are asking very important questions. You made a very important statement which tells me that you do have a feeling about these inner teachings and as the true feeling is there I can be of some assistance to you.

Man: Yes, I appreciate that.

Yada: Thank you. Lady, if you do not have anything more to say to me, I will withdraw.

Lady: Yes.

Yada: Have you ever practiced relaxation?

Lady: I've been reading about it (other lady laughs) I read, read, read.

Lady: (What is said is understandable on tape)

Yada: Very easy if you want to. You start off by lying on your back, putting your legs up and very simply letting go, not saying anything to yourself about it, just let go. Feel the letting go. Give the blood a chance to come up the body, that's the reason for putting the feet up.

Man: Straight up in the air?

Yada: No. Some people have a board.

Lady: I have a Yoga foot board, is that good?

Yada: Yes, yes, very wonderful. You know if you would truly do this and truly let go, let yourself relax - - - and the best way to do this is not think about tomorrow - let go, the blood coming up the body regenerates the heart, restimulates the brain. It is very difficult for the blood to do this when you are standing up. Now the truth of this is if you have some brain work to do in your business or whatever it may be, before you start, put your head down, hang it down. It is better if you can be lying flat and hang your head over the side of the bed or wherever you are lying. Let your head go down. When you are ready to do your work, your brain will be sharp. In this relaxation that I speak of, 15 minutes of it will rejuvenate your body energies, your strength, that you can get up and work for many hours even though you have been up for many hours and working for many hours. Fifteen minutes of proper relaxation with the head down and feet up, so regenerate the body that you can work hours without feeling tired again. It also makes beauty in the face, because the blood gets up there.

Man: Should this be on the back or on the stomach?

Yada: On the back. I leave you with these thoughts, my friends. They are not new to your world. They are known to all Yogans and they are known to many health fadists. Take care of your physical body and your soul will take care of itself. Yes it will!

Man: That's what we are trying to gain in this Christian world, is a soul.

Lady: The key to well being is to take care of your physical body?

Yada: Take care of your physical body and believe me if you do this, your soul will take care of itself. It follows, if you try to take care of the soul and neglect the body, as many students of the occult studies do, pretty soon your body is dead and your soul is gone.

Maxine: Still searching.

Yada: Still searching! What happened to me? Where am I?

Yes, that is right. Take care of your body. Love it like you do your children. Taking care of it is showing you love it.

You know, why do people get married? Whats the point in it? You can have children without legally getting married. You do this only because you seek to protect your children, their life, not yours. But many people who are not thinking about having children get married, because this is the only way they can get their sexual satisfaction, so at the end of their desires they want away from the person. Thats why you have so many divorces. A man who truly honors, respects himself and his mate does not go seeking other mates. She is his entire satisfaction with life. Thats real love, real appreciation. Most marriages are a bore to both the wife and the husband. They are so because they have no love for one another. They have become accustomed to one another. That is not love. They take one another for granted. Some say, "Let us stay together for the children's sake." Out of the tens of thousands of parents across your world, it always ends up that the child suffers more than if the parents had divorced. It always does. So don't ever say that, don't ever let yourself believe that. For the child's sake, if you are not with love toward one another, it would be far better that you separate. Far better for yourself and for the children. You can poison your child's mind with the animosities you may feel for your husband and your wife. You can literally do it and destroy his nervous system and make him sick. Yes. When we are young, we are very sensitive to negative vibrations.

Well, I think I had better go now, please. It has been a joy. Thank you so very much.

Group: Good night, Yada.

Yada: Gratcia, gratcia.

1.199

12-A

# 48

10/4/1966

This is the first of Mark Probert's "Fall of 66" Lectures, given at his home Tuesday Night, October 4, 1960 and six.

Mark: Nineteen Hundred Sixty and Six.

Yada: Sina et Sinahas.

1.200

Aud: Good Evening, Yada. Welcome to our abode.

Yada: Yes, Gratia. Mr. Reynolds how nice it is to have you here.

Mr. Reynolds: You are here, Yada.

Yada: Has been a long time.

Mr. Reynolds: Sure is. I am in the same corner I sat in 18 <sup>1948</sup> years ago.

Yada: Ha, ha.

Man: You got him in the corner, Yada.

Yada: That is exactly where you sat all those years ago, yes.

Mark would say, "Where is the time gone to?" That question is hardly answerable, unless we look in the mirror, then we get the answer, ha, ha. Francis, is not often that you are here.

Francis O: Well, we have a regular every other Tuesday night meeting now, so I'll be here.

Yada: Yes, this I know, that you are now starting something a little bit different than before. Let us hope that we all can learn a little something, huh. How is your wife and baby?

Francis O: They are very fine, thank you. If you can drop in on them once in a while, I'm sure they would appreciate it.

Yada: I do.

Francis O: Do you remember the little girl's name?

Yada: Yes and she is going to be very good in future years, very good. To all of you I extend my love and my Light.

Audience: Thank you, Yada.

Yada: Thank you. Well, my friends, I think this is something a little different than has been going on in the Friday night meeting. I think we could make it much more interesting if you would talk to me, huh?

Francis O: Well, Yada, we had a sort of a thought tonight. We. . . . I guess I'm the one that's starting it, but just asking for confirmation from the others, that each of us would ask a question - - - go around the room - - and you could give a short answer on it, if it would be possible in a short answer. And then you would perhaps, if you or one of the other teachers would, give us a lecture on whatever you would choose and we would try to use this for transcripts for the future.

Yada: That sounds very interesting.

Francis O: In that way, because we'll have other people here too once in a while, and if they're given the opportunity to ask a question it makes it a little more inviting for them too.

Yada: That is right.

1.201

Francis O: Or just sitting here . . . . we don't mind either way.

Yada: Yes.

Francis O: But just a habit. In fact, there was one question you perhaps heard us talking about in the kitchen - - about women and men, but I won't ask that now, we'd just like to go around the room.

Yada: Oh.

Francis O: Does that sound pretty good?

Yada: To me, yes.

Francis O: You're always saying "What do you want to know? What do you want to talk about?" That's a good way to get started.

Yada: Yes. You know, I have been coming here for many years now and I've had to do most of the talking, and while that is expected and I suppose needed, I have not gotten enough questions from people- - and I speak of those who are really interested. Something seems to happen to them when I ask the question, "What have you got to say?"

Lady: We freeze.

Yada: Yes.

Francis O: Well, that's kinda of the reason we thought this would be a good idea and you would appreciate it too.

Yada: Yes. I do not think you need to freeze in this meeting, huh? No?

Francis O: No we're with friends. Well, Maxine, how about it, you're number one in the circle here, one, two, three, four, five, six, seven, so forth.

Maxine: Well, I am going to pass right now, I do not have a question in my mind.

Francis O: Well, we'll come back to you then, Clara?

Clara: I read recently, Yada, where any woman who stands in the Aura of a male, taking energy from a male - - and they recommended that because of this, all men should frequently group just among themselves, among men, in order to reenergize themselves. In other words, like parasites you know.

Yada: Well, I think I must object to the thought there a little, to this point. There are two types of peoples, men or women; one is known as the vampire - it's a bad word, but it is, I think, graphic.



Yada: No, two type of a man or a woman is this way.

Man: Oh, either one could be that way.

1.202

Yada: That is right. You see, the vampire which takes all the time, all the time from man or woman - from either sex. And then is the man who is this way, he takes from either sex, finding it, however, it is easier to take from the opposite.

You see, the body is very much like an electric dynamo, it produces energy, but it also throws it off as it produces it. And producing it, throwing it off, it also takes from others. Everything being made of electrical units is throwing off energy and taking on energy.

The easiest way to take on energy is to get your body at rest. Get it still. Now, when two peoples are compatible with one another, and by that I mean they get along very well together, they are . . . not that they have so much physically in common, but there is something mentally between them, SUCH PEOPLE FEED ONE ANOTHER and, of course, the stronger always gives to the weaker a little more. ↑

Many times husbands and wives, let us say married peoples, become allergic to one another for this very reason. One is vamporizing the other, or in some way creating chemical changes that are of a negative nature to that person.

The human being needs to learn what is called getting conscious and staying that way, because when we are conscious we are not so likely either to cast our energies around, we have more control over them and we're not so likely to vamporize someone else. But the majority of humans do not know - - living in this hall-world as it were of wakefulness, THEY ARE NOT AT ALL AWARE OF WHAT THEY ARE DOING. Some peoples energies are literally painful to other people. They antagonize them and then the person comes to hate that other person that is doing this. But the one that is doing it doesn't know, and so goes on blindly - - pretty soon you have enemies.

Where children are concerned, it is certainly true that an older person should not sleep with, or stay for too long together in the room with a child because they do drain them.

Man: Wouldn't make any difference which they are, whether they are male or female?

Yada: That is right. However, if there is some real, warm affectionate feelings between two people, whether it's a man and a woman, or two men, or two women because I am not talking about sex now; where this exists, each of them feed the other and literally speaking, they feed the other through the nervous system.

PERSONALITY HAS A LOT TO DO WITH IT. Sometimes we have peculiar - what seems to be peculiar, real quirks, in our personality, that can be highly irritating to someone else that does not have those quirks. Many sicknesses can come from personality quirks. So, it is of little use to give these peoples medicine, drugs and expect them to getting well, unless something is done by a mental doctor for their personality. Because they will go on poisoning themselves no matter how many ailments they get over, or doctors, or drugs get them over, they'll get something else, or simply get back the same ailments in due course.

I think today, in your world, there is much more being done for the sick person than in past years where they just applied drugs to them. Much more mental

and emotional work is being done and I think this is a wonderful sign, a sign that the human is growing up.

Majority of peoples who suddenly kill. It is not a sudden thing with them. The urge has been there a long time, but that urge is buried in personality and suddenly they can control it no more and they're killing - - peoples who are otherwise intelligent peoples. 1.203

You know, my friends, the most remarkable life is the life you don't see. THE WORLD OF THE INVISIBLE. Mr. Reynolds, would you like to make any comment upon anything? 1.203

Mr. R: I am just wondering, Yada, how much of it is due to the improper training of the subconscious mind. ←

Yada: Oh a great, great deal of it is. A great deal of it is. That improper training can literally make vampires out of people. Or make the other type, that lets loose its energies just any where and any time.

Mr. R: Well, Yada, does the thought in the conscious mind eventually affect the flow of the chakras to the body?

Yada: Oh but yes, but yes. With the proper training the energies would flow smoothly, evenly, and cause that person to be free of his frustrations.

Mr. R: Well again, one of the principal causes of this, is the attempt on the part of the people to run their own lives, to try to foresee everything too far ahead.

Yada: Of course and parents do this with their children. They are not satisfied to guide the children, they have to force them to do that which is not for them to be doing, but the parents want the child to be like himself, or herself, pattern their life after the parent. Well, you can see what this would lead to in a child that has a strong will of his own, huh? Pretty soon it breaks the child's nervous system down.

Mr. R: Conflict.

Yada: Conflict is right, because one side of him doesn't want to go against his parents but the other side knows that he must, and so there is a war inside. It is all that simple, that simple, yes.

Mr. R: Is a vampire a type of person identifiable through the work that you know that I do? Have an idea?

Yada: No. Now what you are doing is, I feel, not only very helpful, but it is a needed thing. With your understanding in that field, you are capable of helping many peoples who otherwise would get no help. I do not think you force your personality on them. Do you?

Mr. R: No.

Yada: No. I think you move to people who need you. They want you, they want what you have to say, what you have to teach. It's only when we force our attention where we know it isn't wanted that we cause trouble, both for others and certainly for ourselves.

Annie. how are you?

Joe: Yada, in talking about that flow, controlled flow, if you learn how to do this in your energy flows through your body at a rather controlled rate, there would be less energy for the person to become tired, wouldn't it?

Yada: Oh yes.

Joe: This would be almost intelligent living.

1.204

Yada: This is right. You see many peoples moving in crowds, just walking around in crowds, not doing any work or any more than the effort it takes to walk. Yet in a few hours, this person, when he withdraws from the crowd, he begins to feel exhausted. The reason being, that he is much more drawn upon than he is capable of giving.

Joe: Could be the reverse, if he was low in the beginning - couldn't it?

Yada: Yes, but it would be very negative where a crowd is concerned. The energies the flow gets conflicting. There is no even pattern, so you are bombarded in a very haphazard way with energy that is not going to do you very much good. In fact, it presses on the nervous system instead of the body taking it in, absorbing it. It simply presses on the nervous system and causes tremendous irritation and a great sense of weariness.

Francis O: Yada, if you had fifty people and they were in a room, like, we'll say where they weren't dancing or they weren't doing anything necessarily, would the energies more or less find a level there? All the energies? And those who were low come up to that level and those who were high come down to that level?

Yada: Yes, if no one of those persons in the room has any unfinished work to do, that he must hurry away to, or if he has any negative thoughts about others in the room. No matter how still he sits, he's going to cause weariness to someone in that room.

Francis O: Can he prevent this by sealing his own aura?

Yada: Oh yes, but he's got to do this before he goes into the crowd. You see, in most of you people, you work at night - - in the day, pardon me, and you sleeping night. Most people do, I think. But you know, I see many people working at night too in your country.

FIRST THING IN THE MORNING for those that do work in the day - - if you can spare a few moments, DO NOT GETTING QUICK FROM THE BED. If nothing else, it could cause such a radical change in the blood flow as could kill you. Many people have - - they drop dead, jumping from a prone position to an active one; not always can the body tolerate it. But, if you have time - - -

SIT UP IN YOUR BED and

VISUALIZE YOURSELF SURROUNDED BY A PROTECTIVE LIGHT and in your mind say:

I STAND PROTECTED IN THIS LIGHT

and do like this (Yada demonstrates with your hands make a pass around your body) you don't have to go all the way around, but see what you are really doing is, giving an idea to the mental self for protection.

Mr. Reynolds: Well, Yada, aren't we actually - - - all are - - in the light to protect anything that is in existence - - - is in the Light?

Mr. Reynolds: What we should do is realize it constantly.

Yada: Of course and this will help you to do that, because most of you do not stay conscious enough to remember. You know you will please excuse me.....

Clara: You are telling the truth.

Yada: That needs no excuse does it?

1.205

Man: No.

Yada: No. But it is so obvious that so few people stay conscious all the time they are up and moving around, your mind is constantly blanking out, here and there, now you know the results of such blank-outs if you are in one of your motor cars.

Mr. R: Yada, but there is a way that we can use that to very good advantage.

Yada: Yes sir.

Mr. R: If we have some kind of work we are doing that is repetitious, we can throw that into automatic consciousness and not get tired.

Yada: Yes, you are right and that is what should be done, but instead of that, most of the time, this is wasted.

Mr. R: That's how a bird flies - a thousand miles or more. L A U G H T E R

Lady: Automatically? (Laughs)

Yada: Yes it does.

Francis O: I was to a lecture Sunday to hear this Kessler. The title of his lecture was very interesting, "Knock, Seek and Find". He says, that many people are always asking for wisdom. He said, "Why do you have to ask for wisdom, you already have it. You don't have to ask for it, you've got it."

Yada: You got to become aware of it. Now is Kessler? is he not had . . . . .  
I know who he is; has he not had a heart attack?

Francis O: Yes, I believe he did.

Lady: He did, yes.

Yada: But he is better now?

Francis O: Apparently, he gave the lecture.

Yada: How nice, I am happy to hear this. You see, no matter what a human knows, there is no part in it that is going to keep him from meeting his destiny, whatever that may be.

You see, Mark. People say to me (who do not understand), why you letting him have diabetes? Is a dangerous ailment, ha. Being born is a dangerous ailment. So, when you are going to stop being dangerous, huh?

Mr. R: Even Jesus Christ couldn't avoid his death.

Yada: That is right, this is the dreamer dreaming, this is his dream and he is going to dream it whether some other dreamer objects to it or not.

Mr. R: His world.

1.206

Yada: That is right, that is right. You know, I have told that story about the woman who was dreamer.

Man: Your dream, ha, ha, ha!

Yada: That is right, not going to change it. Follow the pattern because that is you, that is the way you are. You as the Creator are! This is the way you designed it for yourself. Now you . . . . .

Lady: I like to know how to get out of this . . . . .

Mr. R: You're never anything else.

Yada: Not always self-aware.

Mr. R: That's right.

Yada: Ha, ha - - - - that is the fly in the ointment, yes?

Man: Yes, that's a dirty fly.

Yada: Yes. (Laughs)

Francis O: Want another question?

Yada: Yes, when that thing goes (airplane overhead). Thank you.

Francis O: What do you call it? Chiga?

Yada: Chiga - (Laughs)

Lady: Yada?

Yada: Yes.

Lady: Yada, this is Lois.

Yada: Yes.

Lois: I have not seen you for quite a while.

Yada: That is so, and you, you're looking very well, better than I have seen you look in a long time.

Lois: Oh, thank you, Yada. It's been about a year ago, or more, that I was thinking about taking the nurse's training, and I was talking to you and to ask about it and I remember you saying it would help me. And now it's practically over - I get out of school next Wednesday.

Yada: Oh.

Lois: And I have to go to Los Angeles and take the State Board this month.

Yada: Keep your courage, keep your courage.

Lois: I have had a few little experiences lately and you told me one time that I used to be a Healer, in one of my incarnations, and I would like to be one now. But it has just been recently that I have been having a few other experiences, it was coming through. I was wondering if there is any one, or exercise. I have a feeling that I would like to go to the mental hospital and work, and yet I wonder if I . . . . if . . . .well . . . . let's say, if I would qualify to take care of the minds there, as much as I would if I went to the county hospital and bathed and took care of the people, the elderly people there.

1.207

Yada: I think you would do much better to go to the physical hospital. You see, the reason I saying this is because peoples who have reached the state where they are now in the hospitals with their mental abberations, they're a little bit too much out of your reach and you would find yourself disappointed when you shouldn't be. You would, in your effort to heal, more often you would feel that you were not succeeding and it may give you a feeling of inadequacy and you do not want that. I think it better you start out, at least start out, with physical ailments.

Lois: I have a little satisfaction in the mental hospital, although I can see where it would be depressing.

Yada: Oh.

Lois: Or you feel like you weren't adequate, that's the feeling I get, that I'm not adequate.

Yada: That is right, that is right, and no matter how adequate you may be, in the beginning to try to do very much for a mental patient, it's extremely difficult.

Francis O: And dangerous.

Yada: Ha, ha.

Francis O: I had my experience.

Yada: Oh.

Francis O: And those entities, hanging around those mental places, oh they're tough.

Yada: That's another thing.

Francis O: Yes. They tried to take my life twice.

Lois: In the hospital?

Francis O: And I fought like a tiger to stay alive, I still remember what it was.

Yada: This why I suggest you start with physical difficulties. Now many peoples have serious mental problems, such as schizophrenic, they're not really suffering.

Lois: They're happy in their own world.

Yada: That right.

Francis O: They're trying to escape this world anyway.

1.208

Yada: That is so. The one that does more suffering is the "paranoid", because he is laden with guilt feeling and believes the whole world is against him. He's being constantly pursued. It's very difficult to get to that person.

Lois: I have had a couple of experiences, maybe I wanted to heal so badly that I was watching for every little sign. One of my patients went home today, that I have had for the last week, and it took a turn for the better after I asked for help from a higher plane. The doctor said, "He can't possibly get all right", then all of the sudden he got so well that he asked to go home. It was almost unbelievable in two days. I was hoping that it wasn't me at all and yet I'm beginning to think . . . . . well, maybe someone else came through.

Yada: May I suggest that it was not someone else that came through you, but being in that frame of mind, of wanting to do unselfishly, you have good contact with the higher consciousness and healing is much more often performed through that field than with the aid of a human entity. And the wonderful part of this kind of healing is, or the source of it, it has no personality crux, no emotional attitudes. And the only way you could avoid that in a human-personality would be to find one who is completely ego-less. No ego attachments whatsoever. And this would be extremely difficult to do, because most beings that have attained such a state of awareness, (they have no further contact with the physical world, there's no need for it.) But here you are, in making rapport with the high consciousness. It is a very impersonal thing.

You know, in your Christian Bible, it is said the man you call Jesus said to the doctor, "Physician, heal thyself", huh? Now, you do not have much to worry about in your ability to heal, if you also keep an eye on your own condition, whatever they may be, and try to find out (how) they got started in you. In this way, you can heal yourself before the ailment takes too great a grip on you.

Most ailments come from that unconscious self. I think Mr. Reynolds mentioned this a little while ago, it is a great storehouse of the human individual, a great storehouse of memory patterns. Not only memories about the physical life, but of life above and beyond any physical form. So that is why it is impersonal and that is why it drops in on you or on me, on whoever, any kind of thing, causing us to have peculiar, strange, odd, or ordinary destinies. Whatever "ordinary" is, I don't know.

That great mind, that great unconscious self, yet it is the seat of being. You see, I didn't say "our being", JUST BEING, because it encompasses all form and all not form; all that is born and all that is not born yet. It moves some entities into making an effort to get into the physical world, but backing out at the last moment, so that they are stillborn, or they are dead. It makes some entities force their way into the world sooner, what seems to you here who are in the physical world sooner, but to them it is not sooner, this is part of the plan, part of the idea in their minds, their idea of having an experience in the physical world. Am I making clear please? It is very necessary I do this, very necessary we all do this with one another.

Francis O: Another question?

Yada: Yes.

Francis O: Ann, you're next, we're all kind of asking a question, going around.

Ann: Oh, I'm not prepared.

Francis O: Yada, then I'll take here. We've heard a great deal about Tony over in the Philippines.

Yada: Yes, I know of this man.

1.209

Francis O: And Tony and Turbey, are there more of those men over there than those two men that are doing this work? In the Philippines?

Yada: Yes, and in other parts of the world, but it is not generally known, I mean the people at large do not know about these people that do this kind of work, because almost all of them have appeared in what you call jungle life, in the low, peasant life. Not only in the Philippines, but in many parts of Europe, mostly in out-of-the-way places, the peasant-minded class of people. Oh, I think sometimes speaking of the peoples in the jungles, you call them savages, or whatever name is, you see, it is again a part of the great psyche, the Great Mental Self, like telepathy, clairvoyance, clairaudience, telekenesis, all these things you'll find when you do find them among the - - - what you call these people?

Francis O: Primitive?

Yada: Primitives, thank you very much, I knew there was a better word than I was using. You will find this very highly developed and not only one branch of it like telepathy, which seems to have you in your civilized state very much awed and mystified. To them, to the primitive mind, it is an every day thing with them, they live it.

Now, it is very possible that, if these people like Tony and the others that are associated there with him in the Island, should they begin to get a great deal of . . . .(here is where Yada touched a paper clip which was lying on the table and wanted to know what it was) . . .

Francis O: Paper clip.

Yada: Is what?

Francis O: Paper clips - - - - you clip papers together with them.

Yada: Oh.

Lady: You don't need it do you?

Yada: No, but it is interesting.

Lady: That holds this together (papers).

Yada: What?

Lady: Oh, that don't need to be clipped.

Yada: Oh that is the meaning of the word clipped, huh?



Francis O: We have other meanings for the word "clipped" too, that's just one meaning for the word clip. Get clipped, you know.

Yada: Get clipped, how do you do that? (motions - like this, put this on) LAUGHTER

Lady: You go some place and someone takes all your money.

Francis O: You get "clipped".

A.210

Yada: Oh - (speaks in his language) - makes remark about Americans using words.

Lady: A language phrase - we have a song.

Yada: But your education has a tendency to destroy natural talents.

Man: There are some eggheads and some intellectuals.

Yada: Yes, now I say that it is possible that if they, these peoples get - - get them into this country and mesmerize them with all kinds of your very expensive ways of life and impress them with the idea of how important money is, pretty soon they will lose their talent.

Lady: Did the psychic surgeons originate among the primitives?

Yada: Yes.

Lady: And another thing that they cannot practice effectively their work on the intelligensia, they're blocked by the ego-demeanor.

Yada: Yes.

Man: Now that's not quite true, because there is a doctor that went over there from here -over there- and the one man had some surgery done on himself.

Yada: Oh.

Man: And it was perfect.

Yada: Yes.

Lady: I meant in general.

Yada: You speaking about the general masses of peoples. Oh, yes, I can understand that. But, you see, something more - how many peoples, with all the great work that has been done in the study of the psychism, quite apart from the one you call telepathy, experimented and worked on by very educated peoples in your higher schools of learning. - The mass-mind is still going around in a daze and saying it does not exist.

Lady: It is ignorance.

Yada: That's what it is. The aim of we humans, as individuals, is to educate ourselves, not somebody else. What do you care what somebody else thinks? What somebody else believes? YOU SHOULD NOT WASTE TIME ON THAT, you haven't got it to waste. What DO you know, you who are consciously seeking, WHAT DO YOU KNOW?

he must not let himself pause on the doorstep of belief, HE MUST KNOW.

Mr. Reynolds: Yada, isn't it apparent that this psychic surgery, you know, and people that do this type of thing, have not filled their minds with a lot of artificial languages based upon false premises.

Yada: Of course.

1.211

Man: And yet Tony says that he produces blood around the area, even though he says it isn't necessary, in order to convince the people that he has healed. That he has healed them or to prove . . . .

Yada: That he has done something.

Man: That's right.

Yada: Yes. That he has actually performed an operation. Sometimes, some of these others even let a little pain come through, because there are some minds, and the primitives are no different, they think, they have a great many beliefs that are based on superstitions. They are beliefs, assumed, and so they are ready to fight anything that is.

Mr. R: Well, Yada, don't a lot of their beliefs come through intuitions.

Yada: Of course, because they have no way of making any experimental work like you have been . . . .

Mr. R: From higher mind to the lower mind through mind intuition?

Yada: That is right, that is right.

Francis O: Yada, these people have known each other like Tony and Turbey and these others in your world, the mental world, before they came into the physical world of today. Not necessarily as a group, but would they have known one another, I mean as we know people?

Yada: No.

Francis O: There are no actual connections, they just came through and that was it?

Yada: That is right.

Francis O: That is not actually of knowing before.

Yada: That is right . . . . and something else, you see knowing on other levels of consciousness. When you say you know someone on practically any other level of consciousness but this one and the one next to it, which you call the astral world, is to knowing the same kind of what is called "personality knowing".

Francis O: That's what I meant now, judging from appearances.

Yada: Judging from appearances, yes.

Francis O: Then that is what the Bible means when it says "we are born into sin", we are born in the world where we judge from appearances.

Yada: That is right, that is right and you see you cannot do that, because when you come into this world you are born without knowing, you come with what was usually referred to as a blank tablet of rassa.

Francis O: That's a long time ago, Yada. That's about seven or eight years ago. 1.212

Yada: But to you it is long.

Man: What's that word you said?

Yada: Tablet of rassa ha, ha, ha. It is meaning a blank tablet, erased tablet, but blank and that's what you, the human, comes here with.

Man: In the conscious level.

Yada: Yes, that is right.

Man: Before he gets into that state, he's been programmed before.

Yada: Oh yes.

Man: On his own

Yada: Oh yes, and part of the programming (I like that, very nice) "programming"

Man: We've got an awful lot of that now.

Yada: Oh yes and it means something, it has a comfortable meaning to it . . . from other lifetimes on the earth and other lifetimes wherever in consciousness, not only on the earth. It is all there written.

Man: Yada, can I pursue that thought a little more. Are we dependent upon some help to give ourselves this type of what you call it programming, the same way we need somebody else in this life to learn to do this, to do that, to get experience, we just can't get experience by our little lonely self, you know.

Yada: Yes.

Man: So when we come, we have helpers, we have people, some teachers - do we?

Yada: Oh but yes.

Man: We have Yada.

Yada: E gratia ya!

Joe: Here we need them, but before we come here, do we have somebody else.

Yada: Yes, of course.

Joe: As we said before, then when we're here, do they leave us high and dry, or low and dry, excuse me. Yada laughs.

Do they leave us alone? Or do we have their help during the course of our lifetime? While we're gaining that experience?

Yada: This depends upon several things. I mean the answer to that depends on several things. One is, like I was saying to your wife a little while ago, it is not necessary to have a human entity to communicate with, to do the healing, in fact the healer can be this higher consciousness and perform far greater and with no handout for it. You know what I mean? With no expectations of reward either from someone else or trying to give it to himself in praise, for what he has done. You know the human mind is very complex, very complex.

Lady: Well is there any kind of power, when I say power that we can tap, I mean to tap, like in the universe?

Yada: Why yes, of course That is exactly what I am talking about

Lady: Like you, without any one else.

Yada: That is what I think you have done on a few occasions you have attempted to do some healing.

You see, I have said to man many times in the past, that the human aim is not to be fed information from some other human mind, but to make direct contact with the higher consciousness, that which you call the God-self. It is all real no entity can bring to you that which you could get from making the direct contact. This is like having priests that go between you and God, wherein you're getting a kind of lukewarm - milk wash - communication with God that way, it is second-handed, it's been run through the distorted mind and emotions of the priest, but if you make the contact. . . . ha . . ha . . the best.

Lady: That's the best direct assistance we can get.

Yada: That's right

Joe: We call it, "Getting it from the horse's mouth".

Yada: That very good, that very good, today, you see how important it is to have a direct line to important sources, such as what you call the Hot Line. Laughs (Yada speaks in his language)

Mr. R: Well, Yada, this healing power is nothing but the spirit force, and the spirit force does everything perfectly if it is not interferred with by the conscious mind of man. And it means, that it comes from some force above the conscious level and that is what the whole thing is for, is to clear out first the physical body and mind, so that this force can operate through on a personal, on physical level.

Yada: That is right.

Joe: That takes some doing, to be able to keep yourself open to.

Yada: Of course it does.

Mr. R: That demands the control that you've been talking about, I think.

Yada: Now - yes and no, yes and no. You see, there are some people and I am certain you are aware of this, that come by this ability naturally, are born with it, like some people are artists, writers, naturally, meaning they have been programmed on these things lifetimes ago. So they do

not have to now put a mental or emotional pressure on the wall of the inner self to break through, now it comes naturally, and if you will guard yourself, know your thoughts and your physical self, guard your thoughts, you'll create a condition where your energies will run smoothly through your own body, so that you can give to others who need it freely. Many people believe you have to be pure to be able to do this. MAN IS NOT PURE.

Man: Amen! Neither are women.

Yada: Ha, ha.

1.214

Man: I had to say that

Yada: Ha, ha, . . . . I could say something to that . . . . . L A U G H T E R

Lady: Don't. . . . . please don't . . . Much laughter

Yada: Kaceda! Kaceda! Yes. Yes please, you were saying something, Sir?

Man: I was going to say that, "where two or more are gathered together, I will be there too", does that mean the consciousness of the individual with its higher self, then truth will be there? Is that what that means?

Yada: Then truth will be there! I, THE LIGHT: LIGHT, TRUTH, I, WISDOM, will be there

Man: Well, that can only take the crowd of one to do that.

Yada: And sometimes that one can be an enormous crowd. . . Well, I will not say what I was going to, because it is too opposite, oppositely suggestive, and so I will not say it, but perhaps later I will bring it out in another way. If I did say it, its results might be negative on you, and I do not want that.

Man: Yada, we have a saying that if you believe it, it's truth. Now this appears to me to apply only to the inner mind, the higher mind, because obviously on the objective-mind level that is not true?

Yada: That is right, it is not.

Man: If the inner mind can believe it, it is true, because the inner mind can only believe truth.

Yada: I will speak of that when I come back, huh? I am going away for a little while.

Audience: All right, thank you, Yada.

Yada: Now you be detached please, huh? (Yada asks Maxine about the operation of the recorder - there have been poor connections and trouble with the recorder tonight and parts of the lecture have been difficult to understand. At this point members of the group are making comments on it, such as "What an operator", "Some operator", etc. )

Maxine: Oh . . . . ok . . . all right.

Yada: All right.

Maxine: Come back real soon.

Man: You want to give Mark a little rest, huh?

Yada: Yes, for a little while, huh.

Man: That's strange for you to say, "I want to get out", so Mark can have a little rest, huh?

Yada: You see, I do not need rest. I am in a constant state of equilibrium and when you can maintain that, you are indeed free. Thank you, and I will be back pretty soon.

Man: Thank you, Yada, we will have some more questions.

1215

Yada: All right - here we go again, huh. I think you must all be aware of the fact that this lower consciousness is only for out here, only for physical thinking and living. Yes, it doesn't know anything else, this is the mind that believes by acceptance, not by knowing.

I would say it isn't interested in knowing, only it isn't interested in being interested, so it doesn't know whether it is interested or not interested. It takes things as is, as they appear to the senses. These are what are called the materialists and they're not very good at that, because they do not know the nature of the material. I believe, says the lower man; says the creative self, I KNOW! when we come to know, and know we know, we have no arguments with anything, for what would we argue? And if we do it shows we don't know.

Lady: We argue, we don't know what we know.

Yada: That is right, we don't.

Lady: But, if we know and remain silent, we know.

Yada: We know, we have nothing to argue about.

Man: When you learn how to get wealthy, you don't need it any more.

Yada: Of course not. A man with a million dollars isn't looking for a million dollars. I know what you can say to that - he's looking for two. Laughs But you see what I mean, a person whose thirst is slacked from getting water, isn't going to drink more water, doesn't crave more water. WE HAVE A CAPACITY AND WHEN WE REACH THAT, WE NO LONGER CRAVE THAT WHICH WE CRAVED BEFORE.

A truth is something that you can use, not only can use but must use. Each man, in his own way, has whatever is necessary for him in any one period of time of his life, so how can he take more? This is why arguments come.

Lady: This is why crusaders failed then?

Yada: That is right, that is right. Crusading always leads to violence my friends. Growth - rising out of the lower self to the higher self it is a personal experience.

Man: The rapid, rugged road.

Yada: It is and the deeper you go into this wonderful mind, this great Creative Consciousness, the more you will withdraw from the raging storm out here. You will not have to do it physically, just mentally. When the Yagins retire to the greatest Ashran that is possible to enter into, and still keep themselves physically busy in the storm. But they are not aware of the storm, if they were, they couldn't teach quietude, peace of mind, instead they would teach happiness - Laughs.

**HAPPINESS**

HAPPINESS IS A VERY LOVELY WILL-O-THE-WISP. those who chase it must chase it forever - - - from the cradle to the grave. Pardon?

Man: The only way you can be happy is to do the work you came here to do. ← i

Yada: That is it and this does not give you happiness, but something far superior.

Man: Soul satisfaction

Yada: Which is peace of mind, peace of mind. In your world you teach your young to be happy, happy with what they have. 1.216

Man: Happy with the physical object.

Yada: That is what they have and that is why they can't be happy.

Man: Create or perish is the eternal man made of nature.

Yada: That is right. Return to yourself and you will find peace of mind. Now you can do it without getting out of your business world. In fact, some of the most successful people in business, that success comes from them doing this very thing, getting into that Creative Self. They never hear the word can't - - it doesn't exist for them.

Mr. R: But, Yada, is it true, that any person can become anything that they can clearly picture, because if they cannot clearly picture it, then they do not have the ability to accomplish it.

Yada: That is right, but sir, I am sure you know that it is a very, very difficult thing to accomplish.

Mr. R: Yes, I know.

Yada: Very and the majority of teachers are not teaching it, they're not teaching it.

Man: No. A lot of people think they can teach a thing but actually they are just imagining and they have no picture at all.

Yada: That is right. They have vageries in their feelings of . . . not in the mind.

Man: Yada, that statement that they have become what they want, does that not mean just in the physical life they are living in now. Because if they come into the physical world in order to be a certain something, they have to have a physical body equipped for that particular job, or that desire.

Yada: This is true, in, I suppose, most cases, but in a few other cases it is not true. Many peoples have cemented their physical distortions and become exceedingly successful in some particular thing that they desired to do, where others who have all the perfect form, have failed. So you see it is not always true, in fact, I do not think anything is always true. ← i

Man: No.

Yada: Or true everytime.

Man: I was thinking in terms of the state of awareness in which they are coming

into the physical world, cannot jump as we call it, a great big section of awareness and become something that is beyond them.

Yada: Of course not, there is no real great jump.

Mr. R: They couldn't do it, they wouldn't be able to picture it.

Yada: That is right, that is right. You see, in nature you find no jumps, any jumps that you do find you know have ~~been~~ created by man, who is always in a hurry to get things accomplished.

Mr. R: There are no sharp dividing lines in nature.

Yada: That is right.

Mr. R: All sharp dividing lines are man-made.

Yada: That is right, that is right, isn't that wonderful? Why is it wonderful? Because it follows the law - in all existence, and this includes the man-created world, is governed by law.

Teleportation, telepathy, clairvoyance, all these things when the alleged investigators, who, unfortunately, I must say, do not know what they are investigating, realize this: THAT THERE IS LAW BEHIND THESE ACTIVITIES OF MAN, they will stop being awed when they do agree that these mental things do take place. They will stop being so-so about what they know now to be true. In short, they will get off the fence.

Difficulties in all of the various forms of <sup>si</sup> psychism is in the individual who is performing these things, their inability to control them so that they can be done, acted out, any time, instead of hit-and-miss, and mostly miss when the investigator is watching. You see, often the medium, the acting medium is not what they think (crooked or faking), often the medium has no understanding of how he is able to perform these things. Then you take the person that is not a medium, and I use this word advisedly, it is what you call . . . . . ?

Man: Sematic?

Yada: No, but . . . . ?

Lady: Insolent?

Yada: No.

Lady: Meaning what?

Yada: When you are faking. . . .

Man: Oh . . . fraud?

Yada: Fraud. . . .yes. The person, whether he is medium or not, does not know what's happened to him, the ordinary person. Isn't that a disturbing word (ordinary) because I have never met one, have you? LAUGHTER

LAUGHTER



Yada: Speaks in his language.

Oh, here is a person that says he has never had a psychic experience in his life before, and that's the interesting word - -"before" - -, because now it has happened to him. It happened unexpectedly, he wasn't looking. That's true in everything man does, he's not looking, he's not aware, he's not conscious, so things happened to him that he cannot explain.

1.218

Suddenly, someone who has passed from the physical earth appears to a friend or relative, he makes no claim to being mediumistic or psychic and, in most cases, that person is so frightened he does not know what happened to him. So someone who he is telling it to says he is suffering from hallucinations, he drinking too much. Yet man does not have to drink too much or too little to suffer hallucinations, he comes to it naturally. SELDOM DO WE SEE WHAT WE ARE LOOKING AT, isn't that amazing?

Man: Recognize people?

Lady: When we see what we are looking for, why don't we have . . . . .

Man: Consciousness.

Yada: In one way of speaking, yes. We see what we are looking for and that is all. In other words, we are seeing what we expect, what we want. Not again - what is?

Lady: What is.

Yada: What is, yes.

Man: Well, we can make use of that in the subjective consciousness if you desire to know truth.

Yada: Of course, when we do train our consciousness to dwell upon some certain thought, after a time, we can bring the, whatever the structure nature of that thought is, into manifestation in the physical world. Now there is nothing phenomenal about this when we realize that the individual being, the individual being is the Creator, it is a natural thing with him.

Man: Yet the power he has within him is not his.

Yada: That is right.

Man: He has only one thing of his own and that is his secret choice.

Yada: And you know my friends, because of his mental and emotional conditioning he doesn't even have that, isn't that kind of sad, huh?

Man: Terrifying.

Yada: That is right. Listen my friends, listen to what we are saying here tonight, because any moment any one of you may suddenly find yourself in that position, as in a sleep. And you're going to be asking yourself, when something happens to you in that negative nature, in that unconscious state. Suddenly you wake up and say, "How did this happen to me?" "I've been a good person, I've been more or less holy, pure . . . "

Man: More or less.

Yada: More or less - - - - - L A U G H T E R

Man: Usually less.

Yada: Why did God do this to me? Well, who else would you rather God do it to?

Man: We always get what we deserve, Yada?

Yada: Of course, of course, it's the Law, exactly. You see, you cannot blame either another man, or God, or devils. 1.219

Man: Sometimes we need a scape goat because we're just not comfortable with putting the blame, if there is blame at all. . . . . should probably . . . should be another word . . . putting the cause where it belongs.

Mr. R: Yes, but we have to go back again and pick it up again, which often results in nothing, so you might take it as it comes.

Man: We are mentally lazy, so we don't want to seek the facts and work out our own salvation.

Yada: More, and blaming someone is always praise to the ego. L A U G H T E R

Man: In other words, God did it, I didn't do it.

Yada: That is right.

Man: That is the sleeping mind speaking.

Yada: That is the sleeping mind and if you who claim you are seeking to stay conscious let this happen to you, you had better be very alert, because you will bring to yourself something that you have been trying to fight out of, is called "guilt". That little . . . well . . . elemental . . . Pardon?

Man: That little scene that we keep watering in, and out of

Yada: Yes, it's always there, ready to sprout into growth. Oh, why did I ever do that, why did. . . . oh . . . what a pain that is.

Man: Every experience is for us to learn something from.

Yada: Of course, if you can take your - let us say mistakes, if you consider them that, and realize that you made the mistake and only you can change it, then you will not get guilt feelings. It's an experience and always be grateful that the results wasn't worse, much worse, then you can change whatever you want to change it to.

You know, this business of living is not as difficult as so many teachers have man to believe, it is not. It is only practicing to stay awake, to know where you are at any one given time, know where you are.

Man: You can only be one place, Yada, and that is here.

Yada: That is right and if you do not stay in that hereeness you're dead.

Man: That's where creation began, where creation is still going on.

Yada: That is right, that is right. I cannot tell you my friends, but you must know how wonderful it is for the individual to arrive at this kind of thinking that you are doing here tonight. What a stride. What a step along the path, but it is nothing if you do not live it, live it. 1220

Man: You know, it's much worse if you didn't know it at all.

Yada: That is right.

Man: You know it and you do not live up to it.

Yada: That is right, and that in itself again will give you guilt feelings.  
Oh - guilt, guilt, guilt.

Mr. R: Yada, would you care to tell us what is the origin of Quabalah, the Tree of Life?

Yada: In my time, there were a people that lived in the more or less arid regions of my civilization. They were what in my language are called Miettas. Mietta like in a table, means flat-land dweller. These peoples were a dark-skinned people, in a manner of speaking, Negroid. They were the beginning of the Hebrew People, not of the Jews. The Jew is a religion.

Mr. R: You said these people, I remember you saying it before, these people were very cruel, rough, hard . . .

Yada: Oh, because their life was very cruel and rough. They had to get out of the land, for their existence, that whatever it was they needed and that land didn't give very much if you didn't give it most of your attention. But they developed, they started the development of their, what you call it? - - The Hebrew Tree of Life?

Mr. R: Then they were not being taught from the higher plane?

Yada: Oh but yes. You see, again we speak of beings descending from other levels of consciousness. Now these levels of consciousness may also be other points in your own space. Always has a peoples that is coming up in the world, in the physical world, whether on this planet or some other planet, have had contact with beings from other levels, which we may legitimately call "Higher Teachers". When they saw a people who are at a point of understanding, they sent messengers to them with the wonderful story of their origin and what they must do to get back on that one path that will eventually take them back home, because we are all wanderers on a great wasteland.

The Tree of Life is a set of secret codes that tells of man's origin and how he should get back to it, what he should do.

Mr. R: A most marvelous work, I cannot see how they got it all together.

Yada: Of course, of course, again we go to the fact, with all of man's learning, I speak of his occult side, started from the primitives, man in the primitive state, he got all the codes, the signals, the inner knowing while still in his primitive state.

1.221  
 WHY? Because he had not the mind to question this. He had the mind to learn, he had the mind to accept so that he could learn. The animal in him had quieted sufficiently where his mind was not entirely caught up in his hunger for food and sex, so that he was ready to become the, well the Silver Chalice, that is constantly full, but appears empty to the ignorant eye.

Notice and how wonderful it is that every race of the whole world has the Inner Teachings. Every race has hidden somewhere among them the maps, the charts, the codes, the signals, whatever you may like to call them.

Mr. R: Symbols

Yada: Symbols, thank you, that is the best word, of his real nature, I the Creative Spirit descended into matter then got lost in maya and believed it to be true.

Francis O: Hypnotized by the materialistic world.

Yada: Aukee, Aukee.

Mr. R: This is the symbol of Christ being crucified between the two thieves.

Yada: Yes.

Mr. R: Down the Tree of Life, the center column is the Column of Consciousness between the Column of Force and the Column of Form and man looked between the two and forgets to look within himself. And he is symbolized in the crucifixion by the Christ being crucified between two thieves.

Yada: Aukee, Aukee. But you see if you're not ready, if one is not ready to accept this, then they cannot go on.

Mr. R. It doesn't have any meaning for them.

Yada: Nothing

Mr. R: No, they have to emote over the story of the crucifixion.

Yada: That builds it, but the outer man in watching the crucifixion emoted physically and gained nothing by it, for tears do nothing but wash the eyes out. Same way with laughter, the value of laughter is therapeutic to the nervous system, but it doesn't teach you very much.

Francis O: It has a very good affect on the subconscious.

Yada: Yes it is therapeutic. To stand in balance, to find your point of equilibrium, then you come to know. How can we know when one-half of us is at war with the other half? There's only war going on.

Joe: Yada?

Yada: Yes.

Joe: You say to find your point of equilibrium, this point of equilibrium for you may not necessarily be that same point in another consciousness who, because of his or her experiences has a different, you might say, balance, formula.

Yada: Of course.

1.222

Joe: We should not imitate others. We could not accept something because somebody else's understanding is that, but we should go within and find our own.

Yada: That is right.

Joe: That seems to be our responsibility, but then Mr. Reynolds has mentioned that we're sometimes too lazy to do that and perhaps I might say, perhaps too afraid to.

Yada: Yes. You see, there is knowing and then there is KNOWING. When you come, as I said before, to the point of knowing, and knowing you know, your fears, your anxieties, and your general emotional structure becomes more healthy. You get back in balance.

Joe: Nothing else really matters, because what matters doesn't matter, because you don't have to put your mind on anything else, because you're the only thing that does matter.

Yada: That is right, that is very right.

Joe: Other things that matter do not really matter

Yada: No, no. I had a dream. How can I ever tell you so that you will know like I know what I dreamt? I can't do it, I just can't do it. Does this not point out to you that I, the Dreamer, am all important. Whatever it is my dream is made of, that's mine, that's me, I can tell you some things out of my dream that would interest you and if you've had something similar to it, you will have a fair understanding of my dream, but say you do not have anything similar, how can I make you have? I can't. The only way I can do for you, is to hope that your creator will make for you an intelligent existence, an intelligent creation.

Joe: That's why it's impossible to tell the secrets of accomplishment?

Yada: That is right, that is right.

Joe: Impossible putting it into words.

Yada: Because it is such a personal thing, it is only for me, the Creator, to know (Yada speaks in his language)

I, the Eternal Light, knows that sleeping, lower self, no, no, not know, cannot know. Here you have it again in the crucifixion, and the rising from the tomb; the death of the ignorant self, of the lower self, the lower consciousness. The resurrection is the Light rising out of darkness, The Christ out of Jesus, Jesus the ignorant self, Jesus, the lower consciousness, trapped in this hallucinated dream.

He mentions, also your Christian Book said, to tell his disciples look please, I am in your world but I'm not of it. How wonderful in those few short words, He tells a mighty truth. For I know it now, I, the Christ, I, the Eternal Knower. I know my dream - (Yada again speaks in his language) I cannot entirely translate that for you, but will will find the translation in due time.

Francis O: We'll all graduate eventually with honors.

Yada: That's right.

1223

Man: I like that statement

Yada: Oh that very good, that very good. And you know, should you find yourself held back, be glad, because that means you have another chance ← Another chance in which you will find the importance of staying awake while you're in the classroom paying attention.

Francis O: It is a Soul Growth.

Yada: Yes and well that it is because where are you going to go, because where.  
L A U G H T E R

You hear that (airplane overhead) but you see, your world is filled with bedlam. In the Bible, it mentions a Tower of Babel, but that Tower is the word. Man, in his efforts to grow, to come awake, lost his ability to speak one tongue, for each one had his own idea and naturally, if it is your idea, you must use your own words. Sometimes it is said that God is not a personal God, but He is a personification of personal for "I am that".

Francis O: Yada, the little boy was asked by a man, he said, "Little boy, if you can tell me where God is I'll give you a dollar." The little boy thought for a minute he said, "I'll give you two dollars if you can tell me where he isn't!" ←

Yada: Aukee, Aukee L A U G H T E R How wonderful, I think you have a saying about that, it is, "Out of the mouth of babes". L A U G H T E R Yes.

Francis O: Joe, do you have your question? It's kinda getting late.

Joe: You want to hold off? No? Go ahead? Would you like us to ask more questions, Yada, or would you like us to stop the meeting now? It's up to you, you know.

Yada: My Honorable Friend, personally my time is limitless, but yours isn't. You are controlled by various kinds of time and it's well, as long as your world is that way, to go with it, than to fight, huh?

Francis O: Well, it's 10:30 now.

Yada: Well perhaps . . . .

Francis O: It's up to you, whatever.

Yada: Whatever you desire, I know that some of you, at least, have to get some sleep soon . . . otherwise have to get up so early cannot do it very well.

Man: Yada, is the sensation of time caused by a contact between the conscious mind and the universal mind?

Yada: Yes, of course. That is a good thought.

1.224

Mr. R: The memory of past contacts we call the past and protection of anticipated contact we call the future.

Yada: Yes.

Mr. R: It is only caused by the contact between the two minds.

Yada: That is right. How nice, that is so very beautifully put, Sir.

Mr. R: Oh well, I'm learning how to remember all this. Laughs.

Yada: If one studies, one must learn.

Gordon, nice to have you here, would you care to say anything before I go?

Gordon: No, I am glad to be here.

Yada: You will next time come, you will have a question or two to ask me?

Gordon: Yes, I sure will.

Yada: Thank you very much. Maxine, you want to say anything?

Maxine: No, I am just thinking about Joe's other questions, but they can wait, thanks any way.

Yada: If you want to ask me it, you may do it. I am not personally in a hurry.

Francis O: Oh, I have the energy, Yada. Let's say it this way to you, we will ask you the question and you will answer it in ten words L A U G H T E R I was being facetious, because when President Wilson was asked to give a talk and he said, "How much time are you going to give me?" And they said, "Well what difference does it make really?" "Well, he said, "if you want me to talk an hour it won't take me very long to make up that talk, but if you want me to talk ten minutes", he said, "that's going to take some time, I'll need more time for that." L A U G H T E R

Yada: That is so true also.

Francis O: So if you want to answer a question in ten words, it will take a long time, maybe take a longer time than we have.

Yada: But let us see what I do it in, huh?

FrO: All right.

Joe: In the Atlantic Monthly Magazine, there was an article written by a medical doctor on the pineal gland and this doctor is a pathologist, among other things, and he has been interested in examining that so-called area of the human body. And I have, in the little dictionary here, something that he talks about, this definition of pineal, pineal body, or pineal gland present in all cranious vertebra, and evidently a remnant of an important

sense organ in ancestral form. This doctor made some dissections of lizards and other such things and he says, here in the dictionary again, in some reptiles it has the structure of an eye and it's called the pineal eye. Now this doctor was very much interested in this, because of course, he's mentioned the third eye, ESP, and all these other things, but this is something apparently that he was looking into, because he wants to apply, make an application, in the development of this so called third-eye, to help blind people and this application may or may not work, I don't know. He wasn't hopeful, but it seems to me that to develop this so-called psychic eye, third-eye, whatever it may be, is quite an undertaking for anybody.

Yada: Yes.

1.225

Joe: And to bring it about to somebody who has never seen before, would even be doubly great undertaking.

Yada: That is right, that is right. Where a person has not seen before, as far as I know, the best way to get up and impart the idea of what seeing is, is telepathically. Any other way, by telling with words, you cannot do it. A person who has never seen, cannot know what an object looks like, for even people with the best of eyes, often do not know that . . . . . but . . .

Joe: I think he was very much aware of that very same thing and I think he's going to start with those that have seen before and have lost their vision and if he's successful with that, then he's trying to struggle to a way to help those that have never seen.

Yada: But it will be best done by the use of telepathy. Now, this may seem like a very difficult task and that is to come, but it is not really as difficult as it appears, as it seems by your lack of knowledge of it today. But I would like to talk on this subject more along this line of the use of telepathy, besides making some sort of impression upon the pineal gland, through the nervous system. I think we will do that please, eh?

Joe: All the psychic things in other words?

Yada: Yes.

Joe: We'll explore that world with them.

Yada: Yes. Man in due course must learn to master the art of telepathy and clairvoyance in the very near future and I mean really master these things, so they can do, send messages either in picture form or with sound, so that they will be well understood, there will be no mistake. This must be done - BECAUSE WHY?

Because man is going out into space further and further, and in due course, there will be no reaching back to the earth in the necessary time to be of assistance to these beings travelling in space. Telepathy, clairvoyance, clairaudience will be the only way.

Mr. R: Yada, can we activate the pituitary body without activating the pineal gland?

Yada: I do not think so, my friend, once you stir one of these, you also stir the other.



Mr. R: Well then, telepathy and clairvoyance both depend upon the pituitary and the sight center, the sight center and the thought center.

Yada: That is right.

Mr. R: Both centers acting together.

Yada: That is right, Sir.

1.226

Joe: Yada, also this doctor seems to have examined the brain, so called brain sands of this particular area. The gland itself, so called, and found that in the psychic, the persons who had telepathy and other such things, that they were of a different size and shape than in the, let's say, the ordinary individual.

Yada: Yes, this is so.

Joe: And it seems to be some relationship there?

Yada: Yes is so and also in peoples who are markedly like this, these chemical particles that they have, are often found in peoples who have certain forms of insanity.

Lois: They have found some of those chemical traces all throughout the brain, in the mentally inbalanced.

Yada: Yes? Oh?

Francis O: It would be a good article for him to have, I mean for you to get and send to this man, it would be very helpful. YADA: Very interesting.



Mr. R: Well, that's what they always say you know, that the only difference between illumination and insanity is that the illuminated person controls it.

Yada: That is right. L A U G H T E R, that is right, you see the Yogim again, in the attaining of the Gods, attaining that statement known as Samadhi, it is also known as God-Madness, and this is indeed a very pointed state of insanity. And how else in your Christian Bible it is saying, "No man shall see God and live", it means that the lower consciousness will get lost. Kethra (Yada speaks in his language) Aukee - Would you mind now if I withdraw?

Francis O: It's been a wonderful meeting, Yada.

Audience: It has been wonderful, Yada.

Yada: Thank you.

Francis O: We will see you then two weeks from tonight at this kind of meeting.

Yada: Yes, thank you, and would you please to keep a note on this latter part of the tape, I am most interested. (Airplane overhead)

Man: Getting bigger all the time (airplane sounds) - and the chigas are too.

Yada: Yes and I think I better go, they sound like they are getting closer. LAUGHTER

Man: Maybe next time, Yada, you can tell us that man must learn how to do this. Maybe you can tell us where is the kindergarten to do this, to start.

Yada: It is there and we'll start, huh?

Man: Yes, Yada.

Yada: Thank you, I am very grateful to you, that you getting this particular group together to study this, to setting night, Tuesday, aside and let us make it of value to our daily life, please, huh?

Audience: Thank you, Good night, Yada. Bless all the Teachers.

Yada: Yes. Yes. E Grati Ya.

P.S. This is a very beautiful lecture, but very poorly recorded, some words not understandable.

12/B



# INNER CIRCLE KETHRA E' DA FOUNDATION

A NON-PROFIT EDUCATIONAL ORGANIZATION

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1.227

TRANSCRIPT NO 1.



The tenets of our organization are: That man is born in love and is a free agent. That knowledge is cosmic honey and man should not only be permitted to gather this honey, but should be aided and abetted in doing so.

Yada di Shi'ite

IRENE & MARK PROBERT, Founders

TALKS ON LIFE

November 23, 1968

by

1.228

Yada Di Shi'ite

The following is taken from the tape recording of our beloved teacher, Yada Di Shi'ite, speaking to us through our dear friend Mark Probert - for the last time.

My honorable friends, it is my joy to be here again. We of the Circle certainly regret the little mix-up that happened a few weeks ago, which took us at a little tangent at the wrong time, to some other places.

But do you not sometimes wonder what the nature of a mistake is? Because you see, it does not always produce a negative condition - which is what a mistake is supposed to be. Very often, it brings things into better alignment. But you, who make the mistake, or me, who makes it, we must not let ourselves jump to any conclusions about what the mistake was, for it may bring a better condition to us than if we had followed out the original plan.

For which, there is some kind of example: Some years ago, in your world here, during one of the many wars that your world is in, most of the time - they were making room on the big, big plane ship - you know, of the sky - making room for what you call entertainers. So there was a lady on this ship who had to lose her seat - you better keep sitting on yours or you'll lose it too! Ha-ha. Is that alright?

(Comment: Ask Jack. He's here. He'll give you a rating on it!)

But, she had to get off the plane.

(C: That's what they call "bumped".)

And she cried and she make big fuss. Then the plane, it go and it came down - it crashed, and killed everybody aboard. Now we go back to this lady, and she is jumping for joy that this happened to her, that she was bumped from the plane. One minute - tears; the next minute - smiles, laughter, joy.

So, what is a mistake? What is good? What is evil? What do we mean by these terms? You should know, because you are using them all the time. But how many stop to think of what is back of these terms? Very few. Instead, we get into emotional turmoils with them; misunderstanding, not being able to look into - what is called, the future.

And what is the future? The future has it's seeds in the present. If it were not so, you could never come to it.

What is the intelligence of complaining about anything? What do you gain by it?

(C: Attention?)

That's all. And, negative attention mostly. No one can change what is. No one can stop what is happening. Man labors under the impression he does things

on his own. But almost no one can do things on their own. There is that condition called 'the great mind' - the great cosmic consciousness, the highest center of awareness, which the low self, the conscious self, the ego-consciousness, is not aware of.

Sometimes, this great mind is called THE CHRIST - the light of the Christ. Not the Christ you have been taught of - a man who has come to save you; but the light - out of which, all has come. There is nothing throughout all existence that has manifested apart from, away from, this great creative Light. And you know, the joy of knowing this will free oneself from anxiety regarding his life.

Some people, entering for the first time into the broader fields of metaphysics, getting away from the orthodoxies - they want to get it in a hurry; they want to learn right now, everything there is. How are you going to do that!

There are special kinds of study that we must use to prepare ourselves to open the centers to the Light. It is not simply knowledge we are trying to get; we're trying to get something more - it is called wisdom. And wisdom is how we use our knowledge - and this always takes a great deal of concentrated thought about what we are doing at any given moment.

Why am I doing this or doing that? That which I didn't do before, why am I doing it now? What is the purpose behind it? The material life - is it a mechanical chance of chemistry? Of course not. It is a product of the mind - the great Inner Mind, the great Light.

From this approach we find beings - going back to the most ancient of times - who were sun worshippers. Did they worship the sun as a god? No, but as a symbol of the Light, knowing they came out of the Light. They are beings of the Light. So they made symbols regarding the sun, the Light, which they used at times when they were paying homage to the Light. Man knows he is a sun being.

Now today you have beings coming into your atmosphere, which you have come to call UFO's or flying saucers. These beings come from other civilizations in the vast regions of space. But because you know so little about them, you are doing what man always does to the unknown, to that which he knows so little about - you are worshipping them, giving them adoration! And this adoration is of an emotional nature - it is sentimentality, which is alright, for man is a sentimental being. He lives on his emotions most of the time. So, if he wants to do this, that's alright, - do it.

The only trouble is that when we adore, when we love, without knowing what our love is, we gain nothing by it; nothing by it. It is nice to have faith, but faith without substance is of little worth.

Many people think of me as they think of a space being. They think, because they have heard of spiritual life after death, that I also am a spirit. That is, the nice ones talk about me that way! Others call me a spook, ghost, astral shell or whatever. But, you know, I am never what someone else thinks I am. You are not what someone else thinks you are. You are, to yourself, something entirely different - just as mysterious as any beings in the outer spaces, just as great, just as divine. For all is born of the one source - the Light.

So, who can be something different? Who can be greater, or less great, than another? We walk together. We go together in the LIGHT of Life. We walk together or we do not walk at all. No man stands alone. We all need one another.

I thought I heard someone starting to ask me a question. Would you care to do it now?

(C: You were speaking of faith without substance, etc. Is this to mean without substance - without soul ?)

That is right. Without substance is without soul, without meaning.

You know, there was a lady in San Diego who made a statement when someone was complaining to her about an event which she did not feel pleased about. This lady said "Well, it's better than a blank, isn't it?" And isn't that a wonderful statement to make! Whatever happens to you, it is better than nothing happening to you. When nothing happens to you, you are out in a void - a blank - a nothingness.

Pain is not always what we think it is. Pain comes to one, to also open that one up from their dream of matter, throwing a greater beam of light upon the darkness of their ignorance; forcing them to pay attention to their higher mind - their higher consciousness.

Pain is an individual experience. No one can comprehend my pain. If you have never had what you call a toothache, how are you going to tell another, who has never had a toothache, what it is. Headache - how are you going to tell someone else? All you say is, "I have a headache". If you have never had one, you say "Oh, what is that?".

I am going to take this or that medicine for it, which is advertised on your picture boxes - your T.V.s. What do these drugs do? There are arteries in your brain which are getting too much blood at one time, and this causes the arteries to extend; they are gorged with blood. These drugs quiet the throbbing of this artery as it seeks to get through the brain, so your headache stops.

But, you really haven't gotten at the cause of the headache; you have just stopped the effects. Now, if you do not find the cause of the headache, you are going to get it again. Some inner excitement, some form of anxiety has set the blood to moving too fast through the limited width of the veins, or arteries of the brain.

What are you worried about? What are you anxious about? What are you afraid of? Every ailment of the body, starts in the mind, in the mental self. You may talk to me about diseases, about germs, about microbes - but how did they get started? Why haven't they killed you long ago? Because you were born with them. Your body swarms with these micro-organisms, both inside and outside.

Of course, knowing this makes making love difficult! But, because the drive to make love, is greater than the fear of microbes, we go on making love. What is your choice? All you are doing is exchanging microbes, but you cannot stop loving. Loving is a natural thing for the human being.

(Comment: ...microbes build up anti-bodies, so you are helping the person...)

Very good! That should do, what you call 'cool you'! You then, do not mind if the bugs are 'grooving' on you!

Microbes cannot be killed. They are chemical substances which have a coating that is like armor. You can put some microbes in the most intense electrical heat and the moment you stop the heat, they are alive and active again. You cannot create them. Of course, there are some that you can kill, with very little effort. In fact, their very life kills them. When you breathe, you kill many of these micro-organisms. And when you breathe out, you produce some more. Man lives in a condition that I can only call parasitical. Everything is living on the life forces of everything else. For life, is for life. There is no death.

But, again, there is death - it is called the death of ignorance. And we kill it with learning, with education as to what is - as opposed to what isn't.

(C: Regarding what is, and what isn't - the other night, we were discussing illusions and it was said that everything is real and there is no such thing as illusion....so the word 'illusion' is an illusion and that makes everything real)

Sir, you shouldn't have come here tonight! Because, what you are saying is of two natures - it is true and it isn't true.

Truth depends upon what the individual means by that word. To the dreamer, the dream is true. When we begin to learn that there are different sides to life, we begin to see that there are different states of truth. 1231

What can you live with? What can you have - not happiness, because happiness is a will-o-the-wisp, but peace of mind - which is constant, once we acquire it. In 'happiness' we are seeking only to get something; our joy is predicated upon possessions of some kind or another.

(C: Not necessarily. You see, it comes up all the time - indecisions - what is or what isn't.....)

But Sir, if you get this, if you know how to think in this manner, you are acquiring something much more important - which I call 'peace of mind'. Then you are not seeking to possess anything. You leave things alone. You let life, instead of trying to make it.

This is where man finds his unhappiness. He is constantly pushing his ego self into changing things; but he doesn't know what to take in the place of this or that. He doesn't know what decisions to make. He is not comfortable with any decision he ever makes because he is not certain of its nature, of its ability to cover all possibilities, of bringing him into a negative state. Peace of mind lets one live; it does not make him live.

(C: You say we all come from the light, and I agree, and that we're all responsible for each other as children of the Light. How responsible are we really though, as our brother's keeper? How far do we go, in our responsibilities?)

A keeper is one who has love for you, and for everything. Now, it is nice and necessary; it is natural, to be our brother's keeper. But if we are not careful, we may seek to possess - and this makes us our brother's jailer, instead of keeper.

We want to confine; we want to restrict; we want to possess - and in so doing, we bring a quick and very painful death to those whom we seek to control and dominate. Now, it is said that there are spooks who are obsessing and possessing - spooks in the flesh! There is more spooking going on among yourselves, in your world, than between the worlds - more will to dominate, to control.

Few of us seem to have a life of our own that will keep us busy and prevent us from entering into the business of another. And, there are many spooks in the astral world who are trying to live the lives of people on earth. When they were on earth, they didn't seem to know how to live their own lives. They were possessing while they were still here in the flesh, and they go on doing it after they lose the flesh body.

There is only one chance of having another person come into your dream, and to be safe with you in your dream. This one chance is called love. We have no touching upon another's dream until we have this one attribute of the heart, of the mind, of the spirit, of the soul - it is called love. We are truly lost creatures in an illusionary dream until we have this love which brings us into rapport with all other human beings. It washes from our minds, that which was hypnotically put there - called prejudices, of all kinds.

Look please - there is a madness rising, called racism. This is insanity. Out of this kind of thinking, man reaps the wild winds - the wild winds of his negative doing. 'You hit me and I'll hit you!' This goes on continually - like an endless nightmare; and will go on until man learns that there is only one being anywhere - that one great being within each of us, who knows nothing about these prejudices.

Skin coloring, race, languages, religions - none of these things have anything to do with that great being within us. It is only a part of the nightmare that we, as individuals, concoct for ourselves out of our ignorance. Ignorance meaning not knowing truth - that is all. \*

(Q: You said before..... that faith was nothing without substance. Where does the substance come from? How do you put substance into your faith?) 1.232

Love is that substance; that feeling of continuity that I have with you, that you have with me; that knowing feeling we are one, we are one and the same. We are born of the Light.

This body is appearance; this is a projection. It is an idea, for this vibration called the matter world - this part of consciousness called the matter world.

Can I - or I making clear please? Am I/ It is of great importance that my words do not lead you into confusion, but out of it.

(Q: You are saying that substance is consciousness?)

The substance is consciousness; and, therefore, the substance is life. And that life, the substance of life, is love. What does love mean? It is understanding; conscious awareness; knowing - not just taking things by faith, but by knowing.

I. AM THAT: THAT I AM. I AM THE REALITY. And when I say that, you say it. It is your words; your thoughts; your I-amness which you are speaking of; your divine nature - divine, meaning love; not holy. Holiness comes to us when we fall out of love. We become what we think is 'good' - which is what the ego thinks; not what is really in that great self within us. It is the low ego-self which is a wonderful thing for the physical world, for physical living. The ego is a necessity. You cannot destroy it, but you can guide it so that it doesn't destroy you.

(Q: How do we know, Yada, how can we be sure?)

Not so much by reason. Reason is a very complex thing that goes on in the brain. We come to reason by relating one thing to another thing. But there is a sensing that we come to, which is beyond reason. I call it a feeling of one-ness. I love you. Can you understand what I mean? Are you loved? There is only one love. It is yours.

Do you love yourself? To love yourself, is to honor yourself. To honor yourself, you must have understanding of what you are honoring - what self? The physical self? Yes, in part, because it is a necessary point of the consciousness, of the human being. But also, the spirit, the soul.

Now, you may not be able to picture what a soul looks like, because it doesn't look. The spirit is breath - 'spiritus', meaning breather, Breath is life. Life is a sense of the divine in us. I know my source, therefore, I am not an alien. No matter where my consciousness is, I am not an alien to the people of that state of awareness. I am acceptable, by my love, to all things alike.

(Q: You are free then.)

Free. Free-er than the winds. Free, as energy is always free.

(Q: Could we reach this source of knowledge through meditation?)

Of course. But remember, while I say that, you must know that it is going to take you a great deal of work before you can arrive at that point in your meditation - where you will come to know what is. Now, once you do this, as grand as that experience is to you, it is not going to let you run screaming with joy, with the belief that you can tell it to someone else.

No, it brings peace to your mind and to your body. You feel it moving through you like a marvelous sense of pure joy. I have listened to many people talk about the joy they get in taking 'a trip' on lysergic acid. It is nothing like this. It is grander - much more so! There is no drug that can bring you to that level of pure joy; no drug.

But you can find it in the quiet of your own being, in what is called meditation. But look please, at the work you will need to do. The first thing you will have to develop is a sense of patience with yourself - no pushing, no anxiety to hurry you. Wait. Be patient, and all that is yours will come to you. You cannot lose it. You cannot keep it away from you. It is yours.

You are the creator of it, and for the first time, you are beginning to create consciously - aware; knowing what you are doing. In patience, we begin to find the cause of our sickness, our insanity, how we got off the track from our divine nature to our limited ego-nature.

(Q: I found that many people who meditate, and many vegetarians I've met, and many people who take on programs to better themselves - they start feeling more divine than they did in the past and consequently start feeling better than others - and to me, that's an illusion.)

Yes! I know many people who eat only vegetables and fruit, and they have the worst breath you ever smelled!

(Q: Yada, how do the ways we seek love in this world, compare with the ways others seek it in other worlds?)

My honorable friends, I am having a difficult enough time, telling you how to do it in your world! Now if I should try to lift your awareness to higher states of awareness, and to let you see what is going on there, you would instantly vanish into those other worlds yourself - if you could comprehend them.

You know, I am not trying, not making any effort to not answer your questions; to not give you satisfaction. No, I want to give you satisfaction. I want you to understand. It is so necessary that you do, just for your daily living.

If we who labor in our physical world, without comprehension of what goes to make up the physical world - if we do not get to learn that, how can we learn about other states? You live in the physical world. You must know how to handle yourself in this vibration. Then, you can learn about other vibrations, other vibratory worlds.

Sometimes people do think that I am avoiding answering their questions. When I was talking through Mark in Palm Springs, there was a man who insisted that I tell him how not to leave a body on the earth when he dies, and why not to. I tried to tell him that I couldn't tell him, but he would not understand because there was no language to explain this to him - no exchange of meanings, of words. But, I no more got through telling him all this when he said, "Well try me!" Ka Sida!! - that is the best expression. Wow! You see, I talk to you; I use my own language. I know you do not understand it, so I am not really talking to you, but to myself - expressing my feelings about certain thought that I hear in your world.

But then I try to translate what I know into English and it does not always translate well. In the Mysteries, in the inner schools of the ancient times; there were no real mysteries, but the things that were taught, were taught by specially made-up languages for those who were knowledgeable on such subjects. So, the outside person would not know what was being talked about, because perhaps he was not ready for it yet.



What are illusions? They are misconcieved ideas about what is going on around us. The ancients never meant to imply, when using that expression 'Illusionary', that a thing or condition did not exist. They were trying to say that the world of matter is a world of the senses; it is sensory, therefore you are seeing not what you are looking at.

1.234

Illusion. (Yoda hits the table) What appears to you, both by sound through the ears and by observation through the eyes, that Mark's hand - which at the moment is my hand - I just borrowed it, and I'll give it back to him after a while - it looks like, and sounds like the hand is touching the table. Doesn't it, to you? But it is not and you could have the proof of it if you had a sensitive enough gauge to measure the distance between the surface of the skin and the surface of the wood of the table. There is a vast space; they are not touching. No two pieces of matter ever touch. It is a sensing, a belief born of the senses, therefore, not an actuality, hence, an illusion. But for all purposes of your physical world, it is good enough - I am touching the table.

Now, where are you? It appears that you are sitting in a room. A room is a measurement of space, yes? But, this again, is an illusion of the senses. How much space? How far apart are you from one another? Often it looks as though some of you are very close together. That's nice. But are you close in mind, too? Your bodies may be touching, but are your minds touching?

Very often, our sex urges drive us to take another, of the opposite sex, to bed with us. We say those two people are together in bed. But are they really? They may be mating in body, but there is no communion in their minds. So the physical mating does them little good. They think they have gotten some satisfaction from it, but unless they are mentally communing, besides physically, they get no real substance from one another. There is no exchange. It is a little tickle, for a moment. And if it is not tickling in the brain, in the mind, also, the tickle will bring no laughter of joy, but pain and disgust. Do not cheat yourself. Know what you are doing.

Do you want to say something to me please, anybody?

(C: Is the universe in harmony?)

Always, the universe is in harmony. Only our misconception about what is going on around us, makes it seem to be out of harmony.

(Q: It is in harmony though?)

It is in harmony.

(Q: Then, when stars or galaxies collide, that is part of the harmony?)

It is part of the harmony!

(Q: That violent action is part of the harmony?)

Everything is, but we, in our thinking, make it out of harmony.

(C: Now, I agree that it is in harmony!)

It is, of course. Were it not so, nothing would exist. No thing. You would have but energy moving, but not creating anything.

(Q: Then, great collisions of mass and violent changes are in harmony?)

Are in harmony. But this, to man, is not so.

(C: Why not?)

Man cannot create by violence. He destroys - and destroys in a very negative way.

(C: But he would not be destroying - he would be modifying.)

Yes. But man, remember please, is a conscious being. He has something the rest of the universe does not have - self awareness.

(Q: The rest of the universe does not have self awareness?)

Does not have self awareness. There is no thing, throughout the entire universe - and universes in toto, that has that wonderful thing that man has, called self awareness; so that he can say, in the most profound way, and mean it and know it - "I AM THAT. THAT I AM. I AM THE REALITY".

It is this great consciousness which flows through man. He doesn't own it. It flows through him constantly. He walks in it. He is of it, and it gives him the feeling that he is creating it. He alone, bt that sense of self awareness, becomes the creator of all - all in all, both individual things and mass things.

(C: I still don't understand why violent changes within man, and to man, are not in harmony, if violent changes are in harmony with galaxies colliding!)

But you see, galaxies do not create violence. It appears, to the eye, that there is a great deal of violence, but if you could get out there in the vastness of space, you would not see it as violence - you would only see changes taking place.

(C: Think about the violence in the digestive processes!)

They are not. No, it is not really violent. It is what you think is violent - from your own sense of violence. It is not violent. There are sometimes two chemicals which need to be brought together. But they seem to oppose one another, very often in a violent way, so there needs to be some way to bring these two chemicals together. So, you form another chemical substance which you call a catalyst, which helps them to link themselves together in a quieter, more peaceful manner. In man, the catalyst, to keep the violence down, is called love. It is difficult to put this in clarity - very difficult, because man has brought with him from the primeval swamp, a very violent side of himself. And he has difficulties in renouncing it; in trying to get into the body of love and peace.

(Q: Why is he having all this difficulty? I asked you, a little while ago, if the universe was in harmony and you said yes. If man is part of the universe, then he is in harmony; so why are we sitting here and why is there all this talk about the ego self?)

My honorable friend, you misunderstand. I speak not with a forked tongue, when I say that man is a creator. He is just not awake to this fact, and so his desire to create, destroys.

(C: We're in harmony; we're just singing - the wrong tune!)

Right.

(Several other comments are here exchanged, between the listeners.)

Now you are getting into semantics. You see, there are some things that you simply cannot talk about, with the use of words. I try, because I find it necessary to do for man here on earth. I try. This is my work. This is what I come here to do. So I try to find the best tools - words, English mostly in your case; and it does not always make clarity. I regret, but that's the way it is.

(Q: Yada, how can one find self..... and know what you are talking about?)

First, what are you? Have you ever asked yourself that question? Not who are you - everybody knows who is who; but almost nobody seems to know what they are. So I ask you, what are you? And I speak not just to you Sir, but to all of you sitting here - What are you? What do you suppose you are? Now I do not expect you to answer me because each of you will give me a different answer. That's alright.

(Q: Do we just go through the life cycle, to find out?)

That is what life is for - to discover what we are IAM THE CREATOR.  
 Now that sounds big, doesn't it! In fact, to many, it sounds like too much!  
 But how am I the creator? By feeling, I come to know. I come to know, by feeling,  
 my own nature. 1236

Now if I get a 'stick of fear' pushed into me at the moment I am trying to discover myself, I will naturally back away; the pain is too great. The reason this man or this woman is sick, is because they hate. They are bogged down in hate - hate of another; hate of their color; hate of their creed; hate of their political beliefs. Hate, hate, hate. Kill, kill, kill. We all seek to destroy that which we do not understand. Or, we 'bottoms up' to it. In either case, we are lost because that is not the way to approach ourselves, to approach life, to come to understanding.

Understanding comes to us not through reasoning, but by quiet - getting ourselves quiet, so we can listen to that marvelous teacher within us. I AM.

(Q: Do you mean the real self?)

The real self, that dwells here. It is the Son of the Sun, and when we open that center, the light comes out and dispels the darkness. When the tomb of Jesus was opened, they found him not there. People who believe in psychic phenomena, were awed by it! "Yes, he did rise, just as he said!" "Isn't that amazing! Isn't that wonderful! He must have been a witch!"

He never got in there, so he had nothing to get out! Here (Yada gestures) is the tomb that is spoken of - the body self. We, the Christ, is shut off, is locked in the body self - the cave of the body. The cave of the body is ignorance. The Christ arose - which is the entirety of the man called Jesus. It is the real self. The doll - a projected symbol of the man called Jesus - the body self - just an idea. And he took that idea with him - with him, in here (gestures) - not the physical head, but the mental head. It is also known as 'the heavenly state'.

What am I made up of? My physical self is what it has been conditioned to be, by first of all my parents or those whom I came into early rapport with, in the physical body; right on through to my death. I am that, physically speaking. I am a conditioned being - conditioned to this vibration called the world of matter, or earth.

Now I come to a point, I come to a fork in the road of my life. I must go one road or the other. I must know what I am. My confusion has come from believing that I am a 'who' - a personality, a thing in the flesh. The first thing I must try to do is to find out what I was conditioned by - fear, anxiety, guilt, shame; or love and understanding. Which?

Why am I afraid? Because I do not understand I do not know what is happening. It is like waking and finding myself in a dream. So I get caught in it; everything is there already. I had nothing to do with the dream. It just came, as I came, into the physical world. I had nothing to do with it - "God did it!" "My parents did it!"

Now suddenly it may be my good fortune, in this particular life, to wake up - to suddenly realize that I am dreaming. In doing so, all my fears and anxieties about the dream, vanish; for now, I am master, I am now a conscious creator, so I can change anything, alter anything, produce anything in that dream.

It is the same in your wakeful dream, called the material world. Are you conscious in it, or are you a drifting, unconscious zombie? Now I do not use those words at you. They are not critical words.

→ I seek not to criticize you, for to criticize another is to criticize my self. I simply make the statements. This is how it is. That is all (What you do with it is your business.)

(Q: Yada, you mentioned how people might pick up negative violence. Do people also pick up negative violence when they are dreaming?)

Oh of course. We do that, from every thought we think. No matter where we are, we are always open to points of activity that may be destructive to us - out of harmony with us. Remember, the more I am consciously aware, the fewer negative things are likely to occur to me.

Now this is what I say. But what do you say, because it is your life. Most of you remember a story I tell about that - this is your life. Would the rest of you care to hear this story?

It is one about what you call an old maid. An old maid is one who apparently has been afraid of the opposite sex - conditioned, because it is not natural for a woman to be afraid of a man or for a man to be afraid of a woman. It is a conditioned reflex - but that's what an old maid is. The mind is such that, no matter how we are stopped physically from doing things, the mind goes on doing them anyway, if they are for us to do.

So this old maid kept dreaming about handsome men. Everytime it came to the real man, the external living being, she was afraid and would run away. But after a time of dreaming, her dreams became so mixed with the external self and external happenings, that she was seldom sure which was which.

So one time when she was dreaming, she dreamed about a man standing at the foot of her bed - gazing at her with lust, beautiful lust. She got very frightened and cried out to him "What are you going to do to me?" He said, "Lady, I don't know. This is your dream!"

Isn't that a truth? This is your dream. Life, oh life, what are you going to do to me? I wait. I wait in patience and often, in impatience, for life to move and help me to move. I do not want to be the excluded middle. I do not want to be left out. To play some part is better than no part.

(Q: Can you tell us a mantrum or something we can say first thing in the morning to send out, or bring to ourselves, a higher vibration?)

Yes, Of course, and I am going to use an expression you have often used - and the reason I use it is because you are accustomed to it. You may not really comprehend it, but you've been using the word. When you get up in the morning from your bed, stand up; put your hands out here in front of you; bring them around to your back, touching them, and in the meanwhile, say to yourself: "I am in the light and of the light. I am the awakened Christ." This will offer you all day protection. When you go to bed, repeat it, for many of us are in greater danger asleep than we are awake. Because of our thoughts, our anxieties, our fears, we can kill ourselves, mocking up a nightmare that will frighten us to death in our sleep. Remember that all the organs of the body are at a low ebb of action, while you are asleep; so it is easy to die in your sleep.

The question is, do I love myself? The answer - yes. Why? Because I understand myself; I know what I'm made up of because I made up myself. My "God" of the past is dead. He was a god of fear and anxiety, which brought all my troubles to me.

The real god - the eternal Light, the Christ within - is an awakened state of consciousness. Can I not be protected in this higher state of consciousness? How can I not be? I have no protection from the God of Moses.

**MOSES**

The God of moses was the god of wrath and vengence, which this great being was told to bring by the White Brotherhood, to the people of that time, because that was all they could understand. They were afraid to die - but yet they were not afraid to bring death to everyone else around them. In order to save the people of that time from one another's angers and jealousies and fears, a god of that kind had to be brought to the people.

1.238

Man is slowly coming out of that state of consciousness. He is coming into the light - the light of understanding, so he finds the real god within him, constantly there. He does not have to get on his knees. He does not have to enter some special building, called a temple or church. He knows that this body is the living temple of the living god. But the greater masses are still living in the swamps of their ignorance.

But, life is not lived by the masses. Life is lived by individuals We, as individuals, have to come out of the swamp.

There is a story about a man in India, who is walking along a dusty road, and comes upon a man by the roadside, who is carving elephants out of simple blocks of stone. He looked at the stone elephants and admired them very much, and he turned and looked around for an elephant that this man might be using as a model. But he could see none, so he said to the man "Sir, tell me please, how do you carve such perfect elephants without having a model?". The man, the artist said "I look at a block of stone; I look carefully, and pretty soon I begin to see the elephant in the block of stone. Then I knock away everything that is not elephant."

So it is with us. We look into ourselves and we see all the beauty of the creator in ourselves, and then we begin to knock away everything that is not of the creator. We knock away the animal and find the divine human.

How beautiful that story is. What great meaning, just coming from the lips of an apparently ignorant sculptor. But, you see, he wasn't ignorant. He knew his business. His business was carving, was molding. That's why he created such great and beautiful little elephants.

Can you look in yourself and see the light which you are? can you see that divine being in you?; and then start breaking away everything that is not of that nature? I do not mean that you should live a saintly life or a pure life. Live your life whatever it is; whatever it is.

If you are going to be a crook, be a good one - know your business. This way, you stay out of trouble! If you are going to be a saint - if you insist on it - be a good saint, you must first be a good rascal, so you'll know what a good saint is! You'll know what to knock away to make that saint.

A little while ago, a lady and man were talking to Mark, asking him about Karma. I was there; I listened and Mark tried to explain. He did a very nice explaining, very nice; but it was not understood by the listeners. Was it Mark's fault? - the talker? Or, the people's fault - the listeners?

All we can ever do with one another, in the physical world, is to make sounds. Then the listener to those sounds, makes his own pattern of what is, of what has been said. We can do no more than that and they can do no more than that.

I cannot teach; I can only make sounds, and you use those sounds to teach yourself. So you see, you are the teacher, not I.

Does man live after death? That is a question with many important issues in it, one of them being - what do we mean by living after death? What is it that survives? Do you think you are a spook in the skin, a ghost? Well, you will be a ghost or a spook when you die, too, because you are one now if you live that way. You are practicing to spook people.

Know yourself and you will talk that way. Do not be afraid of your own thoughts and your own feelings, what ever they may be. There are people who have been taught to be afraid of sex. And if they are taught to be afraid, taught to feel guilty about the opposite sex, then they turn to their own sex. For sex must be expressed in one way or another. It is a natural phenomena of the human being, as well as any other animal.

1.239

But with the human - he puts something else with it - thought. It is not simply a drive to satisfy himself for the moment - it is a baptism, that should enlighten us. Is sex used only through the sex centers? Of course not. It is the energies of life; it is the kundalini - which causes us to be creators. It is the fires of inspiration. It is the touching of the Light, the creative light, upon our minds. What do you feel about it? It's not what I feel; It's what you feel. That is important.

Life after death. Alright, I am going on a trip. What do you do when you are about to go on a trip? Sensibly, I believe, you pack a bag. Yes? You are now going to take with you, things you can use. In climate - taking heavy clothing for cold weather; light clothing for warm weather. Now, would you take heavy clothing if you are going to the tropics? Would that be sensible?

What would you put in the bag? Things that you can use. Now, you are going on a trip, but you haven't tried to find out where, what your destination is. So you do not bring anything. So you end up with nothing, at the end of the trip. And you suffer, from bringing nothing.

You are going into this other state of consciousness, this other feeling world. What's on your mind? Are you afraid? Do you think you can take this body with you? If you think you can't, then you will not. If you think you can, then you will. But why would you want to take your body with you? It's worn out; useless. You can take it if you want to, but how will you take it - old? worn out?, sick? No, not as it looks to you - you cannot take it that way.

What is a body? It is a point of energy. Now you learn to breathe that energy back into your center - the center of your being, because you made it; it belongs to you. But, you will not do this for a long time yet, because you have no real need to do it. You are going to another place; you are not yet going home. You are to adventure further into other lands, in which you do not need that form, so you leave it behind.

But there will come a day, there will come a time, there will come an hour when you will suddenly realize that you are dreaming. Then you will know how to move around. Then you will know the value of energy. Then you will know how to  mold it according to the way you want to.

When you know this, you are going home. You will not dream some more of a matter world. You will not go down into the lower world, called the 'astral world'. You will return to consciousness. You will recognize yourself as the eternal creator. For this moment, for this time, all my words may seem pointless, useless, of no value to you. But sometime, somewhere, you will suddenly understand it all. Do not be concerned. There is no hurry - no need for it. You are already attuned to the Light. You just now need to know it, to recognize it, to become aware of it.

Karma - like the word 'sin' - has a strong tendency to give us guilt feelings. This, when we move into the next level of awareness, demands our coming back because we keep in mind that we committed a sin, an evil, a bad! We then want to punish ourselves. That drive for punishment, drives us back into the physical world - the world of punishment, the world of pain and uncertainty, the world of the blind.

If you believe that you are guilty of some act, you will punish yourself - as you have never been punished before. Many people are suffering in this way in your world, and it often demands the attention of men who are trained in the field of psychology of the human mind and the human emotions. It demands their attention. Many of these men also carry the same elements of guilt and shame with them, so they use their idea of what to do for you, to heal themselves, to understand themselves. And you pay them for that. Why not; it's their work. You are their work.

1.240

Do you want to be your own psychologist? You can, if you can keep down your anxieties; get control over your nervous system; break away from your false concepts which you have been put under from the time you got here. If you can do this, you will not suffer again with emotional sickness. And, when you get clear of the physical world, you will know how to live in this otherness of mind. You will not become a haunt on the earth, but you will become a healthy helper to man who is still in the flesh body. You will not impose your personality on them with big sounding titles. You will come and say: "My friend, I am your life. I know what you suffer and I want to help you. Will you permit me?"

In your holy bible it is saying, "The harvest is great, but the harvesters are few". Our business is with life, with the living - not the dead, with the conscious. Let us play that part. Let us go to the living. Again, in your Christian bible it says, "Go not to the dead, for the dead know nothing". That's true. Ignorance. They sleep in ignorance. No man can waken another until that one is ready to be awakened.

Which would you rather I do - you sitting here, which would you rather I do - bring to you your relatives and friends? For what? What could they tell you, that you do not already know? Who is the greatest being to come into close rapport with? You. Yourself.

You may contact a hundred, a thousand beings on many levels of consciousness, but if you have no contact with that great being called YOU, then all other contacts come to nought. You see why I say Love Yourself - because there is no greater being in all existence than you.

Do you want to say something to me, please?

(C: First of all, I want to ask you how Mark is doing ....I know there is something about his heart ... an impending operation. Do you want us to 'cool' some of the lectures for awhile?....It has been mentioned that there is a possibility that you may want to let up a little....that he may need some rest.)

It is kind of you to have that consideration for Mark, to have that love for him. We, of the Circle, greatly appreciate that. He is in not a very good condition. Now I do not think I need to suggest that you not say anything to him about what I am saying, please. The arteries, over most of his body, are in very bad shape. If the operation is not performed, he can suddenly die.

Now you know, we of the Circle, have the same love that you have for him. So we do not will him to die. We need him like you do, but each of us has to live and to die in his own time. There is no one of such importance, that they cannot be replaced. Now Mark knows that. I do not think he is concerned about dying - he has been more concerned about living.

I cannot predict his death - and I would not, if I could. That is his business. I know that you - all of you who come here - you have a real love for him and would miss him very much. But we cannot stop the progressing or the motions of life. We cannot choose who is to stay or who is to go.

Vast numbers of humans have been wiped out in the violent activities of nature; also, in the violent activities of man in his motor cars.

What's the best way to die? The best, is to die knowing - to not be afraid; to die in love - a love of life, and a love of death; the love of coming and the love of going.

The operation which he needs, will sustain him for perhaps, a few more years. Whatever happens, we of the Circle, we are most grateful to all earthmen who have come within the sound of our voices. We cannot express to the full, our deep feelings of love, and the will for your betterment.

You know, one of the most difficult things to do, is to cause your undertaker to cry when you die. Very difficult! I want you not to feel sad. Feel glad. We go together through life. There is no reason for sadness. Do you understand? Do you feel that understanding in yourself? Then you will know that life does not work against man, but always in his favor.

(Q: Yada, is sentimentalism a limiting factor to the human at the present time?)

That depends upon what the sentimental feeling is, what it is born out of. Is there any intelligence back of it, or is it sentiment as purely an emotional reaction with very little meaning.

(Q: This is what I am referring to. Most of it is emotional. Don't we have a lot of that in the world today, which is actually working against us?)

Of course, It causes people - the sentimental reactions to what happens - it causes more trouble, because it is a blind thing - it is not a constructive force.

(Q: ... Lack of intelligence?)

That is right. Now, we can have empathy for others. But sympathy does very little good. Sympathy is highly emotional - we are projecting ourselves into the position that another is in.

(Q: .... actually - compassion?)

Compassion is the thing. Compassion is with understanding. You know all the existing conditions and you understand them. So you do not, yourself, react negatively to another's suffering, to another's complaints, to another's angers.

You know his position. You know his state of mind, so you do not oppose him. You let him move more freely. You know, the more room a wildcat has to move in, the less he has to attack you in. Give room. Let things move in their own way. Then they seldom move against us. Quit opposing. When is a wildcat most likely to attack you? It is when you have him cornered. You give him little room to do otherwise! Give him a wide berth! Then you will be free, and he will be free.

(C: We don't want to detain you, Yada.)

Thank you. It has been such a joy for me always to come here to talk to you. We of the Circle thank you so much, for making this a center for all of you to come here. A notchi.

( Take our love with you.)

Gratia. My love of the Light goes with you.



Introduction by Joe: This is December 27, 1966. The lecture this evening is the 7th of the Tuesday Evening series of Mark Probert's Lectures. Lucky seven. Last of the year and all the good people are here.

1.242

Yada: Senas et Senahas. Ena Yada di Shi'ite (meaning: Ladies and Gentlemen, I am Yada di Shi'ite). (Talking and laughing among the group). Fortunate, isn't it that one half of you are female and half are male; also I have noticed all of you seem to be happier. You're not supposed to be happy yet, only merry. When the New Year comes, then you can be happier. LAUGHTER

You know, I have noticed in your civilization, that the people have a way of setting days apart to be happier or merrier. Why is this? All the other time, everybody sad, everybody depressed, have special days to laugh in? Special days to laugh in means special days to cry in too. Everything seems to be so regulated in your time, so regimented - - I thought your country would never regress to that kind of life. Your country is supposed to be the CRADLE OF LIGHT. I suppose it does not look like it to you now. Everything is in great turmoil the world over, but North America was long ago CHOSEN TO BE THE CRADLE OF LIGHT.

Come a time in the rest of the world when the LIGHT will go out. The way things are working in the world today, it does not look like it will be too long before the darkness comes. But I do not like that kind of talking. No matter how long away it is, it is still not here yet and this is the time to live; this is the time to be joyous, to be happy, to be glad.

But gladness, happiness, joy does not come without something much better, much more enduring. It is called PEACE OF MIND - when you have peace of mind you do not have to wait for happiness, because in this state you see everything is where it should be at this time. So you have no argument with the world. This means that you are at peace with yourself. And we can only be that, when we see things for what they are instead of putting up walls and pretending we do not know what is going on.

The physical world, as I have said many times in the past, is an extremely difficult level of consciousness to live on. Indeed it is the most difficult. But mainly because all living things have what is called a nervous system and they are trying to express themselves in a very unknown condition, called matter. So we start out immediately with great fear and anxiety. No one, coming into the physical world, gets here free of fear.

The first fear is being born and leaving an unknown point to enter an unknown point. We think we know where we are, so we feel comfortable, but when we are ejected into the physical world, we are in just as much of an unknown condition as before, only now we are much more aware of it, so the struggle begins.

Man is not born a sinner, unless you want to call ignorance being the sin. He comes into this world quite unprepared. But he has a recording machine called the nervous system and a brain for cataloging all of his experiences, and it is this system through which he suffers greatly. But it is natural to this level of consciousness.

We can learn to control it, so we do not get too much pressure upon us, too much pain. But when we have no awareness that we can do this, we are indeed in hell. This is the hell that the Christian Bible talks about, where you are going. Ha, ha. It's where you are! They made that little mistake! But (if you make this world hell for yourself, certainly you will make the next one that way too.) WE CAN ONLY TAKE WITH US THAT WHICH WE ARE.

Much talk is given about the after life and it seems that most people believe it is a way out, a way of escape, you won't have to suffer any more. They feel because it is a world of no decay, no deterioration, no corruption, that this means they will be completely free from all negative conditions. The negative condition is not what exists out here, it is what exists inside. So that is what we take with us.

If we believe in suffering, we will suffer. If we get marked so with pain, though we are not aware that we are marking ourselves, we do mark ourselves. The law of life does not overlook us because we are ignorant of the law. In fact, I do not believe that even man in his life overlooks one who breaks the law just because he wasn't aware of it. It seems though that that is unfair. If you do not know, why should you be punished.

It isn't a matter really of punishment, nobody is punishing you; you are punishing yourself, if punishment you call it. But I wouldn't call it punishment, because punishment brings back the word sin, and brings back the word guilt. So it is through guilt that we punish ourselves; but in the larger scheme this nature doesn't think about punishing. Only the Christian God is that heinous. Fortunately for creation, it was not created by such a god, but a very just creator, a very balanced creator.

LAWS When we break laws we do not pay for it, we simply have to balance out the unbalanced condition we created. I cannot see that as punishment. In what you call re-incarnation, they use the word Karma instead of sin. It is just as burdensome to the human mind as is the word sin, because it says "pay" - - pay. You cannot pay enough if paying is the idea. How can one repay a kindness done by another? You cannot. All you can do is (try to live according to your feeling for the services rendered to you.) You cannot pay back in kind to that person. But you can give to many others as you were given.

If man could but learn what the laws of life are, and follow them, he would have considerably less difficulties in his life. But here we come again with a very disturbing word "IF". Nature doesn't run its existence on "IFS", only on facts, facts which are laws. - (Yada: to man in audience - - "Good evening")

Man: Good evening, Sir.

Yada: You are looking well, Harry.

Harry: Well thank you, Sir, I am feeling pretty good.

Yada: That is what matters more than looking.

Harry: Yes.

Lady: Yada, can this kind of law be known by words? Can you state a law or does that have to be known in another way?

Yada: Look at the law that governs chemistry. Everything that is created from chemistry is an exact formula, otherwise you have something else.

Man: By one atom!

Yada: By one atom! Think of that. More, you can remove from an atom, one neutron and cause a whole series of chemical changes by doing this. For all of these so-called building blocks themselves form a very set law - the law of arrangement and the law of numbers. How of man? Notice in what is called the dumb animal. Sounds like is trying to set man apart from the rest, heh? These beings are governed by law and notice they never work outside that law. When they try and sometimes they are given to try, they die. The laws are all arranged for them - the mating season,

where to go,

when to come back,

all of these things are arranged for them and they just follow.

Then an animal, who suddenly became self-aware and called himself MAN, decided he was going to do different. The moment he thought that, he became different. It started him doing that which only the human can do, it is called THINKING, REASONING, at least to varying degrees. If man had not been able to do this, the world in which you live would still be a zoo.

Today you realize the great, the absolute necessity for ridding yourself of ignorance, which means getting educated. Ordinary education, what you call academic education is not enough; for there are many highly educated beings that look like humans, who are not. So this means there must be some other kind of education and that, we call the education, that brings understanding of the world around you and the world within you.

Your world is moving at a very great pace and will be moving much faster as time goes on. Man's feeling for the need of speed causes him to step up everything in his life. Even his ability to think must be stepped up in what you call speed, faster. Going out into space, the speeds necessary to accomplish this, means the operator of such machines must learn to think much faster than others still on the ground. How else when man learns to move at the speed of light?

You know all this is going to mean that the world's vibrations are stepping up. This means the world, the earth as such, being a living being, a living creature in itself, is changing itself into higher vibrations, into higher light. 1.244

There is no way, at least none that I know of, of getting away from what you call matter. Even though you change the speed of matter, turning it into something called energy, you haven't really changed matter, not really. You have simply changed the speed. So what is matter?

MATTER IS MOTION in itself, matter is motion. Take all motion out of matter and you have a void, a vacuum, you have no thing - NOTHING. Now if you have nothing, this means you have something. So that is all everything is aiming to do - - change its rate of vibration and this will change everything.

You are going through, your world, is going through, a tremendous growing pains time. And what a pain "IT" is! Motion itself causes degrees of pain. Look please what happens to the men who go in the big ships into space. The changing pressures - what you call gravity pressures, brings about first, surface changes and then inside changes in the blood, in the nervous system. The heart will have to learn to function differently, at a faster speed. Now in order to move with the speed of light, you have to become light.

WE ARE ALL RETURNING HOME. I have said this many times in the years I have been communicating, through Mark, that everything is returning to its source and the source of everything is the LIGHT. Now I am going to stop talking and listen to you, please.

Lady: Yada, I think you know what I have in mind about our friend, Henry.

Yada: Yes.

Lady: Could you help us out at all?

Yada: There is one thing I do not have to help with, it is too late for that.

Lady: I know, you mentioned that yesterday.

Yada: Yes.

Lady: Of course, the majority of the family is in pain, the remainder of the family is in acute anxiety.

Yada: Yes, of course.

Lady: The Coast Guard and Air Force are not able, in seven days to find anything. My personal concern is can I do anything to relieve that anxiety by trying to locate the site, thereby at least coming to the facts.

Yada: I think I am going to have to talk with you alone on this. I do not think I will do it now. There is too much to it and there is also some difficulty.

Lady: That's all right. You know I thought that \_\_\_\_\_. Of course the reason I'm asking you is that I'm not aware \_\_\_\_\_ so you know \_\_\_\_\_ We have done as much as we can, so I will have to go to an outside source, or an inside source.

Yada: No, no, you are not aware of what I am aware of. I must confess I am also that way about you. LAUGHTER And we are all that way about one another. And it is so very good. What a wonderful law that has been placed so, our consciousness has been placed so that we cannot be prying into one another's mind. Some years ago, a lady wrote me, she wrote to me - not MARK, BUT SHE DID NOT HAVE MY ADDRESS, so she sent it to Mark's address. LAUGHTER

Man: Adress and Zip Code, etc.

Yada: No, and my address is via 0000, that is Zip enough isn't it? That is why it is so difficult to get ahold of me, I get very little mail delivered. For the moment we will turn to something else, please, and I will get to you before the night is over. All right?

Lady: Thank you very much.

Yada: Maxine, what do you have to say? (addressing another lady)

Maxine: Good evening.

Yada: It is that! LAUGHTER Any moment that you are alive is a good reason.

Maxine: Weren't you eavesdropping tonight?

Yada: What's that? LAUGHTER What did I eavesdrop for?

Maxine: I don't know.

Yada: Oh.

Maxine: Did you?

Yada: At your house?

Maxine: Yes.

Yada: No here.

Maxine: I am wondering about the psychology of color.

Yada: Oh color, color! Like everything else in man's world, sound, hearing, you call smell, all these things are sensory and play a very great part in man's character. Color plays a considerable part in his well being, of his mental world, sicknesses.

Maxine: Is it on an individual basis, or

Yada: Yes it is. Now it is not so much the color per se that is causing trouble, or is causing pleasure, but rather the individual's attitude to the color, depending on how he has been conditioned to color.

Maxine: His reaction to it.

Yada: That is right. So we cannot really say that this color affects everybody alike. There is no blanket statement that we can make, that would be intelligent to make anyway about that. How do certain colors affect you? Now I have observed, that you are partial to green, but then again, not entirely. You wear many other colors too. Now you have on these, what you call these things? What you call these things?

Maxine: Turtle necks?

GROUP DISCUSSION OF TURTLE NECKS.

Yada: I do not understand that language, same as you do not understand YU language. Is pink, perhaps what you call a soft pink, Yes? And it looks very nice on you.

Maxine: Well thank you, verrrry much. LAUGHTER

Yada: Now Maxine, like you say in a colloquial expressing, "You're pulling my leg." LAUGHTER Yes, not too hard! (Much talk and laughter)

It is like the story of the one who has big feet, he has good understanding. LAUGHTER You see we can carry this a long way, huh? More, I have become so conditioned to your world of today, especially your America, to your way of talking here, that I am forgetting my Yuga Civilization (Laughs) I am liable to talk myself back into the world doing that!

Man: We'd like to have you for a neighbor.

Yada: I think not, because if I came back into the world taking the biological path, I would be like all other humans and that sometimes is not so good, difficult to live with, because then I would have all the attributes of the human being, which is sometimes love, sometimes hate, sometimes jealousies, fears, anxieties. You have enough of that you do not need to come to add to it. You see, again, these are the natural things that happen to the individual coming into the physical world. By the way he comes, and by living here, he acquires these things. It isn't something that he takes on because he wants them. They are pressured units.

Man: Part of the packaging.

Yada: That is right.

Man: Yada, are you saying that if you were to take the biological path you would follow the natural law that we have gone through and you would lose awareness of yourself as Yada?

Yada: That is right.

Man: But then, after you dropped the shell again, would you come back again to your present state of consciousness at that same level?

1.245

Yada: No, I would not. I would have to go through everything that you are going through, around and around, before I could become free. You see I didn't come into the world like you do. Although I took the biological path, I kept conscious; I kept awake from the beginning until I got here.

Lady: But wouldn't you do that again if you did decide to come?

Yada: No, because there would be no purpose in it (to come again).

1.246

Man: You've already done it once.

Yada: Yes, once is enough, or should be enough; because you see all of my coming at that time was planned, was arranged; where with you it isn't planned, it isn't arranged. You are pulled into the world through unforgotten, or should I say forgotten, desires that have become remembered again. There is no arrangement.

There is much talk in the Astral World about coming back to the world of matter and many arguments go on pro and con, as to whether it is possible, or whether it is needed, or whether it exists at all. You go into any seance room and you will find the beings coming in, all have different opinions about it. Some will go so far as to tell you, "Oh they know about it, but they're not going to do it!" "Oh no, they have had it!" That's what they say, at the moment that is what they say. They do not reckon with the larger mind wherein lies memories of past experiences, any one of which can pull them back into the physical world again.

And coming back into the physical world is when identity dies, you die the true death when you are re-born. This does not mean that that larger consciousness has forgotten what you were, but it is buried until you might need it again at some other time. So coming here again will hold many experiences which will change you into a different personality. That's what goes into making up personalities, our experiences in an environment and our attitudes to these experiences. There are tens of thousands of "Marks", so who is Mark?

You know, in contemplating these things my friends, we get a different feeling for life. Often people here, after a time, when they begin to get pressures enough put upon them, that causes them to think enough, will ask themselves, "What am I doing here?" Then comes the question, "How did I get here?" Though most are conditioned to say, "God made me so whatever goes wrong with me, He's to blame. I might give him a little credit if things work out well."

Maxine: I know that you hesitate to give what are called life readings, but I should think that if one had a more or less complete life reading, one could figure out what it is that he or she has to work out and maybe work it out faster and better. You don't think so?

Yada: No, no.

Maxine: You don't think so? Why?

2nd Lady: He may not want to work it out at all.

Yada: That's only one idea, because you see I may tell you all about your past life, give you a full reading, but if you are not of the mind to see what you should do with that, you would do nothing.

Maxine: Yes, but if you had several lives recalled to you, couldn't you see the pattern you'd set for yourself and perhaps try to change it?

Yada: There was a great man in your world who wrote, "The moving finger writes and having writ moves on. Nor all your piety or wit shall lure it back to cancel half a line. Nor all your tears wash out a word of it." Rubaiyat of Omar Khayyam. Now I ask you something, Go back over your life and honestly tell me do you have regrets? Do you think you would do anything differently than you are doing now? And let me say. . . . .

Lady: No, I couldn't.

Yada: No, of course you couldn't. I'm glad you said that. Before you answered I was going to say that.

Lady: At the time I was living my life, I couldn't possibly have done any different.

Yada: That is right.

Lady: But if you could see. . . . . (Much laughter)

Yada: That "BUT" is strong.

Lady: I know, but if you . . . well maybe, if you got a reading, you couldn't even see what it was.

Yada: That is right.

Lady: Without awareness.

Yada: You know, of all the people getting readings, and there was a man in your world, and he was very familiar with that sort of thing, he gave life readings. The man was Cayce, you know Cayce? He always told people, gave life readings to those who had already made their mistakes. A good deal like reading a book. He would say, "You are this way because in a past life so and so." They couldn't take that and do anything with it. What could they do with it? Different? How?

Lady: Well, you can't change the past but you could certainly - - - you would have something to do with the future.

Yada: How?

Lady: Well, you are your own creator.

Yada: But no, not so set, but only the fact that when do we live? We live right now, we do not live tomorrow, we live right now. And it is in the right now that we make our present. Even though we project our consciousness into some tomorrow, we only do it with wishful thinking. "I will do so and so tomorrow." You WILL NOT do so and so tomorrow, you will only do it today or it will not be done.

Lady: I get what you mean, then stay awake.

Yada: That is right, that is all you can do, stay awake. Why did you do what you did? Because you couldn't have done any different. You felt it. You feel what you do. Man is basically a creature of feeling. It is what makes him a creature of emotions. There is nothing wrong with emotions. Man could not live without them. We all must have emotions, but it is the way we use them.

Lady: . . . or give in to them, get wrapped up in them.

Yada: That is right. But . . . why did we do that? Why does one individual do that and not another? You are conditioned, one is conditioned to do it. The other is not, or is only to a limited degree.

We are all alike, let us say in the beginning, I always like beginnings don't you? Especially when you do not know that those beginnings are, also the end. But let us suppose we humans, while the earth was being made, were all in some other world and waiting for the world of matter to be completed. Now here you will have your choice. Tomorrow the world will be done. Do you want to go to it? Unless you played some part in building it, you have no idea what it is like. It will be an unknown quantity to you. So how would you guard against taking what you now called negative things, rejecting them and accepting only positive things, because you would not know what is positive and what is negative so far as the physical world is concerned.

I am dreaming a dream and unless I am conscious that I am dreaming, I'm lost in the dream. I have no control over anything that goes on in it, none at all. I am a puppet of my unconscious self.

Lady: Would a teacher of life be helpful to his students the same way a ballet teacher might be to a student? For instance, the student might think his worse fault was not making a certain step in a certain way, but the teacher knowing the whole picture would say, "It is not a certain step that is at fault, it is your muscle control." Would a teacher of life be helpful in saying, "You are not able. You think your major fault is X, but a larger major fault that includes that is Y. This is something you could work on and in addition, one of your greatest assets is this, "In other words something to work on to correct and something to work with now."

Yada: This is all right, this is fine, but then the question arises, does the student, at that time, have any background that would give him understanding of what his teacher is saying? You see, this is much of the trouble in your world today. People do not have a background of experiences that tells them that this is so and this is not so. The majority of what you know in your world you have learned by acceptance, by heresay, not by experience. Therefore you suffer much more.

1.247

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Lady: But we have to have a starting point.

Yada: Yes. Look please, I say to you there was never such a person as Jesus, the Christ, but there always has been the Christ. So the Christ is not born. Anything that suffers death can be born; anything that suffers corruption can be born. The Christ is, which makes it eternal. Now it sounds that I am talking about some thing, because I used the word "IT", but "IT" is a very great abstraction called the Christ. That abstraction in itself is yourself, called the LIGHT. In your Christian Bible it is said the man Jesus said, "Follow me for I am the way and the Light." He didn't say, "I Jesus, am the way and the light." I Christ; I am.

Man: May I question that?

Yada: Yes, please. Yes, of course, because there is no other. When an individual says it, it appears as though there is a separation, when indeed there is no separation in the "I am, IT, I am IT is not separation. So I AM THE LIGHT, the LIGHT, the I AM.

Man: Our difficulty is in realizing what the "I AM" is.

Yada: Yes, of course.

Man: The first thing you have to get rid of is the false ego and when you get rid of that you realize that the true ego is the Self, and the Self is the I AM.

Yada: That is right.

Lady: We don't even know what is the Self-Ego!

Man: Its your opinion about what it is.

Yada: Until he gets what you mean he speaks truth. It is your opinion because who is doing the living? You are! And I speak to you as individuals right now. YOU ARE THE LIGHT, individually speaking, not individuals, but individually you are the light.

Man: Yes, but this false ego is the very thing that prevents a person from entering upon this study because he knows he is going to be dethroned.

Yada: That is right. That is what the man, this true initiate, his true name, Aesus, the Anointed One. That is what he went through in suffering the cross, the cross not to be murdered, but to rise out of the world ego, the emotional self, blinded by what is called attitudes, emotional attitudes which is not knowing. Emotional attitudes are not knowing.

Man: People want a teacher to tell them something, but they don't realize that the things they figure out for themselves are far more valuable than anything a teacher can tell them.

Yada: That is right. All the talking that you may do or that I may do (and it is alleged that I know a few things) LAUGHTER - - - will not do any good, not really, if you do not have the background to comprehend what I am saying, really comprehend it.

Man: In other words, you are reassuring our sleeping knowledge.

Yada: This is the only thing that I can do, is to knock on your door. Then you must answer it. I cannot answer it for you.

Man: The teacher cannot do it. All the teacher can do is point the way.

Yada: That is right.

Man: The student has to do the work and people don't like that kind of work.

Lady: They want somebody to do it for them.

Yada: That is because they are functioning in the blind emotional ego self.

That ego is for the material world so that you may survive in it. But until you wake up to this fact that that is what it is, that there is a higher ego that is the very basis of the Light, that lower ego is functioning in darkness and thinks it is in Light. (Yada makes a short chant) We struggle to come up out of the darkness. That is what makes life possible, is the struggle. Yes?

Man: Speaking of Light - there are many different kinds of light, we walk under the stars, the sun, the moon. So what does that mean, that we once were in that Light?

Yada: I speak of the light of understanding, the light of wisdom, the light of knowing that I am that. Now when you get this light, sometimes its action produces light and envelopes your entire body for an instant. That is one of the reasons it has been called illumination; and beings who have had the Light come to be known as the illuminated, ones with the Light, the LIGHT OF UNDERSTANDING.

Going back again to the Christian Bible and speaking of the man Jesus, he said, "I am in your world, but I am not of it." Meaning only that he understood it for what it is. I am in your ignorance, I understand your ignorance, but I am not of it.

Now ignorance is no crime. The crime comes when we refuse to try to educate ourselves. That is the crime; that is the sin; that is the mistake. \*

Man: In educating ourselves to this, Yada, there are a few laws that we can use. One of these, for instance, is the mental law of assumption. We assume that we can do it.

Yada: Must have a springboard.

Man: Just the fact that we intend to do it gives us the power to start.

Yada: That is right. And that is based again upon what you said earlier, it is, if you think it is, if you feel it - for the individual - so it is. But nobody says what it is, because no other person can know this but me - I AM When I come into this state, only I can know it. If it were you, only you could know it.

1.249

I heard you say something very good, both for the teacher and for the student "IT TAKES US DOWN FROM OUR HIGH HORSES." It puts us on a level with one another where we belong. We can only communicate when we are walking on the same level.

Man: I have a question. Do you know the man Atlantis?

Yada: Do I know Atlantis? Did you say the island?

Man: The man.

Yada: The man? No, I do not know about a man Atlantis.

Man: He's a man who . . . . .

Yada: No, that is a mythical story, an allegory. There is no one known as the man, Atlantis. Atlantis was a large island.

Man: This was ATLAS.

Yada: Oh, it is Atlas you are talking about!

Lady: There was an Atlantis?

Yada: Yes that is right and they are slowly, your modern scientists are slowly coming to the thought that there was such a large island that did go down in the Atlantic waters. You know, as a wise man, all I can say is they will find it wherever it is. LAUGHTER

Man: The main temple is supposed to be just off the Island of Bimini, down near Florida.

Lady: I think under water that they have found something off the Coast of Florida which they claim is Atlantis.

Yada: Yes, and also in the Mediterranean. And there is going to be some very interesting discoveries about a civilization that existed in what is now the Mediterranean.

Man: A Different civilization?

Yada: Yes. I wouldn't call it Atlantis. It had to do with the Greek people, what you call very early Greek people. The Greek language has been changed somewhat, but not too much from its inception, it has been changed some, but not too much. Some of the Greek letters tell the story of a sinking civilization.

In the Gobi desert at one time there was a great river, a violent river like what you call the rapids. And there came great storms that inundated the civilization of Nile, which was also the name of the river. The civilization was named after the River Nile. And for a long period of time, that which is now desert was an inland sea. There was a pyramid there and it may yet be found if it has not yet been found.



The Sahara Desert was also a great ocean bed. In both the North and South Poles at one time, before the changing of the axis of the earth, were very tropical lands. Then the changing came, the ice from the sky and from out of space came very cold winds. So cold, the earth today has not known such coldness. Everything froze where it was. For weeks and weeks ice came down from the sky. Then came some warming periods and formed water.

Under the ices at both Poles in time pyramids will be found. Man brought the pyramid idea with him from other times and other places of existence. He has used these buildings as being the best to protect all the knowledge of a civilization from destruction by coming floods. There is no building as strong as the pyramid, no building that can be built to keep everything dry, keep out moisture, that is as good as a pyramid. This is so. The pyramid form - no step-pyramid, like you have a surface on them, you know like what you call plateau. No, because all that surface could not hold up under the weight. But when you have the pyramid shape, you have equal pressure from water on all sides.

Lady: Self-sealing?

Yada: That is right.

Man: I remember some years back at the time Bryant Reeves was here, how he experimented in making pyramids and sharpened razor blades in them.

Yada: Yes, how is he?

May: I don't know how Bryant is.

Yada: I have not been myself to see him in quite a little while. I must do it.

Man: Another quality of the pyramid was to act as a preservative.

Lady: What does that mean?

Yada: Yes, yes. It means that negatives are often as good as positives! Man must always have a meaning to something, heh! Do you think things cannot exist without meaning? The combination of meaning, but no a-meaning, no singular meaning. You have positive and negative forces. What does it mean to have a negative force?

Man: It is the opposite of the positive and if we didn't have the positive we couldn't have the negative, or vice versa.

Yada: Of course, no action, so when in your daily life you discover suddenly that you are making a mistake, don't cry about it; be glad, because it is through the negativeness that you have learned something which makes it positive truly for you.

Man: Yada, it is the tendency of man to take a word and give it a certain limited meaning, which is one of the reasons why we do not advance spiritually very much. We mistake the principle behind the word.

Yada: Yes, the devil is the devil is the devil and its going to raise the devil with me! But Beelzebub was not a bad person and the devil is also known as Lucifer, the light bearer, and man in his foolishness and his resentfulness made him a symbol of evilness.

Of course, who likes that? Turn the light the other way, not on me. I didn't do it, you did.

Lady: Yada, I'd like to ask a question. You were talking about animal patterns. Chickens go to bed when it gets dark and get up when the sun rises and that's sort of the way nature is set up.

When I was at the hospital the other day, I was talking with a woman who said she had worked nine or ten years on the midnight shift and the doctor told her it would subtract that many years from her life. I was wondering if it is harmful to the human body to work all those hours while the rest of the world is sleeping and you try to sleep when the vibrations are so high in the daytime.

Yada: It depends upon the individual again. How do you feel about the dark side of life and the light side? How do you like day against night? How do you feel with those vibrations? Many people do exceedingly good work in the quiet of the late night. One thing more, the atmosphere is clearer; more negative thinking is down than is up, because people are sleeping.

Lady: How about sleeping in the daytime?

Yada: Sleeping in the daytime could become difficult to some, because there are so many negative conscious vibrations going on. People are thinking consciously but really not consciously, because until we become self-aware we are not conscious, we just look like it! The vibrations are very strong in the daytime when all living things are stirring. And all living things are self-aware, and in their state of self-awareness feel it is necessary to struggle to keep alive to oppose, to fight to keep alive. This means that everything turns against the existence of every other thing, in opposition, "You are a threat to my existence; you are breathing the air that I want; you are taking up the land that I want; you are eating the bread that I should be eating and if I do not get it from you I will not have enough for myself." You see that negativeness if I cannot get yours, I will not have enough for me. So this sets my hand against you. I become your enemy, just to survive.

1.251

Man: . . . . .lose the ability of the Light to provide an unlimited amount of..

Yada: Of course. You see what makes man different from all other things is, regardless of how he is acting, with all this talk of his negativity, he still is a thinker. But he is not doing too well with it does not change this! He is doing only what he knows how to do. He thinks. But if he is pushed too much, too hard, too fast, he turns into a jungle element. He is fighting only for survival and you cannot hold that against him.

You have a saying, a part of man's evolution is called the survival of the fittest. Now your Christians do not like the idea, or so they say. But your Christianity, as is understood or misunderstood by the people, sets up this whole situation, survival of the fittest. Every church opposes every other church, even of the same kind - - what you call Protestant. The Catholics have no difference than this same way. Fight, fight, fight.

Man: Even the priests!

Yada: That's what makes the Catholic church, the priests. The Pope only looks like he is the important one, but it is the priests that make the Catholic Church for they proselyte the story of Catholicism. God is a Catholic.

Lady: But looking at religion, we can see what is the fittest for the animal kingdom. I think they are the smartest group in the world.

Yada: That is right. You will never find, as a great poet once said, you will never find an animal kneeling in prayer for its soul. I think if we learned, each one of us, learned to live our physical life intelligently, the soul would take care of itself.

Man: We don't know what the soul is anyway, so . . . . .

Yada: The mind, the mental self, the higher spiritual self, also known as the mental self. We may call it by many names, but we will never really know it as something separate from everything else. I am in it. My soul is eternally what it is. It is, but my approach to it will make it different from your approach to it.

Man: But is SELF anything other than a concentration of the light?

Yada: No, no. Now this is very difficult to grasp to the extent where one can say, "I pray to be IT." For one thing, if you do not know, if you do not have that feeling of understanding, the idea of being a light is not appealing. It is without emotions, without substance. There is but an awareness, "I am" and from that, "I am", all springs, all creation. Everything is created, and everything that is created says, "I AM".

Reynolds: But in going into that condition, there seems to be. if you study the subconscious mind, there seems to be a point in the body where the subconscious begins and seems to be the solar plexus. Actually the solar plexus goes up and outward. Now this is where all growth takes place and all of life is from the inside, upward and outward. Do we build our thoughts into our bodies that way? Through the solar plexus?

Yada: Yes, yes.

Mr. Reynolds: And also the desire center has an affect on it, right?

Yada: Yes, of course. You see, there also is what is called the center of our emotions. You can understand this and feel it very strongly when you get sudden fright. It is all, the fright hits the nerve center, all of this is called the big nerve center. Fright hits these centers and spreads up and up. This is why a negative thought can kill you. The force of it spreads, hitting the heart, hitting the brain.

Mr. R: It seems to start there and come up and out, just like a flower.

Yada: That is right.

Mr. R: Out of the head and all around the body.

1.252

Yada: That is right. Notice too how fear dries up the mouth. It dries up the saliva glands and also affects the kidneys, and very often seriously. And fright can affect the kidneys to such an extent as to cause hemorrhages in the kidneys. Anxiety brings great pressure upon the liver and upon the heart.

Mr. R: Well, Yada, can you use the function of the subconsciousness to establish the white light in our aura?

Yada: Yes. But it is going to take effort, take time and most of all, a willingness to lend yourself to practicing that sort of thing.

Mr. R: We come to these lectures and we get a lot of information, but it remains just information unless we put it into practice. Then, after we get results with it, we would have some knowledge.

Yada: Yes.

Lady: I had felt some nervousness and I didn't know where it stemmed from, as I visualized a place of golden light there.

Yada: Use whatever method you can to build up a wall against harmful feelings. You have all the magic of creation with you. No one can give you any more. You are the magician. You must start practicing your magic.

Lady: When you think of the light around you, Yada, you can't help but get the Light.

Yada: Of course, of course. When you go out among crowds, before you go, take a moment to pause and visualize yourself encased in a light. It is a very great protection. (Speaks to his Teacher) Please pardon me, I have to leave for a little while.

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Yada: As your time is moving on, I have to come and abide by it. When you are in the world of time you live by it.

Lady: Frank couldn't come tonight. I brought a friend.

Yada: Oh, it is my joy, thank you.

Lady: Well, Frank asked me to ask you to answer his questions and he would listen to the tape later. He said you hadn't finished talking about the babies born . . . . . now about 150 years old.

Yada: Oh, that's old!

Lady: Also, he wanted to know the true meaning of Christmas. He said that other than the birth of Jesus, he thought there were two meanings concerning seasons, something that goes way back.

Yada: Yes. These are times of harvest and adoration of the harvest god - fertilization. It all had to do with what is not understood, but called paganism, from which one form of the Christian religions sprang. It was the Adoration of the Light and the changing of the seasons brought on by the different positions of the sun in those seasons in which all life sprang up and came into activity. Also it had to do later with the Adoration of the Christ which is the Light that came into the world when the world had fallen into darkness. Now, I mean REAL DARKNESS, I mean PHYSICAL DARKNESS, which spread to most parts of the world at various times. And in these various places, when the sun returned to the earth, it became a teaching that the Son of the Sun was born, brought back light, and saved man from death or complete annihilation - that is, as far as the earth is concerned.

Lady: How long ago was that in a matter of years, Yada?

Yada: There were periods of this when there was a tilting of the axis of the earth

A

which caused the sun to hit certain parts of the earth and other parts were put into complete darkness, "DARKNESS WITH NO STARS SHINING, NOTHING SHINING." If a fire was made, it did not glow but was just like dead light, largely because there was very little oxygen in the atmosphere.

You see, all ideas about gods came from a great order of beings known as the White brotherhood that didn't exist in the physical earth. But as they descended to earth to teach man about life, they imparted their knowledge to certain groups of these men who later became the teachers of the Light.

1.253

The return to Harvest Time, the Period of the Equinox, all these things came to mean spiritual growth, the return of life to earth. Then later, it was found, when man realized how mating produced another of his kind, that surely all life must do this, that all living things must do this. And in order to do this, there must be some force, some energy, some substance that would produce this other human being. This later came to be called the kundalini, vital energies of a cosmic nature.

Later it was found that with the use of breath, these forces could be stirred, could be raised, and then brought up the "tree of life" which was taught to be the spinal column. This was known as the "Original Tree of Life." Then a spiritual tree of life came from this. The greatest one that I know of still exists today is the Hebraic Tree of Life, and I think you, Mr. Reynolds, know something about that?

Mr. Reynolds: I've tried to get some information, but I know very little about that.  
Yada: Now, my friends, for you to admit that makes me feel very good, because you are speaking truth and whenever we speak truth, ones who understand it, ones who are listening and understand it, are exceedingly overjoyed because truth is seldom spoken.

Mr. R: Yes, but as you know, I had some very good teachers.

Yada: I am not going to comment about that!

Mr. R: There is one thing though that everyone who takes up this work should have and that is a desire to know the truth. That is the only desire they should have.

Yada: That is right. But you see, most people who come into the understanding that there is something more to existence than is presented by the facade around them, are not prepared to do anything about it.

Mr. R: For one thing, they don't know where to look.

Yada: That is right. Same way with the Christian religion as it is taught by the priestly system, nothing is learned by the seeker. The outer teaching which the church gives is only a thing to put in the mouth like a baby has - (Man: Pacifier?) Pacifier, thank you very much, to keep them quiet here and now so they will not ask for too much. So those in power seek to keep that pacifier stuck in their mouths.

Mr. R: Either that, or the people that don't know where to look for these teachings simply say, "Well, I don't know where to find it", and they let it go at that. If they would use a mental law and say, "I don't know where to find it, but it is coming to me", they would get it.

Yada: That is right, because without this feeling that you are seekers, you can do nothing about it, nothing is done. We must first have the desire to do something. Anything that we do has a measure of desire back of it and depending upon how strong that desire is, you will accomplish. It is that simple. But today, in your world, you are bogged down so deeply into one thought and that one thought is the adoration of the "Green God". You must abide by the green god, otherwise you are in serious difficulties in your environment. So the difficulty, as far as the physical world is concerned, is the physical life. So if you do not have a physical life, how are you going to learn about spiritual truth or anything else?

So you see this is the kind of vicious circle that you are caught in. So I say the human being cannot really be entirely to blame anymore than can an adult blame a child for what the child does. The child just doesn't know and can't give his time to something it doesn't know.

Mr. R: Well, Yada, isn't it the person's fault even though he is tied down by physical things, such as religion. It is his attitude toward it that ties him



to it.

Yada: That is so, but we must consider something, and I think it a very serious something, that blocks most every human being in our learning. We have been hypnotized by those in power, who wish to keep us ignorant. They tell you only certain things. Let me ask you, Have you ever hypnotized someone and then had someone else try to tell them opposite views to what you have told them? They cannot comprehend it.

1.254

Mr. R: No, not any more than you can tell a person anything about this sort of thing because somebody who has a degree after these things, writes a book on it.

Yada: That is part of the hypnotism, believe only in authority and in those in authority. Now of course there must be some source of authority that man seeks after to begin with. But to leave it up to somebody else, I do not care how they claim to be an authority, is a limited thing.

Mr. R: And because people follow that line of thought, we find scientists today spending years of time and unlimited amounts of money and energy trying to prove or disprove things that have been known for 1,000s of years.

Yada: Yes, of course. Look, please, at what are called the saucer people coming here. How much time and money are you wasting fighting the forces of the earth's gravity, when if you worked with it, you could move any object, no matter how heavy and displace it wherever else you might want to put it and with very little trouble, very little force. Magnetism, the laws behind it, when learned, is going to be the greatest discovery your earth has ever known. Once you know how to manage it intelligently, no other nation can oppose you. No one would even start thinking about it, unless they also knew the Laws of Gravity.

Mr. R: Are there ways to discover that?

Yada: Yes, there are. It is going to prove to be one of the greatest discoveries that has ever been found about your earth.

Lady: Is that what the flying saucers use? I read a book one time and it said that is what they. . . . .

Yada: Yes, of course.

Mr. R: Don't we all have the means whereby we can control it, but we don't know how to use it?

Yada: That is right. Think, when you discover it, one of the things that will happen. The individual person will be able to use it with no cost once he knows the law. This means that no one will be able to control it and dish out a little bit of gravity here, a little bit there. LAUGHTER

Mr. R: They will make a law about it? We will have to have a gravity meter invented?

Yada: That will come to pass. What amazes me is that your authorities haven't discovered some way of controlling the warmth of the sun so it could be paid for a little bit at a time.

Yes, When you think that even the atoms are controlled by gravity within themselves. The weight of an atom does not have to do with the substance in it; it has to do with the intensity of the gravity force controlling all the various units of which it is made up.

Mr. R: But there you have a certain kind of consciousness, Yada.

Yada: Of course, this is its very life, because gravity is its very life and very consciousness, because it tells it how to act.

TELEPORTATION will be an ordinary event, an every day event. It will be your method of moving around.

Mr. R: We won't have to have a machine to do it with?

Yada: No machines to do it. Your own body will be the machine. And when this comes to pass, little by little, because of the lack of the use of legs, your legs will disappear.

Lady: Oh dear!

Yada: Then what will the males do! LAUGHTER

Lady: Will teleportation be in our time, Yada? In the next 50 years say?

Yada: Yes, I think so, in the next 50 years, yes I think so.

Lady: Joe said he doesn't have another 50 years to live.

Yada: Tomorrow is 50 years from now, tomorrow.

Lady: That's forever.

Yada: That depends upon what you mean by forever. Forever is a measurement of time so it will come to an end. Then where would you be? LAUGHTER Pardon please?

Man: I was going to ask if these laws behind magnetism were known by the Egyptians when they were building the pyramids?

Yada: Yes, that is right.

1.255

Man: Now if this has been in the human consciousness is it possible that the human mind can again - - - well there is only one mind - - - is it possible that people in this room for instance, could attain an understanding of that, even though they may not be physicists?

Yada: Yes, yes.

Man: Is this by meditation, by desire only or what? You would have to work at it, would have to practice. Where would you start?

2nd Man: By being quiet? LAUGHTER

Yada: In that case nothing will ever be learned.

Man: That makes a lot of noise when you are quiet!

Lady: Man is a talking animal.

Yada: That is right. There is nothing louder than the lack of sound. It comes from the story of what is the nature of one hand clapping? But you see, it is going to take some physical knowledge. It will become a philosophy later, but it must first be scientifically studied. While the Egyptians knew about it, they knew how to use it only in a limited way. They did not know how to move their bodies with it, but other objects, yes.

Man: It would be the same law wouldn't it?

Yada: No, because you have gravity forces that act different on different things. That's what makes different weights.

Man: Nothing heavier than a pyramid.

Yada: The heaviness of a thing depends only upon one's ability to lift it.

Lady: I wish I could remember more about it, but there was a great big stone in a gateway that they balanced on a little pivot or something, they knew just how to do it.

Yada: Now if nothing else, we see how valuable it is to get an education as to what is going on in your life. A little while ago, you were speaking of religious people and their drive to talk about it. It says in the Christian Bible to spread the gospel - get out and shout it from the house tops. That sounds like a pretty noisy religion to me.

Man: If they knew what they were shouting about, it would be different.

Yada: Yes, yes. But people who do not understand, are the ones that are the most emotional about it. Life is not an emotion, it is a law, a fact. If God is, He Is. It does not make his is-ness any better for humans to talk about it. In the first place, man in this state of consciousness can have no comprehension whatsoever of what God is, or if such a being as a being exists, no comprehension whatsoever. He is not on that level of consciousness where he can comprehend that - not a God as the Christian Bible teaches about.

Man: Is there really any such God?

Yada: No, of course not.

Man: It is in the consciousness of people?

Yada: That is right. In every person IT IS, IT IS - not HE. The moment you say he or she you are talking of sex.

Man: There was something strange. They had the father, they had the son, but they didn't have the mother. I don't know how they got to the son because that's the relationship - there couldn't be a son without the two.

Yada: And don't forget the Holy Ghost.

Man: Yes, where did he come from?

Man: Well he didn't talk of the father.

Yada: That is right. This is the Trinity, this is the triangle. This is the positive and negative that creates another force between them, which is called creation.

Man: That is the son?

Yada: That is the son. I descend to earth, descending is creating. Here again we come up against words that completely confuse us, or tend to.

Man: The mother is the principle.

Yada: Yes, yes. Then you have mother → mater → matter.

1.256

Man: Yada, but coming back to the idea that man cannot know his God and I think that is true, because if we say this God is infinite, and we claim we have a finite mind, it is impossible that a finite can comprehend the infinite. So I think it is utterly ridiculous that we try to comprehend God. We do not have the equipment.

Yada: That is right. Of course, what is needed for man is to pay attention to man, be concerned with his own.

Man: Yes, but because man does not have the equipment is no reason why he should not set out to get it.

Yada: Oh, this is true. I say for those who are capable of getting this understanding, of communication with it, to do it. To do it, to communicate with It is being IT. Now the moment that one gets direct rapport with the Light, one becomes the Light. So he or she no longer thinks of themselves as he or she. \*

Man: There is a passage in the Bible, Yada, where it says Enoch walked with God and Enoch was not, for God took him.

Yada: That is right.

Man: And the word Enoch means initiated.

Yada: That is right, became one with, and only the initiate can become one with.

Man: Can one become an initiate without a master to help, or can one be one's own master?

Yada: That's the story of which is first, chicken or egg, heh! When you know the answer to that, you will have no trouble. LAUGHTER You see, the egg is first, for everything is formed in egg shape. Egg is the beginning. There is no such thing as the exact circle. Everything has a measure of the elliptic or egg form.

Man: But, Yada, doesn't this extend even to the first manifestation of the Light in the elliptical form, not circular?

Yada: That is right. You may ask do you need a Master? Yes, but you got him within you.

Man: Now this is what I think too, when you go to a seance room and they say your chief, or master, is coming through, but this is really our state of awareness, our consciousness isn't it?

Yada: That is right.

Man: They can't tell you anything you can't understand.

Yada: That is right. A little while ago you said, "I think it time to let go of the Bible and be quiet, and this way you can become one with God. But as long as the mouth is open, you are lost to God." And you are right. All of the holy books are, to begin with, are creations of the great eastern countries. The Christian Bible is made up of inspirational writings by the great group known as the Essenes. You know of the Essenes?

Man: Yes.

Yada: Yes, of course. So you see the Christian Bible has many, many of the very basic teachings of truth, of the Light, many. But in its translations which you have had many of, it has lost most of these meanings, lost by change, by alteration from the original.

Man: These writings, taken from the Dead Sea Scrolls, are they of good use to us?

Yada: That is right, wonderful writings. But you will not find anybody called Jesus, the Christ, through any of the writing anywhere.

Man: Even now they state they were found about 40 years after. . . .

Yada: Yes.

Man: They already mentioned the teacher of righteousness.

Yada: That is right.

Man: These writings were probably very contemporary with the time alleged to have been the time in which Jesus lived.

Yada: You see, they're coming from the great Hebrew mystical school, which had origins in Eastern countries, in Asia, Asia Minor, countries like this and in

the upper regions of the Himalaya Mountains way back to my time, when I lived on the earth in the civilization of Yuga. It is all basically the Teachings of the Light. It is said, man descended, God descended unto us or into the earth, became lost, not in sinning, but in not knowing their source, not remembering, they lost memory of their home. So they can't go home, they would not know which direction to move in.

→ No one who descended to the earth was given a compass of how to get back. ←

Lady: Is it true, a young boy now living in Brazil, who is going to be a teacher like Jesus?

Yada: In every generation there is at least one who become an Avatar, <sup>1.257</sup> but never one who gives himself to be murdered in order to save the world. This being will not declare himself to be an Avatar, but he will be recognized by those who are capable of recognizing him as such. Those who belong to the Brotherhood, the Brotherhood of the Light. )

Man: Is that the White Brotherhood?

Yada: It is, and which means of all mankind. You are a member of that White Brotherhood.

Man: Are you a member of the White Brotherhood?

Yada: Every human being is, because every human being belongs to the center being, called the Creator. It is like the fish, take the salmon, it knows its own source. It knows its spawning ground, but it forgets it, to go out and live in the world. Then when it comes time for it to remember, it remembers and goes home. That is what man is seeking to do, to remember.

Man: When we develop to the point where we can use the knowledge, then we will remember our past incarnations?

Yada: That is right. And only then will we know what we have learned from those incarnations, from our going out and returning, and going out and returning. This is called experience. Where can we go and have consciousness, and not have experience? And every experience carries two parts to it- positive and negative. \*

Man: So when we go home, we go within ourselves.

Yada: That is right. But when you understand what that self is, that will be your true birth. You will know then that you may be in the world but not of it. This means all the fears, all the anxieties that you have collected through many lifetimes here and carry with you from one lifetime to another, piling them onto yourself, not knowing that you are doing it, all of these things suddenly become clear, crystal clear.

Man: Does that go beyond thought?

Yada: Much beyond thought, there is no more thinking about it.

Man: There is knowing?

Yada: There is knowing, knowing.

Man: I sometimes wonder what this Light thinks of us. We walk around looking for it and without it we cannot live.

Yada: It doesn't think about, it thinks only of himself. Only then can it be in the Light. You know, if that which is called God, suddenly became aware of thinking about you, it would become human, like you, and that would be tragic.

LAUGHTER

Man: The Light is something that is nothing?

Yada: That is right. In a very deep sense of the word, that is right. The Light. But if you understand the word "nothing" as a vacuum, then that's wrong. It means Nothing, which means then EVERYthing.

Man: There seems to be a promise of a breakthrough in orthodox acceptance of the UFO. I'm not much of a UFO fan, but they are part of what is. Now what is this going to do to the activities and attitudes of those who are part of the UFO?

Yada: Yes, they would now be obliged to assist you in every way to extend your



# PROBERT-YADA, REVELATIONS

PARTES 19 y 20

#114 - 12/27/66

P. 17

efforts, to spread yourself through the universe, because they know that you, like themselves, are controllers and guardians of the Universe. There is no one else to do it, no one else. You are that, and so they are going to have to educate you into this.

Now you see, first thing is they are only going to be able to reach mentally, emotionally, a given number of the people. For a long time, the greater portion of the people will live in great fear and try to hide out from these people. That will be. Man does not learn en masse. Education is an individual effort. ←

Man: With the present news media bombarding us day and night, could weaken their resistance.

Yada: Yes, but you see, how are you going to educate frightened people? 1.258

Man: No, I guess you can't.

Yada: No, they are not looking for education, they are looking for somewhere to hide. Unhappily there is no place to hide. Man must come out of the . . .

(Tape ends abruptly)

## ÚLTIMA PÁGINA DE LA PARTE 20

PARTE 19 : 1.113 A 1.185

PARTE 20 : 1.186 A 1.258

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